

ADAMUS™ SAINT-GERMAIN



Shoud 8  
April 6, 2019



CRIMSON CIRCLE



## Shoud 8

Presented to the Crimson Circle on April 6, 2019

*Recorded in Louisville, Colorado, USA*

*Featuring*

Adamus™ channeled through Geoffrey Hoppe  
*assisted by Linda Hoppe*

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## ADAMUS™ SAINT-GERMAIN



### Shoud 8

IMPORTANT NOTE: This information is probably not for you unless you take full responsibility for your life and creations.

\* \* \*

I Am Adamus of Sovereign Domain.

You're looking at me like you've never seen me before (some chuckles). Maybe there's something a little bit different.

Ah! A couple notes before we get started. Cauldre thought that I was trying to butt in on the other talk (some chuckles). Not at all. I was just so excited about coming in today, because we have a lot to do, a lot to cover.

It's going to be a channel in many layers, meaning there's a lot happening. Not just the words that are being said, but there's a lot happening in this message. You might want to go back and listen to it, watch it a few times. We're doing a lot of things right now. We're kind of mixing it up.

At times the human mind is going to say, "Where the hell is Adamus going with this? What is he talking about? How come he doesn't stay on one subject?" because I'm not going to stay on one subject anymore. It's about the *And*.



Let's take a good deep breath with that.

Secondly, the preview of the movie you watched before, the [\*Time of the Sixth Sun\*](#), Tobias indeed is in that movie. His narration is in that movie, but not just his narration. You see, he did something kind of sneaky. He actually implanted his living energy in it. Yeah. And Cauldre's getting these – what do you call them – the funny things on your skin (someone says “Goose bumps”).



When that channel from Tobias was recorded, oh, it was so much more than just kind of in the moment and not really planned or prepared. It was a simple request by the producer to state a message, and Cauldre never thought much of it. It was just a simple message. Well, it becomes the stream of the river, carrying that movie, carrying all of the energies of that movie, but also his living energy. So, it's not just recorded words, it's truly Living Energy. It's really kind of brilliant in his part. He's very aware of it. So, in a way, it's kind of like, well, he *has* come back. He's there in the movie, alive and well and connecting with each and every one who views it, connecting with all those who are waking up, looking them in the eye as they're watching the screen and saying, “Are you ready? Are you ready for this?” Kind of like what he said to

each and every one of you, “Are you ready for what comes next?” And then he and many others are going to be guiding, and you are going to be one of those guides as well.

Look at what you've went through in these years. Not just in ten years, but lifetimes. Look at what you've gone through, preparing the way for so many others. And it is going to be so different than the type of awakening and coming to Realization as the current Ascended Masters have gone through. They did it pretty much on their own. They did it without the companionship and the camaraderie of others. They did it struggling in very difficult ways. But now it's ready to go to the next level where many humans are waking up at the same time.

And, of course, your journey, your whole coming to Realization is very personal. We're not doing this as a Kumbaya group. There's no formula. There could be no book that ever puts everything in a specific order. There couldn't be, because everybody is individual. However, there are energies that can be with, that can embrace those who are coming into awakening.

So with Tobias kind of, well, in a way, in the forefront and you right there with him, your energies, your living energies tied into this film, I really, truly ask each and every one of you to view this, because that will, you can kind of say, activate, connect your energy, your living energy along with Tobias', deep into this film, so everyone who watches it, who's going through their awakening is going to feel that. They're not alone. There are others who've gone this way.

It is a difficult and it is an arduous path indeed, because everything gets turned upside down. But when they realize that others have gone through it and made it, it's going to make a world of difference.

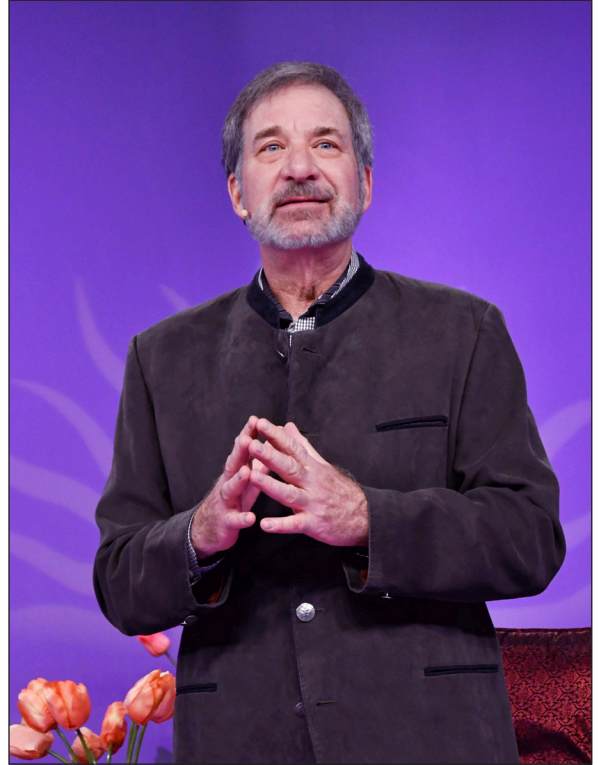
So, as you're coming into your Realization, as you're coming into that final, final stretch – I mean, it's already there, but you're just realizing it – please imprint your energy in this film and others like it that will come.



The other that I certainly want to mention today is the crew here from *Rude Awakening*, your awakening, your rude awakening. Same thing, but in a bit different level. Your energy is going into that. You know when I said you were going to be the teachers? It doesn't mean standing in a classroom necessarily. It could be in a film. It could be in a book that you write. It could be in anything. This is all coming to be right now. The Atlantean Dream is actually here.

And I know that – oh, I know – how worn out you get. I know how sometimes there's just all that doubt, loss of hope, loss of passion, everything else. But as you emerge through this, oh, you're going to be singing in great joy realizing "That wasn't so bad!" (laughter) "That was pretty easy, but I'll never do it again! Never choose to do it again."

Speaking of rough, I understand from the complaint department at the Ascended Masters Club (Adamus chuckles) that it was a tough month for you, this last month? (someone says "Oh, yeah") No really, a tough month? Why do you think that was? Why do you think it was tough? I don't need the microphone, just you yell out. Why do you think it was so tough? (audience shouts "Aspects!") Aspect month. Yeah. And I don't know – we're going to talk about it here – there's one big ass-pect that ... (audience says "Ohh!") One great big one. I don't even know if you recognize what it was. We're going to get into that today. It was aspect month, because, well, it's kind of the last call of the aspects. But there's a great big one there. It was actually right in the middle of the room, so to speak. It was right there all the while. It was so obvious, so big and so familiar, you probably didn't even recognize it. Probably didn't recognize it. We're going to talk about that today.



A rough month, indeed, but (a) you asked for it, (b) you deserve it (laughter). You do! (Adamus chuckles) Some of you online are doing that (middle finger) in your screen (more laughter) to me. I don't know what that means. No, you did. You asked for it, and we'll talk about that today, how you asked for it. I mean, you didn't, like, sit down with a piece of paper and say, "Make the month really rough," but you did other things that made it a rough month. And you deserve it. I mean you really deserve it (Adamus chuckles), because it's like a big cleansing, a big – Cauldre's giving me an image here – "Roto-Rooter," he says, yeah – *errrr!* – going in through the pipes, you know, cleaning the pipes out.

So, you deserved it! You deserved to get rid of all that accumulated gunk and crap and grease and dirt and grime that was in those pipes. You've been trying really hard to get rid of it, and I'll tell you right now, you can't do it on your own. Eh, we'll get into that today.

But before we go any further, let's take a good deep breath. I'm so delighted to be here. I'm so delighted.

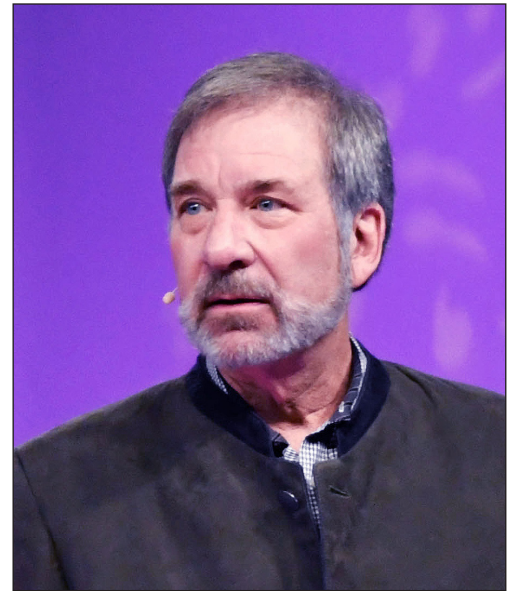
You know, there was a point where I thought it was just going to be – at one point I said – five people that make it, five Shaumbra, and I was exaggerating a bit. I thought it would be eight (laughter). But I'm so delighted. I mean, we have thousands and thousands and thousands around the world who are, well, actually

Cauldre's reminding me he just wrote an article about it. Realization is a given. It's a given. It's not a question. Some of you still question it, but I'll remind you. It's a given. You don't have to do a damn thing. It's – now that you're going to stay in the body on this planet – how are you going to handle the energy? That is the question.

### ***Shaumbra Wisdom***

Before we go any further though, let's do a little bit of Shaumbra Wisdom. I love hearing your wisdom. Yes. So, Linda, on the microphone. I've got two questions today.

First of all, we talked about dignity last month, and it really struck a nerve with a lot of you. What happened to the dignity, the dignity of the soul, of you as an angelic being? Even when I say you know what, you were what you would call a leader in your spiritual angelic family from way back when. You were a great leader in that family. You and you and you and you and you – oh, we don't have enough time to go through – *all* of you; all of you were, were – there's not a good human word for it – but a leader with your spiritual families. You came to this place, Earth, to learn, well, about a lot of stuff, but you came to this place and where's the dignity now? You say – I'm telling you, you were a leader and you're going – “Yeah. You must have the wrong one here. No, no. Who, *me*? Hundreds of thousands of angelic beings, they were looking to *me*?!” It's like, yeah, you. You. I mean, *you*, you. You were a leader. But where's the dignity? Where is the dignity? Have you wondered about that since our last gathering? I'm not trying to pick on you, but I certainly am! (laughter) What happened to the dignity?



