

ADAMUS® SAINT-GERMAIN



Shoud 10
July 3, 2021



CRIMSON CIRCLE



Shoud 10

Presented to the Crimson Circle on July 3, 2021

*Recorded with a live studio audience
at the Crimson Circle Connection Center
in Louisville, Colorado, USA*

*Featuring
Adamus® channeled through Geoffrey Hoppe
assisted by Linda Hoppe*

Please freely distribute this text, in its entirety, on a non-commercial, no-charge basis, including these notes. All other uses must be approved in writing by Geoffrey Hoppe, Golden, Colorado.

See contacts page on website: www.crimsoncircle.com

© Copyright 2021 Crimson Circle IP, Inc.

Listen to the audio or watch the video of this [Shoud online](#).

ADAMUS® SAINT-GERMAIN



Shoud 10

IMPORTANT NOTE: This information is probably not for you unless you take full responsibility for your life and creations.

* * *

I Am that I Am, Adamus of St. Germain.

What a joy to be back with each and every one of you (standing ovation and applause from audience). Woo! Woo! Wow. Thank you. Thank you. Wow. Woo! Thank you. Thank you. Please, please be comfortable, because



I'm going to try to make you uncomfortable the rest of this session (some chuckles and Kerri approaches with his coffee). Well! (someone says "Aww") Thank you, my dear. Thank you.

KERRI: Here you go.

ADAMUS: I'll just take this and start sipping right away. Mm. Mm.

LINDA: Thank you, Kerri.

ADAMUS: Nothing like popping in for a little while to Earth and enjoying some of the fine points. Kerri, if you don't mind coming back. Some of the fine points (they embrace). Mmm. Mm (audience says "Aww" and more applause). Woo! Oh! (some laughter) Ah. And you don't have a boyfriend?

KERRI: No, I'm single and ready to mingle (laughter). Come and see me!

ADAMUS: I'm torn between Cauldre and Linda. How do we work this? (more laughter) Not sure this is going to be so good (Adamus chuckles).

I couldn't have said it better myself, the words that just came up (referring to the song played before the channel "[If You Love Me](#)"), "affinity and communication, that's what makes reality" and that's what we're doing. That's where we're going. Affinity – closeness, love, acceptance, allowing, affinity; affinity, just liking to be with yourself, *heh!* – and communication. It's everything. It's everything. It's how you deal with your energy.

Communication isn't just about the words that come flying out of your mouth or the look on your face. Linda, dear Linda of Eesa is so good about the look on her face (some chuckles as she makes a face).

These are what we're going to be talking about. I'm just feeling into all of your energies and I'm communicating back to you. I'm doing it verbally, but that's really not so important. It's the other communications that are very, very important.

Feel that for a moment. It doesn't need words. It doesn't need a picture. It's greater than any words or pictures can ever be, and that's where we're going. It all has to do with your relationship with your energy. And, oh my, after so many years, decades, of dealing with the wounds and the issues and the problems and everything, we're there.

You made it through coronavirus. You made it. We're going to talk about that in just a moment. You made it through coronavirus. The planet kind of made it. Now, I'm not making a prediction here about how long it's going to last. I think I'm done with predictions for now. You know why?

LINDA: Why?!

ADAMUS: Thank you (laughter). I didn't know Kuthumi was here today.

Why? It is difficult for the most gifted and talented psychic reader on the planet; it's difficult for any Ascended Masters right now to predict what's going to happen next on the planet. It is changing so fast, and with time basically fracturing, everything going the way it is, what looks to be the way things are going on the planet, it could change in a moment.

Used to be making predictions was easy. Oh, you know, three, four hundred years ago I could predict the next three or four hundred years. Same old, same old, pretty much. Things didn't go very fast. You know, as I've said before, anybody here can be a professional psychic. Used to be all you had to do was – well, predictions are like the weather – it's pretty much going to be what it was yesterday, and that's what tomorrow is going to be. Every three or four days it might change, but your odds are about 75 percent that you're going to get it right, and people will pay a lot of money for that. So, if you were to be a professional psychic, somebody came to you, take a look at what they're wearing. It's kind of what they'll wear tomorrow. Take a look at how they talk, how they act, what they think, how they blame things. That's what they're going to be tomorrow. Pretty easy being a psychic in this day and age.

But now, even for a Grand Ascended Master, even for the President of the Grand Ascended Masters Club, it's difficult. It's changing so quickly. I'm not making excuses for my prediction, but I'm saying things are changing that fast. That fast.

The words, “affinity and communication, that’s what makes reality.” How you are with yourself and how you’re communicating, how you are in beingness with your energy, that makes reality. We’re going where ... oh, by the way, Van Morrison – I don’t know if there’s any Van Morrison fans here (some claps) –you know why so many of you feel that affinity with Van Morrison? Van is probably as close as you can get to being Shaumbra without being Shaumbra.

LINDA: Ohh.

ADAMUS: The essence, the depth, the soul of that being.



I taught Van Morrison (some chuckles). Why does everybody laugh when I say that? Linda says, “Yeah, Adamus helped to write the Constitution.” Well, so what? I mean, didn’t everybody? (more chuckles) Be proud of what you do and then be able to laugh about it.

No, Van Morrison, I knew him well. But I knew him, it was a her, and it was in a Mystery School back quite a while ago. She was an excellent student. Excellent. Entertaining to be around. Very, very wise. Very deep. Her name ...

LINDA: Vanessa.

ADAMUS: G-l-o-r-i-a. *Gloria!*

LINDA: Ohh! Yes! Yes!

ADAMUS: I’m serious.

LINDA: No, I get it!

ADAMUS: I’m absolutely serious.

LINDA: Love it!

DAVE (Crash): Do you remember the name of the band?

ADAMUS: The band. In that lifetime? We didn’t have bands. We had orchestras. The band in this lifetime, Dave Schemel, Crash, what was the name?

LINDA: Van Morrison (Adamus chuckles).

ADAMUS: No. No.

TAD: He sang it when he was 15. I remember.

ADAMUS: Gloria. So, I mean, it’s obvious you’d write a song. I mean, you have all that past life stuff, but beautiful.

Cracking Time

So here we are for this – what’d you call it? – the almost post-coronavirus era. Almost. And as Cauldre and Linda talked about in my epic presentation of [ProGnost 2021 Update](#), time is fracturing. I don’t have to tell you that. You already know in your own lives time is starting to fall apart.

Some of you say, “Oh, I’m getting old. I don’t remember” or “I’ve got to stop smoking so much reefer” or whatever. But it’s not that. No, no, no. Stop that crappy thinking. Time is fracturing. It is the glue, the strongest of the glues that includes space and gravity, electromagnetics that hold this whole thing together, and it is cracking.

People are going to crack along with it because time is the reference point. It’s the most commonly used reference point in the physical reality. It’s breaking apart. It’s not bad news at all. That’s great news. Most people will never really understand what’s going on for a long time. You’re, of course, the pioneers. You’re the ones venturing into it. You’re going where no human has gone before on this planet – beyond time – and you’re doing it in a very unique way. Not just going out of time into æterna, but being in both simultaneously. That’s – how do you say – frickin’ amazing (some chuckles).



Edith. When Edith crossed over, we talked and one of the first things she said is, “Adamus, I don’t know why you use that language all the time. It’s so vulgar and I just can’t stand it.” So I have an Edith oath. I’m going to try not to say “fuck” – try not to swear anymore (laughter). So sorry. So sorry, Edith (Adamus chuckles). Edith. Edith is here today, by the way.

LINDA: Mmm.

ADAMUS: Edith is here (some applause). See, Edith, I told you they’d remember. Who could forget Edith? Who could forget Edith?

So, anyway, time is fracturing. That’s the good news. You’re going to feel disoriented. That’s okay. You’re going to be confusing time and dates, because as we talked about in our last Shoud, they start kind of flowing in together – the past and the future. That is – *pffff!* – there’s not a human word that can describe how epic that is, that you’re here doing it right now. Time and space, the past and what you would call the future, coming into the Now, being here with the Master and the soul. It’s coming together.

It’s not always easy, because you’ve been conditioned after, how many lifetimes, a thousand or more, to the way you’ve been doing things. But you’re breaking through it. We’re breaking through it. So I want to take a moment here before we get into the interaction – I’ve got 18 months’ worth of audience interactions to catch up on (chuckling), we have a long day ahead of us – but take a moment to feel into what you’re really doing. Past and future and soul coming in, and not by studying it, not by having all sorts of disciplines to do

it. That doesn't work, because the human mind will screw it up. The human aspect will screw it up. But by allowing, by taking a deep breath and saying, "This is the destiny of my soul. This is what I came here for." Then you take a deep breath and you go about your life.

