

ADAMUS® SAINT-GERMAIN



ILLUMINATION
SERIES

Shoud 3
December 16, 2023



CRIMSON CIRCLE



Shoud 3
Presented to the Crimson Circle on December 16, 2023

*Recorded at the
Crimson Circle Connection Center
Louisville, Colorado USA*

*Featuring
Adamus® channeled through Geoffrey Hoppe
assisted by Linda Hoppe*

Please freely distribute this text, in its entirety, on a non-commercial, no-charge basis, including these notes. All other uses must be approved in writing by Geoffrey Hoppe, Golden, Colorado.

See contacts page on website: www.crimsoncircle.com

© Copyright 2023 Crimson Circle IP, Inc.

Photos by Dave Schemel

See additional photos [here](#)

Listen to the audio or watch the video of this [Shoud online](#).

ADAMUS® SAINT-GERMAIN



Shoud 3

IMPORTANT NOTE: This information is probably not for you unless you take full responsibility for your life and creations.

* * *

[The channel was preceded by [this video](#)]

I Am that I Am, Adamus of Sovereign Domain.

Ah! Let's take a good deep breath with *that* opening for this Shoud. It's all right there. It was all right there, you know, the whole Shoud. We could just stop right there, take the rest of the day off, party, have fun. You know, life is kind of like that. It's all there. It's all downloaded. It's all ... (Adamus chuckles) Come on up, Kerri!

KERRI: Something for you (she hands him his coffee and cake treat).

ADAMUS: Thank you so m-... that looks delicious. What do you have for me today?

KERRI: This is rum cake made by Vanessa.

ADAMUS: Yes.

KERRI: And my coffee made with Joanne and Marcus. All three of us made that coffee together.

ADAMUS: I am so impressed and flattered (some chuckles). Thank you. Thank you, thank you. One problem though.

KERRI: Oh.

ADAMUS: I need 12 more cups of coffee.

KERRI: For real, for real?

ADAMUS: Yeah. I've invited some special ...

KERRI: Are you going to put them on the carpet?

ADAMUS: I've invited some special guests in today. We have a special day lined up, and they like coffee just as much as I do. We have Tobias and Kuthumi. We have Sart and FM, DocCe, Caroline and many others joining us today. And, you know, I don't want to be the only one drinking, if you know what I mean.

KERRI: Because we could do a round of shots.

ADAMUS: Yeah. They'll take theirs – that's true (laughter). Line them up out in the other room. Line up their shots, and then let them come in over here.

KERRI: Oh. Let them – so what am I supposed to do? Tell me that ...

ADAMUS: Shots. Shots. I'm sure ...

KERRI: Are you serious?

ADAMUS: ... you have some St. Germain liqueur?

KERRI: Yes, sir, I do.

ADAMUS: Twelve shots.

KERRI: Twelve shots! Here I come!

ADAMUS: Yes. Good.

KERRI: Do I bring them back?

ADAMUS: Oh, they'll drink out there.

KERRI: Oh, they're going to hang with me in the kitchen?

ADAMUS: Yes, they are.

KERRI: Okay, I need help with the dishes too, okay?

ADAMUS: They do not do dishes (more chuckles).

KERRI: Well, Marcus can help.



ADAMUS: So, let's take a deep breath with that opening, while I take a sip of the coffee. Linda, would you like some cake?

LINDA: No, thank you.

ADAMUS: Mm. So, it's all downloaded. It's all right there. The essence ...



LINDA: I can't take any more sweetness (some chuckles).

ADAMUS: The essence of everything we're going to do today, and now we're going to unravel it. We're just going to unravel it. We're going to go through the experience. I'm sure most of you felt a little bit of something while the music was playing and the sweet scenes that were shown. Brings up something. If nothing else, maybe just, "Ahh!" like we talked about in our last Shoud A little calm, a little quiet. You know, it's that time of the year. That time to relax. It's been a big year, huge year, and it was all right there.

Now, how are we going to get there? How are we going to download all this or now experience it and wrap it all up at the end? It's really quite profound, because that's kind of the way life is. You actually create it – sometimes in the other realms, sometimes here, but you create all that energy – and then you go out and experience it. It's all there.

Now, I will state a couple things here, as we get started. Today, we're going to be focusing on light – on light. We had some wonderful discussions back at Villa Ahmyo about light, and today we're going to be talking more about that. I will be chastising Shaumbra ...

LINDA: *Oof!*

ADAMUS: ... to an extent, because sometimes you do tend to make it very, very difficult on yourselves. But I want you to remember this moment. The music was playing. You relaxed for a moment. You got out of your mind, most of you, and you just let yourself fall into it, and it was a beautiful thing. Easy. You didn't have to work at it. It was all being done for you. It was energy serving you. And now we'll go back through, walk through the experience of getting there.

So, let's take a deep breath into our subject today of light – of light.

You're here on the planet for a couple of pretty basic reasons. Not real hard to figure out. You're here to radiate your light. That's it. We've talked about it time and time again, but I'll repeat. This is the most critical, important, essential point this planet has ever experienced in all your lifetimes. And I know you don't wake up in the morning necessarily and think, "This is really big," because you worry about other things. But it is. It's huge, and it's going very, very well.

I couldn't have necessarily said that ten years ago or even a couple years ago. There was a lot of – *heh!* – doubt about where things would go. But there is enough light on the planet right now that's eventually going

to change everything, and I'm not talking a long, long, long time away. I'm taking in the next – Cauldre doesn't want me to give numbers (a few chuckles), but indulge me, Cauldre – really, you're going to see it in the next 15, 20 years on the planet. There'll be some hardships getting there, of course, because humans don't really like change. And there's a lot of old power brokers, players on the planet that are trying to hold on, but they can't. They cannot. Things are going to change this planet. The very light that you're bringing in is going to change it to where the scoundrels simply will not be able to stand the brightness of the light. They'll go off somewhere on their own, and this planet is going to become the planet of love and wisdom and light, and it's – I can feel it. It's like ... (Linda starts clapping). Thank you, one hand! (Adamus chuckles). Yeah. Everybody else is like, "Dammit!" (audience now joins in applause)

LINDA: Finally.

ADAMUS: We're moving there.

Now, I know some of you right away you're doubting and saying, "But look at the news." I do. We do in the Crimson Council. We assess the energies of the planet. We measure them on a constant basis and, yes, you're going through some turmoil, and there's wars that are very unfortunate and imbalances that are unjust. But it's getting there. So, as we open today's Shoud, I want to take a moment to bring everybody together, to let your light radiate.

Now, I'm not a big fan of getting everybody together, "Let's do a global Shaumbra kumbaya group experience," because it's really very, very personal. It's very personal. But I think right now is an appropriate time to do just that. You're here on the planet to shine your light *and* at the same time to enjoy your life.

I'm going to talk about it in just a moment, but I really have no tolerance anymore for you not enjoying your life. I'm tired of it. It doesn't look good on you. It's an old game, and I'll be calling you on it. It's no longer necessary. You're in some old patterns that keep bringing it back. I call it the Shaumbra Curse, and we will be addressing that today. And it's time to get over that.

Shining Your Light

But before we do anything else, let's put on some merabhy kind of music, and let's take a deep breath and do what you do best. Let your light shine.

(music begins)

Take a good deep breath.

(pause)

Now, some of you think, "Well, my light is dim." It's actually really not. Or "My light is dirty. I've got to clean that lens of the headlight." It's not.

I've seen some of you actually hold back letting your light shine because you think you're sending out toxins to the world, your junk. You're not.

No. When you just let your light shine, it doesn't take any work. It's kind of like allowing. Allowing should not be difficult, yet Shaumbra makes it difficult at times. But letting your light radiate, something happens.

You go straight to the core, straight to your essence. You bypass all the junk, all the noise, because you know that this is the greatest service you could be doing.

So just let it shine.

(pause)

And I know what happens for many of you, you say, “Is it working?” Yes, it’s working. Would you please stop doubting it? Own it.

Own it that your light is shining.

(pause)

And then just let it radiate out to the planet.

Without agenda.

Without battle.

(pause)

You know, when you get into this basic, this essence of who you are and just let it shine, it’s such a beautiful feeling, because it’s doing what you really came here to do. It’s very simple. You don’t have to get mental about it.

(pause)

This is it right here.

(pause)

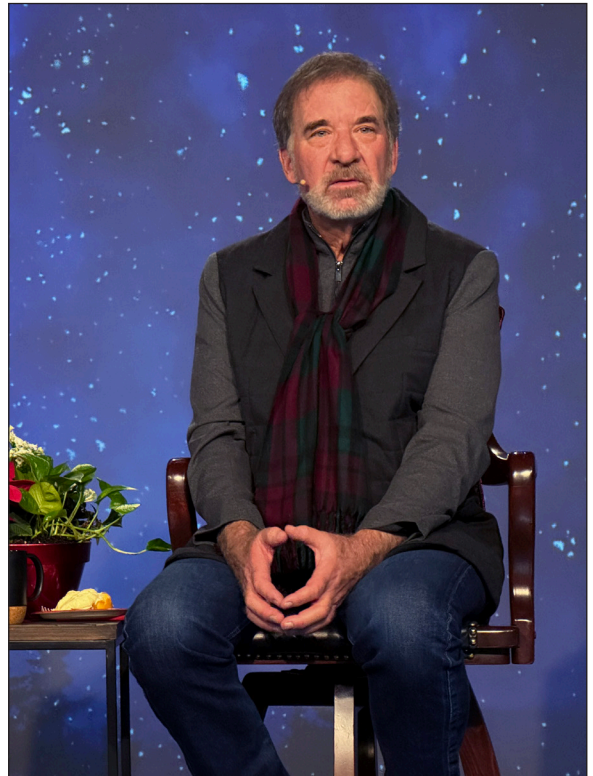
If you remember before you were born in this lifetime, getting ready to come back here, eager – *eager* to come back here, thinking what you’re going to be doing is letting your light shine. You didn’t know how it was all going to happen and what it would be like. But, dammit, you’re going to be here to bring in consciousness.