### ***~ Question 1***

So, the first question today is where is the biggest loss of dignity? What is it in your human persona that you would say is the biggest loss of dignity? What area? Biggest loss of dignity. Linda – oh, there we go. Biggest loss of dignity.

DAVID: Lack of... not trusting myself, doubting myself.

ADAMUS: Where is it hitting in your life, your pocketbook?

DAVID: No, my stomach.

ADAMUS: Your stomach. Okay. That's a good one. Lack of dignity. I mean, geez! What self-respecting angel would have ever made a gut that's attached to the butt, that does all sorts of ... I mean, it's just, “What?!” Yeah, loss of dignity.

DAVID: Big time.

ADAMUS: Big time. And you try to have a little pride. You try to put on a smile. You try to really connect with the I Am, and it's like, "Yeah, but my stomach is turning right now, and god knows what's going to happen as a result of that, so."



DAVID: Right.

ADAMUS: Yeah, a loss of dignity. Yeah. Does that affect you? Can you feel that?

DAVID: Well, it *did* affect me.

ADAMUS: Oh, it did. Okay.

DAVID: I mean, big time.

ADAMUS: Big time.

DAVID: And I actually ended up – I chose to go into the hospital to do that Roto-Rooter thing.

ADAMUS: Oh! (Adamus chuckles)

DAVID: Yeah.

ADAMUS: Interesting.

DAVID: And that was a conscious choice that I made.

ADAMUS: And you're laying on the table going, "Where's the dignity?" as you drool on yourself.

DAVID: Yeah.

ADAMUS: Or other ...

DAVID: Other things.

ADAMUS: Other things. Yeah, yeah, yeah.

DAVID: So it was a ...

ADAMUS: Yeah, this is a family show, so.

DAVID: I understand (some chuckles).

ADAMUS: And, you know, then how can you possibly imagine you're an angelic being and this body is not even yours, what's up with that? Yeah. Okay, good. Good start. Loss of dignity. Where else does it hit? What other parts of your life? Loss of dignity.

Oh, you just thanked Linda for the microphone. That was so sweet.

CLAUDIA: Yeah. Thank you. My heart.



ADAMUS: Your heart. What's with your heart?

CLAUDIA: I chose to leave a husband a long time ago, and I had to leave the country to work hard on getting my dignity back.

ADAMUS: Yeah. Yeah. And how does that hit your heart?



CLAUDIA: Constriction.

ADAMUS: Has your heart been physically affected?

CLAUDIA: Luckily, no.

ADAMUS: Oh, good.

CLAUDIA: A lot of anxieties though.

ADAMUS: A lot of anxiety. And, you know, when you think about it literally, the heart, you know, it's – *boomp, ba doom*, pumping the blood – you're dependent on that thing which could go out any moment? And, you know, it's dependent on that. You're an angel. Why should you rely on your heart, which could suddenly – *ooh!* – like that. No, it's not going to.

CLAUDIA: No. No!

ADAMUS: No, no, no, no, no. No. But, you know, the funny thing is I say that and you're like, "No, no, no. I won't allow that to happen." You think your way through it. Thinking isn't going to do a damn thing. The heart doesn't respond to the mind. It doesn't.

CLAUDIA: Okay.

ADAMUS: Yeah. Good, thank you. So, we've got the gut and the heart. What also are we going to go for? Loss of dignity.

ANDY: Job!

ADAMUS: Job, yes!

ANDY: Yeah, I've got to work for a living to ...

ADAMUS: Why?

ANDY: ... get money so I can pay mortgage and taxes. That's a bunch of crap.

ADAMUS: That's a bunch of crap (some laughter). Do you have a job?

ANDY: Yeah.

ADAMUS: Yeah. Do they pay you well?

ANDY: Well, I work for myself.

ADAMUS: Oh, well (laughter).

ANDY: Yeah, actually, I pay myself pretty well!

ADAMUS: Pay yourself pretty...

ANDY: Yeah.

ADAMUS: Do you like what you do?

ANDY: You know, I did. I've been doing it 34 years, but I'm going to retire this year. I've had enough.

ADAMUS: Yeah. What are you going to do when you retire?

ANDY: I think I'm going to buy a fishing license (some laughter).

ADAMUS: That's a big one. That was at the top of my list too (more laughter). Yeah. Yeah.

ANDY: I just want ...

ADAMUS: Yeah. Don't go all out though (laughter). I mean, don't overdo it! I mean, there's extremes, you know. You're going to buy a fishing license. Are you going to go out and fish?

ANDY: I'm looking forward to spending more time outdoors.

ADAMUS: Outdoors.

ANDY: Yeah.

ADAMUS: Okay. Good. Yeah, the loss of dignity. Now, you're working for yourself, so there is a certain amount of dignity in that. You can make as much money as you want, theoretically.

ANDY: Yes.

ADAMUS: Yeah. What kind of work do you do by yourself?

ANDY: Electronics. I design prototype electronics.

ADAMUS: Oh, yeah. Yeah. Good. And is there passion for it?

ANDY: There was.



ADAMUS: Yeah. What happened?

ANDY: I'm losing it.

ADAMUS: Why?

ANDY: I'm getting burned out.

ADAMUS: Yeah. What did it originally appeal to when you started doing it?

ANDY: The unknown.

ADAMUS: The unknown.

ANDY: You know, because you look at wires and you go, "How can a signal go through there?"

ADAMUS: Oh! I, every night, yeah, I think that! (laughter) Yeah. "How's that happen?! Oh!" You know what then I say to myself? "I don't give a damn! It's happening. That's all that counts." Yeah. It appealed to your mind. The mind really liked it. It kept the mind occupied. So, I would extrapolate and say that there is a loss of dignity in just the way the mind works and having to keep it preoccupied.

ANDY: Having to keep it ...

ADAMUS: No, really, the mind is really – I don't want to give away the answers – but it's undignified in how it understands things, and it has to say, "Okay, there is electrons moving through a wire at a certain speed and a velocity." It doesn't matter, because you know what it just is? All of it is a stream of *energy*!

ANDY: Energy!

ADAMUS: That's all. That's all. Now, okay, so maybe you want to know how it does it, but the fallacy in that is – for an engineer in understanding how the electricity moves through the wire and all the rest of that – is that's just one of about 8,000 ways it's really happening. But then you get locked in and say, "Oh, this is an exact science of how it works." No, it's not. It's one of many, many, many things. So, the mind says, "Oh, now I understand how this works, and therefore sooner or later I'm going to understand how reality works." No, not at all.

ANDY: Yeah, I found that out.

ADAMUS: Yeah, so go fishing (more chuckles).

ANDY: Yeah.

ADAMUS: Geez. Good, thank you. A couple more. Biggest area of lack of dignity as a human. Lack of dignity.



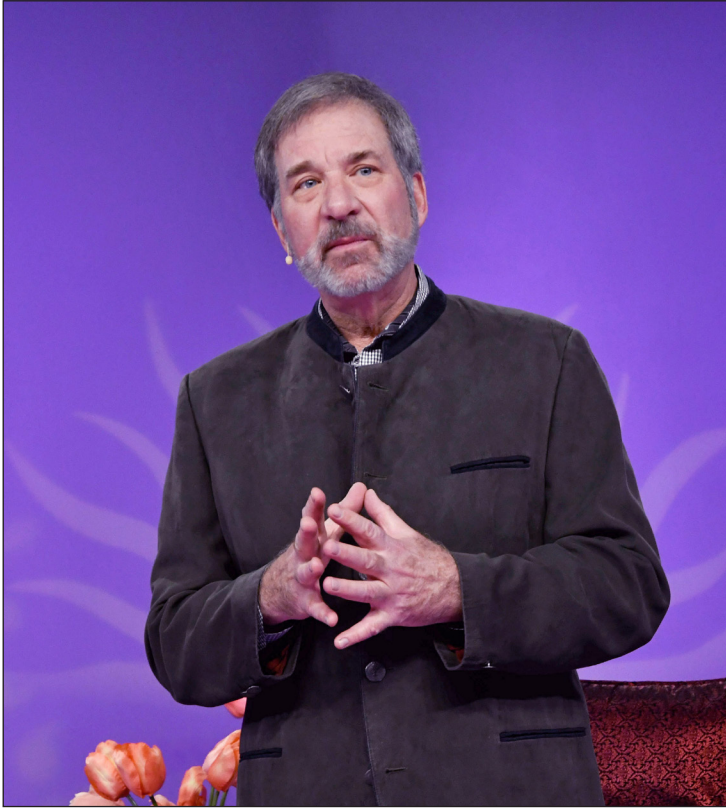


ELIZABETH: Hello.

ADAMUS: Hello.

ELIZABETH: You know, recently I've been thinking about what you said about the I Am forgiving us.

ADAMUS: Yeah. Yeah.



ELIZABETH: That we can't forgive ourselves.

ADAMUS: No, no. You can't.

ELIZABETH: Though we've been working on it ...

ADAMUS: I'm going to stop right there, if you don't mind.

ELIZABETH: Yes, sir. Of course.

ADAMUS: I've got to underline and emphasize that, and some of you, you know, want to argue with me about it. I'm going to win, because I've been there, done that. The human says, first of all, "Oh, there's nothing to forgive" (Adamus snorts). You just haven't realized it yet! Secondly, the human says, "Well, I forgive myself." You cannot. You cannot. It's been tried. Many, many have tried it. You end up on a very dark, dead-end road, because the human doesn't believe it. I mean,

here you are undignified; what, are you going to believe that you're really going to forgive yourself? No, you're not. And the worst is you don't even know what you're forgiving yourself for.

ELIZABETH: Exactly.

ADAMUS: There are some big things. So I interrupted. Go ahead.

ELIZABETH: No, but that was really the point. I've gotten to a point, after spending *years* reviewing and determining I should forgive myself for A, B or C.

ADAMUS: Can't.

ELIZABETH: Can't do it, figured that out, so I've been asking (they chuckle) – I've been asking the I Am to forgive me.

