

ADAMUS® SAINT-GERMAIN



Shoud 6
March 5, 2022



CRIMSON CIRCLE



Shoud 6

Presented to the Crimson Circle on March 5, 2022

*Recorded at the Shaumbra Pavilion
in Kailua-Kona, Hawaii USA*

*Featuring
Adamus® channeled through Geoffrey Hoppe
assisted by Linda Hoppe*

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Shoud 6

IMPORTANT NOTE: This information is probably not for you unless you take full responsibility for your life and creations.

* * *

I Am that I Am, proudly, Adamus of Sovereign Domain.

I'm taking a moment here to really breathe in, feel your energies, first of all; feel all of you tuning in now or sometime in the future (Adamus takes a deep breath). Ahh! Taking a moment here to breathe in the beauty of this island and my coffee, of course – *mm!* – always at the ready.

But, dear Linda, I'm noticing there aren't any cakes for me today. Am I on a diet?

LINDA: Did you want a certain type?

ADAMUS: It doesn't matter, but I'm just so used to having ...

LINDA: See, I'm thinking, is there a chocolate muffin in your radar?

ADAMUS: Chocolate, it doesn't matter, but just something to go with the fine coffee.

LINDA: Please allow me.

ADAMUS: Thank you, dear Linda. Mm (he takes a sip of coffee while Linda leaves to get him a treat). Well, they forget sometimes. They forget that an Ascended Master is coming in to visit and forget little things like his cake. But that's all right, because heaven or hell, no matter where I go, all is well. Heh! (Referring to the song, "[All is Well](#)," played just prior to Adamus' message.)

So, we have a lot to cover today, but let's all breathe in the energies of what we have to do today. Remember, there's things happening on many, many different levels. Many different levels. You are bi-level, I guess you would say.



I don't often bring in guests. I don't often introduce the ones that are kind of accompanying me there in the peanut gallery in the other realms, but today is kind of special. Today, we have all of those who have ever called themselves Shaumbra who have crossed over to the other side of the river, so to speak. We have all of them accompanying us, sitting here in the galleries. They're fascinated by what's going on in the world and some of them are feeling a bit regretful that they're not here. Sart, in particular, is kind of leading that pack saying, "*Erhh!* I just suddenly wake up and I'm dead," which is kind of an interesting use of words. But they're all here. I've invited them all in on this day to enjoy your energies, to support you in what you're doing in staying on the planet.

And you can also see they're holding up little signs, little placards that they made. "Stay" is a popular one. "This side is nice, but there's more to do on Earth right now." "Dead is dread." A few signs in the audience like that. So they're encouraging you to stay here at this monumental time on the planet. And they also, they would, according to Sart, they would like to give you a grand, grand round of applause right now. So feel into that. Take it in, the applause, while I take a moment here during the applause to have a little bit of the cake brought by dear Linda. Mm. Mm.

Human food. Thank you so much, Linda. Mm. Human food. Good. We have great food at the Ascended Masters Club, but it's all vegan, so (Adamus chuckles). Not really, but ...

LINDA: I was going to say, you can't even have milk then.

ADAMUS: Well, I was just joking about that.

LINDA: That was a joke, okay.

ADAMUS: Yeah. We have a lot of angel food cake though.

LINDA: Ooh, yum!

ADAMUS: Well, it fits, you know, with the mood there.

LINDA: Yeah, I get it.

ADAMUS: Yes. But do feel that applause from all the Shaumbra who've left. And also feel into how they're feeling, really wanting to continue to be here vicariously through you, to feel into what you're feeling, going through what you're going through.

And there's one sign in particular that really drew my attention from this audience, and we have about 310 here in the audience. They were Shaumbra when they were on Earth. But the one sign that really caught my attention, it says, "Dive deep." Dive deep.

Dive Deep

What that sign means is that it's time for you to really dive deeply into your Realization, into staying here on the planet, into going through what you're going through. Tough at times, yes, it is. Yes, it is. But dive deep into it. Sometimes there's a tendency to just want to get out of it, to say you're going to isolate yourself from the world, or sometimes where you're not really sure whether you want to stay or leave. That was a phenomenon that we had, particularly, oh, five, ten years ago, "Do I really want to stay here on the planet right now?" And what happens with that is you're not really quite sure, so you're really not here, and you're not there. You're kind of in between. You've kind of shut things off, and it's kind of a no man's land. And what this one sign from this one Shaumbra is saying is "Dive deep." Dive deep into the experience of what is going on on the planet right now, into your own Realization or about-to-be Realization.

Dive deep into benching. It has a profound impact on the planet. Dive deep into your life. Not the lives of others so much, but your life. It is an amazing thing. And as I've said for a long, long time, you only go through this experience of coming into Realization one time. That's it. You only experience it once, so do it with all the gusto. Do it with depth and do it with clarity. Dive deep into yourself, all that you're going through right now. This isn't the time to want to sit on the fence. There can't be any fence-sitting, and I'd be happy to throw you off that fence in case you do.

Dive deep into every experience that you're having right now. And Cauldre is double checking me here, but, yes, dive deep into the headlines that are affecting the planet. It doesn't mean becoming a news junkie. It means don't try to avoid it. Don't try to push it away. It's ugly at times, but dive deep into it, because there's so much more going on than what is on the surface. There are so many elements on the planet right now that are changing the nature of the planet, and it is very intense at times, *very* intense, because, as I've said so often, you're becoming more sensitive. You're feeling more and more of these things that are happening on the planet. But instead of running from it, instead of putting on a protective suit of armor, dive deep into it.

Dive deep into every part of yourself. Dive deep – yes, Cauldre is having a little argument with me here (Linda giggles). He says, "You mean, dive deep into the pain?" Absolutely, and I know it's one of the biggest challenges for Shaumbra right now is the aches and pains. Instead of running from them, instead of overmedicating them, instead of just cursing the day because it's painful, you dive deep into it. And when you do, it's kind of like a nautilus or a spiral – you know, it's the circular spiraling – and as you get into the tighter and tighter pattern of it, you get to the core of it, you go *through* it. You go right through it. I've diagrammed this before or had Linda draw it on the board. You go into it.

When you try to stay on the other side of it and you try to run from it or hide from it or pretend that it's not there, you're losing out on the experience. But you're also losing out on what I would call the resolution or the transformation of energies that are happening. You're staying on just this side of it, and your body continues to be in pain, and your mind continues to get crapped up, and you get anxiety and all these other things. But dive deep into it.