Many of you suited up in your – *heh!* – suit of armor, donned your swords, put on your helmets, ready for battle. You found out along the way that it was time to retire that sword. Now, I love former Archangel Michael, but get rid of the sword, you know. It’s not really needed. This light right here, of all of us, is far, far mightier than the sword. This is what you came here to do.

Maybe you anticipated there would be a lot of effort, that you’d be battling the darkness. You and your light; now the demons of darkness coming around and we’d have one great, big battle, a huge war. Nope. It’s just doing just this.

You can do it while you’re drinking a cup of coffee, having some rum cake, whatever it is. Sitting in the bathtub.

(pause)



This is it, and it *is* changing the planet.

You see, there is an expectation, I guess, that there's going to be some sort of force, some thunder and lightning or – what do you have happening today – your solar flares and everything else. Not really. Once in a while, but it's pretty quiet work.

(pause)

It's so beautiful.

And, yeah, there's a lot of disruption on the planet. But if it wasn't for what you and others are doing, allowing your light to shine, it'd be a lot worse. Right now, we're just going through kind of the readjustment phase on the planet. Old – (Adamus sighs) – old wars coming to their conclusions, old battles. Some of them have been going on long before Earth, and now they're kind of reaching the end. They cannot sustain when there's this much light.

Feel your own light for a moment.

I want you to feel how pure it is, in spite of your concerns, what you might think. Just take a moment to feel.

(pause)

This is what is radiating out to the world.

(pause)

You can't do it if you have an agenda, if you're still battling causes, whether they're yours or those of humanity, of this planet. It's done, well, with love.

(pause)

Would you take a moment to just feel into the love that is in your light.

(pause)

One of the highlights of my time with Shaumbra was recently at Villa Ahmyo with a group that gathered there for what they thought was *Staying in Grace* or whatever title we'd come up with. And a couple of days before the event, they started feeling something very different. Some actually got sick and some felt out of sorts, a little discombobulated, because they could feel we weren't going to talk about staying in grace. We'd already talked about that. We were going to address love, and we did. Not in sugar-coated terms, but the love within and the changing nature of love on this planet.

(pause)

And this, indeed, is the planet of love. It was first experienced here. Not somewhere else. Not by Martians or Pleadians or Arcturians. Not even by archangels. Not by Spirit. It was experienced first here through humans, through you. And we're ready now on this planet for Love 2.0, the next iteration. But something so much deeper, so much cleaner, so much more real than where the old Love 1.0 was going.

So, when you feel into your light, this thing that you're radiating out to the planet, feel into its love.

(pause)

And when you do, you might notice how it's very different than the love you might have experienced before.

(pause)

What's different about Love 2.0 is it doesn't cling. It's not needy. It contains no elements of the sexual energy virus. It makes no demands on anyone else. It's not conditional.

(pause)

This is what you're shining out. It's going to be well over some people's heads. They're not going to understand it. They're really not going to even be aware of it. It's so different.

(pause)

Hm. Love 2.0, it's a bit challenging actually. It doesn't attach to anything.

Humans are used to having love with attachment, so it's going to feel almost elusive, where you want to grab it and hold on to it, try to make it do certain things, and it doesn't. It doesn't cling. But yet, there's such beauty in it, because it's free. It is freedom.

This is what you're shining out.

(pause)

It's light that contains a new type of love to it. See how easy it is?

(pause)

No, I don't very often call together all Shaumbra like this.

(pause)

Cauldre's asking me "Why?" It's really quite simple, because I don't want you to think you have to rely on a group or somebody calling a group together to do what you're doing right now. I don't want you to think that we have to gather from around the globe and even have some type of cause associated with it. No, I want you to do it on your own every day or every week, doesn't really matter, but on your own as a sovereign being.

(pause)

What is happening on Earth is so important to *all* of creation. I get very, very upset when I hear people talking about Earth as some backwater place— grand aliens with their amazing wisdom; you know, you have to look up to them. No. This is it. It's happening right here.

You're becoming sovereign beings. You're elevating love to a new level that will eventually go out to all of creation.

(pause)

We, those of us in the Crimson Council, watch and observe. We don't interfere – or rarely interfere – but we watch and observe and report back to you what's happening.

We've watched how your light has changed even since earlier in the year. Your own light. Oh, and I know you forget once in a while to consciously radiate that light. That's all right. It's still there.

Consciously radiating it, sitting on a park bench or taking a drive and just letting your light shine, that's good for *you*. It reminds you. But your light is always shining right now.

(pause)



What I'd like you to be aware of in this beautiful still moment is that love from you is also shining on you. Yes, it shines on you first.

(pause)

All light shines upon its creator before anything else, before it goes anywhere else.

And Love 2.0, well, let it shine on you right now. You forget to do that. You know, you forget to really acknowledge that it's shining on you.

(pause)

Eh, loving yourself, that's a tough one, really tough one. But let it shine on you.

(pause)

I mean, seriously. *Heh!* Right now. This very light that you're radiating out to all of creation, let it shine upon you.

(pause)

It has no attachments. It's not going to act like Love 1.0. It's going to be much cleaner.

This new love will not tell you that you have to change your ways, improve yourself, be worthy of its love. It doesn't do that. It is always there. But yet, if you try to control it, to limit it, to overmanage it or any of that, it'll be just a fleeting, fleeting feeling. It'll seem like it's gone away.

It wants to be free, just like you do.

Let's take a deep breath together with Shaumbra from all around the globe to let that light shine out onto the planet, filled with your new love.

And as you feel this love, this light flowing from you, let it fill you up. Let it shine on every part of you.

(pause)

I don't want a single one of you to ever, ever feel again that you're not worthy of your own love.

(pause)

Let's take a good deep breath. Good, deep breath.

Pretty simple. You're here to shine your light and to enjoy life.

(music ends)

Buttt ... (a few chuckles) that's where we run into a problem (Adamus chuckles). Generally, Shaumbra is pretty good about shining the light. And, again, you think you forget to do it and say, "Oh, geez, I haven't done it in two weeks or a month" or whatever. You're doing it all the time. You're doing it all the time. As long as you're alive on this planet in the physical body, you're doing it.

The problem is this second part about enjoying your life. It seems to be like we're missing that part. We're missing that, "Oh, *and* I'm just going to enjoy."

Revisiting Adamus' Challenge

Now, if you remember back in, what was it, this summer some time at one of the Shouds, we had a little talk about battling, making things difficult, fighting causes, all the rest of that and I put forth the challenge. I said we'll revisit at the end of the year, put forth that challenge: Can you get over the battles and the fighting? Can you stop fighting within yourself? Where's it getting you? Nowhere. Can you stop the battles with life, with other people, with your families – probably not – but with other people?

So let's visit that today. Linda, on the microphone please, and I'm going to start with our poster child for battling, Tad.

Tad, since – when was it June, July? Yeah, yeah, please. So, you were a boxer.

TAD: (singing to the tune of the Simon & Garfunkel song, *The Boxer*) *I was just a boxer ...*

ADAMUS: Yeah, they wrote that song for you. Yeah (some chuckles and she continue humming the tune). You don't have to sing it, please (Adamus chuckles). So, you were a boxer and, you know, you had started a business so you could box some more. It was your new boxing ring. Hm? Yeah.

TAD: Yes.

ADAMUS: And I took you to task, and you were cooperative enough. You brought your gloves in to the next Shoud. You turned them in. But did you really?

TAD: Yes, I did.

ADAMUS: Good.

TAD: Yes, I did.

ADAMUS: Okay. And now, I've got to go to Gary. Did she?

GARY: Absolutely. Yes.

ADAMUS: Yes. She'd kick your ass if you'd said anything other than that (laughter). No. I'm giving you a hard time, but – oh, would you give the mic to him for a moment? We'll come back to you.

TAD: Of course.

ADAMUS: But how did she? What did you observe in all this?

GARY: She didn't fight against what was happening.

ADAMUS: Right.

GARY: She let it happen and moved on to whatever was next.

ADAMUS: But if you don't fight it, especially your start-up business – you know, there's all the pressure and the dynamics, the money, the manufacturing, the marketing and everything else – if you don't fight it, it's going to just take you over, right?

GARY: Not necessarily.

ADAMUS: Oh, really?

GARY: You let it come to you.

ADAMUS: Wow, what a concept. I think I've heard that before (Adamus chuckles).

GARY: Yeah. Yeah.

ADAMUS: Yes. So, what changes did you see in Tad personally?

GARY: More relaxed, more open to everything that's going on around.

ADAMUS: Easier to be around?