ADAMUS: Yeah.

ELIZABETH: And it's interesting because I'm not specific. Sometimes I don't know, but I get these feelings, these aspects come up, I feel less than the wholeness of who I am. That's the only way I can describe it.

ADAMUS: Yeah, yeah, yeah.

ELIZABETH: I'll have a moment and I'll go, "For God's sakes! You're not that small."

ADAMUS: Right.

ELIZABETH: "Come back. Fill yourself up with you."

ADAMUS: Yeah.

ELIZABETH: Do you know?

ADAMUS: You know, I love these internal battles with one's self.

ELIZABETH: Yes! Yes!

ADAMUS: Oh! You know, you're going to realize how much time you wasted in your life on the internal battles, and you're not going to win. You never will. And also, to really correct what you said, the I Am doesn't have to forgive you for anything.

ELIZABETH: Okay.

ADAMUS: It doesn't give a damn. You're here as the experiential part of itself. It doesn't care! It really doesn't. You can do anything.

ELIZABETH: But you did say ...

ADAMUS: No, I didn't.

ELIZABETH: Okay (laughter). Were you there? (to her neighbor)

ADAMUS: Oh, no, I didn't!

ELIZABETH: Do you remember?

ADAMUS: Oh, no. Oh, no. Oh, no. I'm very careful with the words with Shaumbra. You know, Shaumbra has a funny way of twisting everything.

ELIZABETH: No, I thought that was very Christian in going back in time, but I was trying to ... (they chuckle). No, but asking something outside of you to forgive you. So, my I Am, I'm thinking of the I Am, Master Self. I Am...

ADAMUS: I'm going to holler back to the kitchen.

ELIZABETH: Please help.



ADAMUS: Could I get some sort of tray from back in the kitchen?

ELIZABETH: Wine.

ADAMUS: Like a serving tray.

ELIZABETH: Oh.

ADAMUS: Just to make a point.

ELIZABETH: Oh, really?

ADAMUS: Yeah, yeah. Yeah. And you can put a few treats on it too while you're at it.

ELIZABETH: You can't forgive yourself.

ADAMUS: No, you can't.

ELIZABETH: It's not possible.

ADAMUS: No, you can't.

ELIZABETH: Therefore ...

ADAMUS: You can pretend. You can play the game. You can pretend to forgive yourself. It doesn't work. And some of you out there say, "Well, I've been forgiving myself." Eh, good luck with that. You're going to find yourself in your own hole, in your own pit. You're not going to be able to get out. You just can't.

ELIZABETH: Therefore, it's just integrating aspects. Was that your solution? I've been tr- ... (he makes a face) you said, Adamus! I heard you! (laughter) Point to him! Jeer at him!

ADAMUS: You know, the nice thing about this day and age is that everything is recorded (more chuckles). And one can say, "Adamus, you said ..." and I'll reply back to you, "But you were delusional, and it is recorded." Now, I never said that. I'm waiting for my prop here before I make my point. It's a little slow back there today. I think they're ... (Adamus pretends to drink) a little celebrating going on (a few giggles). How long does it take to bring a tray to an Ascended Master?

ELIZABETH: I don't know.

ADAMUS: Yeah (Adamus chuckles, Linda runs to the other room to get the tray and someone says "Uh-oh"). There we go. There we go. So, where were we?

ELIZABETH: You were saying the I Am forgives you. There's nothing to forgive.





ADAMUS: I want to get back to dignity, loss of dignity.

ELIZABETH: Well, there's where my loss of dignity is. When I'm going through a day and I find myself being small and undignified in that way, I'm not honoring myself.

ADAMUS: Right, right.

ELIZABETH: And so ... (Linda comes out with the tray with little Peeps candy on it and hands it to Adamus) Oh, good! (some chuckles)

ADAMUS: Please.

TAD: Peeps!

ELIZABETH: Peeps! Peeps! Peeps! (some applause)

ADAMUS: Now, I've got to stop for a moment. I haven't been on the planet for a long time (more chuckles and someone says "You're not missing anything"). And I do, indeed, love rolled oats, honey and nuts. It's the food for an Ascended Master. What the hell is this?! (laughter)

ELIZABETH: It's a Peep.

ADAMUS: I asked for a treat.

ELIZABETH: It's a Peep treat.

ADAMUS: They must have misunderstood. I didn't say a Peep, I said a treat. This is ... this is basically ...okay.



TAD: Linda loves them.

ADAMUS: Feel into the energy of this (more chuckles). It's basically fluffy sugar.

ELIZABETH: Yep.

ADAMUS: Yeah, yeah. Do you eat these?

ELIZABETH: No.

ADAMUS: Anybody?

ELIZABETH: Linda likes them.

ADAMUS: All right. Let's just pretend it's something good.

ELIZABETH: Okay.

ADAMUS: (Edith hands Adamus a little chocolate muffin) Oh, did you pull that out of your purse? Were you going to you steal that? (laughter) For Christ's sakes! She comes here to load up on food. No wonder some of you are going hungry. Edith is taking the food. What else you got in that purse? (more laughter) There's a piece of pizza in there!

EDITH: I am allowing the best of everything. This is the Crimson Circle.

ADAMUS: Good. Yes, it is. Okay. Now, okay, now theatrically. Okay. So you're sitting there at home trying to figure yourself, "I forgive me."

ELIZABETH: No, probably at work or in some scene ...

ADAMUS: Driving or ...

ELIZABETH: ... where I need to be ...

ADAMUS: Right, right.

ELIZABETH: ... the wholeness of me and I'm not rising to the occasion.

ADAMUS: Right. And then that doesn't work and you get all messed up in the head and you have an Aspectology month like you just had.

ELIZABETH: Yes.

ADAMUS: And, "What am I doing wrong?" Yada-da. So then you say, "Oh! That's it. That's it! I remember Adamus said ..." – totally misquoting Adamus – "... that your I Am is going to forgive you." I never said that. What I said is, "Can you receive the forgiveness ..."

ELIZABETH: Forgiveness of the I Am.

ADAMUS: "... that the I Am already has." The I Am ...

ELIZABETH: Right. I get that from the dragon, from Threshold.

ADAMUS: Yeah, yeah, yeah. But you didn't ... yeah.

ELIZABETH: I just didn't say it right, okay?

ADAMUS: You just didn't say it right. But here ... (laughter) Boy, does she have a temper today! (more laughter) Wow! Wow! Talk about some bad aspects! (laughter) Wow. Wow.

ELIZABETH: No, but truly that came from Threshold. The way you said that, I knew I was already forgiven (Adamus is holding out the tray to her). I'm supposed to take something here I don't particularly want? (more laughter) Oh!

ADAMUS: Okay. This has to go in this video you're putting together for Santa Fe. Okay, all right. All right. Play along with me.

ELIZABETH: I'm taking the forgiveness.

ADAMUS: Play along with me.

ELIZABETH: It's already there.

ADAMUS: I'm the I Am.

ELIZABETH: Okay.

ADAMUS: I'm just sitting up in I Am land. I'm just I Am-ing (laughter) and just kind of ... (making some funny faces) Oh!

LINDA: That's kind of creepy! That's creepy! (more laughter)

ADAMUS: Suddenly, I hear a distress call and it's like, "Oh, crap! The human again. Oh, geez! It's never ending." Okay. I get my tray. I load it up with the stuff. Oh, what else do we have? Oh, here. Here's a chocolate bar and a fake flower. Just load up my tray. All right.



ELIZABETH: Okay, I'll receive the flower.

ADAMUS: Here we go again (laughter, as Adamus sighs and offers the tray to her again).

ELIZABETH: I am receiving the forgiveness. It's lovely (sniffing the flower). Thank you.

ADAMUS: A fake flower (Adamus laughs). That's it! That is it.

ELIZABETH: True. I didn't say it correctly.

ADAMUS: Right there. You didn't say it correctly.

ELIZABETH: No, but I got that at Threshold. Maybe I forgot.

ADAMUS: Maybe, yeah.

ELIZABETH: Maybe so.

ADAMUS: Yeah, isn't it funny? And how many times did I tell you you're going to forget?

ELIZABETH: You did say that a few times.



ADAMUS: And how many times did I say you're going to distort and twist it and come up with every other iteration other ... but I want all of you to remember this. Okay (Adamus prances over and offers the tray again to her).

LINDA: Creepy!

ELIZABETH: Thank you. Oh, good! A bunny (Adamus chuckles). This is a big bunny.

ADAMUS: Good. And what does that bunny represent?

ELIZABETH: It represents the I Am that's already forgiven me for every frickin' thing that's ever been done in my history.

ADAMUS: Right.

ELIZABETH: Eons, lifetimes. I don't even remember all of it.

ADAMUS: And the fact is the I Am didn't have to forgive a thing, because it doesn't even know that word.

ELIZABETH: It's was already – right.

ADAMUS: But by you receiving ...

ELIZABETH: I'm receiving.

ADAMUS: ... the purity ...

ELIZABETH: Give me this.

ADAMUS: ... the crystal-ness, the ... By you receiving ... (Elizabeth is taking the treats and gives one to Tad) Don't give it to her!!

TAD: Oh! (she puts it back on the tray; laughter)

ADAMUS: She's not ready! Geez! Oh. Yeah, see, the first thing you try to do is slough it off on somebody else (more chuckles). No, it's yours.

ELIZABETH: Oh, thank you (she takes the tray).

ADAMUS: And it's receiving the forgiveness and then coming to the realization, "I never did anything wrong." But you cannot tell yourself that. You can receive the gift, and not from God, not from St. Germain, not from any other being.

ELIZABETH: Right.

ADAMUS: Only your I Am.

ELIZABETH: Got it.

ADAMUS: And accept no substitutes.

ELIZABETH: It's my I Am.

ADAMUS: Yeah. Yeah, it's your I Am. And when you see ... give me that back (taking the tray).

ELIZABETH: Thanks (Adamus chuckles).

ADAMUS: When you are feeling undignified and unworthy, you're going to come up with every excuse in the book and you're going to distort what I said, because you don't feel worthy enough. But when you can finally say, "I receive the forgiveness from my I Am, from all that I Am. I receive."