(pause, and the sound of rain is heard)

Just on time, the rain.

LINDA: Sounds like hail.

ADAMUS: *And* the sunshine, both at once, if you look out.

LINDA: *Oof!*

ADAMUS: Rain and sunshine.

LINDA: *Whoa!*

ADAMUS: It's the *And*. It's the *And*. Yeah.

So one of the things, of course, in what we're doing is once in a while (Adamus sighs), you know, it's tough. Once in a while you need a good kick in the ass.

LINDA: What?!

ADAMUS: A good kick in the ass, because it's easy to get stuck. It's easy to get back into the human blame game and "What's wrong with me?" There's nothing wrong with you. It's just you're going through some tough stuff. You're immersed down here and this planet got so packed into time, space, gravity, all the rest of that and now you're breaking out. Well, sure, it's going to be a little odd. Once in a while a little ass kicking is good, and the one thing I love about Shaumbra is you love a good ass kicking (Linda gasps). No, they do. Example. Example one. Come on up. Come on up, Tad. Come on (she's wearing a sign that says "Kick my ass or Kiss my ass" with money taped to it). So, she was ready for the ass kicking. Yeah (some chuckles). And she brought her money for the ass kicking. There's something wrong with that though.

TAD: Well, kick or you could ... (she points to the "Kiss my ass").

ADAMUS: *Eeh, eeh!* No, kick is good. Kick is good. Yeah, yeah. But it's kind of off balance there.

TAD: Oh, well, okay. Here (she moves one of the bills over to the "Kick my ass" side of the sign).

ADAMUS: No. No, just ...

TAD: Here.

ADAMUS: Yeah. Well ... (Adamus sighs) All right (Adamus starts counting out money). Cauldre doesn't keep enough money in his ...

TAD: Paying you?!

ADAMUS: No, no. I pay you. I like ass kicking.

TAD: Oh, I get paid!!

ADAMUS: Yeah, now, if you would ...

TAD: All right!

ADAMUS: ... bend over (audience says "Woo!" and some applause). Bend over and here we go! (Adamus pretends to kick her in the butt, laughter).

TAD: *Woo!* That was a good ass whooping! Let me tell ya!

ADAMUS: So, I'm going to give out ass kickings and pay a hundred bucks each.

TAD: Thank you.

ADAMUS: And put it on my tab. Thank you. Thank you, Tad.

TAD: Thank you.

ADAMUS: Yeah. Yeah, it was – why – did Gary not give you the extra hundred to balance it out, to have four, one on each corner?

GARY (her husband): She keeps all the money.

ADAMUS: She keeps all the money (Adamus chuckles). Yeah, yeah. Good.

TAD: I spend all the money.

GARY: Yeah.

ADAMUS: Well, see, you came here, and the money just flows. It just flows.

TAD: It does.



Coronavirus

So, we've gone through, you've gone through the big part of coronavirus. I don't call it COVID. COVID-19, I guess is – what's the accepted name these days? What's the accepted name?

LINDA: COVID-19.

ADAMUS: I don't like that.

LINDA: Too bad. When's it going to end?

ADAMUS: I like “coronavirus.” I like “the crown virus.”

LINDA: When’s it going to end?

ADAMUS: I like “the crown virus.” When people are ready, that’s when it’s going to end.



LINDA: Ohhh! Really?! Really?!

ADAMUS: What, are you trying to channel Dr. Doug? (Linda gasps) Ohh.

LINDA: And all these variants? Really?!

ADAMUS: You know, I explained it. I don’t have to keep explaining myself over and over again.

LINDA: What did you explain?

ADAMUS: I explained that – and I mean this literally – coronavirus came in just at the right time. Slowed everything down for a little bit; caused a lot of disruptions in people’s lives. That was a good thing, because they need a kick in the ass once in a while or a kick in the corona, as it were here, something to

change, and I truly feel it was probably the most brilliant setup I’ve seen with humanity in a long time.

Humanity’s not all that smart, and I don’t mean that in a negative way (some giggles). It’s, like, a fact. There are a lot of Shaumbra even, but people that get into conspiracy theories, particularly related to the government. Hello. I’ve never met a government that smart that can carry off a conspiracy theory (some chuckles). Government workers – oh, there’s a few here. Sorry. Kerri would you go outside and do something? (Kerri hollers from the other room, Adamus laughs) Government workers, they go in at nine. They’re done by ten, but they stay until four (more chuckles). Bye, Kerri! (Adamus chuckles) If they were going to carry out a conspiracy, you know, they’re not there enough. How ... hi, Kerri!

KERRI: I go in at 9:30.

ADAMUS: At 9:30 she goes in, not at nine. And what time do you check out?

KERRI: Six, seven-ish.

ADAMUS: Really? Okay. That’s good. No. But you’re not a typical government worker. You’re an implant.

KERRI: I’m not typical at all.

ADAMUS: No, you’re a plant.

KERRI: What am I doing?

ADAMUS: Shining your damn light! Somebody’s got to do it. Hello! You know.

KERRI: They should pay me more.

ADAMUS: Tell them that you're there, tell them you've upped your light, now you want to up the salary.

KERRI: Okay, you tell me that, then I'll tell them.

ADAMUS: I'll do that. Okay (a few chuckles). She's a good negotiator. Where were we?

Conspiracies. Come on! Please, people! What a distraction from an otherwise perfectly awesome Realization. I mean, what a distraction. Most – no, any – there is no government on the planet right now that's capable of carrying out a conspiracy on a long-term basis. It's the *government* we're talking about! Businesses, eh, to a degree, but they're essentially bottom-line oriented. So eventually if it doesn't serve the bottom line, they don't continue with the conspiracy.

And, you know, yeah there's things going on. There are people scheming all the time. There are a lot of imbalances on the planet, but thankfully most Shaumbra take a deep breath and say, "That's not mine. Even if it's happening, it's not mine." Therefore, your energy is not mucked up in it. And – you see, I didn't say the bad word, for Edith – your energy is not mucked up with it, and it doesn't affect you. It can affect the rest of the planet. It doesn't affect you.



Bottom line, coronavirus – I like the word “corona” because it's the crown – the breakdown of old systems is what it is, and ultimately, the biggest effect that it has on a practical level, a material level, is on finances. Look what it's doing. I mean, look how it changed everything. Who would have predicted, including me (some chuckles), that this deep into coronavirus the issue isn't people not having jobs? The issue is not enough workers for the jobs that are there. What does that tell you? Something came to life during this whole time. Things changed. The economy is more dynamic than ever, if the workers show up.

But who would have predicted? It's almost the opposite of what was the common kind of consensus or thought about coronavirus when it first came out. Everything changes very quickly right now, and mostly in your own life. You can forget about the rest of the world or even Shaumbra. In your own life, it's changing quickly.

The plans that you think you have right now – not so much. That's the good news, because the plans that you would make right now would be based on a lot of the past, on your old human experiences, on what you think are your human needs, and it's going to change very quickly. Be ready for that. I hear that the Crimson Circle staff got together recently and were planning for the future. It's going to change (some chuckles). It's going to be different.

Plans are good. You know, they make you feel comfortable. They make you think you have a safety net underneath. But the reality is, there's no safety net. And the real reality is why are you looking down when you should be looking up? Hmm. Just saying.

You made it through the coronavirus. It's going to have its iterations around for a little while. It's doing a deep cleansing. You know, there's a difference between taking a shower or a quick bath, you know, and you get a little bit clean. And then you hop out and get right back to what you were doing. Humanity asked for a deep cleanse. They asked for the total thing, and that's what's happening. There's wave after wave now of the changes that are coming about as a result of this coronavirus. Wave after wave. So, it wasn't just a surface cleaning.



It was a brilliant plan to begin with and then it got more brilliant along the way. Brilliant because it was time for a change on the planet. I think we all agree with that. That doesn't mean just electing a new leader, because there are no leaders right now. They're old leaders dressed up, put a little makeup on them.

But it was brilliant. There was no war and, yes, a lot of people died. But – and Cauldre doesn't like when I say this – but they were going to die anyway (Linda makes a face and Adamus chuckles). I didn't mean it like that. I meant they knew they were only going to stay around the planet for so long. If it wasn't one thing, it would have been another. They didn't want to stay. Have compassion for that and acceptance, rather than the blame. And it was a lot less devastating than any war, than any war could have been. It was a brilliant plan because in the past it was always, "Ugh! Time for a change. Let's go to war." Or some huge natural

catastrophe like Atlantis. Atlantis didn't happen, in other words, a natural wiping out of life as you knew it, because you didn't want it to go that way. You said, "We've been through that before. Let's not do that again."