GARY: Absolutely, yes (they chuckle). Yeah.

ADAMUS: Good. And now, how is the company doing?

GARY: It's getting there. It's coming along. It is moving not necessarily at the pace most people would like, but it's moving at its natural pace.

ADAMUS: Because, you know, none of this is really about the company or the product.

GARY: Right.

ADAMUS: It's really not. And, you know, the focus, the expectation is, "Okay, if I'm a good creator, the company's going to be on the stock market next year," type of thing. The company wasn't about the beans, so to speak, literally. It wasn't about that. It was about the experience. Now, if the company does well, great.



But maybe not. Maybe it would distract you. But it was about how do you stop the battle? How do you let things come to you?

GARY: Yeah. You just open yourself to the passion that's within you and let it come.

ADAMUS: Yeah, absolutely. Good.

GARY: Yeah.

ADAMUS: So ... (Tad wants to say something) We'll get to you in a moment, sure (Adamus chuckles). So, life has been a little easier?

GARY: Yes.

ADAMUS: And even when some rough experiences come about, which they will, because you're still embodied here, you're still in this kind of mass consciousness stew, you're going to run into problems. But instead of battling them, you just let it go through you.

GARY: Yeah. And you find ...

ADAMUS: Good. Are you happier?

GARY: Yes. Thanks for asking. Yes (they chuckle).

ADAMUS: Good. I was concerned about you for a while there (Adamus chuckles).

GARY: Yeah, me too! Thanks.

ADAMUS: Good. Thank you, and the microphone back to Tad. So, Tad, what have you noticed in – was it difficult to hang up the gloves and not go try to get them back?

TAD: It was exciting. No, it wasn't. It was a relief.

ADAMUS: Okay.

TAD: It's like – *oh!* – “You're gone. You're done.”

ADAMUS: Right. Right.

TAD: And the one thing that I wanted to say that changed, if you will. Instead – I used to rule or be motivated by emotion.

ADAMUS: Really?

TAD: Like, yeah! “Oh, got to get this done! Got to ...!” (some chuckles as Adamus makes a face) Shut up. Is he making fun of me?

ADAMUS: No, no, no, no! No!

TAD: Okay (Adamus chuckles). And it changed to – what's that word – like sensing.

ADAMUS: Yes.

TAD: Instead of emotion, it was – I guess that’s the best word – sensing.

ADAMUS: Feeling. Feeling and sensing, rather than ...



TAD: Feeling and sensing.

ADAMUS: ... emotional, kneejerk reactions.

TAD: And it was, “Wow!”

ADAMUS: Yeah.

TAD: Yeah. I mean, some crappy stuff has happened. I’m like, “Okay, well ...”

ADAMUS: Big deal.

TAD: Yeah, big deal.

ADAMUS: Yeah, big deal.

TAD: Exactly.

ADAMUS: I mean, the human doesn’t really like it, but big deal. You know, it’s just one more thing to transmute, to allow to change. And, you know, seriously, ultimately, it’s not about whether the company is successful or not. And then when you can realize that, then it becomes successful, because you’re not worried about the company’s success. You’re not focused on that. It’s about the experience of going through these things, and they can actually be beautiful.

TAD: And that is what changed. When you talked to me in July, I was like, “Oh, no! It’s not going to happen? I mean, Tad’s Dad’s (her [company](#)) – what are we going to do?! Adamus, stop it!”

ADAMUS: (chuckling) Right!

TAD: It’s exactly what you said. I mean, it is ...

ADAMUS: It’s just beans, you know. I mean ...

TAD: It’s just beans, man!

ADAMUS: Yeah. Yeah.

TAD: Shredded or whole. There they are (some chuckles).

ADAMUS: Exactly (Adamus chuckles).

TAD: Yeah.

ADAMUS: Exactly.

TAD: *Ah, ha!*

ADAMUS: But, you know, if you start looking at it from the whole standpoint of it's brought you close to a lot of people, it's got you deep into your own creative sense and your own Self, and you had to do a lot of throwing a lot of junk out and get into a more holistic place with yourself. And there's tremendous, tremendous value in that. And then, once you let go of all the stuff, you suddenly realize you don't have to work at the company being successful, and that's what you were doing before. You were working at it. You don't need to. It's just there.

TAD: It just – yes.

ADAMUS: And, again, for all of you, the human expectation is, you know, “We're Masters, everything works out,” but there's still that human element that has an expectation from the human point of view of how it should work. But there's a lot of other gifts in this thing. And then it *does* work, and then you get tired of it one day and sell it and make millions and say, “That was fun.” Yeah.

TAD: That's the plan. But if the plan doesn't work, it's fine.

ADAMUS: The plan is working and the plan isn't always what the old human expectation would like it to be. You'd like to run out there on the market and make millions and be interviewed on popular talk shows and all the rest of that. That's not why you're here.

TAD: Right.

ADAMUS: You're here for other reasons. Good.

TAD: And I'm smiling.

ADAMUS: You are smiling, yes.

TAD: I just ...

ADAMUS: Yes, absolutely.

TAD: Thank you.

ADAMUS: So, thank you so much (audience applause). Thank you.

So, we're talking about this whole thing of battling and fighting, and I challenged you to say get over it. You know, really get over it. There are no battles left. There's not even a battle of the light and the dark. I mean, maybe some of you are depressed about that, because you're warriors, you know? And for a warrior to hear that there's no more battles, that's a little tough. But there aren't. We're not even battling what's going on on the planet at this point. We're letting the light shine. It's much better to be a Master, a creator, than it is to be a warrior. A warrior only takes on one side. The true Master creator, they get the whole thing.

So back to the audience. Lights up, please. I want to sidetrack for a moment and talk to Vince. Vince, how are you doing?

VINCE: Okay.

ADAMUS: Linda will have the microphone with you.

LINDA: There you go, sir.

ADAMUS: Death is a very challenging thing.

VINCE: It is.

ADAMUS: And every time somebody you know close to you dies, it also brings up your own immortality or mortality, rather (Vince chuckles). Immortality, yes. And have you been talking to Caroline?

VINCE: Oh, I talk to her a lot.

ADAMUS: Good. Good. And?

VINCE: (pauses) I assume she's listening.

ADAMUS: (chuckles) Did she ever?

VINCE: Yes.

ADAMUS: Good. Good. Can you feel her presence?

VINCE: Occasionally.

ADAMUS: No, I mean right now.

VINCE: No.

ADAMUS: No.

VINCE: No.

ADAMUS: *Agh!* All right. Put on a little music, Peter, please. She's right here. Yeah. And so, don't think about, okay? A little music. She's right here sitting in her chair as usual ...

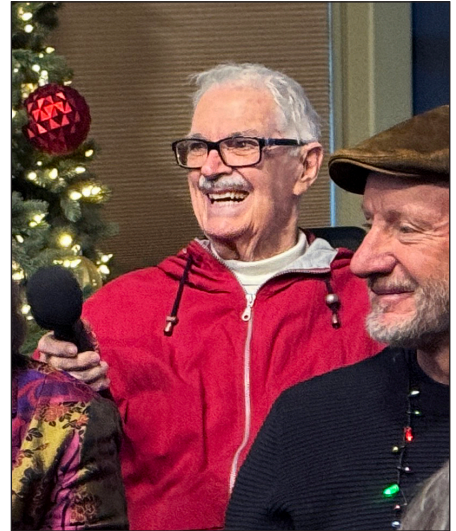
(music begins)

... sitting right beside you. And she's doing fine.

VINCE: Oh, I know that.

ADAMUS: She's doing fine. She pities you actually (some laughter). No, her transition was really easy, and I had a lot of nice chats with her since she's come – she is an Ascended Master, by the way. Not all of them make it to that standpoint, but she whisked right over here. It was easy for her, because she wasn't afraid of death. She was very relieved to let go of the physical body. It had been a hardship of hers for a long, long time.

VINCE: Yep.



ADAMUS: And she felt that was the one thing that kept her from her Realization while she was here. Just the physical ailments. And she didn't have any leftover junk when she left. She was free of all that. And can you hear, can you feel what she's saying?

(slight pause)

You're thinking too much, Vince (Vince chuckles). It comes from the heart. You know, when we were just talking about Love 2.0? Feel into that for a moment. Don't expect words.

(pause)

VINCE: It's going to be okay.

ADAMUS: It's going to be okay. Yeah. Yeah.

Remember when she'd just lean over and give you a kiss on the side of your face? It's kind of what she's doing now, and saying, "Vince, just allow." And what she really wants you to allow is something that you've had a challenge with, most of you had, just loving yourself.

And she says that when you do, you'll really be able to connect with her. Not just think about her, but really connect, like you can smell her and just feel her all around you. She's saying, "Vince, love yourself." Good. And she'll be here our entire Shoud, and any time you want to connect. Yeah, any time.

Good. Okay, let's continue. Thank you.

(music ends)

Let's continue. Okay. What are we talking about? The battles. Oh, David! Oh, David (a few chuckles). So, the challenge went out. Did you even remember that we did that? Because Cauldre didn't.

DAVID: No.

ADAMUS: No. Okay (they chuckle). And in spite of that, I see you've let go of some big old battles in these past six months or so. Do you want to share what that was? (David pauses) No. Okay (Adamus chuckles).

(slight pause)

DAVID: Um ...