ELIZABETH: Yes.

ADAMUS: And cleanse and purify everything (Adamus holds out the tray again).

ELIZABETH: I receive.

ADAMUS: I keep the tray. No, you get the goodies, I keep the tray (laughter). It's *my* tray. It's my tray. You get the goodies. Yeah. Don't give it to anybody. Yeah (she takes all the goodies off the tray). So she finally received. Yes.

ELIZABETH: Oh, I knew it all along.

ADAMUS: Doesn't it feel good?

ELIZABETH: Thank you ...

ADAMUS: Yes.

ELIZABETH: ... so much.

ADAMUS: Thank you.

ELIZABETH: Come take this.

ADAMUS: And thank you for the tray (audience applause). Thank you for playing along.

Yeah, you know, I really want to go back on the point. The dragon is here. Oh, it is here, and it's not leaving. It's not going to go, and you're going to try to forget about it. You're going to distort everything I say, as usual, and then I'm going to have to come and smack you up a few times and say, "I never said that." I said, "Receive the forgiveness from the I Am." But one who is not feeling worthy, one who is feeling dirty, undignified, not ready, small, they're going to find every excuse in the book not to accept it. As simple as it is, they're going to distort it and they're going to say, "Oh, I have to go to confes- ... Adamus told me to go to confession today." Yeah. Oh, doesn't that sound like fun. They're going to come up with everything in the book. And you're going to try it a thousand times – "I receive the forgiveness" – and then you're going to wonder, "What did I do wrong? How come nothing changed?" Because all the time the dragon is in there saying, "There's some junk you've got to let go of."

And then one glorious day on your 1,842<sup>nd</sup> time or whatever, maybe millionth, doesn't really matter, you're finally going to get it, "I receive the gift of forgiveness. I'm worthy now, and in doing so I realize that I Am that I Am. There's no judgment. There's no light and dark. There's no making my way back to some unknown God. I Am that I Am." There's nothing to be ashamed of. Anything, nothing. That's it. Good.

Oh! Let's take a deep breath with that.

It's so simple. You know, it's really the last step in coming to Realization.

So, we got a little sidetracked, but it was a beautiful distraction. One or two more. What's the undignified part of being a human? Does that feel better?

ELIZABETH: Oh, yes.

ADAMUS: Yeah. Did you eat those?

ELIZABETH: I'm saving them for Crash.

ADAMUS: No, no, no! Those aren't his. He can't have any.

ELIZABETH: (to Crash) It's not yours.

ADAMUS: Don't let anybody take them. No, those are yours.

ELIZABETH: I'm saving them for you.

ADAMUS: Good. And don't share that chocolate with anybody, you see, because that's a tendency, "Oh!

Look what I found, everybody have some.” No, it’s only yours. As a matter of fact, if they bite into that, it’s like a forbidden fruit. It will kill them. Yes (audience says “Ohh!”). At one level or another. I mean, maybe not physically. But I mean, it’ll kill something in them. No, it’s not for them and you cannot give it to them, and I’m going to make a prediction right here and now. Some of you – a lot of you actually – are going to try. You’re going to try to forgive others. You’re going to try to teach them forgiveness in a way that’s not actually appropriate. You’re going to try to be the forgiving guru, and it doesn’t work. It backfires on you and the one you’re working on.



It is so personal. “I receive the forgiveness from my I Am.” And, yes, philosophically said, and you’re going to go, “There was nothing to forgive in the first place.” But that’s a nice philosophical thought. It’s only when you take it into your being and feel it and it becomes alive.

So, a little clue, a little heads up, all in regards to how I started with saying Tobias injected his energy, his living energy into things. Guess what? That’s where we’re going, Living Energy. You’re going to realize that you haven’t had a lot of Living Energy. You’ve had energy,

but I’m talking about your conscious Living Energy in things, and it all ties in together at some point, the massion and everything else. But that’s where we’re going – into Living Energy. You’re going to realize you haven’t been living so much. You’ve just been getting by, and we’re blowing by all that though. This is good.

Okay. Done with that question. I’ve got another question. This is a good one, so Linda, pick well here.

## ~ Question 2

So, what is it that causes someone who’s on the spiritual path to suddenly stop, to turn around, to fall out, to give up? What is it that causes one to give up on their journey? Now, I will say this: You can never really go back. You can hide for a little while, you can pretend, but you can never unlearn what you’ve learned.

Why is it, when you think about it, we had a lot of Shaumbra drop out over the years. A lot of them, and it doesn’t bother me whatsoever. Clears the way for the rest of you. Sorry, I got more fingers in the screen here. No, you know, it’s appropriate. And I hear all the excuses and “I don’t Adamus because he’s obnoxious.” Duh! (some chuckles) You just realized that?! I mean, really, you didn’t drop out five years ago? Or what was the latest one Cauldre told me about? Somebody posted that “Adamus is coming from the dark side and



he's distracting." Well, hell, yes! (more chuckles) You just realized that now?! Well, of course, I come from the dark, and the light, and there is neither one. I mean, come on, kids, grow up! I thought we were beyond this light and dark thing. Are we still playing that game? No, you aren't, but somebody was.

So back to the question. What causes somebody to drop out, to turn back, to run away, to stop their coming to Realization? What causes that? We've had a lot of Shaumbra [drop out] over the years, that and plus me encouraging them to leave. Ehh, you know, this is no place, this is no place at all for the weak of spirit. No, this is tough stuff. But it's fun too, isn't it? Two people said yes. Anybody on...? (now more Shaumbra are saying yes). Okay. All right.

What causes somebody to drop out? Linda with the microphone. Oh, this is going to be good. Yes.

JANICE: Doubt.

ADAMUS: Doubt. Yeah, yeah.

JANICE: And the human just not being ready.

ADAMUS: Yeah, human not being ready.

JANICE: Not committed.

ADAMUS: Okay. What's the most common excuse they make when they drop out? And I'm not talking just Crimson Circle, I'm talking about their path.

JANICE: Probably doubt. Just not believing it.

ADAMUS: But what excuse do they give themselves?

JANICE: (pauses) "I don't believe in this."

ADAMUS: Yeah. Good, yeah.

JANICE: Not believing in it.

ADAMUS: Right. Just, "I'm not connecting with it."

JANICE: Yeah.

ADAMUS: Yeah, yeah.

JANICE: Uh huh.

ADAMUS: Okay. Good. What else? This is a really good question. What causes a person to drop out? Ooh! Linda's on the prowl. There she goes. Okay.

ALI: Oh, shoot!

ADAMUS: All the anxiety over in that section as the mike ... (laughter) "Not me!" But you've got a great answer. I already know that. (Ali pauses) Somewhere in there (a few chuckles).



ALI: Um ...

ADAMUS: Make up something. Just anything.



ALI: You know, to me, I've been struggling a lot with physical issues and a lot of body issues for a long time.

ADAMUS: Yeah.

ALI: And, you know, if I were to drop out, that would be an impetus for me to just say, "I'm done with this. I don't want to hurt anymore."

ADAMUS: Yeah. Exactly. You're going through a lot of pain.

ALI: Yep.

ADAMUS: Absolutely, right. And there's also that doubt that comes in and says, "Well, hang on a second. If this stuff really worked, I wouldn't be in all this physical pain." To which I reply, "Bullshit." It's a *lot* of physical pain, really intense. The other ones

that come through it after you aren't going to have it like you and you're going to wish they did (audience says "Ohh!"). Well, no, I mean to appreciate what you've gone through. But body issues, absolutely.

ALI: And it's not so much that it's ... it's not that I don't believe in everything. I do. It's just how long is this going to take?

ADAMUS: Right.

ALI: Can I make it that long?

ADAMUS: Right, right. That's a tough one. Is the body going to hold out? Wow.

ALI: Yeah. Yeah.

ADAMUS: Excellent. Good. Couple more. Uh-oh! (Adamus chuckles)

JONATHAN: I knew it.

ADAMUS: When least expected. Yeah. So, what causes them to drop out? You're working on a film that – I'm going to help with my energy in it.

JONATHAN: Thank you.

ADAMUS: Yeah. And, oh, we've got some fun stuff coming up.

JONATHAN: Oooh!

ADAMUS: Yeah (some chuckles). Or "Ooh!" So, what causes a person to drop out?

JONATHAN: (pauses slightly) Just don't, yeah, not believing it's possible. So, you're just giving up.



ADAMUS: Another fairytale.

JONATHAN: Yeah. Like “I’ve chased the carrot so long.”



ADAMUS: Right.

JONATHAN: And this is, it’s like “I’m tired. I can’t do it anymore,” so I’d rather sort of be in my little cocoon and pretend it’s all that other thing, instead of the pain of having to, you know, I guess go through another disappointment of, “I thought it was there and oh, it isn’t.”

ADAMUS: Yeah. So interesting fact, 93.75 percent of the people who drop out just go somewhere else. They go to another group. They find another guru. They go somewhere else. They get distracted. They don’t really drop out, drop out, other than maybe of

Crimson Circle, but they go someplace else. And then you know how long that lasts? An average of 2.5 years, and then they go someplace else and then someplace else and someplace else. They’re seekers, and that’s good. But we’re killing the seeker here, that seeker aspect. *Boom!* Gone. No more. It was an illusion anyway, so we’re not really killing anything.

So, there’s this whole thing – the doubt and, you know, is this really happening – and instead of staying true to what they know, not teachings or anything like that, but staying true to themselves, they go for another distraction. Most of them.

Some go off in the woods by themselves, metaphorically speaking, saying, “I’m done with *all* of that. I’ve just had it. No more. Too much. I’m going to get a job in a watch factory, you know, putting the little gears on top of the little gears and that’s all I want to do. And I’ll go home and have my ...” – what do you call it these days – “... an IPA or something and that’s it.” And actually, I love those people, because they’re being real honest and they’re saying, “I’ve just got to let everything kind of catch up and settle in and I’ve just got to come back to me.” I love them because when they come back, they’re awesome. They’ve come back to truth. They’ve cleaned a lot of stuff out.