So this coronavirus was brilliant to begin with. It caused changes on this planet that you haven't even begun to realize yet. Just out of the technology sector, the things that were developed in this past year and a half. When people slowed down a little bit, they stayed more within themselves – they didn't go to work, they weren't in a disruptive environment, they were at home – it drastically accelerated the pace of which things are happening. Technology – *way, way up*. You'll see it and we'll document it over the next few years what was developed, what was incubated during the coronavirus period. It's truly phenomenal.

Changes in people's perceptions of themselves. There's going to be a whole group that doesn't go back to work. And that's good, because in the past so many were like drones, getting up every day, going through the same old motions, going to a place they really didn't want to work, sitting in a cubicle, going through the drudgery day after day – a boss they didn't like, a job that wasn't fulfilling. Millions and millions and millions around the planet said, "No more. No more." Does that sound familiar? Because so many of you did it first.

There's going to be a time – I'm going to work with Cauldre, Linda, the Crimson Circle staff – we're going to lay some timelines over what you have been doing as Shaumbra these last 20 years and then planetary changes, and you're going to see how they – and I'm holding my hands separate like this because you do it first and then it happens on the planet (bringing his hands closer together), what, a year later, five years later? The words that we use in our gatherings, your words are showing up in everyday life now. You're

setting the pace. The interesting thing there is before where you were and kind of where you'd say general mass consciousness was, there was a big divide. General mass consciousness is catching up fast, and with time fracturing, that delay factor between what you're doing and what happens on the planet is becoming less and less.

I know once in a while you get the "who me" complex. "Who me? Making a change on the planet? I can't even get out of bed in the morning. I go to pour the creamer in my coffee and it's sour because I forgot to ... who me??! Making a planetary change?" Albert Einstein couldn't tie his own shoes. He had a hard time. They tried to keep him away from cooking, because he was just a disaster, but yet one of the most brilliant people of generations.

What you're doing right now doesn't have anything to do with how well you tie your shoes (Linda giggles). It doesn't have anything to do with, you know, if you get out of bed. You're all losing track of time, showing up late for meetings and appointments, and you don't even know what day it is most of the time. You come up to talk to me in your nocturnal state and you know I'm like one of those trauma testers and it's like, "All right, look into my eyes. Now, tell me what day is it?" (laughter)

"Oh, I have no clue."

It's like, "All right, what's your name?"

"Which name? I have a lot of names." (more chuckles) "Which lifetime are you talking about? They're all ..."

Time is cracking and, yeah, and we need to laugh about it. We need to have fun with it. It's a really, really good thing.

Audience Interaction

So, I digress. I have to get to audience interactions. It's been 18 months. I don't know if I know what to do. I may need some assistance up here in being who I am – obnoxious, provocative, annoying.

LINDA: Nah, nah, no! It comes natural for you. Not to worry.

ADAMUS: Oh, you're right. You're right.

LINDA: Not to worry.

ADAMUS: It's natural. Okay

LINDA: No! No, no, no!

ADAMUS: All right. So ...

LINDA: You can do it. We're celebrating you. We can do this! We can do this! We can do thisss!

ADAMUS: Geez! (laughter) All right. Why don't you grab the mic and go out there somewhere?

LINDA: Did you just chase me out?

ADAMUS: No, no, no. And I do want to take a moment to acknowledge dear Linda for taking your crap for the past 18 months (Linda laughs, audience applause). Oh!

LINDA: It was a challenge. It was my honor. Thank you very much.

ADAMUS: Yeah. But now you can give up that role ...

LINDA: Oh, right!



ADAMUS: ... and you can go back to being the annoying microphone carrier (she giggles).

A couple of words of caution. If you do not want the mic, please don't sit like this (shrinking with head down; some chuckles). Linda has a bullshit detector and she uses it with Cauldre all the time (Linda giggles). She knows. It's like this communication, even though you're like this (shrunk down), she can feel it screaming out, "Not me, Linda!" Kind of slow motion "No-o-o-o!" And on the other hand, if you think going the other way by waving your hand – "I'll take the mic! I'll take the mic!" – she overlooks that. She finds the ones who are the most interesting.

So, Linda, please let's give her a hand as she goes back into the audience (audience applause) with ...

LINDA: My honor!

ADAMUS: ... the Shaumbra microphone.

LINDA: My honor! (applause continuing) I look for the ponderers! (they chuckle)

First Question

ADAMUS: Question, as we start this off. What's the most important personal takeaway that you have from the coronavirus era? Not the planet, but you. What was the wisdom? What was that big personal "aha" that you had? And if you haven't had any, make one up. I say that because, you know, you get stuck and you get in your brain, like you can't think, "I didn't have any" (dull voice). Yes, you did! I wouldn't be asking the question and Linda wouldn't be giving you the microphone. You make something up; you're not making it up. It's not a lie. You're not making it up; you're referencing something that's there, and then you get the energy moving and then you realize the real answer.

So, Linda, who's first on our hit parade today?

LINDA: Mary Sue.

ADAMUS: Mary Sue Dickerson. Welcome back, Mary (audience applause).

MARY SUE: Thank you.

ADAMUS: Your big personal takeaway from the coronavirus era.

MARY SUE: How much I really liked being alone.

ADAMUS: Alone. Yeah. Anybody else feel that? Yeah. Being alone.

LINDA: Interesting.

ADAMUS: And when you're not forced to do it, then you tend not to.

MARY SUE: Not being busy all the time.

ADAMUS: Not being busy all the time. Just having – I think that was one of the great beauties of this era for everybody.

MARY SUE: And time to listen to your material many times (laughter).

ADAMUS: Absolutely. Absolutely. Let's just take a moment to feel that. You had a lot of time (she chuckles). But they're really Shaumbra materials. Eh, you know, I'm just here to distract a little bit so you can let it sink in.

MARY SUE: Okay.

ADAMUS: There is such a wealth of wisdom in the Shaumbra library.

MARY SUE: Yes.

ADAMUS: That you have built, all of you have built for the past 20 years. We're working right now – well, not working working – but we're bringing that together for the ones who come next, and it's beautiful. Go back and listen to it. Hear your voice – hear your voice in it. That's the important part. You know, you're hearing Cauldre on one level, but hear your own voice in it.

MARY SUE: Yes.

ADAMUS: Good. Would you do it again?

MARY SUE: Yes.

ADAMUS: You would (she chuckles). Yeah.

MARY SUE: And I'm also beginning to realize very strongly that I do pick up on things at other levels ...



ADAMUS: Yes.

MARY SUE: ... that I had not taken the time to realize before.

ADAMUS: Give me an example of that.

MARY SUE: I have feelings and I'm okay not identifying it.

ADAMUS: Ah! I want you to repeat that again to the camera (she chuckles). That camera.

MARY SUE: Okay. I get ...

ADAMUS: That's Dave.

MARY SUE: Hi!

ADAMUS: The camera's right over here!

MARY SUE: Oh, okay (laughter). No, I ...

ADAMUS: You can talk to Crash if you want. He's a nice guy.

MARY SUE: I have feelings that I don't know where they came – well, wait a minute.

ADAMUS: Whoa, whoa, whoa, whoa! Yeah! (Adamus chuckles)

MARY SUE: We're not supposed to say that.

ADAMUS: *Eghhhhh!*

MARY SUE: Okay. I have feelings that I do not identify ...

ADAMUS: "That I don't have to identify."

MARY SUE: I don't have to ...

ADAMUS: Period.

MARY SUE: ... identify ...

ADAMUS: Period! Period!

MARY SUE: ... with this reality.

ADAMUS: Period. Yeah, just ... yeah, thank you.

MARY SUE: Okay.

ADAMUS: Yeah, feelings you don't have to identify. It's a little challenging at first because you're like, "*Whoaaa!* I'm feeling something. I need to put a label on it. I need to attach an emotion and a judgment. Do I like it, not like it? What does it mean? What is it trying to tell me?" No.

There is a beauty in a sense that you get, and you don't have to identify it. It'll happen naturally in a little bit. When you're not trying to identify it, it allows the human mind to expand, go to a higher level of consciousness to meet that. Instead of pulling that sense down to its level, it'll open and expand. But then you have that in-between time where there's no identification and it seems really quiet and empty, and then all of a sudden it unfolds and it's this big "*whoosh!*" that comes over you. Still not in words or pictures or judgments. It's a big "*whoosh!*" and you could be overwhelmed by it, it's so beautiful. Then comes the moment where you *don't* want to identify it and you say, "I do not want to put a label on this. This is so precious and it's all mine. I do not want to try to define it or box it in."