ADAMUS: There's something different about you.

DAVID: (pauses) Well, more allowing.

ADAMUS: Yeah. Yeah. But you were battling something, David.

DAVID: Oh, myself.

ADAMUS: Yeah. It was a lot of your – some guilt that was in there.

DAVID: Yes.

ADAMUS: And you finally just got weary. I mean, you just finally gave up on the battle. And I think there's a feeling sometimes if you stop battling some of these old ghosts that were in your life, if you stop battling, they're going to overtake you. They're going to consume you. So, you keep the battle going. And then you realize one day you're so frickin' exhausted. You're so weary. You've got nothing left. No ammo, no fight left in you and you say, "Whatever." And you suddenly realize that that very ghost that you've been battling, trying to keep at bay, disappears.

DAVID: Hm.

ADAMUS: It's a tough one. It's a real tough one. There's some old guilt that was in there. But suddenly it's like, "What was I fighting all this time?" And then if you really want to get into it and you really feel the wisdom of the Master, you realize, "Damn, I was just doing that for the fun of it. The sick, warped fun of it, but I was just doing it. There are never really any ghosts there. There was nothing really to battle. I'm so damn creative and kind of bored with things, that I kept on piling this crap on, until I actually believed it and really thought there was a demon there that I had to battle from within myself and to keep at bay. There wasn't at all." So that's kind of the real wisdom in it, "Oh, I created that just to give me something to do." But I think we can create in better ways going forward.

DAVID: Yeah!

ADAMUS: Yeah. Good. Do you feel in your life, compared to, let's say, from Heaven's Cross on, what would you say would be the major changes you experienced?

DAVID: (pauses) More laughing, more humor.

ADAMUS: Yeah, lightness.

DAVID: More lightness.

ADAMUS: Ease.

DAVID: Yes. Yes.

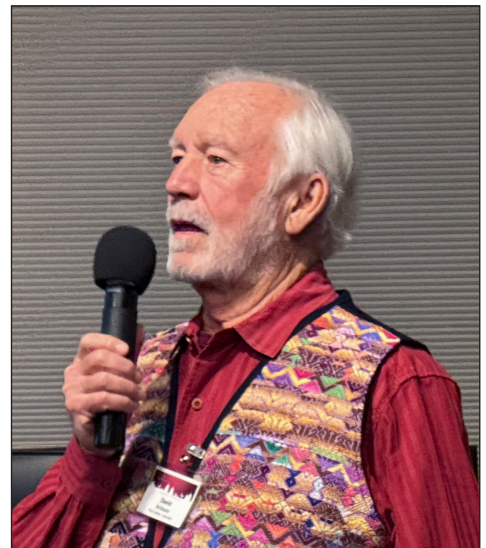
ADAMUS: Yeah. I mean, you know, being serious, I guess, is okay once in a while. And I'm not saying to be frivolous, but you realize it's just all a big wonderful game, after all. Yeah. Thank you, David.

DAVID: Thank you.

ADAMUS: And I do like the vest.

DAVID: Oh, thank you very much (he chuckles).

ADAMUS: No, you realize that you set up these circumstances in your life and you set up these hardships in your life – you're setting them up, nobody else is doing it – to give you something to play with. And now, if I had said this five years ago to Shaumbra, they'd have run me out of town saying, "No, these are real problems! And you don't understand." Eh, some of you still say that. But, for the most part, it's like, "That's right. I created that as, what, something to play with? Something to fight? And, boy, did I get sucked into my own creation. I really believed it. And I really believed that I was lacking in abundance. I really believed that I had all these problems." And you start to realize it was just a great, big game. And that's where you start to



realize also, “I am a Master. I did all that, and I got through it. I got back to me. I am a frickin’ Master, but I’m never going to do it that way again.” (a few chuckles)

Alice. Yeah. Hi, Alice.

ALICE: Hello. G’day.

ADAMUS: So, battles?

ALICE: I would have previously said I don’t battle, but I realized recently ...

ADAMUS: You really would have said that? In front of God and everybody? That you did battle? (some chuckles)

ALICE: *Sqchh!* (they chuckle) However, I did kind of, yeah, find my battle in the last few months.

ADAMUS: Yeah?

ALICE: It was health, weight, things like that, and came to this – Julie will tell you this – one day I was like, oh, I was just bored. I gave my – just like you were saying. I was like, yeah, that’s what I did. I was bored! That’s what I gave myself these things.

ADAMUS: You’re bored. And when you’re battling, you know, you could say you’re bored or you just like the kind of weird creatorship of that. And then you’re battling – let’s say you’re battling weight, for instance. What are you going to do? You’re going to put on weight, because it gives you something to battle (she chuckles), you know? Because otherwise you wouldn’t have anything to battle.

ALICE: Yeah.

ADAMUS: Or even in your mind, you make up these weird scenarios and just something to wake up in the morning and go to war with and keep you occupied. Hell, it’s – you know, I would say the hardest thing about being on the planet is you’re creators and you get here and it’s so uncreative. So, you make up this shit, you know?

ALICE: Yeah, absolutely (some chuckles).

ADAMUS: “Give me something to do! I’m going to go crazy. I’m going to turn into an alcoholic. I’m going to, you know, I’m going to do all these weird things,” because it’s so limited down here. It’s like, you know, a really cheesy bad playground (more chuckles). Yeah.

ALICE: Absolutely.

ADAMUS: So changes other than that, battles?

ALICE: Um, um ... well, I mean. Yeah, PG. PG-10.

ADAMUS: That’s okay.

ALICE: I would always have more sex. So, it’s like, oh, how can I do that? But I’m in a relationship, so.

ADAMUS: Right, right.

ALICE: (murmuring) You know ...

ADAMUS: Yeah.

ALICE: So, I'll let you figure it out. It's PG-10 (they laugh; it's a reference to movie ratings). I'm trying to think of any battles. The big one was health and weight and ...

ADAMUS: How about – big one for you – identity?

ALICE: Nah.

ADAMUS: No?

ALICE: Nah.

ADAMUS: Really?

ALICE: A fat person versus not?

ADAMUS: Well, that's an identity.

ALICE: Yeah, okay.

ADAMUS: I mean, yeah.

ALICE: Yeah, yeah.

ADAMUS: And, you know, just how you kind of assessed yourself, how you niched yourself.

ALICE: I'll go back to the sex thing.

ADAMUS: Of course! (Adamus chuckles) Of course.

ALICE: Because it is! It's a big part of my identity.

ADAMUS: Sure.

ALICE: Like, as the years – I don't want to say I've aged, because it's not. It's just chronological.

ADAMUS: Right.

ALICE: In a relationship, you just have less sex, right? It's still happening, but that was part of my identity, like Casanova kind of thing.

ADAMUS: Yeah.

ALICE: Like, you know, hey!

ADAMUS: Oh, point at me when you say that, of course (Adamus chuckles).



ALICE: Yeah! You know, it's like, hey!

ADAMUS: Yeah.

ALICE: Right? And so that was something that – I'm still actually in that ...

ADAMUS: Why – I have to ask, and we're going to go to R here – why was sex important to you?

ALICE: It feels wonderful.

ADAMUS: Good.

ALICE: Really, there's a place I go to that is out of this world. It's not boring, put it that way.

ADAMUS: Right, right. No, it's not boring. Exactly. I mean, that's exactly why. It's very sensual. Very – and we're going to soon be doing the Cloud Class about Master's Love, but we're going to talk about sex.

ALICE: Sweet.

ADAMUS: And it does. It goes to a new place. But it's not just to get the drama or kind of the energy hit of the beautiful nature that it can be. But also, just like love, it can be degraded and perverted and everything else, twisted.

ALICE: Mm hmm.

ADAMUS: But, yeah, it gets you back in touch with yourself. Yeah.

ALICE: Yeah, it's pretty cool.

ADAMUS: Yeah. Do you need a partner? We're going to X now (she chuckles).

ALICE: I always have myself.

ADAMUS: Right, right.

ALICE: So, there is that.

ADAMUS: Yeah. And there should be no shame in that.

ALICE: No.

ADAMUS: I mean, it's beautiful with or without.

ALICE: Mm hmm.

ADAMUS: Absolutely. And it's one of those things, we're going to move beyond the shame in that. Oh, the church, they so taught that.

ALICE: Oh, yeah.

ADAMUS: Look at the teachers (he makes a face, some chuckles). Something wrong with that.

ALICE: They didn't have me as their teacher (she chuckles).

ADAMUS: Right, right. Good. Thank you so much. Linda, couple of the new ones.

LINDA: A couple new ones.

ADAMUS: Yeah. Here's Linda. Ohh, she's going to ...

LINDA: The mic is going to go over here.

ADAMUS: Greetings.

SARAH: Hi.

ADAMUS: Yeah. Go ahead and take a good deep breath (she takes a deep breath). Yeah, yeah. It's not – nobody's watching. Just you and I, you know, that's it. So, what have your battles been?

SARAH: Well, heh, mostly self-love.

ADAMUS: Self-love. That's a tough one. By the way, that is *the* toughest. I mean, if you're beyond the other stuff and it's just self-love, you're right where you should be. What's the problem with it?

SARAH: (pauses and shakes her head) Just knowing that, that I'm not good enough.

ADAMUS: Yeah. Where'd that come from? That you're not good enough, you're not whatever, whatever, fill in the blank. Where'd that come from?