A couple more. Couple more. Why does somebody drop out? You go along on this, you spend a lifetime on it or lifetimes, and them – *boom!* – you drop out. Yes. You knew that was coming.

TESS: Ohh (she sighs).

ADAMUS: How come – I’ve got to ask a quick question here, if you don’t mind. How come you don’t use your intuitive abilities more?

(she pauses)

Oh, I'm sorry for getting so personal (laughter). Oh, she looked at me like, "I'm going to kill you" (more chuckles). I just, I'm curious. You've got a lot of really good intuitive, really sensing abilities. How come you're not using them?

TESS: You know, I really kind of did the woods thing, but in a different way.

ADAMUS: Okay.

TESS: And I wanted to just dive within and use them for myself.

ADAMUS: Okay.

TESS: Because I started to tap lifetimes of always holding something for others or teaching in some capacity.

ADAMUS: Yeah. Yeah, yeah.

TESS: But then you're kind of playing a little bit of a, you know, you're doing a dance.

ADAMUS: Right, right.

TESS: And I thought, "Experimentally, what would it be like to just bring in energy for me?"

ADAMUS: Okay. Great. Love it. Are you going to be using – you have very, very good intuitive skills.

TESS: Right. And then I hit a really raw – like even now I'm shaking – a physically raw period where I could not imagine going forth again until that sunk in my core, I guess. And that's coming back and there's a lot of vitality and inner discovery, and it's almost to the point where I don't ... okay, I'm not going to say that word.

ADAMUS: Thank you.

TESS: I'm beyond the mind to the point where I don't know where to apply it in this world, even in spirituality.

ADAMUS: Right, right.

TESS: Because you go beyond duality and then the game is over.

ADAMUS: Yeah, it is.

TESS: So ...

ADAMUS: It's a tough, tough, tough place to be.

TESS: Right.

ADAMUS: Yeah. Good. So, in answer to the question why do people drop out?



TESS: I would say because the mind has been programmed for duality, and it's never going to be satisfied. It always wants something else to churn, to gear, to be programmed for ...

ADAMUS: Beautiful.

TESS: ... and if it's going to be another group with another philosophy that I get to ponder for a while and, you know, it just goes on endlessly.



ADAMUS: Beautiful answer.

TESS: And once you drop in the core of zero – “No more duality, I’m done” – then the game is over. The search is over.

ADAMUS: But then what?

TESS: And then the discovery begins.

ADAMUS: Yeah.

TESS: And then it’s, yeah.

ADAMUS: You’re right. The game is over, you’re at zero-point, nothingness.

TESS: Oh, yeah.

ADAMUS: It’s *frightening*!

TESS: Loss of every human passion you had, every spiritual passion you had.

ADAMUS: Everything!

TESS: All goes just to – *brrrrrh*!

ADAMUS: And while all that’s happening on the inside, externally the human is super highly annoyed about everything ...

TESS: Oh.

ADAMUS: ... and overly sensitive. You’ve got this deep dive. You’re going to zero-point within yourself, to nothingness within yourself. Everything is falling apart and you know it. You try to pretend that it’s not, but it is. You try to prevent it, but you can’t. Externally, you’re a bitch. You know – not you (laughter), but, I mean, all of you, you bitches! (more laughter) No, you are.

TESS: Thank you! (laughter)

ADAMUS: No, you are and you have every right – no, you *are* – and you have every right to be. And if you’re pretending you’re not, you’re really deceiving yourself. I mean, you are cranky. You are bitchy. You



are overly sensitive. You're not pleasant to be around. You're just almost despicable, and that's okay. I mean, no, really, let yourself be that way, because inside it's all blowing apart. You're coming to nothing. It's like, it's like that ...

LINDA: Adamus, that's being recorded.

ADAMUS: *Pfft!* I don't give a f--- (audience says "Ohh!" and some chuckles). It's the best thing that others can hear that, you know, on the outside you're just, you're almost defensive, in a way. And if you're pretending that you're sweet, you are going to so find out what a bitch you are. No, because it's very, very difficult. Nothing is working anymore. You're just – it's – and to try to be sweet and sunshine and lollipops and love – *ugh!* – it's going to be more difficult. You're resisting, on the inside. It's like you're nose diving. It's crashing to the ground and you can see down there is the end. It's nothing and you can't seem to stop



the slide, and you try every trick in the book and you come up with all this clichés and mumbo jumbo and all this other crap and it doesn't work. You're going to hit bottom. You are going to crash.

Or you can allow yourself to gracefully, in dignity, go into the nothingness of yourself. You get there in the nothingness and you realize what a charade so much of it's been for so long. But then you're in that nothingness and you say, "What next? What next?" And you're in that nothingness and you realize you are realized.

I'll go so far as to say something, and Cauldre's trying to edit and spellcheck and proofread and everything else, and it's not going to work. Your Realization comes in that nothingness, nothing, nothing; it's so nothing, there's no black. You like to think that it doesn't happen. You like to think that you're out for a walk in the park and it's a beautiful day and rabbits are running up to you and feeding out of your hand and all the rest of that. Realization occurs ... (she chuckles) ... in the ...

TESS: I was picturing you just ... (Adamus chuckles) ... frolicking.

ADAMUS: In the nothingness.

TESS: Yes.

ADAMUS: And in that nothingness is that incredible point – (Adamus sighs) and it's worthy of a movie, but I don't want to get into that right now – but you're in that nothingness and you realize you're realized. You realize, "Oh, shit! I just had to let go of all the old stuff. I had to come to this point where it's just me in the I Am," and the I Am is a big nothing in a lot of ways. Energetically speaking, there's no energy in the I Am.

So you get there and it's like nothing, but yet there is something. There's no energy, but there *is* something. And if that doesn't strike a chord within you and remind you of when you went through the metaphor of the Wall of Fire into nothingness and felt the first "I Exist," it's very similar. But now it's just with you.



And in that nothingness you say, "Why would I ever want to go back to me being a bitch?" (Adamus chuckles) "I've got this human roaming around that's annoying and unhappy and body aches. Why would I go back?"

And you hear an old echo from the human within you, "Because I don't want to die!" and you realize, "I'm already dead, and it was nothing. It was nothing." And you hear that, "But I made a commitment I was going to stay on the planet to be an embodied being." And it's like suddenly you go, "That human was so stupid to make commitments and oaths and all

the rest of that. Forget about it." And you're in that nothing going, "Do I really want to go back there?"

Now, a funny thing happens. Here you are realizing you're realized. You're like, "Oh, damn, this is it, but big deal. I mean" – and you realize – "I always was. Big deal." And suddenly you feel the presence of a tall, dark, handsome Ascended Master (laughter) coming around – and annoying at times – coming around going, "And now what? And now what? Do you want to go back?"

TESS: No.

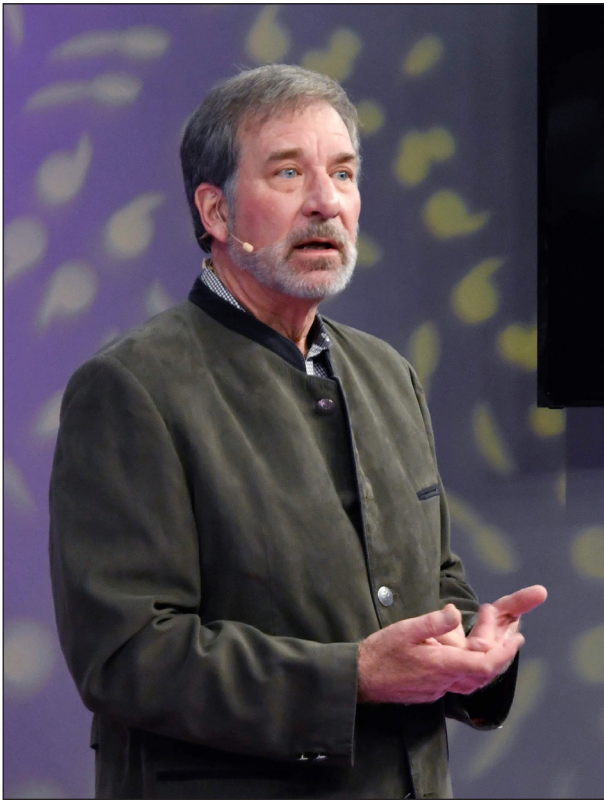
ADAMUS: (chuckling) No. But back in a different way. Do you want to stay as an embodied human?

TESS: Right.

ADAMUS: And then you might have to think about it, and this is a tough one. And this is what – you talk about cameras recording? This is what we're *really* recording. This is the most poignant moment of all. Of *all*.

Your Realization, it's going to happen. You're going to hit bottom. You're going to crash. You're going to go into nothing. What happens next is the uncharted territory that we don't know about. Everything else is scripted, in a way. I mean, not scripted as in every little movement or word or that, but everything kind of, you know, it's in the book. You're going to get to Realization. We don't know exactly how, you don't know exactly how, but you'll get there. It's scripted.

What comes next is not. It's not in the book. It's never been written. There's no chapter that has it. And as I mentioned to Cauldre and Linda recently, we're finishing up on the last chapter of the book now in



Keahak VIII and into part of Keahak IX. Then we go into the unscripted, and that we do not know. How do you react to saying you made it, you're realized, now what next? And it's not the decision you necessarily think it is. The human sits here and goes, "Oh, yeah, but I'm going to stay." I don't know. But one thing for sure is that if you stay it's going to be very different and, kind of as a heads up of what's coming next, it's all about Living Energy. All about living – and that's meant living, as in alive finally.

That's why I asked the question last month when I said, "Passion or freedom?" – or massion – because I'm working with you on Living Energy, and that means several different things. Energy that's alive, not that's just stuck in a physical body. Energy that has vitality. Energy that has grace in it and dignity in it. That's Living Energy. But also, now, *living energy*. Living a life of energy, not a life of running from it. Living Energy. That's where we're going. Oh, thank you. That was a beautiful answer. Thank you so much (Adamus chuckles).

TESS: You're very welcome.

ADAMUS: No, it was the perfect segue.

## *Energy*

So, I asked the question – what the hell was the question? Oh, why does one drop out? Why does one drop out? Take a deep breath and feel into this for a moment.