MARY SUE: Yes.

ADAMUS: Ultimately, the mind will rise to the occasion and give you some definition, but not a closed definition. It's beautiful. That's where we're going.

MARY SUE: Okay.

ADAMUS: The ability to communicate with anything without the verbal. You can still do verbal, like I'm doing now, but what's really happening is right over here – nonverbal. Most humans – *swzzzttt!* – right past them like that, at least for the time being. That's where we're going. That's when you – *ohh*, it's so beautiful – that's where you don't – you know, some of you try to talk to trees. Do you realize how weird that is? (some chuckles) No, it's not (Adamus chuckles). You talk to trees or animals or whatever, you're still using human language. You're still using your thoughts or your emotions. That's not the way communications go. It doesn't need any of that. It opens up the whole new world. It opens up your senses. So, I love what you said.

MARY SUE: Thank you.

ADAMUS: Thank you. Thank you, Mary Sue.

Next. What's the takeaway from coronavirus? Hm? Yeah, 'who me' over there (Adamus chuckles).

JOEP: Who, me?

ADAMUS: Who, me?!

JOEP: Well, same as Mary Sue said. I really like my own company.

ADAMUS: Yeah. You're generally – you've always been relatively comfortable with your own company.

JOEP: Mm hmm. Yep.

ADAMUS: At times too extreme (Joep chuckles), but what was different about it this time? 3612

JOEP: Well, one thing, I finally moved into a place of my own.

ADAMUS: Oh, good, good. But repeat that to the camera. You finally what?

JOEP: I finally moved into a place of my own.

ADAMUS: All right, meaning what?

JOEP: On many levels.

ADAMUS: Thank you. I mean, so often, again, you think, like, well, he got his own house, apartment or whatever, all by himself. No, that was symbolic of really, Joep, moving into your own place.

JOEP: Yeah.

ADAMUS: A place that you hadn't always been comfortable with, or better said, you were always searching for it when it was kind of always right there. But it was more fun searching for a while.

JOEP: Searching.

ADAMUS: But now you couldn't search because everything was closed down, both on the outer world and the inner world, and then you have to go to your own place. Wow. How is your place?

JOEP: It's grand.

ADAMUS: Yeah. Good. And it gets grander all the time.

JOEP: And it gets grander. Yeah.

ADAMUS: Good.

JOEP: Yeah, to the point where I don't even want to go anywhere anymore.

ADAMUS: And a lot of you know Joep from the past, being here in person or online. Your energy is different. I mean, totally different. So it served you well.

JOEP: Yes, it did.

ADAMUS: Yeah. Thank you. Good. A couple more. Takeaways from coronavirus, aka, COVID. Hello, Vince.

VINCE: Hi! How are you?

ADAMUS: I'm grand (Adamus chuckles), as always. How are you?

VINCE: I'm doing well.

ADAMUS: I don't like that answer.

VINCE: I know that.

ADAMUS: Yeah (Adamus chuckles). Could you just b.s. us for a minute here?

VINCE: Right.

ADAMUS: Hey, Vince, how are you doing?



VINCE: *Ohhh!* (they chuckle) Too long a story to tell.

ADAMUS: Okay.

VINCE: But first I want to say hi to our friend, Beirta, another alumni from the Chartres and Karnak trip.

ADAMUS: Okay, great. Good. Good.

VINCE: And what I have learned is – and I’m still kind of dealing with the fallout – very few things are worth my time or energy.

ADAMUS: Interesting. Meaning?

VINCE: Well, like getting a guy to come and wash the windows.

ADAMUS: Right (Adamus chuckles).

VINCE: They’re still there.

ADAMUS: Right.

VINCE: We can still see light and dark.

ADAMUS: Kind of. Yeah. Yeah. Yeah.

VINCE: But I’m getting crusty like you can be sometimes, you know (some chuckles).

ADAMUS: It’s an act. It’s a total act.

VINCE: Well, this is no act! (Vince laughs)

ADAMUS: You know, I’m going to have to hear about that when I get to the Ascended Masters Club tonight, “Yeah, they called you crusty.” (laughter) Crusty?! Of all the words I’d use to define myself, crusty is not one. But go ahead, Vince. You’re entitled to your wrong opinion (more chuckles).

VINCE: Yeah, well, I definitely am and I have them (they chuckle). But there’s a lot of stuff out there that’s just not worth bothering with.

ADAMUS: That’s right. That’s right. It’s really not. Not that important at all.

VINCE: And I don’t miss it.

ADAMUS: Yeah, good. Not that important. Isn’t it interesting that one of the phenomena of this whole coronavirus era – particularly Europe and U.S. in particular – so you’re going through all these tough times and everything else, you can’t find anybody to do anything. I mean, whether it’s here in Colorado or any other place in the U.S., a lot of places in Europe, it used to be you could find a window washer just about



anywhere, and then you'd get your windows washed, what, once a month, you know, whatever, but now you can't find anybody. What happened? Did those people leave?

VINCE: They came to the same realization.

ADAMUS: They did! "I'm tired of washing Vince's windows. I've got better things to do with my life" (some chuckles). It is a social phenomenon that they haven't even begun to hit the tip of the iceberg on studying it and what's happening, and the fact is – this is really weird, I've got to get this through Cauldre – there are no less window washers than there ever were. There's the same number of window washers, in a way, but you just can't find them.

It's time to take care of your own house. It's a very strange thing, because, you know, on a very linear level, you say, "Well, there is the same number of windows and the same number of window washers, therefore, it should be easy to get my windows washed." But there's something in this cracking of time that's happening that suddenly there's no window washers available, because it's time to really contemplate what's important or clean your own house, wash your own windows, metaphorically speaking. Yes. Anybody want to go over to Vince's and do a little ...? (some chuckles). Thank you, Vince.

One more.

LINDA: (whispers) Okay.

ADAMUS: One more. What's the takeaway from coronavirus?

JULIE: Definitely enjoying a kaleidoscope. Lots of flow and just really liking the variety.

ADAMUS: So you're a doctor.

JULIE: Uh huh.

ADAMUS: And what changes did you see in your profession?

JULIE: So lots of online. Met with people outside. Just lots of flexibility.

ADAMUS: Yeah. More hectic? Or more calm?

JULIE: No, calm.

ADAMUS: Calm. You're enjoying your work more than ever?

JULIE: Yeah.

ADAMUS: Good. Good. So, the takeaway, again, how would you state that?

JULIE: I just really love variety.

ADAMUS: Yeah, yeah.



JULIE: And so this brought in just a lot more opportunity.

ADAMUS: The potential for variety.

JULIE: Uh huh.

ADAMUS: Yeah, absolutely. Good. We've got to do one more. Thank you so much, Julie.

LINDA: Did you say one more?

ADAMUS: One more.

LINDA: One more. Ooh! Do-do, do-do. Do-do, do-do ...

ADAMUS: Ooh! Ooh! Ooh!

LINDA: (continues mimicking the theme from *Jaws* movie) ... do-do, do-do.

ADAMUS: She's prowling. Uh-oh! Uh-oh! (Linda giggles)

ADAMUS: Takeaway from coronavirus for you personally.

LUCRETIA: Own my reality.

ADAMUS: Own your reality. That sounds good. What does that mean?

LUCRETIA: That means while everybody was at home, I'm going out. I was flying, a whole airplane for myself, traveling around.

ADAMUS: Right. During coronavirus?

LUCRETIA: During coronavirus, having the most epic time of my life.

ADAMUS: Where'd you go?

LUCRETIA: I went to Hawaii, Sedona, California, New Mexico, Texas.

ADAMUS: When you were in Sedona, did anybody happen to say (laughter), "Do know Adamus? Where's he been lately?"



LUCRETIA: I actually put a sign before I went in: "I don't know Adamus" (lots of and some applause). "I'm here by my own will!"

ADAMUS: Yeah, but you know what people see. The only thing they see is “Adamus.” Right.

LUCRETIA: Yeah!

ADAMUS: Yeah, yeah, yeah. Yeah.

LUCRETIA: No. I would be proud to say I know you.

ADAMUS: You know, I’m kind of ...

LUCRETIA: So, I realized that wasn’t my reality.

ADAMUS: The whole closedown.

LUCRETIA: The whole coronavirus.

ADAMUS: Yeah.

LUCRETIA: And I was flying around, traveling around, driving.

ADAMUS: You weren’t sitting inside and ...

LUCRETIA: Oh, no.

