



**EXERPTS FROM
PROGNOST 2019
UPDATE
PASSION 2020- 4
WAY OUT**



2020, let's call it for shaumbra THE YEAR, the big year. it's the year of the dragon for you. it's the year OF YOUR FIRST REALIZATION OF REALIZATION, if you haven't already had that. I say the first realization, because it doesn't all happen at one time. it expands. it opens up. you're really going to get it in 2020, you're really going to understand the whole thing with embodied realization.

that's why I say it's so important now, right now, for you to tend to yourself, to take care of yourself, to allow yourself, to not get entangled with other things in the world.

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here we are, I'm tenured at the end of the ten years. we're here at the very, very tail end of a long, long journey, not just the ten years but your journey on the planet. we're coming into 2020. I'm not real big on these dates that have been projected all the way along. you can remember some of them. the harmonic 'chaos' (adamus chuckles) and all the rest of these dates, but 2020 is special, is very special. numerology-wise it's kind of special because it's the, well, it's the most balanced. it's a 2-0, 2-0, most balanced year you're ever going to have in your lifetime, the numerology is the most balanced. 2-0, 2-0. it's a four, which is also an absolute number of balance. I'm not going to say you chose to come into your realization in 2020 *because of the year 2020*. kind of the way things work, it became 2020, in a weird way, when you chose that this was going to be the time.

coming into 2020 in this year, I know the dates of your realization, and that's when you realize your realization. I mean, you actually *are already* realized, but you don't realize it. but when you realize it and you get one of those (headsmack) moments. it's going to be hundreds, maybe somewhere over 1200, up to 1200 shaumbra that realize their realization in 2020 (a couple of shaumbra say "wow" and some applause). yeah.

when I first started working with you, I would have been happy with five (some chuckles), and we've got a lot more because of your true desire, your knowingness that you let guide you to this place. 2020 is going to be a significant year in so many ways.

now, I already hear people, "well, am I one of them?" it doesn't matter. doesn't matter if you are or not, because realization ultimately is natural. you'll come to it. I don't spend a lot of time talking about it, because I know it's there. I use your realization to help pace what we talk about in terms of staying on the planet. how do you let energy serve you? that's the critical thing right now. how do you stay? that's what we have docCe and FM and many, many others working on, supporting you as you stay on the planet. how do you tolerate some of the difficult stuff going on? that's going to be the big question. as the world gets crazier, as technology gets more and more advanced, how do you tolerate it?

we're kind of like on the eve right now of realization, and I really want you to feel into today, all of you, no matter if you're watching in online with the ascended masters or you're here. but the next couple weeks, things get kind of quiet because of the holidays but also because of a natural cycle that's taking place. use that time to really feel into how you got here and what comes next. what comes next is going to be very, very different. it eliminates a lot of things like fear. fear. it eliminates worry and doubt.

here we are at this ... you know, it goes back to my book that has not been written yet, and I understand books are not so popular these days. I'm a book kind of ascended master. I like books. I like the visceral feeling of paper and the smell of ink and I like marking pages to come back to. I understand right now things happen on video. you do video, because you get it done quickly, but I still would like that book written one of these days, cauldre (a few chuckles).

so, in the time of machines, 2020 was the critical year. I was back in my last lifetime in my last few months on the planet and I suddenly found myself, without intended to do so, I found myself projected into the future, which is actually right here. but I found myself in a future scenario and suddenly it was very strange, *very* strange. but suddenly I'm here and talking to you, but through this – eh, strange – through this different persona that I knew wasn't mine. but yet when i heard the voice of now what I know is to be cauldre, it's like, "well, that's me talking. that's *my* energy going out. what's happening here? why was I suddenly attracted to this place in the future?" I realized it was the year 2020.

as I listened to myself being channeled through cauldre – you've got to imagine, this was a little weird – as I listened to myself being channeled through cauldre, I suddenly realized what was happening. so many in this family, in this group – *you* – were coming to realization in this year. that also paved the way for many, many other shaumbra who finally realized it's not that difficult, who eventually heard from these others who had their realization, who heard from them and then the other shaumbra around the world just one by one, then many, many, then many, many, many suddenly allowed it. and it swept through this community. that's this year coming up.

now, I do have to caution and say that realization isn't what you used to think it was, and I think you're learning that now. it's something very different. I don't want to try to define it, because ultimately I want *you* to define it, whether it's in a video, whether it's in a book, whether it's just quietly to somebody, but I want it to be your words, what it really is like. but here we are at the eve, at a big crossover point, at a big cycle change, and I'm not talking about the planet necessarily. I'm talking about you.

let's take a deep breath with that. we made it. I mean, we really made it (someone says "woo hoo" and adamus chuckles). yeah. one woo-woo over here (some applause). it hasn't always been easy, it hasn't ever been pretty (adamus chuckles), but we made it. we got to this point.

you know, as you come into your realization, whether it's 2020 or 2021, doesn't really matter, but as you come into your realization, you kind of know it, because everything just gets real quiet. real quiet. everything settles down, even the mind. even the mind just really settles down. it all gets nice and quiet. it's kind of, you know, that quiet, like the end of the year quiet, a feeling of satisfaction, feeling very content, knowing that there's a lot that comes next, but it's just a nice time of quiet within yourself. you don't need anybody else, anything else. all the battles are done. no conflict. there's nothing to battle. and you realize that the battles, well, you kind of liked them in an odd way, but now you're done with all the battles.

so, as you come into the realization, everything kind of gets quiet. I don't know, a day, week, month, doesn't really matter, but it's part of that cycle. you know that real nice, "I'm with myself and everything is just masterly. everything is grand." that kind of quiet.

it's kind of like almost a wonderment, magic in the air.

so many of you are going to come to that this year, 2020.

2020, like the year of vision, perfect vision, perfect balance, harmony, symmetry. and, again, not *because* it's the year 2020. I really look at it the other way. you made the year 2020. it didn't make you.

2020 is ahead, and a lot of realization going on here in shaumbra land.

of course, things are going to change. you know, things, crimson circle, how we do things, where we focus on. I'll continue to talk a lot about your new relationship with energy, a lot about physics, I mean, *real* physics of how energy works. and watch, by the way, your own planet. there's going to be a couple of big breakthroughs in this coming year all about energy. theories, of course, but profound new theories. it'll take some years to really go through the process.

but watch how what you're doing is kind of, in a way, parallel with other things going on on earth. now, they're going to think of energy in terms of force, propulsion, fuel, that type of things, and they're going to, with these breakthroughs, talking about how it's going to radically change the planet in the coming few decades.

I think it's really important right now as we end this year, this decade, as we come into realization, to please acknowledge yourself for the role you've played, for what you've done. give yourself credit for what you took on that wasn't yours. I guess I'm glad I didn't give you a hard time, let you take it on, because I know it's going to be one of the most meaningful things you take after you leave this planet. it's a real gift you gave yourself. watch how what you're going through has its parallel or its symbolic manifestation on the planet. it's no coincidence. I want you to realize that, you know, a discovery on the human level, the scientist or physicist about energy for instance, would not have been there if you weren't doing what you're doing. period. that should give you the chills. that should give you the, "oh, wow!"

(looking into 2034)

here we are. my oversoul and eventually me, heard your call. I eventually came here to work with this small group that could make a huge difference on the planet. such a huge difference that later on in another time traveling that I did, I found myself in about the year 2034. and while I would have extrapolated what society would be like in 2034 based on what I saw in 2020, it's not what actually happened. humanity didn't follow what you would call the linear path 14 years later, basically being a robotic society, everybody on medications. something else happened. that's why you are here. that's why you chose this time.