Go right into the core of it. Yes, including pain, including if you have some sort of physical ailment or you're mentally feeling way off. Dive deep into it, because you're going to discover that from the perspective you

were looking at it from, from the identity perspective that you were looking at it from, it's not what it really is. When you dive *deep* into it, you realize that there's tremendous wisdom. When you dive deep into it, you realize there actually really wasn't pain. I mean, I know you feel it now, but when you dive deep into it, it just tells you – you realize they were just signals going out to you to change a few things in your life. The pain in your body, even the pain in your mind are really just alerts or signals. That's all they are, even disease. You dive deep into these things, and then you get the fullness of the experience. You get all the wisdom and you get the resolution.

So, imagine here you are in your life and I know so many Shaumbra, you try to avoid things. You try to run from things. You try to pretend that they're not there. You try to ward them off with crystals – yeah, some of you still do that, believe it or not – white light and all the rest of that. No, dive deep into it. It's all your energy, and it appears that it's posing as something else and it's posing as something that might not be comfortable or pleasant. But when you go deep into it, you realize what it really is.

So, I love that sign from one of the departed Shaumbra, “Dive deep into it.” That's what you're here for. And, again, you're never going to go through this again. The planet is never, ever going to go through what it's going through right now ever again. These are all one-time deals. You don't want to miss out on it. And that's why I invited all these Shaumbra in today to be part of this and to cheer you on for what you're doing and to tell you “Dive deep.” To tell you “Go for it right now.”

I think you've discovered that, well, there's really no other way. If you try to run from it, you try to avoid these things, you try to pretend that they're not yours, it just persists. It gets sticky and it's the same then, day after day after day, when you try to pretend that it's not there. When you dive deep, yeah, it's going to be a little chaotic and not very pleasant initially. But when you dive deep into it, then you get the fullness and the richness of the experience, along with all the answers – all the answers – and then you realize that the energy has always, always been serving you.

Let's take a good deep breath with that – diving deep – and I know some of you are cussing me or a few of you even giving me that finger gesture, but ... (Adamus chuckles)

Let's take a deep breath and dive deep into life. Life, oh, life is interesting. It has its good days and its bad days, but then you rise above that. You rise above good days and bad days, and suddenly it's just life in its richest, fullest form. There's no good or bad. There's no light or dark. There's no nice you and bad you and the rest of that. That all disappears. It goes away. Then you realize you're truly a Master staying here on the planet right now, doing what you came here to do, being in your passion. And while you may think, “Well, sitting on a park bench and just shining my light isn't very passionate,” it absolutely is. When you begin to see the effect that it has, the effect that it has on everything.

Your Light

Perhaps the most significant thing – and I never used to talk about it upfront – the most significant thing in shining your light is you shine it upon yourself. You shine it upon you. I didn't want to start with that. I didn't want to lead with that when we talked about benching and light shining and radiating and everything else, because I didn't want that to be the motivation. And also, there's something interesting in the makeup of so many Shaumbra. It's easier if you think you're kind of doing it for somebody else or something else than for yourself. So, we started by saying shine your light to this planet, radiate it, without agenda, without agenda. But what you're probably discovering is that you shine it onto yourself first. Shine it onto yourself first, and that dynamic, again, changes everything.

You know, when somebody has a near-death experience – you know what a near-death experience is? Have you had any?

LINDA: Yeah.

ADAMUS: Yeah? What was it like? Who'd you see?

LINDA: I was totally unconscious.

ADAMUS: Totally unconscious. Okay. Some people have a near-death experience where they're in a traumatic accident or something like that and oftentimes the first thing they see is a big light, big, big light. And then they see, well, if they're from a Christian background, not that it has to be practicing Christianity, but a Christian background, who do they see?

LINDA: Jesus.

ADAMUS: Jesus – Jesus – because Jesus is an icon, a symbol. They're actually really not seeing Jesus. It's simply kind of what they expect to see. It's like in a dream, so often the mind comes up with interpretations or symbols, because that's what it does. It tries to put in that association factor. So, people see Jesus, even if they don't go to church. But it's their background and it's the mind popping Jesus in there.



So what does a Buddhist see when they have a near-death experience?

(slight pause)

Buddha! Buddha. They'll see Buddha, just like somebody from a Christian or western background will see Jesus. So what does a Muslim see?

(slight pause and they chuckle)

Everybody's waiting. All of my friends that I brought today are just waiting in anticipation, "What is Linda going to say?"

LINDA: Muhammad!

ADAMUS: No, because you're not supposed to have an image of Muhammad.

LINDA: Well, of course, I would screw that up! (they chuckle)

ADAMUS: But some of them do. Some of them see Muhammad. The others are like, "I can't see! I'm not supposed to have a vision." Oh, shut up! (Linda continues chuckling) A few of you complaining about that. You've got to be able to joke in life, you know. I think Kuthumi said it at our recent gathering. Two things to remember always, you forget everything else. Keep things simple and have humor. You've got to be able to laugh. And, you know, Earth is the best place of all to laugh.

LINDA: I believe it.

ADAMUS: Yeah. No, it really is, because laughter, humor is based on conflict, and the question becomes can you laugh at the conflict or is it going to tear you apart? So you might as well make jokes, whether it's about other people, other things. Some of the best jokes have to do with where people are from, you know, ethnic groups.

LINDA: True.

ADAMUS: And never should they get nasty, but you should be able to laugh about yourself. I mean, that's the greatest thing. I can laugh about all of you (Adamus chuckles), so you should be able to laugh at yourself.

LINDA: On a good day.

ADAMUS: On a good day. Good. So, what does an atheist see when they have a near-death experience?

LINDA: Nothing!

ADAMUS: Nothing, right. Absolutely, nothing. Yeah. No, they really don't. They might see a great, big white light, but, you know, Jesus doesn't walk out, because they don't believe in him, and God certainly isn't there.

So, the reason why I mention near death experiences right now is because when you have a near death experience and you go into that light, everything seems to be in oneness. Everything seems to be together. You go into that light, that's you. Even if you're seeing Jesus or Buddha or the not-supposed-to-be-seeing the face of Muhmmad, that's you that you're seeing. Your mind is interpreting it like it would interpret a dream, but it's your own light that you're seeing.

It's the very same thing when we're radiating to the world, and goodness knows the world certainly could use it right now. But you're radiating your light and the very first thing that comes to it is you. You're shining it upon yourself. You're saying, you're finally ready to get over duality, and you finally have the wisdom that you didn't have before. You finally have knowingness, and you're basically reflecting that to yourself. You're shining that to yourself. You're saying that you've come a long way. You're no longer a seeker.