SARAH: My DNA.

ADAMUS: Yeah. Yeah, your DNA. It's in there. It's in the people that, you know, were around you in the earlier part of your life. And please understand it the way I mean it, but that really did you a lot of good. I mean, it was bad, but it did you good, because you did not accept it. You know, it was pounded into you – “You weren't worthy, somebody else is better, how come you couldn't be more” type of thing – but you actually said, “No, I'm not going to go there. I'm not going to get sucked into that.” But you've still been battling it. Yeah. So, are you pretty much ready to not do that anymore?

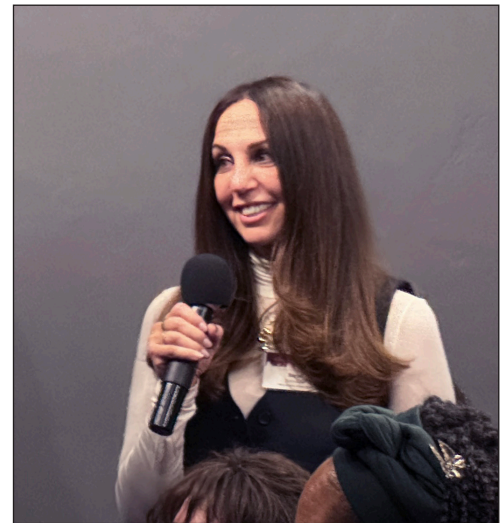
SARAH: Oh, I don't do that anymore.

ADAMUS: Okay. You don't do it at all.

SARAH: No.

ADAMUS: Good. Good. Okay. When did that end?

SARAH: I think right after Heaven's Cross.



ADAMUS: Good. Good.

SARAH: Yeah.

ADAMUS: Anything you're battling now?

SARAH: No.

ADAMUS: Good.

SARAH: No.

ADAMUS: Awesome. Thank you so much.

SARAH: Thank you.

ADAMUS: Okay. Linda, one more. *Uh oh!* (whispering)

TAMARA: Yeah (Adamus chuckles). I like you too.

ADAMUS: Greetings.

TAMARA: Hi.

ADAMUS: Anything you've been battling or put away now? What did you used to ...

TAMARA: I put everything away.

ADAMUS: Good. Good.

TAMARA: No battles over here.

ADAMUS: No battles.

TAMARA: No.

ADAMUS: Other people?

TAMARA: Sometimes.

ADAMUS: Sometimes (laughter). That's always a tough one, other people. What's the go-round with them?

TAMARA: (she sighs) My kids.

ADAMUS: You're kids. Yeah. How many children do you have?

TAMARA: Eleven.

ADAMUS: Eleven.



TAMARA: Yes! (audience says “*Woo!*”). Thank you.

ADAMUS: Yeah, that’s a lot (whistles, cheers and applause). So, you would almost anticipate a few problems there.

TAMARA: With the two oldest ones.

ADAMUS: Two oldest ones.

TAMARA: Yes.

ADAMUS: How old are the oldest?

TAMARA: I think 31 and 32.

ADAMUS: Thirty-one, 32. Yeah.

TAMARA: Yeah. They don’t like me too much.

ADAMUS: They don’t like you?

TAMARA: Nope.

ADAMUS: Why? Ah. Well, I mean ...

TAMARA: They thought I was a bad mom, so.

ADAMUS: Thought you were a bad mom.

TAMARA: Yeah.

ADAMUS: But do you think there’s something else going on?

TAMARA: With them?

ADAMUS: Like maybe karmic, past life type of stuff that was brought in?

TAMARA: Maybe.

ADAMUS: Maybe. Yeah. Yeah. So, but have you let those battles go?

TAMARA: Oh, a long time ago.

ADAMUS: Good. But are they still ...?

TAMARA: My daughter, she wouldn’t leave me alone. She keeps on saying, “I don’t want to be around you.” And then she’s saying, “Oh, I want to be next to you.” So, she keeps on going back and forth.

ADAMUS: Right.

TAMARA: Yeah.

ADAMUS: Yeah. So, you feel good that you've let the battles go in your life.

TAMARA: Oh, I've been let those go.

ADAMUS: Good.

TAMARA: Yeah.

ADAMUS: Thank you.

TAMARA: Thank you, Adamus.

ADAMUS: You bet.

TAMARA: Love you!

ADAMUS: Thank you. Love you, too.



So, the challenge was can you let go of the battles? Yes. Most of you've done a pretty good job. Some of you just keep a couple in the back pocket in case you have a really boring day (some chuckles). No, once in a while it's fun to get in there. I mean, it really is. You've got to be experts in it. You're really good at it, other than the parts where you're battling yourself. You weren't very good about that. Other people, outside circumstances, but still those inner battles of basically, "Can I love myself?" And we are going to be talking a lot more about Master's Love, going to the next step, and I'll say with the Love 1.0, it was difficult, more difficult to love yourself, because there was a lot of junk and expectations and strange concepts about what love was. Love 2.0, a lot easier.

And I ask you to feel into it for a moment. I'm so excited that we're going to be addressing this in a Cloud Class soon. But this Love 2.0 is so much easier. And starting with the group that was recently in Kona and now with Shaumbra, in general, you're really the ones – you're not making it or creating it – but you're opening the pathways for it. And that's what, I would say, is kind of the evolution strategy for the planet right now. In other words, you've got this planet where love was first experienced, and it's an amazing thing, and it leads to things like sex and everything else. That was experienced here. But in order for the planet to evolve where you would like it to go to, there wasn't a clear pathway. We had the forces of technology pushing for evolution. We had the old human homosapien template, knowing it was outdated. Something had to create this new pathway, and that is Love 2.0. And, again, I'm going to be talking a lot more about it, but what a great day to be in love with yourself.

Take a moment to feel into that. What a great day to be in love with yourself, without battling, without the old junk associated with love, without having to have a partner. Without having to have a partner. It's possible, and back in the earlier days of Shaumbra when Tobias was with you, that was one of the biggest issues, "I don't have a partner." And, you know, you felt lonely or maybe awkward or odd, and you just wanted somebody to share with. But so much of what you went through led to the realization actually you can't have a partner, a real partner, until you come to this place within yourself, Love 2.0, Master's Love. It's changing the world. It's the light that you're shining right now. You're not just like, you know, blaring out this light. It's got a purpose to it. It's got an energy design to it.

I'm going to say that 2024 for Shaumbra is a year of love, for yourself and also finding others that you can truly love. Not in the old way, but in a very free, very new way.

Let's take a deep breath with that and let's feel it. And it is ... (Adamus sighs) It is a variety of things. It's metaphysical. It's spiritual. It's sacred. It's the pathway that's going to lead the planet through some of the challenges that it has right now.

The Shaumbra Curse

Okay, now time to kick your ass (some chuckles). But that's what you come here for, right? You say, "Okay, nice talk. Nice talk, but let's get to the point. Let's do a little ass kicking."

The Shaumbra Curse. I've talked about it a little bit in Keahak and with the Crimson Circle Angels.

Everything is right here. The work you're doing – I don't even want to call it work – but why you're here is amazing. I mean, this level of service, what we're doing in the metaphysics is unprecedented. And I joke about it once in a while, but I'm actually very serious. At the Ascended Masters Club, they pay attention. They know what's going on here, and I think some of them are envious. Good for them. I think they use what we're doing here as a template for their groups, and I can almost prove my point.

We talk about something here in our groups, our workshops, our Shouds, and six months later, a year later, they're talking about it in their groups. And you'll notice that what we talk about here, they're talking about pretty soon, because they're eavesdropping, the other Ascended Masters (some chuckles). They're stealing our material. But we want them to, right?

We're leading the way. And, in a way, it's kind of – I do get a little upset. We were talking the other night at the Club, and I said, "So, yes, we're making tremendous progress with Shaumbra. We are now going – *pfift!* – we're blowing past you guys, not only in the metaphysics, but we're going into Love 2.0." And they're like, "*Whoaaa!*" (more chuckles) "Where is that? Where do we find out more about it?" It's like, "You've got to come to the Shouds." We're developing this Love 2.0, the Master's Love, and they want to know more about it. But on the other hand, I'm kind of checking their energies out, and it's like, "Oh, I see what's going on here."

They're watching you, watching Shaumbra, because you're going through it first. And they're like, "Heh, heh, heh! Let their group go through it first and see if they hit the wall, shatter apart or whatever. Then if it works out, then we'll adapt it." Well, the fact is we don't go into walls. We don't shatter. We don't do any of that. We proceed with grace and with ease and get through it. So, they're kind of spying on us, but that's okay.



But the issue is that there's still this Shaumbra Curse. I was scratching my head a whole lot these past couple of months, and it's like all the tools are there. The right people are right here. This was your commitment, your passion to be here right now. And you're shining your light. That's not the issue. Why are you still

running into problems? Why are you still – not all of you; some of you are doing very, very well – but there's still too many that are having some of the old issues, whether it's abundance, health, self-worth, or relationships. That was back from Tobias, the four main areas.

And I really got to feeling into it and talking to some of you at night. But when we were just chatting, I was really looking underneath, what's going on? I mean, everything is there. There should be breakthrough after breakthrough after breakthrough, more ease, more grace, more joy in your life. What is it? What is this Shaumbra Curse? I'll ask you first before I give my answer. So, Linda, with the microphone. What's causing this kind of calamity, kind of ...? Go ahead.