(pause)

The energy is too intense. That's it. I mean, we could say all these other words – they got lost, they doubted, distracted – but the real answer, the energy is too intense, and that's what you went through this last month. The energy is *really* intense. You can't handle it. The mind can't handle it.

You see, what's happening right now in this coming to Realization and coming to the mastery, you're more aware than ever of energy, but you still have the old relationship with it. You're more aware of the bumps in the road. You're more aware of energy than ever, and what do you do? You try to hide from it. You try to deflect it. You try to ignore it, pretend that it's not there. You try to tell yourself everything is going to be okay, and it's not. No, it's not. Everything falls apart, and I guess that's okay. But you try to say, "I'm going to make it through this one." And I'm sorry but sometimes I have to laugh. "I'm going to get through it. I'm going to power my way through. I'm going to stay committed." And I tell you ... (Adamus chuckles) Cauldre doesn't want to channel that (some chuckles). I was going to say something like, "Shut the ..."



You want to continue with your old relationship with energy. It will not work. And when Shaumbra drop out – a lot of them will come back, but when they drop out of Crimson Circle – the energy's too much. It's hitting their life, every part of their life, and it really goes and finds the soft spots – abundance issues, health issues, everything else. The energy is too much. Ali mentioned before, the body. Is the body going to sustain? There is so much energy coming at it that it hurts right now and that's why people drop out.



So, before we go any further, I want to do something a little special here. Let's do a massage (laughter). You need it. You really, really need it after last month. And, you know, it wasn't anything I would say was preplanned, but it's like you needed a dose of real energy to kind of smack you around a little bit to say you've got to change your old relationship with energy, and you're refusing. You're almost refusing to change your relationship. You're going to say, "I'm going to keep going the old way," and it doesn't work from here on. Especially, like I said, as we get into the new Keahak, we go unscripted and the old relationship won't work. It's going to *really* be painful on your body and it's going to mess up your brain. And on top of that, with everything else, we've called in the dragon. And even though you think that you're going to lollipop your way through all this, you're going to find out that dragon is going to rip you apart. Or actually make it a beautiful experience.

The dragon's here so you get over some of the – (Adamus sighs) – some of the old junk that's sitting there that maybe you don't even recognize, like your old relationship with energy. The biggest aspect you faced last month you don't even realize. It was so big, it was sitting right in the middle of the room. And you were saying, "Oh, I'm facing an old past life aspect" or "I'm facing a dark aspect or my fear aspect." That's all a bunch of crap. You're facing your energy aspect and that's it. Your energy aspect. It's the aspect that was trained how to use energy in what's now a very old way.

Working last month, you were feeling your energy aspect. As energy became more and more present in your life, you became more aware of it. But your mind made up all this stuff about what the aspect really was – the aspect of unworthiness and all the rest of that. No, it was your energy aspect.

The dragon is biting at its feet right now, at this energy aspect. The dragon is really getting it activated. It's a big blob of energy, this big – what do you call – the big purple elephant in the middle of the room, but the energy is sluggish and stuck and not very alive. We're coming into Living Energy.

Let's take a deep breath and get a massage. A little music, please.

### ***Master Massage***

It's tough on your body and that's why I wanted to do this massage here.

Take a deep breath and really relax into it. If you're watching in online, take a deep breath and relax.

(music begins)

What comes in right now to give you this massage ... you know, sometimes your body's tight and you can't seem to get the muscles relaxed. Get a massage. Body work. It's really good for you.

The Master, the wisdom, asked to be here today to give you that massage, and the only thing you're being asked to do, dear human, is to allow.

You lay down on the massage table and, what, are you going to try to massage yourself? No. You let somebody do it for you. You allow.

You lay there on the table and at first you feel a little tight and stressed, and pretty soon those gentle hands come over you ...

Slowly, not intrusively, but you can feel that warm touch on your body. Oh, especially around the shoulders and the neck.

Then usually there's some kind of twinkly new age music playing and then some incense maybe.

You just take a deep breath. "Oh! Why didn't I do this before?"

You feel those hands touch you. Oh! Warm oil. Who invented that? What a great idea! Warm oil, now kind of on your back, your arms, your shoulders.

You don't have to do a thing. You're just laying there. It almost makes you want to cry.

You're just taking a break and allowing.

But in this case, it's not a massage therapist or body worker. It's the Master, the I Am.

All you have to do right here is allow. That's it.

Just allow.

(pause)

The Master is going to do everything, going to rub every sore part of your body.

You don't have to do a thing.

(pause)

The Master is really skilled at this, because the Master understands energy, where it hurts, where it's stuck, what needs to be released.

As the Master's hands work gently, ever so gracefully on your body, you can almost hear coming from the Master a word of great wisdom, almost like the Master was whispering great wisdom. And that one word is "Allow."

Just "Allow."

(pause)

It's kind of funny because, as the Master is massaging your feet and your toes – oh, that feels good – you're hearing this whisper, "Just allow." That's all.

It's almost like, well, the hands of the Master, they're almost beyond physical. Like the Master is reaching right in there to the muscles and the bones. It feels kind of weird. But yet it's you. It's that part of you that we call the Master, so it's not real weird. Just a little weird.

The Master is working all along your body.

"It's kind of weird. Wow. I feel my heart is being massaged. And my hips, like The Master is right inside my hips."

(pause)

Working up to your shoulders and your neck. This is a real full body massage. I mean, not just on the skin on the outside, but working on the inside.

Then you realize something. The Master is just working on energy. That's all. It's not really about your skin or your bones, your heart. The Master is working on energy right now.

(pause)

"The Master is going in and literally massaging those energies, that thing that I had such an issue with last month. Wow! The Master is working on that thing called energy, whatever that is."

It's that thing that causes a lot of people to drop out, get off their path or get distracted.

Energy, oh, it's so intense sometimes. But here the Master is working on it, touching it, doing whatever the Master needs to do. You think to yourself (chuckling), "I know the Master is working on energy. I don't know what the Master is doing, but it doesn't matter."

It doesn't matter.

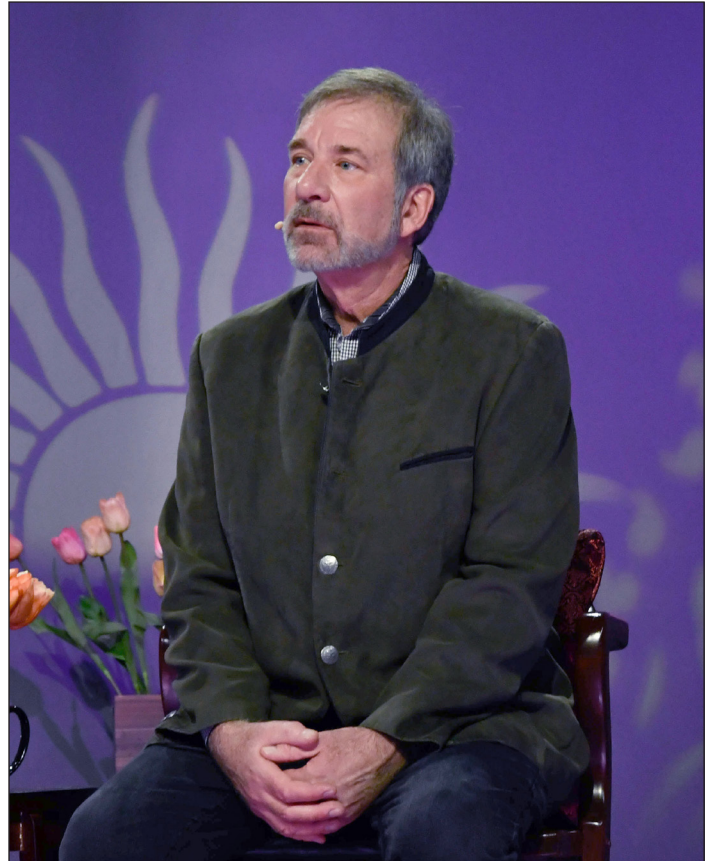
(pause)

So as the human, just take a good deep breath and allow.

Allow this gentle massage from the Master.

(longer pause)

Ohh...



(pause)

And you know what, you can have this massage any time you want. I'm going to tell you one thing right now though: Don't try to do it yourself. What I mean by that is it's not you massaging you. Not the human. If it was the human massaging you, it'd be uncomfortable, ineffective, painful maybe, clumsy.

You can do this any time you want. You just lay down and let the Master come in.

The Master is wisdom. It knows. It knows where every kink, every bit of stuck energy, every bit of hidden energy, it knows where it is, and just let the Master massage it.

(pause)

Good deep breath.

Okay.

See how easy it is?

(music stops)

And it was easy for one reason. You allowed. Easy for *one reason*, you allowed. That's it.

Let's take a deep breath, as we kind of move on with this. Ah no, we're not done. Somebody was just saying, "Oh! Are we done now? We just did a merabh." No, we're not done! (a few chuckles) I haven't even gotten to second base with you yet here. We're going to keep hitting.

### ***Conversation with Kuthumi***

So, I was having a discussion with Kuthumi the other day. And Kuthumi came over, I was just minding my own business, as I always don't do, and Kuthumi came over and said, "Adamus, aren't you a little worried about this upcoming, big to-do that you're having for yourself in Santa Fe, New Mexico – Ten Years of Adamus?" I've got to say, I think he's a little jealous (some chuckles), because you haven't put together something for him. So I'm going to – he's not around right now, so I'm going to – could somebody do something for him, like bake him a cake or something? I don't know. But he's a little jealous. You know, Tobias had the great big sendoff ten years ago. I'm getting my ten-year pin with Shaumbra coming up. But I think he was just trying to irritate me. Ascended Masters can get irritated. We can get *very* irritated, but we're also in the *And*, so we also can be very calm and blissful all at the same time.

But he was trying to kind of get me and he said, "You know, they're going to do this roast thing. You know, they're going to be getting up there and they're going to be making fun of you. Aren't you a little worried about that, Adamus?"