ADAMUS: ... just ... oh, okay.

LUCRETIA: Nothing.

ADAMUS: Did you wear a mask?

LUCRETIA: Where I have to I did.

ADAMUS: Are you vaccinated?

LUCRETIA: Not ... no.

ADAMUS: Okay, I have no problem with that.

LUCRETIA: Give you a hug? Can I give you a hug?

ADAMUS: Yes. I don’t worry about it. Cauldre might get real sick, but ... (laughter)

LINDA: Cauldre’s been vaccinated (they embrace).

ADAMUS: Thank you.

LUCRETIA: Thank you.

ADAMUS: *Bzzzzzt!* (poking her in the back) Okay, now she’s vaccinated (she chuckles). Energy vaccination. Yeah.

Oh, let's talk about vaccinations. Not. What a great conspiracy. What a great big way to divide humanity even more than ever. And, you know, it's not even a medical thing. And actually, I'll go so far as to say that the work done with the medical research is opening doorways for the new species of humans on the planet. Understanding things like the mRNA and the different workings, particularly when they start getting into the neuron activity – not neurotic, but neuron activity – of the mind. Phenomenal, amazing.



The vaccine, is it a conspiracy? It's up to you. It's up to you. If you don't want to get vaccinated, that is not an issue. If you want to get vaccinated, not an issue. I mean, let's – Shaumbra, for the most part, moved beyond that. It's like are we going to get into that battle? Are we going to get into that thing? Does anybody really believe it's an alien conspiracy or government or anything else? I mean, please people, we've got work to do, not games to play on this planet. So let's move on. All right. Okay.

Linda, where were we? We were done with that part.

LINDA: Wherever you want to be. Wherever you want to be.

ADAMUS: Good. Let's take a deep breath with that.

Your takeaway from the coronavirus era, I'd suggest you write a little story about it. Make a little home movie, do something. You'll be so amused, looking at it a few years from now. There was so much that was

moved on the planet during this time, during this kind of quiet time. Yeah, frustrating for some people and difficult on relationships, difficult if you have children in school. But all in all, what is coming as a result of this, shifted the planet in a way I would label as brilliant. And the brilliance continues, just like my prediction saying this would last a long time. The brilliance ... (Adamus chuckles) ... the brilliance continues.

So let's take a good deep breath with that. Let's go on to our next portion of this show. I'm having too much fun. It's good to be back with Shaumbra. We were together, but not like this.

Second Question

Next. Next question. Get ready with the microphone, dear Linda. I told you you'd be busy today. Yeah, where's the microphone? (Adamus chuckles as she's looking for it). Next question.

There's a lot of different ways to state this, but what are humans really looking for? What are they really looking for? What answers? You know, if you look at it even very philosophically, what are they searching for? What are humans really looking for in life? Kind of an open-ended question. Feel into it for a moment.

(pause)

What are they really looking for? And maybe they don't even know they're looking for it. Yes.

LENA: Are we talking about human or Shaumbra?

ADAMUS: Humans, in general.

LENA: Happiness.

ADAMUS: Happiness. Yeah, okay. Will they ever find it?

LENA: Yes, when they will get realized.

ADAMUS: When they get – ehh, okay. That leads to an interesting thing. She said, yes, happiness when you're realized. I'll say no. Happiness goes out the window. It's a makyo pursuit. It's a human concept. And actually, I'll go so far as to say that the whole idea of happiness came about in the times of Atlantis with the human pleasure center, triggering that pleasure center to get humans, workers, slaves to respond accordingly. Happiness is derived as part of that whole complex thing of the pleasure center. And pleasure could be food, sex, drugs, sit around watching TV, whatever. (More information on the pleasure center in [Ask Tobias: Addictions](#))



Happiness, the concept is so elusive. I'd go so far as to make a very bold statement, forget about it. And it's like, "*Haah! Whaaat?! I want happiness!*" No, you don't. First of all, it doesn't happen, not in the typical definition of happiness.

Happiness is what – having a three-bedroom house, two kids, a dog, a cat and working in a cubicle? No. That's not happiness, and that's what so many found out during the coronavirus era. So what. So what. There are more important things than getting your windows washed. I mean, so what. It was a false kind of hurdle, and then people got there, and they go, "Shit! I'm not happy. I've got a mortgage. I've got a family I'm responsible for. I've got a dog that doesn't like me and poops in the house all the time. Happiness?? This is not it." Then you start pursuing a new happiness. You'll never get there. You'll never get there. So, just my opinion. Be happy. Don't worry. Be happy (a few chuckles).

But, no, I think we should address happiness head-on for what it is. It's kind of an illusion. It's a carrot in front of the human. What is happiness? That word goes out of your vocabulary as you come to Realization. It just goes out. It's like, there's no happiness. There is no sadness. That doesn't mean it's blank, it means you move beyond those very archaic terms – happiness and sadness. "I Am that I Am." That's it. Yeah, and in that – the communications in that – it's not just "I Am that I Am," but there's so much more to it.

Good. Couple more. What is it humans are searching for, looking for? What answers? What's the great mystery?

ALICE: A couple. I was going to say comfort.

ADAMUS: Comfort, yeah.

ALICE: But then I was thinking about people who have been abused and things like that, and maybe they're looking for just something a little bit ...

ADAMUS: (interrupting her) And, by the way, I love your T-shirt. I'd love one.

ALICE: Cool, huh?

ADAMUS: Yeah. Yeah.

ALICE: Birthday present.

ADAMUS: Extra-large (she chuckles). Yeah.

ALICE: Maybe just something a little bit better. That's not us, but humans, maybe there's just – it's not happiness – but, "Okay, well, what's something here (steps to one side), compared to where I am here (steps to other side)?"

ADAMUS: Yeah. That's an excellent observation.

ALICE: That's what it seems like.

ADAMUS: And very true. It's just "A little bit better, a little bit more."

ALICE: Yeah.

ADAMUS: And then there is those two steps backwards.

ALICE: Mm hmm.

ADAMUS: And then, okay, we're going to maybe three steps forward, another back.

ALICE: Yeah. Maybe today we can do it.

ADAMUS: And pretty soon you're dancing and it's like back and forth (Adamus chuckles). But, yeah, a little better. And how sad to spend your whole life just a little better, a little bit more circus, a little bit more beer. And then what?

ALICE: Die (she chuckles).

ADAMUS: "Yeah, I just spent my whole life just trying to do incremental better. Why didn't I just blow it up and go for the whole thing? Incremental better. And on top of that, oh, in that lifetime, now I've got all that karma with those people in my life that made it miserable or couldn't be better. And now I've got to come back and spend another lifetime with 'them.'" (Alice giggles) You know "them." They always talk "them." Who's them? It's everything that's not you. Everything that's not you. So, I like that. Good answer.

ALICE: Mm hmm.

LINDA: (whispers) Thank you.

ADAMUS: What are humans searching for?



LINDA: Did you swear at me? (to Diane)

DIANE: No! (some chuckles) No. I wouldn't ever (laughter). I was going to say control.

ADAMUS: Yeah. Oh, yeah, because then they can be happier if they have control.

DIANE: Yeah, that they're not a victim, that outside circumstances are not going to change their lives. Could be for the better or for the worse, but a sense of control.

ADAMUS: Who controls them?

DIANE: Who controls them?

ADAMUS: Mm hmm.

DIANE: They think that ...

ADAMUS: Their perception of who controls them.

DIANE: Things outside of their control.

ADAMUS: What would be the number one thing that humans attribute to the control in their life?

DIANE: The number one?

ADAMUS: Yeah. I mean, there's a lot of them, and any of them really work, but ...

DIANE: God?

ADAMUS: God. You know, God to most people is kind of foreign, not present. You know, it's like 'management isn't available' (Adamus chuckles). It's off somewhere else. You know, but who's running the house? Probably taxes.

DIANE: Yeah.

ADAMUS: Governments.

DIANE: I was going to say government.

ADAMUS: You know, I mean, you can kind of get away from the government. You just can't get away from taxes.

DIANE: No.

ADAMUS: You know, taxes ...

DIANE: I've been trying for years (she chuckles).



ADAMUS: I know! (some chuckles). And families. Most people won't admit it, but their families exercise a tremendous amount of control on their life, because it's the family voice that they hear in their head – their mother, their father or siblings or whatever – saying, “You shouldn't do that” or “You need to do that. You need to improve.”

DIANE: Mm hmm.

