

ADAMUS SAINT-GERMAIN



ABUNDANCE CLINIC



CRIMSON CIRCLE

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# ABUNDANCE CLINIC



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*Featuring*  
Adamus Saint-Germain  
channeled through Geoffrey Hoppe  
assisted by Linda Hoppe

*IMPORTANT NOTE: This information is not for you unless you take full  
responsibility for your life and creations.*

**To experience this free Abundance Clinic in audio or video format, [click here](#).**

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## SESSION 1

LINDA: The invitation, of course, is this Now moment, that we're going to breath in this Now moment that conscious breath. You breath all the time but when we stop like this in the Now moment, you allow this conscious breath to flow.

It's your breath. It's our breath. No one can do it for you, only you can do it.

So please, I invite each of us to take the deep breath. To take it fully into you, filling your body. Your body can feel it, and your body knows that you choose life when you take this deep and conscious breath.

Breathe deeply from the soul of you. When you breathe, present and in this Now moment, you can feel your soul flow with you.

So breathe and receive. This is a very, very special moment – our breath, the Now.

I invite you to flow and open to this experience.

This is the topic of abundance. Can you flow with abundance? Can you allow yourself to really feel this experience? Feel Adamus as he moves in close, here for each and every one of us if we choose.

So breathe and open all your senses. And the music will play, and I invite you to just allow the breath and the energy to flow with you and the music.

So breathe.

Breathe and feel. Breathe and open to this experience.

Breathe. Breathe.

(music is "World in Your Hands" from PremiumBeat.com)

ADAMUS: I Am that I Am, Adamus of Sovereign and Free Domain.

Welcome to the Abundance Clinic. Welcome to this gathering of humans facing what you consider one of the most difficult issues – abundance, money, gifts, receiving.

I've got a bit of a pet peeve and an annoyance about abundance workshops, and one of the reasons why I haven't done one until now. The annoyance is that most of them are mental. Now, today, we're going to talk through a lot of concepts, issues, philosophies, but those are really more of a distraction than anything. Yes, listen to the words, but all this time we're going to be moving some energy. We're going to be shifting some consciousness, because you're allowing it. The words, again, interesting; but the real dynamic of what's going on here is your choice, your willingness to move beyond.

That being said, about 18 percent of you who are listening or here truly, truly want to move out of this issue of lack. And then there's a lot of you that are just thinking about it. I can feel the mental energy. I can feel the thinking. You're lost in your own thinking. So I'm going to ask you right now to make a choice to either move out of this lack consciousness, to move out of this stuck mental energy, or simply walk out. Tune out. Leave now, because otherwise ... we're going to be going into some interesting and deep consciousness and energy, but if you're not really sure, if you're just testing the waters, if you want to see if this is some new gimmick or game, it's actually going to hurt, because you're going to get enough information that it's going to cause some internal movements of consciousness and also internal movements in the mind and the body, and then it's going to hurt. And it's going to get frustrating. You might even get a little bit or even very ill, even more confused and more stuck than ever.

So I'm going to ask before we go any further to take a good honest look within yourself. Are you really ready to move beyond this stuck energy? Are you ready to move beyond lifetimes of lack? Are you ready to move beyond the 'just enough' consciousness? Are you ready to give to yourself?

Take a moment to feel into that.

(pause)

Eh! Immediately the mind says, "Oh yes, yes! I'm desperate. Desperate to move on." But, that being said, if you are in any form of lack right now in your life, it's there for a reason. You are allowing it to serve you. It's not there because of some aliens. It's not there because of a government conspiracy. It's not there because you're stupid. None of those things. It's there because somehow it's serving you.

So take a look at how that lack's has been serving you, how it's been serving every part of life.

Now, I know you're going to say initially that, "No, no, no, no. I'm truly ready and this energy is not serving me and it's not mine." But you've adapted it, adopted it. You've allowed it. It's there. You've let it ride along with you. You've let it be an overriding element in your everyday life.

It's serving you. It's serving you, maybe not in the most pleasurable way, but at some level it's absolutely serving you. How? Why?

Feel into it, without a lot of mental thought, but feel into this lack, how it's serving you.

(pause)

And more than anything, what would it feel like not to have that in your life?

(pause)

We're going to talk about abundance today, and so many of you have said, "Yes, yes. This is something I'd like. I have some bills to pay. I have some things I'd like to do." But in fact, most of you have not made a conscious choice.