I said, "Why would they? Why would they make fun? I mean, I'm imagining they're just going to get up there and they're just going to be filled with praise." (some chuckles) "I imagine they're going to get up there and it's going to be a little... I'm going to feel a little embarrassed, but they're going to tell me what a great job I've done, how much they love me, how I should be elected President of the Ascended Masters Club for eternity." I just have a 2,000-year gig here, "But for eternity."



He said, “Aren’t you a little worried about that?”

And I said, “No, no. No, I’m not. I know it’ll work out fine.”

And then Kuthumi said, “I’ll tell you what” – there’s going to be four people who come up to heap praises on me (Adamus chuckles), and Kuthumi said – “I’ll be number five.” (audience says “Ohh!”) Ah! Ah! So I let him. I said, “That’s fine. You come up. You be there,” but I said, “You know the one nice thing is, in the scheme of all this, guess who gets the last word of this whole conference?” That would be me.

So, we got to talking a little bit more and we got to talking about Shaumbra and Kuthumi made a note. He said, “You know, I know it’s challenging for you, because I’ve noticed one thing about Shaumbra. They continue to think that they – the human – is the one that is working on Realization. Why is that?”

And I kind of laughed and I said, “That’s human. That’s human.”



And he said, “You know, they continue to try to fix themselves and heal themselves and make themselves realized.” And he said, “Can’t you do something to make them realize they cannot? They cannot. They cannot think their way into this. They cannot make their way into this. The only things they can do are to experience it and to allow it. That’s it.”

I said, “You know, Koot, you know it’s ...” (laughter) We get casual. And I said, “You know, I don’t know how to impress upon them. We keep talking about it and they’re getting bored with me, you know, talking about Allowing and experiencing and energy, and I said, “But we’ve got to impress upon them that they can’t do it. They can allow it,” just like when the Master just gave you a massage.

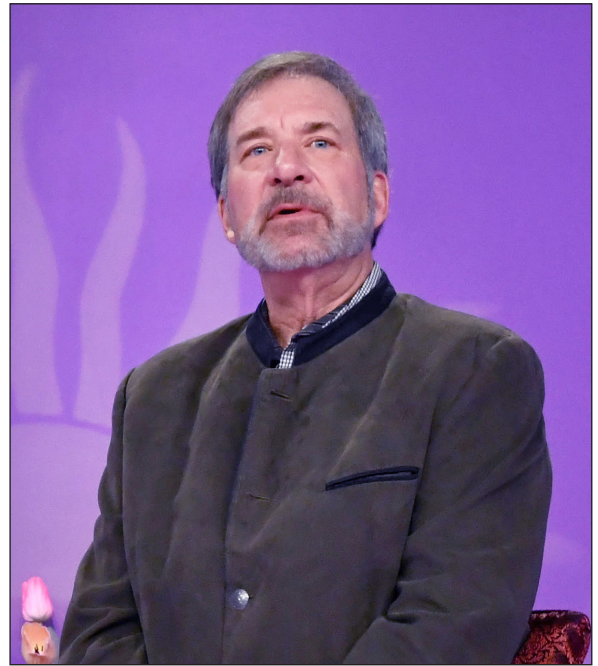
Could you imagine trying to massage yourself? Well, first of all, they’d consider you a pervert, but it’s just (a few chuckles) – it’s not that effective. And then the way the Master just did, going in – now, that’d be really weird – and really hitting the energy. No, you can’t, and it’s not your responsibility at all. It’s not. I have to impress on you from where we go from here, it is not your responsibility for enlightenment. It’s not your responsibility to work at this. You can experience it and allow it and that’s it. That’s it.

Now, I know some of you think that there’s something a little unbalanced with that, that you have to be a participant, that you have to be affecting all this by things you do or say or think. No, not at all. It’s not your responsibility.

And Kuthumi said, “You know, I thought maybe it was a little premature for you to bring the dragon in recently.” He said, “I work with Shaumbra a lot and I thought it was like a great big leap, because that dragon, once it comes in, is pretty ferocious, and I was wondering if a lot of Shaumbra were really ready for it.”

And I said, “You know, it’s going to be hell for the first couple of months,” as it was, but I said, “I think they’re ready. I think it was time.”

And Kuthumi finally acquiesced. He finally said, “You know, I think you were right to bring that dragon in now, to have the dragon go after the things that a human cannot possibly do. The human can actually not really change their own beliefs and thoughts. The human, by itself, cannot understand how to work with energy. The human certainly cannot forgive itself and the human cannot do Realization.”



And I said, “You know, but they’re going to try and they’re going to try and they’re going to try, and they’re going to try so hard and they’re going to think they’re doing something wrong because it’s not working, and then they’ll finally realize it is not their responsibility. They’ll stop trying and they’ll finally allow.”

Kuthumi said, “Yes, and you’ve got a lot of really hardheaded stubborn Shaumbra, a lot of them.”

I said, “I know. I inherited them.” And I said, “They’re going to keep trying and trying and working at it, and they’re going to get mad at me. They’ll never get mad at you, Kuthumi, but they’ll get mad at me, and then one day they’re going to realize, ‘It’s not up to me, the human, to do that. My responsibility is to experience and to allow. To experience what I’m going through.’” It is a great experience *if* you get out of your way, *if* you allow. It is a great experience.

It’s not up to you to massage the inside, and I speak here of the issues. I speak here of the stuck and imbalanced energies. It’s not up to you to go into the mind and try to repair it. You *cannot*. You. Can. *Not*. Period. But yet, you keep trying. Yet, you keep going in there. Yet, you keep going into that jungle of the mind and trying to untangle it, and you cannot. You cannot. And that’s why the dragon came in.

### ***The Dragon***

The dragon, by the way, we use the term “dragon.” It’s an ancient term and it was long before the humans popularized it as a creature with scales and wings and breathed fire and all the rest of that. Dragon simple means absolute clarity, purity. That’s all it means. And you can imagine it as this fire-breathing animal. You can imagine it as a chocolate chip cookie, it doesn’t really matter. But it is absolute clarity, and it comes from the I Am. It has no energy to it. There is no energy in the dragon whatsoever. The human likes to think it has a lot of energy. It doesn’t need it. For what it’s doing, it doesn’t need it and it’s better off without it.



The dragon is responsible for the reorientation of how you work with energy. The dragon's responsible for clearing out the dead energy that's in there. You've got a lot of energy, but it's dead energy. The dragon clears that out. You are only being asked to allow.

The dragon comes in right now because you cannot fix your mind from within your mind. You cannot fix your biology from within your body or mind right now. You cannot.

You're going to try. You're going to try to forgive yourself. You're going to try to do all these other things. It's futile. It will not work. You can try to make yourself better and it won't work, because you're dealing with very limited perspective or consciousness when you're doing that, so you're putting limitation on limitation, and therefore, you get nothing. It's like, you know, adding together -3 plus -2, what do you come out with? Minus 5. So, it's like the human trying to fix their own thoughts and trying to even fix their own body. You can't.

Right now, the next major thing we're going to is the living body, the Free Energy Body. I don't like the term "light body" for a lot of reasons – I think it's been misused and manipulated – so I use the word, the living body or the Free Energy Body.

Ali, it's going to replace that body *if you let it*, and you keep trying to manage the process and you do it within the human mind, the human limitations, the old patterns of giving yourself physical pain and it's not going to work. You are going to end up being a physical wreck if you keep trying. If you just allow, it will happen on its own. Your living body, your light, your Free Energy Body will come in. But you hear it now and you're going to go right back to doing what you did before. You're going to go back into worrying about your body, wondering what you should be doing for it, whether it's a medication or a supplement or thinking. Your thinking is making your body even worse, because your thinking is coming from a place of dead energy, old energy and it's not going to work.



Allowing and experiencing, that's it. Get out of your way. That's why the dragon came in to say, "I'm going to do it for you. I'm going to find that stuff," because you're not going to find it on your own. It's so beautifully hidden by the human. You didn't realize that what causes a person to turn away on the path is intense energy. You'd have gone on and on and on in your head with all the, kind of the makyo stuff. Energy is just too intense. That's it. The dragon will tell you that, or the Master, whatever you want to call it. But, dear human, we come to the point now, this point of saying, "Allow it and experience it. And get out of your way."

There's a transformational process that's occurring in your body right now – I mean, *right now*, right now – changing it over from an old biology to a very, very elegant, living Free Energy Body. And no matter how much you try to figure out how the electricity gets through the wire and no matter how much you try to dissect it, you're not going to be able to do it.

First of all, your mind will never understand what's going on right now, and even if it did, you couldn't affect what's happening by having an engineering's understanding of the transformation from a biological DNA-based biology into a truly Free Energy Body that's all yours. The mind couldn't do it, but yet it's happening. It's happening as I speak right now. It's happening at all sorts of levels within you, and it will continue to happen if you allow it and experience it and stop thinking about it.

Stop trying to make it happen. The human can never, ever do Realization – think its way into it, study its way into it or discipline its way into it – *ever*. There are a lot of dead soldiers on the path to Realization. They're the ones who have insisted on doing it themselves, when all they had to do is allow it. That's where we're going right now.

You get tired of talking about Allowing all the time and it's like, "Oh, I'm allowing." You are not. You're in your own way. And I've asked the dragon now to come to show you how much you're in your way.

I get this all the time – "Oh, I know allowing. I allow every day" – and I'm like you are such a controlling bitch! (some laughter) It's like, you're not Allowing. All you're doing is taking that word, that sacred word "Allowing," and putting it into your mind and letting the mind manipulate it. You're controlling it. You're taking authority over it. Time to let it go.

There's a big game going on, a great big game, and just realize the game's going on and allow it and experience it, but stop trying to control it. And here's the game.

### ***The Land of Blue***

You know, a while back I talked about this story the Land of Blue (in [Memoirs of the Master](#)). There was once a time where everybody had all the colors. They were aware of the greens and the yellows, and they went and played in all of them. They played in the pinks and the reds and the oranges and the golds and blacks and whites. They played in every color, but you know, they got really fascinated with blue. There kind of came to be an obsession about blue.