ADAMUS: So that's a big control factor. Yeah. And jobs. Having to work a job. How many times over the years have we heard Shaumbra saying, “Well, I have to work to pay the bills.” Just give them the squirt gun right away. And it's like, really? Really? Is that your consciousness that you're going to keep going down that miserable, dreary path that you have to have a job that you don't like so you can pay for a flat that you don't like, that somebody else owns, that they're charging you too ... blow it up. But good answer. Thank you. Control.

DIANE: Okay.

ADAMUS: One more and then I'll go to mine.

LINDA: See any volunteers? Victims? Ooh! Holy smoke! (a few chuckles)

ADAMUS: Yes, Joseph.

JOSEPH: Thank you.

ADAMUS: Welcome, by the way. Good to see you again. It's been quite a while. Quite a while. A couple of lifetimes anyway. Yeah. Good.

JOSEPH: Thank you.

ADAMUS: Would you mind standing?

JOSEPH: Yes.

ADAMUS: Yeah.

JOSEPH: I think or feel that humans, they first search for knowledge or power, and then after that they go for control. But I think what they're really looking for is something to matter.

ADAMUS: Something to matter. Yeah, yeah.

JOSEPH: They want something to matter, and it really doesn't.

ADAMUS: Yeah. They want something of passion that would make a difference, something kind of real, meaningful. Give me a number, just make something up, but what percent of the world's population really has something, I mean, something really that matters? Not, you know, just a car in the garage type of thing, but really matters.

JOSEPH: Three percent.

ADAMUS: That's pretty accurate, geez! Yeah, that's pretty close. Not many, you know, and a lot of it, well, you remember what it was like when you were in your old passion, and then it faded away and it was

really hell. But you come back into your new passion and it's totally different. But to most people, they are looking for something that matters, that's very meaningful. They try to find it in everything from their family, usually, and then they try to find it in their job, their profession or they try to find it in their religion. Good lord (Joseph chuckles), and very few really have something that matters. What about you?

JOSEPH: The only thing that I found to matter is my existence and that's an experience to have.

ADAMUS: Yeah. Good. And, typically, I would accuse somebody of makyo and say, "Eh, come on, that's a cliché you're using." In your case, it's not. Whatever you're doing right now, keep doing it.

JOSEPH: Thank you.

ADAMUS: I mean the direction that you've chosen for yourself, the way of life that you've chosen, keep doing it. Good.

JOSEPH: Thank you.

ADAMUS: Thank you.

So what are humans really looking for? Thank you, dear Linda. You can take a rest, please. You want a coffee?

LINDA: No, thank you, sir.

ADAMUS: No, I can manifest one like that (*snap!*). Yeah (Adamus chuckles, "snapping" at Kerri, who gets up to make a coffee). Thank you, Kerri. She's so sweet. I think we ought to give Kerri a big hand for all ... (audience applause). And, oh – oh, there she is! Yeah (Adamus claps and more audience applause). And, oh, how she tolerates me. All right.

Humans, what they're looking for in life. You kind of touched on it – a purpose, a passion. One would generally say, the philosophers would say – I'm done for now, you can stop blinding them (the audience lights are turned down). So, one would say, philosophers would say "meaning of life," meaning that people are looking for meaning. A lot of them are in a way. Maybe once every five or six years they might think about it for about five seconds, "What's the meaning of life?" and then they move on.

Actually, the beauty of coronavirus, it did stop a lot of people – paused, in other words – and they took a moment to say, "What is the meaning?" or "What am I here for?" There was a lot of that. You know, we get it once in a while. We kind of measure these things up in our realms. There was always some of it, but it was fleeting, just for a moment, you know, "What am I doing here? Eh, eh. We don't ask these questions."

There was a lot of that during coronavirus. "What am I doing here? What's the meaning? What's the purpose? What's going on? Why am I in that miserable job?" or "Now I'm with my spouse or partner all the time. All the time." And several things happened. Some people realized how much they love that person. Others realized how much they couldn't stand them another second. But then they made the break that they should



have made a while back and said, “We’re done. Sorry, but we’re done.” It was phenomenal the things that happened. *Pfft!* I can’t even begin to describe, but back to the point.

Very few humans really ever search for meaning in life. And ultimately, my answer would be what humans are really looking for is how to live. Meaning of life, fine, but actually it’s like happiness. You’ll never find it. There is no meaning in life, sorry to say. I know that’s kind of pulling the carpet out from underneath a lot of people. There isn’t. I mean, there’s no big meaning of life. It’s not a great big test you have to get through. You’re just here to experience. Maybe that’s meaning, but then it puts the wrong spin on it.

You go for a swim in the lake in the summer on a hot day to experience the coolness of the water and what it’s just like immersing yourself. There’s not a lot of meaning to it. What’s the meaning of jumping into a lake? (a few chuckles) I don’t know, so you can swim with the fish. Who knows? It’s kind of like life. There’s not a lot of meaning. Some people would really get upset with me saying that. But no, it’s about experience. It’s about just jumping in seeing what it’s like, and then seeing if you can get the hell out (Adamus chuckles). I mean, seeing if you can get out.



So, I say what people are really looking for is *how* to live, and they’ve been searching for the answers to that for a long, long time, how to live. They search by studying a lot, maybe going to school, by listening to the advice of others, by trial and error, by saying, “Okay, I didn’t like that experience. I do like this.” So, you know, they start trying to create that pattern for how to live. But I don’t really know of anybody that’s ever really gotten there. I mean, how to live, I mean in the kind of a linear sense of the thing. It’s not like you can give somebody a book or now a cloud class – “Here’s how to live. Here’s the survivor’s guide for the planet.” There’s not a single answer.

But that brings me to one of the important subjects for the day, and I had some ... *ooh!* There’s your coffee. Thank you, Kerri.

LINDA: Oh! Thank you so much.

ADAMUS: And Linda, would you like a bite of my thing here? Yeah (offering her some dessert).

LINDA: So, why are you being so nice?

ADAMUS: This is the real me (some chuckles). I mean, the other Adamus that used to show up was my evil twin brother (more chuckles). This is the real Adamus (Adamus chuckles). Why am I being so nice? Because we’ve managed to get rid of the makyō.

LINDA: Okay, yes.

ADAMUS: We’ve managed to say goodbye to the ones who really weren’t here for their embodied Realization, to stay on the planet as a Master. I can just relax now.

LINDA: Oh!

ADAMUS: Yeah, you know ...

LINDA: *Oof! Oof! Wow.*

ADAMUS: ... you, all of you who have stayed, all of you who are here now, this is the real thing.

LINDA: Wow!

ADAMUS: I can now be the nice Adamus.

LINDA: Wow!

ADAMUS: Yeah, yeah (some laughter).

LINDA: Wow!

ADAMUS: So, I did ask Cauldre ...

LINDA: Wow! (Adamus laugh)

ADAMUS: I did ask Cauldre to prepare a few slides, because I want to make a point here. So if we could get this up.



The Shaumbra Life

So, humans look for the way to live. And I'm going to now put that on Shaumbra. No, no. Thank you. No, no. Stop that! Stop that! First slide (there's a bit of confusion getting the right slide showing). Okay. Either that or we're going to give Linda the writing board.

LINDA: Be careful.

ADAMUS: People are looking for how to live and now I've kind of tailored that for Shaumbra, the Shaumbra life. Pretty simple here.

**Embrace your energy
with courageous
passion.**

First, embrace your energy with courageous passion.

That's really important. It's your energy. It's the song of your soul. You've been denying that it's yours. You've been saying, "It's out there. It's something else. It's not mine. I have to adapt myself to energy that's out there." No. It's time to embrace your energy with courageous passion.

I mean, that's the thing, finding something, finding purpose and meaning. It's your energy. And when I say courageous passion, we can't tiptoe into this, not very well. You'll get knocked over real hard. So it's about time to be courageous with your own energy. And the nice thing is it's not somebody else's energy. It's not even God's. It's your energy. Why not embrace it, take it on courageously? It doesn't mean making great big decisions like, "Oh, I'm afraid to do this." Let's start with the basics. Embrace your energy courageously, all of it, with passion, and that's how you live. Pretty simple.

LINDA: Adamus, I'm going to slip off, because my white pants are ...

ADAMUS: Ehhh! Okay, thank you.

LINDA: ... blocking the letters.

ADAMUS: Thank you. Heh, thank you. I was on such a roll. Where was I? And if you don't think it's truly your energy, if you don't think it is – most of you actually don't; you've got a nice concept going here, "your energy, your consciousness, la-di-da."

Important point too, I'm going to interject – now that I've been interrupted, I'm going to interrupt myself – there's consciousness, and that is awareness, and there is energy, and they are *totally separate*. They are not comingled. They are not one and the same.