Most of you say, "I don't like this lack." Well, that's not a conscious choice. That's expressing a judgment or a dislike and generally in a pretty unconscious way.

Making a clear, conscious choice is being in the Now moment. Right now, right here. Affirming to yourself that you are ready to receive the gifts that life, that energy and that you have to offer without any ifs, ands or buts, without any excuses, without any holding back, without any reservation whatsoever. "I choose abundance." Period. That's it. It's not, "Well, I think so" and "If I just had a thousand dollars." None of that, my friends. A heartfelt passionate choice is as simple as saying, "I choose abundance. I *am* abundant." And it's not a mental thing. Not a mental thing.

By the way, you're going to learn, you're going to discover that abundance is in the Now moment. There is no abundance in the past and there is no abundance in the future. It's only in the Now moment.

There are those who believe in stockpiling abundance for the future. Therefore, they put a lot of money in the bank or invest in the markets, but never actually bring it into their Now.

Now, it's one of the issues that comes up so often. There are these rich people, and they have all this money in the bank and the ones that some of you are even envious of. But the fact is, are they really abundant? Just because they have a lot of money in the bank doesn't mean they are living abundantly in joy. They've put their abundance into the future and they're not experiencing it in the now.

There are some who have abundance in the past, a lot of great memories of things that have happened before, maybe even times that were a little bit more abundant. But it's in the past and they live in that past, but yet their Now moment is filled with lack. They keep going to the past, going back into history instead of receiving the gift of their own abundance in the Now moment.

So that's an important point I'm going to ask dear Linda of Eesa to write that on her interesting mechanical writing board (an iPad). They took away my writing board, the traditional paper and pad, and now they've replaced me with an electronic writing board. Oh, I love technology.

LINDA: Do you want the paper?

ADAMUS: No, this gives you something to really focus on. (some chuckles ) And she loves doing it.

LINDA: I actually do.

ADAMUS: So if we could put that on the screens as well.

So abundance is in the Now moment. This is a very important point – abundance in the Now moment. It's not in the past. It's not in the future.

I have a pet peeve about abundance workshops, because they are generally given by people who are really not abundant, at least in the Now moment. They are generally given by people who are desperate for abundance themselves. So what do they do? They conjure up an abundance class to make a few bucks, and then they go broke later.

Most abundance classes are mental. Mental. They focus on things like visualization or affirmation that comes from the mind. There is little or no passion in things that come from the mind. Therefore, it does not attract energy.

There is the Law of Attraction. Interesting. It's a good step. But it's limited in its own way, because if it is a mental exercise, you're going to attract mental things.

True abundance comes from passion. Next slide. True abundance comes from passion. Passion. The passion to live attracts energy. And that's what we're going to get into in this Abundance Clinic.

There have been so many abundance classes that many of you take and short-term results perhaps, on a good day. Short-term results, but are you really living abundantly after those? Or was it somebody else's method or scheme?

Again, today I'm going to be going through information, but I'm really just distracting so that you can feel into the abundance of your soul, so that you can go beyond some of the misperceptions about money and about abundance itself, so that you can be forgiving.

We did a wonderful session yesterday. It was about [ProGnost](#). It was talking about upcoming world events, but we came to the point of talking about forgiving – forgiving yourself, letting the past go, everything about it. Not 80 percent of the past, not 90 percent of the past, but 100 percent. And some would say it's a form of denial, but I say that it's releasing stuck energy so that you can now feel into what really happened in the past.

The moment you forgive yourself, release yourself from misconceptions and illusions about anything in the past, then you are in a time and a space and a consciousness of for-giving, being in a place of giving to yourself, receiving all the gifts that life has to offer. It's that simple.

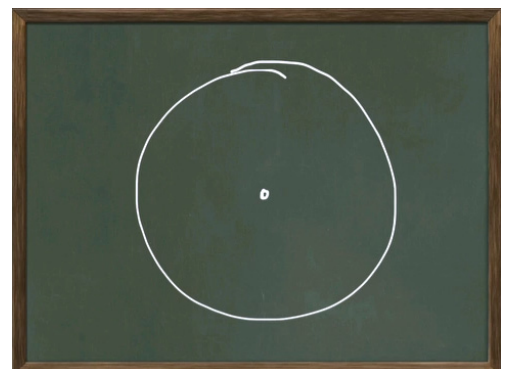
Let's take a deep breath as we go into our first segment of the discussion.