You're no longer wandering endlessly looking for answers, because they're all right here (points to chest). You're shining your light onto yourself. And in doing so, it changes the energy dynamics of everything. You're shining your light onto you and then receiving that light back from yourself.

And then you stop worrying about the little things. You stop worrying about, let's say, abundance. Oh, that was such a big thing with Shaumbra and still is a thing, but not nearly as big. The abundance issue, it's all right there, and you start to realize it's in your light. And you don't do the benching, you don't shine the light to try to get abundance, because that's an agenda. That's an agenda. But it's a natural byproduct of it, you see. If you sit on the bench trying to get abundance, it's not going to work. As a matter of fact, it will push it further away, because you're trying rather than just allowing and accepting.

When you are openly shining your light, it's your wisdom. It's your consciousness. It is your beingness. It's your identity. When you're openly shining that, it's felt by every cell in your body as well. Now, you can't sit and do your park benching saying, "Oh, I hope this pain goes away, and I'm going to shine light all over it." Well, you shine light onto pain and it's going to become more painful, you see. It's very literal. But you're shining light, *your* light, and it casts itself upon you first, and the natural byproduct of that is it then brings in your light body. It then moves the energy out of the pain and disease pattern that it might have been into and now brings in the light body, which then communes with your physical body, and the pain just goes away. But, again, you should not have an agenda of benching just to resolve your pain.

Or, I've seen it – I'm going to document some of these things, create a bloopers reel, Shaumbra bloopers reel – I've seen people recently, and you know who you are – I won't point to you, heh, you know who you are – you're benching so you have a partner. You're benching so you have a new relationship in your life (Linda giggles). No, I'm serious Linda. I'm really serious. And, no, it wasn't you (they chuckle and Belle barks). But there's still kind of a misunderstanding about benching, like you're trying to do something proactively. It's not what benching is about. And I've seen people bench for, you know, hoping they'll get a certain job that they're applying for. You don't do it like that (Belle barks again). You are simply radiating your light.

Thank you, Belle. Belle had to weigh in on all this. She's agreeing, by the way.

LINDA: Absolutely.

ADAMUS: Yeah. So, you simply radiate your light and that's it, and the first thing that it goes to is yourself, parts of yourself you don't even know yet. You're radiating it saying, "All is well." What was the line? "Walking through heaven or hell, all is well." That's what you're saying. And then, miraculously but not really, the energies, your energies, change to serve you. It's really quite simple.

When you bench, it's all without agenda. It's all without trying to force an outcome. It's not about annihilating the dark or evil or healing yourself. It's none of the above. This is where the true wisdom comes in, and you have the wisdom now. The true wisdom comes in when you just radiate your light. It's that simple.

You're not trying to get a partner. You're not trying to get over a disease or an illness. And, yes, it's difficult at first, because you're sitting there and suddenly you say, "I've got to shine my light upon this problem in my life" or upon trying to change the outcome of a global situation. You don't. It's so simple, but yet again, the human identity jumps in and wants to begin playing with it, messing it up. It's not a power tool. Shining your light is not a power tool.

Just feel into it for a moment. It is just shining your light, your essence, your consciousness, your wisdom. That's it. No agenda whatsoever. And when you do, it goes to you first, and then it goes out to the world.

The results are profound, but you don't do it for the results. And that's the paradox in the situation, because so many will try to do it for results. Even benching, shining to the world right now, trying to get results – and we'll talk about it in a moment – but with the global situation, I've seen far too many Shaumbra still sitting down to bench with agenda. The agenda could be as simple as "I hope the war ends right away" or "I hope this side wins." I've actually seen a few people actually benching for the outcome of a soccer, a football game (Linda chuckles). No, truly. It's taken out of context.

LINDA: Seriously?!

ADAMUS: Serious. Oh, I'm going to create a whole list of funnies – put that on the list of the 10,000 things we have to do coming up – but the bloopers reel. Funny things ...

LINDA: Bencher bloopers.

ADAMUS: Pardon?

LINDA: Benchers bloopers?

ADAMUS: Bencher ... yeah.

LINDA: Bloopers.

ADAMUS: Well, it's not just the benching. It's Shaumbra in general. We'll come up with a – I'll have Kuthumi join me on that one.

LINDA: Okay. Okay.

ADAMUS: Yeah, bloopers. Funny things Shaumbra do when they think nobody's watching.

LINDA: (laughing) Oh, no! (Adamus chuckles)

ADAMUS: Yes. Shining light out to a football game, no, no. You don't do that.



Now, on the other hand, it's perfectly fine as a human to say you're going to root for a certain team, and to get into the duality momentarily and the yelling and the screaming and throwing your television across the room or things like that.

LINDA: So, are you saying that Cauldre's never shined his light on the Packers?

ADAMUS: I'm not speaking for Cauldre right now. He's speaking for me (they chuckle). Thank you for asking. Do you really want to go there? (Linda chuckles) Do you really want me to expose him in front of tens of thousands of Shaumbra around the world?

LINDA: No, I love him too much for that. Sorry! (she continues chuckling)

ADAMUS: Because then he's going to expose some of your ...

LINDA: Oh, please no!! No, no, no!

ADAMUS: (chuckling) No, no, no. We won't do that.

LINDA: Let's stop! Let's stop!

ADAMUS: So where was I? Shining your light. No, literally, in creating this Shaumbra bloopers, I've seen Shaumbra radiate their light onto the golf course (Linda giggles), so when they get there, they play a better game. That's not what it's about. It's kind of funny, isn't it?

LINDA: Yeah. It's very entertaining.

ADAMUS: Well, we could either laugh about it or we could cry about it. Yeah.

LINDA: Let's laugh.

ADAMUS: Let's laugh about it.

LINDA: Okay.

ADAMUS: So, so ... (they chuckle) With that, Jean is going to strangle me. So we're going to ask you to submit your bloopers (they laugh) to shaumbrabloopers@crimsoncircle.com. Wait a day or two, because that email address has not been created yet. But shaumbrabloopers@crimsoncircle.com. This will outsell any of the other books that I've done up to now ...

LINDA: Okay, probably.

ADAMUS: ... including my favorite, *Act of Consciousness*. Yeah. So things you've done along the way that you knew were a little – ahem – off target.

Okay, now, you know what's happening right now? Everybody all across the planet, all Shaumbra are thinking, "Oh, yeah, this is what I did." Everybody's deep into thought right now (Linda giggles), and the ones on the other side are laughing – my peanut gallery today, laughing and laughing – because they know what they did. Yeah.