Consciousness is not energy, and *please* don't get misled or distracted. There are others who kind of – I'm trying to say this politely – kind of following after what we're doing. They don't quite get it yet. They're still at the stage of consciousness, awareness, where they're thinking that energy and consciousness are the same thing. They're not. They're not. There's going to be – and there already are – some "meta-physicists" out there who, they're not quite there. And please, for Shaumbra, don't get confused.

Consciousness is awareness. That's all it is. It doesn't contain anything else, nor right now do you want it to contain anything else. It is pure. It is the I Am, and it doesn't contain energy. It doesn't contain history. It doesn't have judgments or opinions. It is "I Am that I Am."

Then there is the energy, and it's separate. That allows you to play in the energy without screwing up the consciousness (Adamus chuckles). It keeps the consciousness in its purest state. So please don't get distracted. Back to the point here.

If you don't think it's truly your energy – a lot of you, you like the words but you're not quite there yet. It's like, "Well, okay, I know what is being said, but I'm not getting it. To me, it's still something outside of me." If that's the case, as it is with so many Shaumbra, embrace it even *more* courageously and more passionately.

Don't start getting off on these head trips of "my energy, not my energy." Dive into it. Embrace your energy. It's you. It's the

**If you don't think it's
truly your energy...**

**Embrace it more
courageously and more
passionately.**

communication, the song of your soul. It's all you. Embrace it. Dive into it. Don't be afraid of it. It's not going to hurt you. It's not going to hurt you. It's your energy, and it's time you embraced it passionately, courageously. Again, I'm not saying right now it's decision-making time. That comes later when you're choosing things in life. Right now start with the basics. Embrace it.

How do you do that? Take a deep breath and you let that energy come in, and you let it with passion, like, "*I choose life!* This is ME! This is my energy! I'm going to breathe it in! I'm going to live it! I'm going to stop being a timid little mouse running from everything. I'm going to be that great big elephant in the room that they talk about now. I'm going to embrace my energy passionately." It's pretty simple. It's pretty simple, and that's when you really understand how to live. How to live.

So, if we put this all together, one more part of it is, and then make love with your energy. Cha-cha your energy. You know, get intimate with your energy and you'll find that that same energy, it'll make love with your life. Make love, meaning love it. Bring it in. Don't hold back. Make love. And I didn't just say love your energy. I wanted that *make love*. Be with it. And then watch how it loves your life. I mean, it's you. It's you making love with you. And the energy – eh, not like that you weirdo (some laughter). Well, it could be like that (Adamus chuckles). Make love, be intimate with your energy in every sensual way, and then watch how it loves your life.

Embrace your energy with courageous passion. If you don't think it's truly your energy, embrace it more courageously and more passionately. Make love with your energy, and it will make love with your life.

Pretty simple, simple stuff, putting into a single statement now: *Embrace your energy with courageous passion. If you don't think it's truly your energy, embrace it more courageously and more passionately than ever. Make love with your energy and it will make love with your life.*

It's pretty simple. Pretty simple. Okay. Thank you.

Let's take a deep breath with that.

What are humans looking for? Ultimately, how to live. How to live. I mean, look at all the self-help books in the bookstores. Well, there are no bookstores left anymore, but self-help books. They're looking for how to live. For Shaumbra, how to live? Embrace your energy courageously. Not intellectually. Courageously embrace it.

Love

Now, and Cauldre's telling me I'm going long, but it's been a while. I want to talk for a few moments about love. I do not talk about love much. There's a word that Cauldre has for it: Grandma bait. Grandma bait, meaning that, you know, we get up here and we can talk about love and fluffiness and loving each other, and it's like, come on, really? That's cheap (Adamus chuckles) and cheesy.

I love love, but I didn't start out with Shaumbra talking about it and haven't really talked about it too much up until now. However – a little product placement here – we had some great sessions in France a number of

years ago. We got the whole group drunk one night and (someone says “Wow”) – no, we did. It was great. There were some great sessions, the [Mysteries of Love](#).^{*} I would suggest that for the Spotlight. Half price, compliments of Adamus. Great stuff. (^{*} *This product will be available at a 50% discount during the month of August 2021.*)

Interesting, interesting thing is love was first experienced here on this planet. Nowhere else.

Your soul didn’t know about love. What you call God or whatever, no clue. How would Spirit have known? I mean, how would Spirit have known until *you* experienced it. It was experienced on Earth, the first time ever in all of creation right here on Earth. That makes Earth kind of special. That’s why I get upset when these people are talking about these space alien beings coming to Earth and telling you how to live your life. First of all, they have no clue. Secondly, they’re trying to learn from you. Alien probes, alien craft or whatever, they’re here for one thing. They heard about this thing called love and they want to know more about it. They probe, they cut, they slice, they dice, they go into the brain trying to find “Where is that love? Where is it? Is it here? Is it – oh, is it here or around?” No. It’s a sense.^{*} It’s perhaps the most beautiful of all senses that never existed till humans experienced it on Earth for the first time.

^{*} *More about the senses in [Master’s Life 4 – Sensuality](#)*

I’m going to ask you to just get out of your brain for a moment. The first time you ever experienced love as a human on this planet, feel it for a moment. Not in this lifetime. It was a long time ago.

(pause)

The first time you ever felt love, and don’t worry about details.

(pause)

What did it feel like?

(pause)

Good news, bad news. You felt love and there was never anything like it that you had ever experienced anywhere on the angelic realms. You didn’t have love, anyplace, and love touched you and it changed you profoundly.

The bad news – you experienced love and said, “I want to stay on this planet for a long, long time to keep experiencing love.” (Adamus chuckles) Sorry, but that’s what you said.

It is so beautiful, and I haven’t wanted to talk about it up until now, and it ties in *so* much with everything else right now. It ties in with communications and energy and everything else. But love, first experienced here.

We now move into a whole new understanding of love. First time you ever really experienced love so many lifetimes ago, overwhelming. It touched your soul. Oh, in a way, your soul didn’t know love. It touched your soul and that soul just *whooshed* open with that experience of love.

Unfortunately, in a lot of ways, love has been diminished, commercialized, bastardized, abused, and you know it. You know, when your parents say, “I’m going to whip you right now because I love you,” it doesn’t quite work. It’s not congruent with that first experience of love you had ever had on the planet. It’s like

these two aren't the same thing. And so often people tell you that they love you, but then you're stabbed in the back or, what, a week later they're telling the next-door neighbor or the milkman that they love them, and it's like there was no meaning in that. Didn't mean anything. But yet the beauty is you've had those experiences of love. Yeah, sometimes with the hardships that come with it, but you still had that experience of loving.



You take a look at all the other realms, all the other souled beings who have never been to this planet; they haven't had that. Love is not a dominant sense across the cosmos. It's not. That's why people line up to come to this planet, as crazy as it seems. Why would they get in line for everything that's going to happen to them? That's why they get in line, to experience love.

You're teachers of love. You have taught it in other lifetimes. You have taught it in the Near Earth realms, but the most difficult thing about teaching about love is you can't. You can experience it and you can communicate that energy of the experience, not just in words, but in true soul communications. You can communicate it, but teaching it, no. How would you teach love? How would you teach love? They say you fall into love. You don't plan into love.

Now with Shaumbra we move to a whole new level post-coronavirus, it's to love yourself. It's to love yourself. It's tough, and very, very few have ever done it. The experience you're going to have with really loving yourself, it goes even beyond your first experience on this planet with love. It goes beyond that. The overwhelm, the ... (Adamus sighs) It's hard to even say the words, but you can feel it, what I'm communicating. We're not talking about learning to love yourself; we're talking about courageously going into your energy, passionately going into your energy and loving yourself.

Loving yourself has kind of weird connotations to some people. You're not supposed to love yourself, or love others first, or, you know, self-love is kind of, what would you say, kind of narcissistic. It's not. Please put aside all those concepts.

This planet Earth, the whole reason for the planet Earth was to come to an understanding of consciousness and energy, your consciousness in relationship to energy. The whole reason was to free up energy of all souled being in the cosmos that was almost like stuck forever. It's been done. The spiritual families, they disbanded because the energies are moving again. A new understanding of consciousness and energy, and please *do not* put the two together right now. That's something for later, but it's never been done, ever, anywhere.

Come to an understanding of consciousness and energy and task is done, because enough have done it on the planet and now it will radiate out to the others. They'll start doing it.