TODD: I was just listening to what you were saying and trying to tune into it, and, yeah, I don't look at what I experience as being a calamity or restrictive in any way. So, since I've got the microphone, it came to, there must be something there, right? (he laughs)

ADAMUS: Right. Yeah.

TODD: But, you know, as we were talking earlier about letting go and not fighting, and that one was a big one for me. And I think part of what was letting go of letting go of the fight, because there was a control issue that I was aware of. By having tension, whether you were for or against, allowed me a certain amount of control or perceived control.

ADAMUS: Yes. That's a very, very good point.

TODD: So, when I let it go, all of a sudden, there was no stimulus. There was nothing to bounce off of, to control, to manage.

ADAMUS: Right.

TODD: So where am I now then? Because there's an expansion that's happening, but the human doesn't know where it's coming from, what is expanding or how to respond to that space.

ADAMUS: And sometimes because there's no tension, there's no battle, you think nothing is happening and somehow, you've failed. But you just don't have the old battlefield anymore.

TODD: Correct.

ADAMUS: Yeah. And you get used to it after a lot of lifetimes, after this – I like the way you put it – it's a tension that's always there. It's something to work against that tension, to counteract that tension. And suddenly when there is none, you're like, "Well, what the hell am I doing here?"

TODD: Right.

ADAMUS: Well, to be discovered.

TODD: Great.

ADAMUS: Yeah. Good. So, Shaumbra Curse?

TODD: I guess what comes to mind for me is feeling like I take on too much. Like, there's an expectation of knowing I'm big, and then there's this transition of how that distills down into the human experience.

ADAMUS: Yes.

TODD: And shining light somehow is – I mean, I understand the consciousness and there's that sense of it. When you were talking about Vince, it's like tears coming down my eyes feeling Caroline in the room. So, it's like being in tune with that, but then also seeing some of the things that I interpret as being hard on the planet right now.

ADAMUS: Right.

TODD: And that brings up a big emotion in me to see those things happening when I know it's within myself and then aspects that are taking place that that kind of atrocities can happen.

ADAMUS: So, if I could ...

TODD: Yeah, please. Yeah.

ADAMUS: What you're saying is perfect, absolutely perfect – “But as long as others are on the planet suffering, I have to suffer.” *Boom!*

TODD: That's probably it.

ADAMUS: One of the elements of the Shaumbra Curse. Part of you is saying, “How can I enjoy my life? How can I walk freely, sensually, with ease and grace? It would be almost like lack of compassion. It'd be like almost” – how would you call it – “arrogance if I didn't suffer, to a degree, also. So, I have to keep a little bit of suffering on my back to have compassion for others.” That's bullshit. I mean, no, it really is. It sounds noble and all, you know, but it's not, because you're still carrying things that are not yours, which is one of the other Shaumbra Curses. You're still feeling that, “I've got to stay in tune with the suffering on the rest of the planet. If I'm going to be able to shine my light, I better know what I'm shining it on.” No, not at all, because that's only going to hold you back. Unless you like suffering. Maybe. But I don't think so.

TODD: It feels like the holding back is if I let go of that.

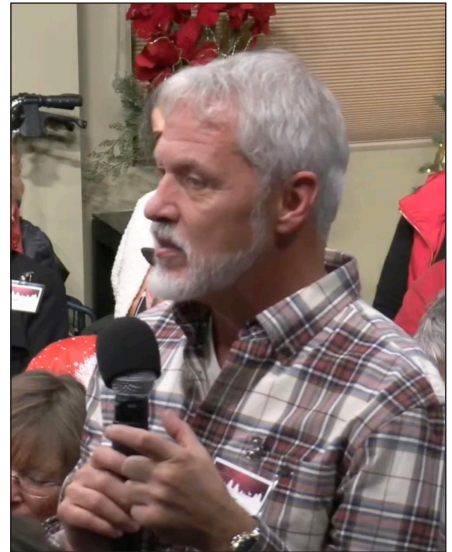
ADAMUS: Yeah. And you made a statement too. You said you've always – I'm paraphrasing – but you've always known you've had more than others; just more energy, more insight, you can carry more load on your back than most others. And so, you do. All of you do that. You're more durable. You might be sensitive, but you're just more durable. You can withstand more, so you keep carrying more on your back. Whereas, you really don't need to carry any. But it's a Shaumbra Curse, “I can handle the load. I can take it on.” Do you think the others really appreciate it? (a few chuckles) They're going to put on your load, you know.

TODD: Yeah.

ADAMUS: They're going to load you up while they're unloading themselves. It's not worth it. Yeah. Good.

TODD: Thank you.

ADAMUS: Very insightful. Couple more. Linda's on the prowl, everybody's ducking (Adamus chuckles). Hello, dear.



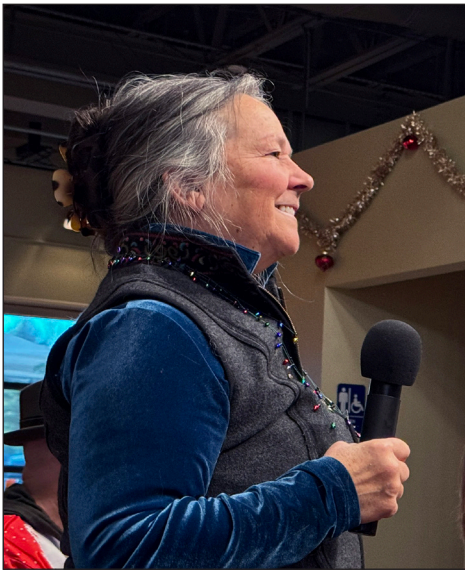
LISA: Hi.

ADAMUS: Hi. Shaumbra Curse, yeah. Does it surprise you?

LISA: Disappointed more than surprised.

ADAMUS: Yeah. I know. Me, too.

LISA: Yeah (some chuckles).



ADAMUS: It's like, "What?! Why? What is going on?" Tobias and I have also had a number of talks about it, and he's like, "Oy! You're right. They do. They always have, you know, and they just keep on with it. Why? It doesn't make sense."

LISA: Tradition?

ADAMUS: Tradition. Right, right! Right! (more chuckles). He said it's like the family crest, you know, you've got to do it. So, what are some of the other things involved in this Shaumbra Curse?

LISA: You've listed several.

ADAMUS: Mm hmm. How about yourself personally? What ...

LISA: Oh.

ADAMUS: Yeah.

LISA: The thing with the compromise that you did recently, boy, I started, you know, going out to the lake and digging for my sword (she chuckles).

ADAMUS: Yeah, yeah, yeah!

LISA: (chuckling) I'm not going to compromise anymore!

ADAMUS: (chuckling also) Did you find it?

LISA: Well, I found a bunch of little ones.

ADAMUS: Yeah, yeah. Yeah.

LISA: So, yeah. Yeah, not, you know ...

ADAMUS: Yeah. Just waiting for that hand to come up from the waters with the sword (she laughs). Yeah.

LISA: So, yeah, I'm just finding a balance between that compromise and no battle. No compromise, no battle.

ADAMUS: Yeah. It's really not that tough actually. You know, you've all compromised. That's one of the other facets of the Shaumbra Curse is compromise.

LISA: Oh, yeah.

ADAMUS: There's a difference between compromising and cooperating. You know, as long as you're here on the planet, you have to cooperate. We're going to talk about that in ProGnost, the law's not yours, but there's a level of cooperation. But compromise? Selling yourself out? Doing something half-assed? No. Not so good. So, yes, compromise is on that list. Yep. Can you not compromise?

LISA: No! I can't not compromise (she makes a face and chuckles).

ADAMUS: Right. That sounds strange. Yes. No, compromising will never really help you or others at all. It's kind of a sellout. But in the moment when you're, like, under some pressure, you've got a tough situation, you resort back to it, "I've got to compromise. I've got to keep the waters calm here." But ultimately, the storm still comes up. You might as well get it over with right then and there. No compromise. You know, "Namaste. You go your way, I'll go mine. Aloha." (they chuckle) Good. Thank you. Couple more.

LISA: You're welcome.

ADAMUS: Hey Kerri, what time's dinner?

(pause, as Kerri doesn't answer)

I'm wondering how long we can go. She's drinking! She's drunk! (laughter) Oh, no! (Adamus chuckles) I didn't mean that for her! I'm sorry to announce, but there's no more St. Germain liqueur left (more chuckles). Yes. Hi, Terry.

TERRY: Hi.

ADAMUS: Hi. So, Shaumbra Curse, what else is in this? What's the holdback? Why? Everything's there. Everything is there, what is the holdback?

TERRY: Relationship is probably my biggest ...

ADAMUS: Are you in one?

TERRY: Yeah, 47 years.

ADAMUS: Forty-seven, that's a long time. Wow. And is that because of compromise or because you don't want to be a Grand Master and your partner is not?

TERRY: Well, certainly my partner, sometimes I think we have this kind of relationship that either you or Tobias talked about where one of us is there to anchor.

ADAMUS: Right.

TERRY: That the other one doesn't go flying off (Adamus chuckles). And I have flown a lot in my life.

ADAMUS: Yes. Yes, you have.

TERRY: And so ...