So, let's get back to the point. Shining your light, it goes to you first, but you don't do it for that. We're doing it right now just to shine the light on all of creation. And that's you as well. *All* of creation, and as you know, it's a great time for it. It's why you came here to this planet. It's why we're sitting here talking like this. We've gone beyond the long arduous road to Realization – *yawn* – and now we're into what we came here to do.

You Are Here

So, let's take a good deep breath with that. You've arrived. We're here. And if you think you haven't arrived, you missed the train, stop that! Shut up, whatever. Just be here! Just get over it. Stop lamenting. Stop worrying, "Did I do it right? Am I ...?" You're here, okay. Let's take a moment just that you are here.

LINDA: *Whew!*

ADAMUS: Take a good deep breath! There's nothing to work on anymore. If I'm not mistaken, I think in our last session I said, "No more processing, counseling, healing, whatever methods." You're here. You are here. They are there. They left early and there are some regrets, but you are here.

Let's take a deep breath with that.

It doesn't matter if you skipped a few steps along the way, because you really didn't. It doesn't matter if you still think you have some more you're supposed to learn, because you don't. You don't.

You are here at this tremendous time on the planet.

You are here as a human and a Master. And then we could just move on with it. You are here.

Take a deep breath. Feel into it, and if it's appropriate, say it to yourself, "I Am Here."

(pause)

And you're here with thousands of other Shaumbra, to enjoy the rest of your life and to radiate your consciousness.

Now, as you do this – we've got to bring everybody kind of up to speed. There are some stragglers in this whole coming to Realization thing. They just didn't think they were ready or they got real mental about it, thinking about it too much. Some real stragglers, and I just want to bring everybody into the same kind of consciousness level right now. All you have to do is say "I Am Here." That's it, then you are. And then don't think about it. Don't think, "Well, can I really say that?" or "Should I have done that?" or "Maybe I should do it different" or "Maybe he's not talking to me." *Sh!* Stop that! "I Am Here." That's it, "I Am Here." *Woo!* Then the energies change and your energies change and then you move on and we do what we really came here to do. And let's have fun doing it, and let's do it with humor, and let's do it with abundance. These are all your rights.

Okay, next. Back to a cup of coffee (Adamus takes a sip). Mm. I notice you didn't get anything, Linda. Did you want coffee or ...?

LINDA: If I need anything, I'll just sneak a sip ...

ADAMUS: Sneak out ...

LINDA: ... off of yours.

ADAMUS: Okay.

LINDA: Yeah.

ADAMUS: Let's continue. One of the main things ...

LINDA: Wait. Did you need some more chocolate?

ADAMUS: No, I'm fine for now.

LINDA: Okay.

ADAMUS: Just needed that taste.

LINDA: Okay.

Identity

ADAMUS: One of the main things right now that is going to be happening with you, with other Shaumbra; some of you have felt it already and you're maybe a bit unnerved by it, but it's happening and it'll continue to happen for a little bit. You're basically developing a new identity. A whole new identity. And I question whether even to call it an identity, but there's not another really appropriate word that fits.

You've had the identity for a long time now as a human, of course, and your identity could be masculine, feminine. You could identify with being younger or older. Pretty typical things. You can identify with being wealthy or somewhere in the middle or broke. So, you've identified with all these different things, and it's a human identity. And you dress your identity in a certain way, because you've gotten used to that, and you have a certain look about you – your clothes. You know, if you go through your wardrobe, everything is kind of the same. It really is. I mean, it's not like you have a business suit on one side and a clown suit on the other. It's kind of all pretty much the same, because you dress your identity.

Your identity is contained in your voice. So much of your identity really is in your voice, and you've designed your voice to suit your identity. And it's not that it's a good voice or a bad voice, but your voice has been tailored, fashioned for your identity. It's actually an important part. Most people never consider their voice and how it's part of their identity. And, of course, you could say, from a more scientific standpoint, every voice pattern is unique. You know, it's like snowflakes. Although one time I did find two snowflakes that were exactly the same. So it blows that theory out. But every voice is unique and different, and it's part of your identity. Listen to yourself sometime. Not whether you're talking loud or soft, but there are patterns in your voice and it's all woven into your identity.

Your identity has to do with the foods you eat. You fashion your foods for your identity. You associate with people based on your identity. You do certain things, watch certain programs, read certain books, all fashioning your identity. Sometimes not even because you necessarily like those things, but you think you have to do it to support that identity.

You sleep in a certain way, and it supports your identity. The sleep patterns, the way you sleep, how deeply you sleep and what you dream are all identity-reinforcing things that you do.

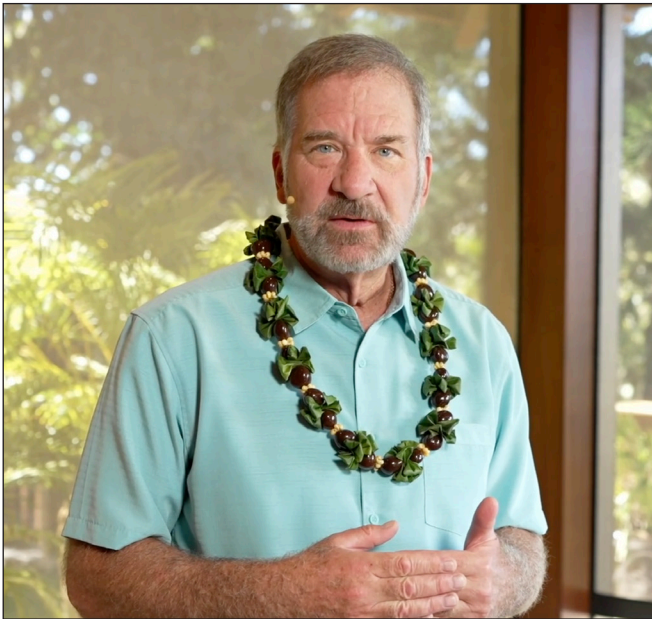
The way you look, the way you groom yourself is supporting that identity. So what I'm saying here is you've done a lot, all humans do a lot to build their identity. Then they become very comfortable with it, maybe not liking certain parts, but this is their identity. And then they stay in that. They stay in that. It's very linear, very kind of one level. There's not a lot of depth to the human identity, and that identity is so fashioned, also based on your family biology and your ancestral background, that that identity will carry over into another lifetime. You may look a little different and you may even live in a different place – but probably not – but that becomes your identity, the human identity. And people don't really stop to consider it. They take it for granted, "This is who I am. This is what defines me." Their education, their job, it's all part of an identity.