Now, Shaumbra, we move to the next level, loving yourself courageously, passionately. There wasn't love anywhere else until humans came here, and humans came here not for love. They came here for consciousness and energy. But one of the things that nobody predicted, not even me – nobody predicted, nobody had a clue,

there wasn't even an inkling of what would happen when angels came to this planet – and that was love. Soul didn't know it, the I Am didn't know it, nobody knew it. It was the greatest thing that's ever come from this planet. Consciousness and energy, sure. It's a given. Love? Nobody knew.

Now we're going to go into self-love. It's going to have its dark corners and rough roads. It's going to bring up memories, maybe not so pleasant, but we're going to do it courageously and passionately so you can come to, you could say, that next level of your experiences on this planet – loving yourself. It's so beautiful, and it's so simple. But there are so many things that can distract you.

Let's take a moment with some merabh music to begin our journey as Shaumbra into self-love.

Merabh of Self Love

Some talk the game, loving yourself. I listen in – and Cauldre's getting upset with me right now.

(music begins)

He says I shouldn't disparage other people doing other work. Why not? *Heh!* Hey, I've got the microphone (a few chuckles).

No, I check in on some of these others sometimes, giving courses in love, and it's like they don't – until you understand energy and consciousness, how can you even talk about it? And, you know, sprinkling sugar dust all over things, that's not love. That's not love. It's not just a bunch of fairy dust.

The first time you ever experienced love on this planet – and it doesn't matter, Lemuria, Atlantis, Egypt, it doesn't matter – I'm going to ask you to breathe that in now, without knowing any details about it. You don't need to.

There's a communication in that first experience of love.

And there's a mystery in it. It changed you.

Other humans later, they came to experience love also, and love is now commonplace.

Love, the way humans use it, I say is pedestrian, without a lot of real sensuality. I'm not knocking love. I'm just saying we're going to a different level.

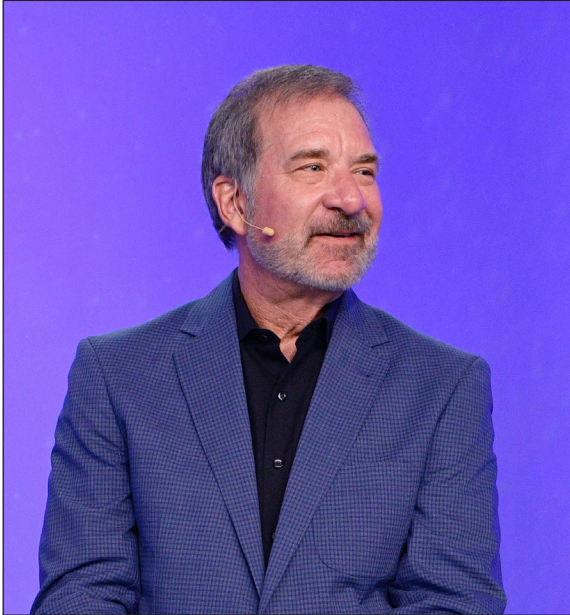
That first time you ever experienced love, feel it without having to know details.

Feel it for a moment. Oh!



(pause)

So many of you at that moment of feeling and experiencing love for the very first time and perhaps if you were with another person, they didn't even feel the same thing. But you did and, "Oh! I've got to get back to my angelic families and tell them about this thing, but how do I describe it? I've got to get back there and I've got to tell all the angels in all of existence about this thing, love."



And now here, sitting with all these Masters, the Masters that you are, you've had a lot of experiences with love now. Some you'd like to forget. A couple of you are going through divorces right now saying, "Oh, yeah. Oh, yeah."

Let's bring it to a more expansive experience and now open the doors courageously to loving yourself.

(pause)

Kind of like the song, affinity and communications, that's what makes reality. Affinity, the loving and acceptance of yourself. Total acceptance of yourself, and then the communication, your energy, that is.

Loving yourself is nothing you can practice, study, rehearse.

It doesn't come when you say, "I've got rid of all my bad habits. I'm a really nice person." It doesn't come that way.

It comes when you take a deep breath and you accept yourself.

I'm going to go one step further in this, as we now enter into this next stage of Shaumbra. The experience of self-love isn't going to be just by yourself, just you. I mean, it's self-love, of course.

What you're going to experience is the love of your soul that did not know love until you experienced it. But now it does. The love of your soul.

People always talk about how your soul really loves you. Nah, nah, nah. Soul didn't know about love. But now in the wisdom that has been brought to the soul, it knows love, and ... (Adamus sighs) ... it wants to share that with you.

It learned about love from you, and now wants to share that with you.

The love of your past, all of your lifetimes, it wants to share that with you, its love, and the future.

What a precious time where we go beyond what we ever planned to do when we came here to Earth. What a precious time. And for you, the human, in the experience, who actually discovered love, now is the time to receive it from yourself.

Take a good deep breath.

Self-love. It's not just about human looking in the mirror saying, "I love you, gorgeous" (a few chuckles). No, no.

It's about letting the soul, the past, the future, the Master, letting every part of you now show you how much it loves you. That's self-love.

Not just you getting up in the morning saying, "I'm good, I'm beautiful. I love me." No, it's about receiving it now.

Your soul truly wants to show you this and it wants to dance in the experience of it with you.

Let's open this new chapter for Shaumbra.

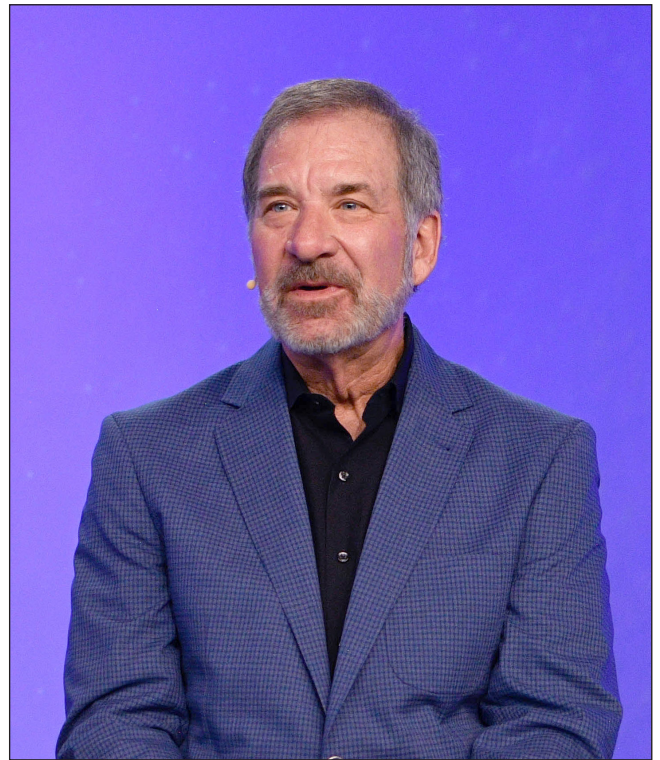
Let's take a good deep breath.

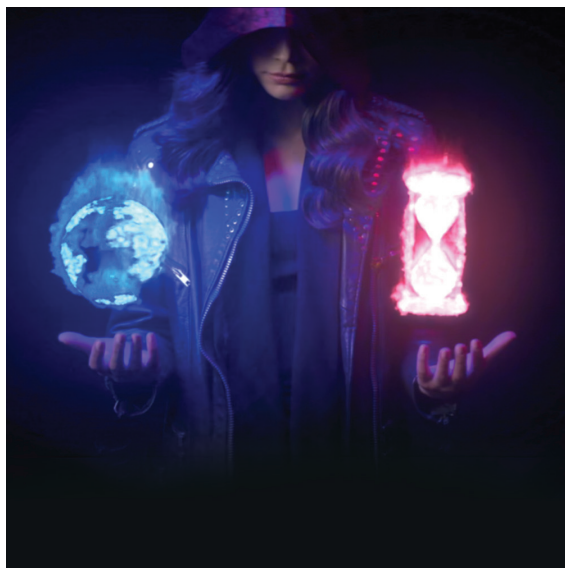
What a crazy world. What a weird world. What an era we've just gone through, and now we embark on I would say the real passion – what is it like to know the love of Self?

I guess we're going to have little bumpy roads along the way. It's going to dredge up old crap. There'll be times when you go very, very mental. There'll be times when you're thinking of self-life and I'm going to have to kick you in the ass, and when I do, it's a hundred bucks, right? For the right to kick you in the ass.

But as we now come into self-love as Masters on the planet, when things get a little rough, the world gets crazy, just remember that one thing: All is well in all of creation.

With that, welcome back to your Self. Thank you. Thank you (audience applause).





CRIMSON CIRCLE

The Global Affiliation of New Energy Teachers

www.crimsoncircle.com