ADAMUS: So, what do you do with the anchor?

TERRY: Well, you know, she's been a wonderful person to stick by me, and ... but ...

ADAMUS: Ooh! There's that "but." Okay.

TERRY: She is ... she understands the "I Am" thing.

ADAMUS: Good. Good.

TERRY: You know, I'm always throwing out little things that you've said.

ADAMUS: Right.

TERRY: It doesn't go well (they laugh). It goes very badly!

ADAMUS: I think that's the other part of the Shaumbra Curse (laughter). You throw this stuff out there, it doesn't go over real well.

TERRY: Oh, it doesn't. It goes very badly.

ADAMUS: You're right in the middle of an argument and she's upset with you because you leave your clothes all over the place ...

TERRY: Right.

ADAMUS: ... and you say, "I Am that I Am." (more chuckles) "*What?! What?! Pick up your underwear, Terry!*"

TERRY: Yeah!

ADAMUS: "I Exist." "Yeah, a little too much, Terry!" You know (Adamus chuckles).

TERRY: You must have done this before, Adamus, yourself (they chuckle).

ADAMUS: So, what do you do? That's a tough one. What do you do?

TERRY: Yeah, because ...

ADAMUS: Forty-seven years, yeah.

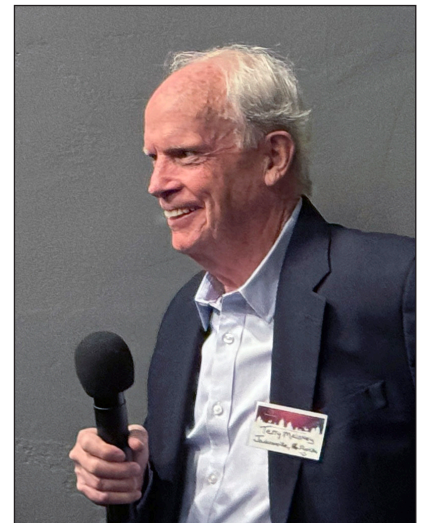
TERRY: You know, when you were talking, maybe the Angel thing or something, that you're going to do this thing about we should all have an experience of – I hope she's not watching (laughter).

ADAMUS: Yeah! That would be convenient (Adamus chuckles).

TERRY: She probably isn't. I wonder sometimes if my daughter sneakily watches, but ...

ADAMUS: Yeah, yeah.

TERRY: Yeah.



ADAMUS: Find out what the old man's doing.

TERRY: Yeah. Yeah.

ADAMUS: Yep. Give them one of these brochures (referring to *21 Shaumbra Realizations*).

TERRY: I know. Yeah.

ADAMUS: Yeah, yeah.

TERRY: That's a help. But ...

ADAMUS: So, to the point here.

TERRY: What's the point?

ADAMUS: Why is that a Shaumbra Curse?

TERRY: What are we talking about?

ADAMUS: The Shaumbra Curse (some laughter).

TERRY: The Shaumbra Curse. Yeah. So anyway, dealing with this relationship and you started talking about, you know, a perfect love and that we should all be able to get to this place of – experience a perfect love. I think of, like, Sam coming back and finding – because Tobias, you get the idea he was just battling in it at the very end, right?

ADAMUS: He was. You know, and part of the problem with Tobias and love and partners is he was so godly. I mean, sooo trying to please God all the time, that he never would allow himself true love. He didn't think he deserved it, otherwise God would have given it to him. God gave him some real bitches and, you know, I mean, it was ... (laughter). I kid you not! I know some of them. Oh, my god! (more chuckles) Tobias, what were you thinking? He said they were all arranged marriages. And I said, "Yes, arranged by your damn energy, because you didn't think you deserved a happy relationship."

TERRY: Yeah.

ADAMUS: Yes, they were arranged. So, what do you do, Terry? What do you do?

TERRY: So, we're just stuck. I'm letting my soul handle it lately.

ADAMUS: Okay. Good.

TERRY: I've been able to kind of connect there and had a lot of things that felt often with the relationship or my daughter and grandkids and so forth, things that I didn't see how this is going to work out. But I let it go a day or two, "Oh, yeah!" and it's kind of worked itself out.

ADAMUS: Did you read Cauldre's article, that I kind of helped write.

TERRY: Yeah, yeah, yeah.

ADAMUS: He didn't list me as a coauthor, but I was there helping him. And about you just go up to the higher potentials. Not trying to seek or search anything, but just being in that consciousness, in that energy dynamic.

TERRY: That was very, very good.

ADAMUS: Thank you. I enjoyed writing it (some chuckles).

TERRY: And I have, like, a similar thing ...

ADAMUS: By the way, we're having a little battle here, speaking of battles. But go ahead.

TERRY: No, I liked Geoff's idea better than mine maybe, but I still can kind of connect to this.

ADAMUS: Could I – can we make this real simple?

TERRY: Yeah.

ADAMUS: And this applies in this whole Shaumbra Curse thing. You're in a relationship. A lot of good things.

TERRY: Yeah.

ADAMUS: And there's been a lot of love and a lot of benefit to both of you. But, real simple, let her free. Let her free. And that doesn't mean throwing her out the door. It means ... (a few chuckles) well, some of you were thinking that (some laughter). Yeah. Yeah. Get home – *boom!* – she's out! No, no, no! I mean, energetically uncouple, and then watch, because it can really soar. The relationship can take on a whole new level. But you've got to set her free.

TERRY: Yeah.

ADAMUS: And it may break apart too, and it doesn't really matter. And I know that the human side goes, "Oh, it matters, because we have this ..." No, it really doesn't matter. So set her free energetically in your heart – "Love you, I release you" – because you're still depending on her for some things.

TERRY: Yeah, I think I've managed to let a lot go, but there's ...

ADAMUS: Yeah, but a lot isn't all, you know?

TERRY: Right.

ADAMUS: I mean, that's a saying of a Master. A lot of – you can a lot go.

TERRY: Could you specifically tell me here how to let go?

ADAMUS: You could still have a lot there. You can let a lot go and still have a lot of crap. So, it's absolute freedom, releasing her, her soul. You've been together, you've been sharing, loving and holding each other back to a certain extent.

TERRY: Yep.

ADAMUS: You to her, as much as her to you.

TERRY: Yeah.

ADAMUS: So, you say, “We grant each other freedom.” Even you just granting her freedom on a soul level, on a human level, and watch what happens.

Now, the human sometimes in a case like this, “Oh, my god! A little bit of freedom or maybe a lot of freedom.” But I’m talking *total* freedom. The human panics, “What’s going to happen?” Then the human starts compromising and then things get junky, and you wonder why things aren’t working out in your life. You grant this freedom and the human may panic for a moment and run through all sorts of scenarios in their mind about what’s going to happen, and go through the fear scenarios. But actually, it’s the best possible. Things you might not even be able to imagine right now transpiring, because the human often comes from a very limited standpoint.

It’s scary to let somebody free. It’s really scary to let yourself free. But you do it, and it’s a whole new way of putting that creative energy to use.

TERRY: Could I ask you one thing?

ADAMUS: Absolutely.

TERRY: One thing that keeps occurring to me is what I’m dealing with is my own energy, right?

ADAMUS: Yes.

TERRY: It’s her.

ADAMUS: Right.

TERRY: Maybe like ...

ADAMUS: Ultimately, it’s yours. Yeah.

TERRY: Yeah.

ADAMUS: Right.

TERRY: But it – so then I say, “Well, you know, this is my problem, my energy,” and that gets ...

ADAMUS: It’s not your problem.

TERRY: ... sticky.

ADAMUS: Eh, you know, not really, once you let it go. Once you’ve got all this energy or sticky energy, whatever it is, and you say, “I’m not going to play with that anymore. You know, I was bored and that’s what I was doing” or whatever. You let it all free, and that’s really what you’re doing when you let her free. You let it all free, and then it comes back in a very different way.

One of the dynamics we talked about at the recent gatherings and also in Keahak is – I don’t want to get too far off track here. We have another merabh. We’ve got some ascended beings waiting for us to do the last merabh, “Come on, Adamus!”

TERRY: Hah!

ADAMUS: And we have hungry people, and we have Kerri and Vanessa waiting.

So, all your human experiences go into your Akasha. It's personal. It is not group. It is your personal Akasha. Everything you've ever, ever done in any of your lifetimes sitting up in Akasha-ville (a few chuckles). And it sits up there and ferments and gets smelly and dirty and everything else, but it's hanging out there. They're all the memories, all the energy designs of everything you've ever done. And you get to this certain point in becoming a Master, and it starts opening up. First, it's a little, you know, like there's so much in there, so much junk, and it's like a pressure cooker. And pretty soon it develops a little leak (he whistles like a teapot), you know, it starts leaking out the side, and then pretty soon more and more. This stuff, all the memories, everything starts leaving the Akasha. And when it does, the soul grabs it and says, "Okay, wisdom time." It wisdomizes it, then it brings it back as New Energy.

That's what we talked about in the gatherings, exploring this New Energy, how it's different. The New Light, how it's different. And, back to my point, you set something free, you're actually giving permission as the human to let it go from the Akasha, your big record book, and now allowing it to be transmuted to wisdom. So, letting yourself free, letting your partner free, any of that, it feels tough. It's scary, but ultimately, what could be wrong with letting something go free?