And the identity is a comfortable coffin, in a way (Linda reacts). A comfortable coffin. Well, because it's comfortable. You know, coffins are pretty comfortable.

LINDA: I'd rather be a cookie jar.

ADAMUS: Well, but I like coffins because they're lined sometimes with silk, sometimes with cheap polyester. They're kind of comfortable and they kind of hold your body in there. But yet it's a coffin, because sooner or later it'll put you underground (Linda snorts). And that's what an identity does. It then restricts you. But yet, if somebody was to come and start taking parts of your identity away from you, oh, you get furious. You get angry about it, because this is who you identify yourself as.

So, humans do this. It's a great human game of creating, building and then holding on as tight as you can to your identity, even if you don't like things about yourself, because that is who you are. You start taking parts of some identity – some parts away from somebody, from their identity – they become very off balance. It could cause vertigo. It could cause insanity at a certain point. It can cause a huge degree of instability at a certain point. So, people really hold on to that identity.



Now, for Shaumbra right now, that identity is transforming, and it's going away. And, again, there's not a good English word for something other than identity that kind of means it but is not it. So you're developing a whole new identity, but this identity is fluid. It's flexible. This identity can change from moment to moment. But the biggest thing about it it's multilayer, multilevel. It's the *And* that we've talked about. It's you being a human *and* a Master.

And I want to be very clear in saying it's not being a humanmaster, like one word "humanmaster." That was the old concept, that we're going to transform this human and make it a superhuman body and a superhuman personality and superhuman intelligence and just a superhuman, superman, superwoman. It's not what's happening.

The human stays pretty much as a human. It transforms along the way in response to the many other things that are changing about your identity. The body starts to transform and basically to regenerate or heal itself. The mind becomes more clear, because you dump a lot of the garbage that was in your mind about who you thought you were or had to be. But what's really happening is the other layers and levels are now coming into being as you shine your light. As you shine your light without agenda, what happens is that light goes to all the other potentials for your transhuman, for your beyond-human identity.

These things were always there. These parts of you were always present, but they were in the dark, so to speak. They were hidden. They were not illuminated upon, because you were so busy building your identity in the first place. You were so busy defending and protecting that identity. But now as you, as the human and the Master, pause for a moment and just shine your light, it goes to you first and it opens up all these other layers and levels of your new identity.

And there are so many I couldn't even begin to describe them, but it's the All of you. It's the I Am, not just the human. It's the "I Am that I Am, *All* that I Am." And, yes, it's the Master, but I do have to pause on that for a moment, because there's been misunderstanding about even the term "Master" with some of you.

You've thought of yourself as like that one word "humanmaster," superhuman. They're of the same origins, but they're different. We're not trying to make the human a Master. No, we're not. No, we're not. And some of you are fighting me on this. No, we're not! You can't, for one thing. Physics, logic and everything else says that you can't. We're allowing the human to be human, and the design of the human, the purpose of the human is to be in experience. And that's why I opened by saying, "Dive deep." Your job as the human is to be in that experience, and it's not the human that is desiring enlightenment or Realization. Not at all.

The human, as the human, then desires to be super. You want to be better than others. You want to be immortal, in a lot of ways, but allow the human to be the human. And then, as the human shine the light – in other words, shining light means you've come to the point as the human where you realize that there's so much more. You come to the point realizing that you now have wisdom. That you do have. You come to the point of realizing that the journey, the quest for the Holy Grail is over now. You are here. You're in Realization. And now as the human just shine its light, it's basically saying, "I give up on trying to maintain my old identity. I give up on power building. I give up on trying to be a superhuman being. I simply allow myself." And you shine that light and it shines it onto the true Master – who's not the human – the true Master. It is you, but not just your human identity. It goes so far beyond.

It'd be a terrible thing – I believe it'd be a terrible thing – if all of this was just in the human stew, of the human making. In other words, everything was focused on the human. We're trying to make the human masterly, trying to get the human to Realization, trying to get the human to its light body. It's not.

The human, as it is now, would try to take over all these things, dominate it, control it and eventually take it into duality and probably destroy half or more of it. So we're not doing this – we're *not* doing this – to aggrandize the human. We're doing it so the human opens up to all that they are – to *all* that they are – and they're so much more. We're not trying to get the human more power or to live forever or any of these other things. But with the human benching, shining its light saying, "I Am that I Am," it's shining the light to all these other parts of who you actually are, and allowing the human to maintain its integrity as a human but realizing there's so much more to you. You've identified yourself as a human, and so much of what you've been doing is to make that a better, happier, wealthier, healthier human. It's not about that. Let that go.

What's happening right now is there is – on an individual basis, but also with Shaumbra all over the world – a realization that the identity is shifting right now. The identity as yourself, as just this human struggling through life and blah, blah, blah is changing.

In that, yes, the human will change its identity. It will greatly change its identity and open up to all the other parts, to your true grandness. And we're not diminishing the human at all. We are freeing the human in doing this.

As your identity begins to change – all a natural process; you don't have to work at it, you don't have to go and start destroying parts of your old identity – as this happens, it's unsettling at times, because you've so closely identified with the human. Even your spiritual quest was what you thought – the human tried to take it over. You identified yourself as a spiritual being or on the spiritual path, which you never really were.

So, all this changes your identity, and there is a very unsettled, odd, almost like a feeling of getting vertigo, like everything is like wobbling and you don't know where your grounding is. I'm going to ask you to let

that happen and to dive deep into it, and you're going to say, "Ohh! I'm getting old. I'm losing my mind. I can't remember anything." No, you're changing that identity. Or you're going to say, "I can't even drive a car, I'm so unfocused." Okay, call an Uber, at least for the time being, while you go through this whole change in your identification of yourself as a human.

You're going to feel parts of yourself, greater parts of yourself – and I'm going to correct Cauldre – they're not greater; they're just other parts of yourself. You're going to feel those, you could say, kind of coming in. Nothing's going to harm you. They're not ... (Adamus chuckles) They're not alien beings trying to do probes on you. They're not walk-ins trying to take over your body at this point. These are natural parts of yourself, your divinity, your Master being, your energy, your wisdom, all of these things, far too numerous to name at this point and don't try to name them. You just allow them.