So, at some point, well, people started turning blue. Their houses started turning blue. The grass and – well, the sky was blue – but the grass and pretty soon their cars were blue. Pretty soon their food was blue, and





everything was blue. Granted, there was a little bit of variance in the shades of blue, but at the end of the day it was still all blue. They were so deeply immersed in blue, pretty soon they all forgot that there were other colors. And then, of course, their children were born blue, of course, and ... (some chuckles). Go with the story here. Their children were born all blue and the children never even knew there were other colors. And there were no books written about the other colors, because those were all thrown out and everything was blue.

Well, there was a blue factory where they put out blue blankets and blue pillows and it was run by a blue boss, and this blue boss – *oh!* – what a mess. What a mess, and he had a lot of blue employees. But he was a mess because he was trying to manage this group of workers and the equipment. The equipment was always breaking down and the workers were always sick. They had the blues (laughter). You knew that was coming. You knew it was coming. And they were difficult to get along with and difficult to manage, and he was in over his blue head. I mean ... (some giggles). What were you going to say?

LINDA: He blew it!

ADAMUS: He blew it, right (laughter). He had a blow job (audience says “Ohhh!”).

LINDA: No, I said “blew!”

ADAMUS: I was channeling one of you back over there. I don’t know which one. You’re hiding now, but ... (Adamus chuckles). You see, in a little moment of allowing and laughing, some distraction – maybe not elegant, but it was distraction – you let something in, you let something happen.

So on with the story. So, the blue boss was in over his head, and he was not a good manager. He was not really actually a good person. He knew everything was about to fall apart, but he was trying to keep it together, and he did it with divisiveness, keeping everybody fearing everybody else and fearing him, keeping information from this group and from that group. Instead of bringing everybody together and running a nice little blue company, he had everybody going in different directions. And this was his distraction for being a bad manager. And, you know, customers would call in complaining about their blue pillows, they were all torn up and shredded or they smell bad or whatever, and it was always, it was the rudeness. You know, he would teach customer service to be rude to the customer and it was just awful. He knew everything was falling apart, but he refused to admit it. He knew it was all coming to an end, that his big blue charade was up.

His identity was locked into being the boss, the manager, controlling everything, doing everything, working. He worked a lot of hours, because that’s what blue bosses do; worked a lot of hours just to keep things going, but he knew that something was going terribly wrong. It was all going to come to an end.



And then one day a mysterious stranger showed up at the door, and to the blue boss this stranger appeared blue, but actually the boss would learned later that it wasn't at all. It was actually very clear. This mysterious stranger showed up at the door one day and said, "I'm taking over."

The blue boss said, "Who the hell are you?" and he said, "I'm Dr. Agone and I'm taking over here. And the first thing we're going to do is we're going to blow up this plant."

Well, it happened. Dr. Agone came in, blew up the whole plant, and when he did, suddenly it blew up this tight weave of energy that kept everything blue, that kept everything small and limited. It blew it all up, and of course, the blue boss was aghast. He was responsible for controlling the plant and suddenly it's blown up. It's all gone.

And as he was walking amongst the ruins, smoking blue ruins, he looked down and he saw something quite amazing. It was a little fleck of gold. At first, he thought he was delusional, making this up, but then he saw something that looked a little bit green and something else a little bit red. And it occurred to him that all this time, thinking that he was managing and running the blue plant, he was actually just limiting things, just keeping things confined, limited and blue. And it took this mysterious stranger to come in and destroy everything, but the blue boss sat there and realized, actually, the only thing that was destroyed were the limitations. The only thing that was destroyed was the whole belief, the whole control, the whole thinking, "I had to do it."

As he continued walking amongst the ruins, he realized that there was an array of colors. And then he went and found dear Dr. Agone and said, "How do we put this back together where I'm not having to control everything, where it's just running on its own and it's a myriad of colors. It's all of the colors. How do we bring all of the colors back to this Land of Blue?"

Dr. Agone said, "It comes back naturally. There's not a thing you have to do. I just want you to sit here and behold what happens. That's all. Just observe it, behold it, but get out of the way because it's going to happen." And it did.

The blue boss suddenly was no longer just all blue. The colors changed. He had many colors at that point, and a few people here and there started to notice that "He's got colors. He's wearing blue jeans, of course, but he's got a white shirt and a red hat and green shoes." And not everybody, not everybody, but sooner or later they started realizing, a few here and a few there, and then more and more and more, and suddenly there were some babies that were born and they weren't blue.

People at first thought it was very strange, very weird, but babies were born, and they were multicolor. And a whole change swept over the Land of Blue and it wasn't that much longer that everything came back to Living Energy, to full color. And as much as the blue boss had a hard time letting go and hated Dr. Agone – I'll spell that out, d-r-a-g-o-n-e (some chuckles); I shouldn't have pointed that out, I should have let you guess it on your own, but we have a precious few minutes left – he thanked the good doctor. He thanked the doctor for showing up and destroying the whole plant. Yes, dragon, doctor, eh. Yeah. We might have to... we don't have one of those things to write on. Yeah, just dragon.

That's what's happening to you right now. It's getting blown up. Just stand by, observe, watch and realize it's the greatest gift. You get out of the Land of Blue. You tried struggling it, you tried managing it, you tried supervising all those aspects and trying to control them. It was chaos. It was a mess. It was time for it to go.

Let's put on a little music and end our day with a merabh. End our day with a little Dr. Agone coming in right now. Oh, he will, she will.

### ***Why You're the First***

Let's turn down the lights and, well, I don't know if I'm going to call this a merabh, but we're going to have something here.

(music begins)

I can't emphasize with you all enough right now how important it is to just allow and experience.

The human is not responsible for its enlightenment or its light body. It's not responsible for its intuition. It's not responsible even for its new relationship with energy. We'll talk about it, we'll discuss the ins and outs, but the human is actually not responsible for it.

(pause)

I was debating whether to bring this up or not, right now, sooner or later, but I was debating whether to bring it up. But let's go for it. Why hold back?

(pause)

I have a term that I use for you, for Shaumbra. It's actually kind of a term of endearment, but you may not think so at first.

Let's have a little more music. I need something to soothe the blow here (some giggles).

I call you the Atlantean Headbangers (laughter). No, really, I do. Oh, for good reason.

(pause)

There was a time when the mind didn't reign supreme. There was a time when the Land of Blue wasn't just blue. It was many things. There was a time when the mind didn't control everything, limit everything.

Then along came, well, the Headbangers, the ones who took energy, a lot of really intense energy, and put it into the minds of humans in such a way that it passed on to their children and their children, passed on generations and generations.

The energies were so intense on the mind that it caused the mind to go blue. Even though all the other colors were there, the mind could only perceive blue.



And you, who I called the Atlantean Headbangers, were the ones that were such a part of this work. It wasn't malicious. It wasn't done with ill intent. It was done to try to make, well, all of us a Community of One through the mind, through conformity.

But what it really did in the end was not only create an over-focus of the mind, but it also created such a belief in separation, almost a belief – that could never be wiped out – in separation from yourself, from your body, from your very spirit. Intense energies that were put into the minds of humans, and it didn't take a lot, by the way. It didn't take a lot. They didn't have to go around to everybody in Atlantis. Didn't take a lot, but it created everything to go blue.

I guess you could call that oneness. I call it extreme limitation and separation.

The Headbangers, the ones who went in and created this separation, limitation, and humans have lived with it ever since. In a way, it served a purpose. It was the experience of the I Am to be separate.

Well yeah, the I Am would want to experience that, you know. It doesn't want to just experience all of itself, but to experience separation.

So, in a way, you Headbangers did, I guess, a wonderful thing – created such a beauty of separation. But it was almost like sealed in and there's only one thing that can open it up, and it's not you. It's not the human. It's not your thoughts. Your thoughts are going to get more and more blue, as you try to break through that barrier. You cannot do it.

You cannot do it. But this mysterious stranger shows up, this Dr. Agone, the dragon. It'll do it.

Yes, you could argue philosophically it is you, but realistically it's not the human you that's going to come in.

You know in the story of the blue boss trying to control everything but knowing it was going to fall apart, the dragon's going to come in and, well, tear things up.

The dragon's going to bring you back to Living Energy, because you know when everything went blue, energy got thick, dense, almost like it really wasn't living anymore.

The dragon's going to come and blow that all up so the energy lives again.

So, dear Atlantean Headbangers, all of you, look what you did.

(pause)





You have to be the first ones to go through this – call it the spiritual path or anything like that – you’ve got to be the first ones to go through it, because you’re the ones who painted everything blue to begin with.

That’s your mission. That’s it right there.

Let’s take a deep breath together.

You, dear human, it’s up to you to experience and to allow. That’s it.

Let the dragon come in and do the work. Let yourself come back to Living Energy. Let yourself go from blue to the full spectrum of colors that have always been there and then the new ones that are coming in. But please, please stop trying to do it yourself.

Stop trying to control it and run it and think your way through it. You *can’t*.

I want you to really look at that. Look at yourself, dear human. You cannot do it. You cannot forgive yourself, and effectively you cannot change yourself.

But you can allow ... and then let yourself go through the experience of what it was like. That’s it.

Let’s take a deep breath together in the glorious beauty of this day.



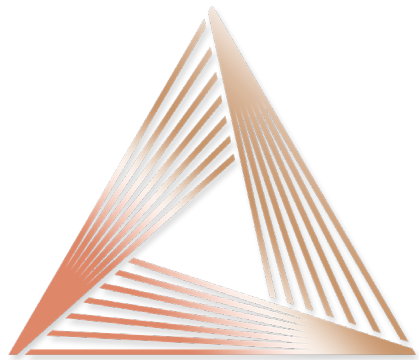
My dear Atlantean Headbangers. Don’t feel guilty about it. It’s ... eh, just receive the forgiveness. Don’t go now having to make yourself suffer for doing that. I’m going to explain more about this in upcoming Shouds, kind of what happened and how we’re going to make it unhappen.

Let’s take a good deep breath together.

Just one final note on this day. Would somebody please do something to honor Kuthumi? (some chuckles) He’s feeling so bad.

With that, my dear friends, I Am that I Am, Adamus, in service to a rowdy group of Headbangers (someone shouts “Woo hoo!” and audience applause).

And remember all is well in all of creation. Thank you. Thank you.



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