TERRY: Right.

ADAMUS: How much smellier do you want it to get? You know, I mean ... (Terry chuckles) It ferments in there.

TERRY: Right.

ADAMUS: Good. Not distills. It ferments. Good. Thank you.

TERRY: Yeah.

ADAMUS: Okay.

TERRY: Thank you.

ADAMUS: You bet.

So, we do have to move on, but the Shaumbra Curse, it's carrying loads on your back, because you think you have to. Suffering, so you think you have empathy. It's compromising. It's – I'm going to just get to the bottom line – you're still playing a game, and it's a game that you like. Otherwise, you wouldn't be doing it. It's still saying, "Okay, I'm moments away from Realization. I'm moments away, but not quite." How long are you going to play that game? Really? How long?

Now, we started this Shoud today with some beautiful music, and I said, "It's all right here." Let's unfold it now. Let's go through the experience of how we just made beautiful music. And that's it with the Shaumbra Curse too. It's like let's go beyond now. Let's get to the beautiful music that's already there. Let's get to the sensual, light, creative nature of living as a human on this planet. Marvelous experience, by the way, but let's take that next step.

So, let's take this moment, before we bring in my friends. Let's take this moment to set that Shaumbra Curse free for all of us individually, but for this whole group. It's like a cloud that kind of hovers around Shaumbra.

It's not overwhelming, but it's there. It's like, you know, a little bit of a stinky odor. You know – *sniff! sniff!* – what is that? I mean, it's not bad, but it's like just a little stinky odor in the room. Let's let that go.

(pause)

And in order to make 2024 our year of going into Love 2.0, you have to let it go. You really have to. The Shaumbra Curse is a little bit of unnecessary suffering. It's a hesitation. It's maybe not feeling you're quite ready or – that's actually kind of low consciousness – it's more you're still having fun playing the game, otherwise you wouldn't be doing it.

So let's move beyond that. Let's let that Shaumbra Curse go.

Take a good deep breath.

(pause)

I'd like to go back to the Ascended Masters Club someday soon and say, "We did it. We let that old, old curse go. It was tough. You know, it was tough, because it's like an old friend, in a way. But we did. We've set ourselves free."

Good, deep breath. *Ah!* That Shaumbra Curse. Hm.

Circle of Light

Okay, now let's move to our final part of the gathering.

So, yes, it's tough at times. It's a game at times, but it's a tough game, and it wears you down to the point where you can barely think. You can barely – (*sigh*) – rise above some of the chaos.

We talk about shining your light and doing the real work you've come to do on this planet, and there's times I know it just wears you out. But what I've done is I've asked a dozen of your friends and Ascended Masters to join today with me in the Circle of Light, and they're going to radiate their light to you. And all they ask is that you receive it. It's for you.

(music begins)

And there's no agenda in it. There's no saying, "Mary, you should do this or that." They just want you to receive it. Let it fill your heart.

They're not trying to change you. You won't feel any push or pressure in the light of these grand beings.

(pause)

You're going to feel nothing, sense nothing but their love.



Let's take a deep breath and they're gathering in a circle around us.

(pause)

Twelve of them. Makes me feel like Jesus (a few chuckles). Jesus loves Jesus jokes, by the way. Yeah, yeah (Adamus chuckles). Yeah. Actually, Yeshua has a good sense of humor. Loves the jokes. Doesn't love the rituals. Doesn't love the religious part, but loves the jokes. I mean, if you can't tell a Jesus joke, what joke can you tell, after all, right? Jesus Christ! (laughter).

All right. All right. Now, we've got 13 (more chuckles). Yeshua just joined in. No, seriously. I mean, another cup of coffee! Oh, he said he doesn't drink coffee. Another shot (Adamus chuckles).

So, I ask you to just allow right now and feel their love.

You're out there doing so much for others and internally with yourself. When's the last time you allowed Jesus and others to just love you? (Adamus chuckles)

I'm being corrected. I'm supposed to call him Yeshua, but it's actually more fun with Jesus, you know? All right, Yeshua Christ.

So let's take a deep breath right now and receive that light. I want you to be on the receiving end this time. You're always on the giving end.

(pause)

I guess this is your Christmas present from me and them to you.

Take a good deep breath and let the light shine, their light to you.

(longer pause)

Yeah, Yeshua would like you to post some Jesus jokes on your social media. No, seriously. I mean, you've got to laugh.

And just receive, please.

I want you to experience what it's like to receive the light, because you're doing it for others. Yes, and for yourself, but to receive it coming from Ascended Masters, biblical figures, and some of the dear friends that sat in these very seats before – Caroline, Sart, FM, DocCe.

No, I'm sorry, Edith is coming back. Oh, she, she ... I guess she could have made it to the Ascended Masters Club, maybe. But, no, she's coming back. So, hold that chair open for her. Someday if a little girl walks in the door and she's wearing a tablecloth for her jacket (laughter) or her dress, "Edith, you're back!" (Adamus chuckles)

You've got to laugh, right? You've just got to laugh.

This is a grand time for just receiving that light and feeling it, and it kind of comes in and it kind of tickles you.

You can almost feel that light smiling and wanting to be playful.

(pause)

Just let it soak in, and you might not feel anything or get a physical reaction. You might; you might not. Doesn't really matter. It's there.

For some of you, it could take days to even realize you felt something. It doesn't matter. It's right there.

(pause)

One's light is a very beautiful, interesting thing. And when you allow their light to come in, oh, it's very pure because of who they are, but you start to realize you're feeling light all the time from everybody. Once you connect here like this and sense it, you realize, "My gosh, every time I'm talking to somebody, interacting with somebody, my mind hears the words and sees what they look like and all the rest of that," but there's always a level where you're just feeling their light. And some you wouldn't think contained any light at all. They don't even know how to spell light. For most of them, it's like the beer – l-i-t-e. But then at a level somewhere within each and every being is that light.



So, by receiving this, what we're doing here today, you sooner or later start to be able to sense and perceive the light in others, no matter how buried it might seem to be.

(pause)

And they're not just shining their light. They're kind of humming a little bit too.

(pause)

And they're embracing you.

You're not necessarily going to feel a hand on your shoulder. It's just a feeling of being surrounded and embraced, held, comforted.

(pause)

If you're having any challenge right now, you're saying, "Well, I don't feel anything happening," because, you see, in a light like this, there's no resisting force. There's no opposing force. There's no battle. So, you're not feeling the duality or the resistance.

So, what you do is you take a deep breath and you let yourself go to a higher level of consciousness where there doesn't need to be a resistance, an opposition, something that feels different.

(pause)

The human expectation is, "Well, I'm going to feel something," but that expectation occurs on the duality level, so to speak. So, let's take a deep breath and rise to that level where there's not a resistance or opposition. It's not a negative, positive. It's not a me, them. It's simply their light.

(pause)

Like you, when you shine your light, there's not an agenda. There's not a bias. It is just a pure stream.

It's the same here now, as you receive from these grand beings. I want you to experience what it's like to sense, to feel the light.

(pause)

And you might say, "Well, this just feels like me." Bingo! Yes.

When it doesn't have an agenda, when the light is not trying to heal or repair or change direction, it is simply there in light, in total compassion, it *is* going to feel like yours.

(pause)

What it's doing is their light is dancing with your light. And because it is light and this new love, it's very, very clean. It's going to feel like you.

(pause)

And I want you to feel into how joyful they are in doing this. This isn't a job for them. This isn't hard to do. It's simple joy.

This is what they love to do.

(pause)

I have Caroline bouncing off the ceiling, so happy to be here. And just very recently gone to the other side, but still feeling the beauty (musical vocalizing begins). I can almost hear her singing.

(pause)

I love when that happens.

Let's take a good deep breath (singing continues).

(long pause)

You know, when you shine your light out, the reason you're here on the planet right now, it's kind of like this. This is what some are actually getting or others are getting at other levels.

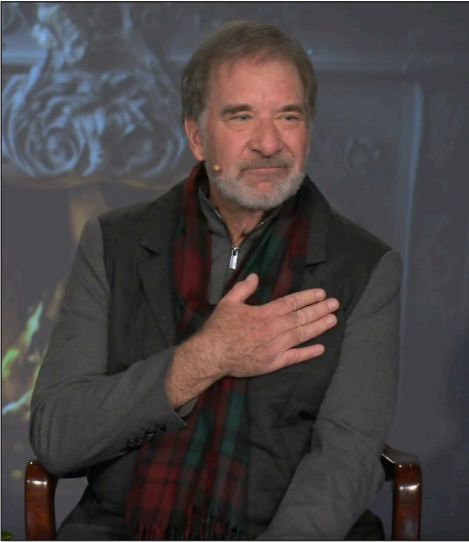
(pause)

I wanted you to be the receivers today.

(long pause)

Just receive it. That's all.

(long pause)



Let's take a good deep breath into the Circle of Light, for all those who gathered here today just to shine their light upon you, so you could feel what it's like.

(music ends)

Let's take a deep breath and receive that light. Good, deep breath.

Good, deep breath.

So, dear Shaumbra, Jesus Christ, what a day (some chuckles).

With that, remember all is well and getting even better in all of creation.

I Am Adamus. Thank you (audience applause).



CRIMSON CIRCLE

The Global Affiliation of New Energy Teachers

www.crimsoncircle.com