There's also going to be a little resistance going on, because you're going to say, "Well, hang on a second here. Who's in charge? I'm the human. I've been working on developing my identity for a long time. Look at the way I dress and act and the sound of my voice and the look in my eyes. These are all part of my identity. And now these other things are coming in and trying to take over?"

No. They're not trying to take over. They are natural parts of you that are coming in right now. And it's going to feel at first maybe a little foreign, maybe a little different. You know, it's like when you see that white light during a near-death experience, "Oh, that's Jesus." Nah, it was you. So it's going to feel like somebody or something else a little bit. But then if you dive deep into it and allow what's happening, you're going to realize this *is* you, but not the human fashioned, sculpted and chiseled identity that you thought you were.

Your identity is getting blown apart is what I'm saying. Your identity is getting opened up (Belle starts barking again). Yes, Belle responds to that with a vigorous, "Yes! It's about time." See, I can hear dog language. Belle is saying, "It's about time." You know, "Really? What took you so long to get to this point?" (Adamus chuckles)

So, the identity is changing and it's going to feel physically odd at times, and it could change everything from foods you desire to things you thought you liked, which were just part of the identity building, to everything. And it's all appropriate.

Now, I'm getting all the questions here. Thank you for asking your many, many questions, dear Shaumbra listening in. "How long does it last?" Does it matter? I mean, does it really matter? Are you going to mark it on the calendar saying, "My identity is going to start changing on ..." let's call it April 1st – *heh!* that's a good date – and ending, like, June 12th. Let's not put a date on it. It's a natural evolution. And you'll adapt to it. You'll feel into it and pretty soon you're flowing with it. But at first, yeah, it feels, to a degree, you could say, a little intrusive, a little unsettling, like where is your balance? You wonder if you're going crazy. You're not. You wonder if you're just making this all up. You're not. You wonder if you're dying, because when the identity rug is pulled out from underneath you, you think, "Oh, no! I'm dying. I'm losing all connection with myself." No, you're not dying. You're becoming free so you can truly live.

So this is coming. Some of you started to experience it recently. I don't want ... somebody just raised their hand and said you started this 30 years ago. No, you didn't. No, you did not. It's all started recently. Don't tell me you've already been through this. It started recently – recent ... Cauldre's asking me, I don't know, recent. You know what recent is. You don't need a date on it.

This is a very new phenomena. Yes, you have changed parts of your personality before, your identity before, but this is different. You're not just changing something, tweaking it, making it better, repairing a little bit. This is a total new identity. It's the I Am. It's the I Am.

Let's take a deep breath with that.

It's very significant. It's very appropriate that it's happening right now, and it's all a natural movement.

You've seen yourself in this kind of comfortable coffin as a human, your identity, and now it's time to get out of that and open up to all that you are. The human still plays an amazing role in all of this, as you'll come to see.

One of the things that will most likely happen in this transformation of identity – or the expansion of identity, better put – you're going to find yourself suddenly looking at yourself, at your human self one day from the Master's eyes or the soul's eyes. The soul doesn't really have eyes, but you know what I mean, their perspective. You're used to looking from your human perspective and trying to imagine the Master and the soul and all these other things. But suddenly it reverses and suddenly you're watching the human through the Master's perspective.



It's kind of like some of you have done astral projection or even near-death experience where you're hovering above your body watching yourself. It's going to be like this, but you're not doing projection and you're not dying. You're suddenly seeing yourself from a different perspective, and then it's amazing. It's beautiful. And so much of it brought on now by shining your light and that light goes to you first. It's illuminating parts of you that were always there, but you were never aware of (sirens can be heard in the background).

So let's take a deep breath on that.

We're not just changing the human identity; we're going beyond that identity. And in doing so, let's see what else changes about you. Good.

Global Affairs

Next, with the sirens in the background, it's time to talk about global affairs. Very appropriate. Yes.

You live in interesting times (sirens continue). More siren. Background side effects.

LINDA: They must have heard you channeling.

ADAMUS: Yeah.

So, there's a lot going on on the planet right now. You're here for benching, to send out that light to the world without agenda. Tough to do, particularly when you say, "Oh, all those poor people that are losing their

homes, that are losing their lives, that are having to flee their country” and everything else. This is kind of – I don’t want to say it’s a test, but it’s a test of your compassion. Can you shine that light? Because the moment you get even just a little bit of agenda in there – the agenda could be as simple as saying, “This should be over in a week. I’m going to shine my light for it to be over in a week” or “I hope a certain side wins” or whatever – suddenly, you’re pulled into all the junk, all the duality, everything else going on. You’re no longer shining your light. You’re adding to the chaos.

Now, I want to clarify, because I know most of you also have your personal opinions, and that’s fine. I’m talking about when you’re consciously benching, you’re consciously – whether it’s a chair, whether you’re out literally on a park bench or taking a walk – but when you’re conscious that you are shining your light, that’s the time for no agenda. And pretty soon the agenda – if you have one as a person, as an identity – even that agenda starts going away, because you realize that it’s so surface. It’s not really a true wisdom and understanding. But if right now you say, as the human with your opinion, that you hope for certain outcomes, that’s okay. I’m not encouraging it, but it’s okay. But when you bench, when you’re sitting there in your benching mode, in your Master mode shining your light, no agendas.

Four Main Energy Dynamics

Now, I’ve talked about it, to a degree, in Keahak and also the recent Kasama Reunion, but I’ll bring it up here. There are four major underlying energy dynamics happening on the planet right now. Everything can be attributed to these four things that you’re going to be seeing here on the screen.

1 – Sovereignty

Number one, sovereignty.

There’s an underlying desire by enough humans on the planet for their freedom and sovereignty that that is moving the currents of energy, of change right now that are pretty dynamic.

Years and years ago, I made a statement, asked a question to the audience, “Do humans want freedom?” I said for the most part not. For the most part they still don’t. But there’s enough that do, that want true sovereignty, that it has caused a huge change in the energy currents on the planet, and enough people now desiring and seeking sovereignty or freedom at certain levels. That’s a big one.

2 – Truth

Next one is truth.

Humans are desperate for truth right now. They don’t believe hardly anything, if anything. They certainly don’t believe politicians or religious leaders. They don’t believe commercials (Adamus chuckles). Actually, there’s probably more truth and belief in a television commercial than there is in the Pope, but that’s another story.

Humans are searching for truth – truth whether it’s meaning of life, truth whether it’s their relationship with

their family, truth whether it's history. History is not true. People have assumed for a long time that it was because it's in a book. But they're learning now it's not really true. It was one perspective, usually written by the victor. So they're learning that it's not. And in that they're saying, "But what is truth? Where is it?" And, of course, as you know from yourself, they're looking out there for truth.

They're looking for something to believe in, whether it's a person or an organization, even a product. They don't care. They're looking for something where they can find truth, and ultimately, that search will bring them back to themselves. Ultimately. You know what that's like. You start out there, and then ultimately you bring it back here.

3 – *Energy*

There's a huge dynamic on the planet right now dealing with energy, and I say 'energy' and that's every different level. Your fuel energy for your vehicles and home heating and everything else, but also, *what* is energy, personal energy. I'm always amused at all the energy drinks that are out there right now. I think we should do an Adamus energy drink, "A Big Kick in the Ass." It'd keep you going all day long. A lot of energy drinks, because humans are searching for energy, and it's understandable, because that's half the reason why you came here to this planet in the first place – to understand the relationship between consciousness and energy.

So right now, there's this kind of overwhelming movement to understand energy. And it's mostly right now focused on the energy of the planet. And gas. You say, "Oh, gas prices are going up." Good! Because that is going to move humans off of the reliance on basically what was fossil fuel energy and force right now something – ah, sometimes I wish I could just show you the overview, but, well, feel into me and maybe you'll get it.

All these dynamics, combined with artificial intelligence, is creating a very real and potentially – well, potentially coming into your lives – free energy. If fuel energy was cheap or easily available, it didn't pollute, nobody would be really looking into these things. But right now, there is this real drive to look into, what I call, free energy, a non-polluting, basically sustainable energy that doesn't come from fuel, that doesn't come from the wind or the ocean, but from an amazing discovery that's probably within three years of becoming a reality, at least in the laboratory. That soon. And then it's going to take a while to get it to market and to get through all the other things that are associated with it. But there's a tremendous movement for energy on the planet.

4 – *Power*

And finally, the last one, power.

Power has had its day, but it's still trying to hang on. Power is when somebody falsely believes that the energy is outside of them and they have to get whatever they can, first in energy, but ultimately in controlling other people – personality power, power over others.

Power is on its last legs, so to speak, because humanity is rejecting it at so many different levels. They rejected it at a corporate level a while back, and it had a big impact. They're now rejecting it at government

levels and at financial levels and church levels. They think they're, for instance, speaking out against the church, but ultimately, it's really about the church's power. It's not about what the church believes, but how they held power over so many people.

Those are the main energy drivers – main things that are moving the currents of energy – on the planet causing transformation. You can take those and look at any situation on the planet and basically distill it down to those four things. It would be one or more of those four elements.

A Power Vortex

What you're seeing right now in Eastern Europe with Ukraine and Russia isn't just about Ukraine and Russia. Don't fool yourself. It's about the world. It's about every world power right now. There's a huge power vortex that's swirling right now over that part of the world on the Ukraine and Russian border, but it will not be satisfied with just that area. It will grow and grow and grow, meaning that it's not just about a little conflict between two countries. And, yes, perhaps President Putin will try to expand his power, going beyond Ukraine. These are all things we'll talk about in just a moment, but have yet to be determined.

It's a huge power vortex, because power is hanging on right now. It's looking to get more power. And power, if it was a person or identity, it knows that it's harder to get power than it ever used to be. Before, back when, it was relatively easy to get more power. You get an army, you've got power. Start a business, you could have power. Start a religion, you could have a lot of power. But right now, power cannot get power like it used to. It has to work really hard at it, and that's pissing power off, and pissed off power is not pretty. So, it's angry, and it's going to try to get more, and it's trying to suck in anything and everything it can.

And then you put into it the situation that I mentioned in Keahak. President Putin – it doesn't matter, I'm not saying good or bad, I don't care if you're a Russian or Brazilian, it doesn't matter – but he has a past lifetime as St. Vladimir, going back a lot of years to about 880 or so. And he's reincarnated in this lifetime, becomes the President of Russia, but as St. Vladimir always felt that Kyiv was the power center for all of Europe and potentially the world, that it should be the new Rome. And this power dynamic from Putin has come into this lifetime, has played right into this whole thing with power on the planet getting desperate and they're playing this game together.

What President Putin wants is Kyiv. It's his kind of holy place, and from there to expand out. Don't get upset with Putin. It's just he represents power, along with many, many other world leaders. You can see how all the power dynamics are lining up right now on the planet. And what is interesting about power – power is not very smart. Power is powerful, but it's not very smart. It's raising itself up. It's glorying itself, this power is, but it doesn't realize – it doesn't have the intelligence, the wisdom to understand – that just a little bit of light will wash it away, will dissolve it away. It's the – what do you call – the kryptonite to Superman, this light is to power. Cauldre's giving me some examples. So, the light would be like the bucket of water thrown on the Wicked Witch of the West. *Pssss!* Power's not smart enough to realize that and that's exciting.

People are afraid of power. They say, "Oh! It's so powerful." Not really. Actually, its weak spot is light. Its weak spot. So what do we do? We shine our light without agenda. You go into agenda, now you're giving power what it wants. It wants bias. It wants agenda. It wants duality. It wants humans to take sides, light and dark. Power loves that. Power doesn't care. It just loves that duality. But it doesn't realize that just a little light, and power loses its balance. It starts to wobble and shake, and then it blows apart.

That's what we're here doing right now on the planet at this time of power coming to an end. I mean, you have little power, insignificant power, but humans in general have come to see lately that they're tired of power. Power trips from their parents, power trips from organizations and businesses. But more than anything they're tired of power trips from government. Power potentially could come to an end, or at least the way you've known it. And that's why what you're doing right now here, shining your light here on the planet, has such an impact on power. We're not doing it to try to get rid of power. Not at all. We're not trying to force power out. We're saying, "Hey, power, here's my light. How do you like that? How do you like that?"

So many things could happen right now in this conflict that's centered on Ukraine and Russia. The troops could move in, Russian troops could move in very swiftly, take over Ukraine very fast and it could collapse almost instantly. But funny thing is that with Shaumbra benching, it hasn't really happened, has it? It could be a long, long drawn out war, a bloody war with countless lives lost, kind of the next iteration of Afghanistan for Russia, in there for a long time and a lot of bloody battles, and it could last a long time. But right now, the world does not have the patience for that.

This thing could happen with the situation where they sit down to negotiate and work out a truce, sit down at the table and talk. Highly unlikely. Highly unlikely. Power doesn't like negotiating. Power likes overwhelming. Power wants everything to itself. It's not going to give up part of its power. And, again, don't look at just the surface, like President Putin. Look at the dynamics of power and energy on the planet.

Or it could be that something happens with enough light shining on the planet that power starts crumbling. Power starts falling apart. It could be that, with the light shining without agenda, that actually the world unifies – the world unifies – and these past years, these past years have been so divisive all over the planet. Divisive in just about every way, because everything is coming up right now for resolution. But could you imagine the world unifying right now to say, "No more. We won't tolerate it," whether it's cutting off the financial systems, whether it's just doing things that will absolutely stop this invasion from going any further.



But can you imagine with some light how the world can unify right now? And I've seen it happening. I've seen that you have major corporations all over the world that now that are giving up some profits and revenues and saying, "No, we're going to cut off sending products to Russia." You're going to see countries stopping economic agreements. You're going to see them ending old relationships as a way of saying this power cannot go on anymore.

So, one of the things I see as a result of some light shining around the planet without agenda, I see that countries and people around the world are getting together in unity to say, "No more. No more." And whether it's Russia, whether it's China, whether it's United States of America or any other country saying, "No more of the power games. It's got to come to an end now." No more wars with arms where people get

killed. Humans are sick enough of it, but they weren't sick *enough* enough of it. They got complacent. But with some light shining upon the real potentials right now on the planet, perhaps, perhaps there'll be a very interesting outcome in all this.

And, again, we've got to do it without agenda. But I'm just saying there's a variety of different scenarios right now, and you can imagine, when the light shines upon them, you can imagine which ones may come to the surface and become reality.

Beyond the Human Identity – Merabh

So, I've talked at length today. I'm wearing out poor Cauldre's identity voice (Adamus chuckles), and it's time for a little merabh. So let's put on some music and take a deep breath as we enter into the merabh. Merabh is that shift of consciousness.

(music begins)

It's time where we don't have to think and I don't have to do so much talking, and we'll just allow consciousness to shift.

Let's take a good deep breath in our merabh today.

A merabh is about letting go of the identity.

Letting go of the identity, or let's call it welcoming the new identity, which is the I Am. You've done enough letting go of stuff. Let's welcome now the new identity.

And the identity isn't just a refined superior human. No. The human kind of steps back off to the side and says, "I am so much more than just the human."

The human power itself, the power that the human tried to accumulate, to be in its identity, suddenly it dissolves. It goes away. The human realizes it doesn't need its power anymore, it doesn't need to be in that comfortable coffin of identification.

The human realizes that there's so much more to itself.

Let's take a deep breath and just allow that.

(pause)

It is very typical of somebody being on the spiritual path to make it all about their humanness.

They're trying to enlighten the human, which just doesn't happen.

It's about the human coming to the place where they can allow that there is much more to them than just the human.

The human is simply a facet of all that you are.

(pause)

As the human shines their light, it illuminates all these other facets to who they are.

Let's take a deep breath and allow that shift of identity in yourself, that opening to all that you truly are. Again, not trying to aggrandize the human, but to open up to all of you – your energy, your soul, your wisdom, your potentials, your multidimensional Self.

I barely even mentioned that before. There are multidimensional parts of you that are experiencing in other realms as well.

It's time to open up to all those things, no longer just being that tight human identity, that human identity striving for a little bit more intelligence, a little bit more youth, a little bit more money. No. Let's let that go.

We're not trying to pump up the human. We're letting the human open to all the other parts of itself.

And, as always, it's natural. It's a natural thing. But it occurs a lot more gracefully when you just take a deep breath and allow.

(pause)

The identity is changing, as it rightfully should. No longer tightly compressed, held back even by just the human self.

The human now joining with the divine, with the Master.

The human joining now with its multidimensional selves.

The human realizing that it is a facet of something far, far more expansive. It's a facet of something that is truly sovereign and free.

It's not necessarily about the human having freedom, but it's about the human recognizing the freedom and the sovereignty that exists in the I Am, in the whole of itself or the wholeness of itself.

(pause)

As this identity is changing, the human is going to rebel a little bit, is going to feel odd and awkward at times. But the human then takes its rightful position within the totalness of the I Am.

The human realizes that it doesn't need power anymore and it actually really never did. It doesn't need to try to protect its identity, because it's part of something far, far more expansive.

The human isn't trying to be divine. The human is acknowledging the divinity of the soul.

The human isn't trying to be wisdom, but the human is simply acknowledging the wisdom that's inherent in all of itself.

The human isn't trying to be mystical, but it's realizing the very mystical parts of itself, its soul, its I Am.

The human doesn't have to do these things.

The human can take a deep breath and truly allow the identity that it so painstakingly, so meticulously and sometimes so harshly put together for himself and let that identity go.

(pause)

When I was a young man maybe 12, 13 years old, when I was in Transylvania being educated there with a small group of other children, at that age of about 12, one of the most difficult but beautiful experiences, things I had to learn, was to let go of my identity, of all that I had built over, well, 12 years of life, but really all over many lifetimes.

It was difficult because you feel like you're betraying yourself or you're losing yourself. The very things that you'd worked on, so carefully crafting about yourself, you're being asked to let go. Not to deny, but simply to let go.

But once I'd done that, I realized that the human identity, as the human would try to shape it, is not truth. It is not truth and it is not sovereignty. The human identity is, at best, an act of consciousness, and at worst an abomination. An abomination of truth and of the wholeness of the being of one's self.

Once I freed myself from my identity, then I was free to know myself, all parts of myself.

I was free then to have acts of consciousness without creating – what would you say – a very overly defined identity. I was able to really shift and change my act, my identity any time. I was truly free of the bondage of an identity.

Let's take a good deep breath as we now enter this next beautiful phase, the transformation and the expansion of the identity and the coming of the awareness of all that you really are, and in doing so, continue to shine your light without agenda on the planet.

Continue to shine your light, whether you do it once a day, whether you just do it once in a while, whatever pleases you. But shine your light. Be conscious and aware of it without agenda, for the world needs it right now and they want it.

Shine your light and then later on look to see how it's affected the planet, how it affects this conflict of power that's taking place right now.

Look how just a little bit of light, it has a way of transforming power.

With that, my dear friends, special thanks to all of the Shaumbra on the other side who gathered together for this day. Ah, they say they miss the Shouds. They miss this time together. But they still tune in. They tune in on the other realms. And, more than anything, they miss you.

Let's take a deep breath together, as we bring this Shoud to an end.

I Am *all* that I Am. I Am Adamus.

And don't forget, no matter what's happening, no matter what's going on, all is well in all of creation. Thank you.



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