Some of this information many of you are familiar with, but for the newcomers I'll do a review – very important, some basics about energy and consciousness.

### ***Consciousness***

First of all, next slide, next drawing. Let's see how she does. First of all, we have this thing called consciousness. We symbolize it with the circumpunct or the dotted circle. Linda's going to – yes, what artistic talent, an interesting circle. (Adamus chuckles at Linda's drawing)

This is as symbol for consciousness. This is you. The dot in the middle connotes Source, the I Am-ness, your origins. The circle





on the outside represents the expansion that you have done of your soul through all the experiences and all the lifetimes. Very simple.

The interesting thing about this consciousness ... consciousness, by the way, is awareness. It's not intelligence, it's not thought; it's awareness, perception.

This consciousness – you – contains absolutely no energy whatsoever. There's a huge misunderstanding about you as an energy being. You're not. You are consciousness. And when you can tie back into that consciousness, that core, when you can get past thoughts and even concepts of energy and get back into the consciousness, this is you. This is the passion. This is the source.

So please take a moment to feel into yourself as a being of consciousness.

You have a body, you have a mind that were brought together by a variety of dynamics, all that brought in energy. But you are *not* energy, you are *not* your body, you are *not* your mind. You are consciousness. That's all.

Consciousness knows no time. Consciousness knows no details, facts and figures. It doesn't need to. Your soul, your consciousness strips out all of the details – time, places and everything else – and extracts the wisdom of every experience you've had. Whether you consider it to be good or bad, the soul cares not. It extracts the wisdom and drinks in this golden drop of nectar into its being and then rejoices. Ahh!

No matter what you think about the experience or what you have done, the soul cares not. It's only the wisdom.

## ***Energy***

Next. Energy. Energy is all around you. Energy was created out of the passion of the soul, out of consciousness itself. It condensed it. It compacted it. It squeezed it so hard under tremendous pressure, the beautiful pressure of passion, that it created this thing called energy. And it sent that energy out into creation to serve you. You created energy.

It's no longer consciousness. It's energy, and it's everywhere. Don't just think in terms of this physical dimension, but think in terms of all the dimensions. There's energy everywhere. There's energy that's uniquely attached to you, to your soul, that's only yours, that can never be taken away by any other person, a god or any other being, ever. It's yours. It's your core energy.

There are other levels of energy – cosmic energy, crystalline energy and finally Earth energy – but they all come from the same source – the passion of the soul to experience.

You bring in energy into your reality – you use it to manifest your reality – all the time, no matter what's happening. Even when you're feeling low energy, you're still bringing in energy. You are like a magnet that attracts energy, not through your thoughts, but through your passion.

Your passion is generally very different than your thoughts. When we do our new updated passion workshop<sup>1</sup> – you can put that on the list, Linda – we're going to talk about the difference between thought and passion, and you'll come to see they're very, very different. That's why sometimes while you *think* that your life

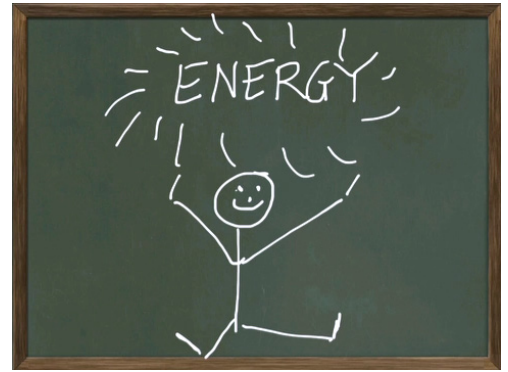
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1 See the original [Discovering Your Passion](#) workshop with Tobias

should go this way, your life really goes that way, and you wonder what's happening. You say, "Well the gods must be demanding it" or the stars or whatever, other people. No. It's simply the difference between human thought and soul passion that's causing these differences in your life. But that's a whole other session. We will charge for that. (some chuckles)

Very nice artistic drawing, dear Linda.

LINDA: I'm working! I'm working it! I'm learning. I'm learning how to use this.



ADAMUS: So there's energy everywhere. Energy at its core is free. Energy is free. It's everywhere. There are some that say there's this Unified Field of energy, and there kind of is. It's all over. It's everywhere. It's in the air around you. It's in your body. But when you think of energy, you tend to think of physical energy. Physical energy. And at the core of physical energy – or what you use on this planet when you think of energy and you think of fuel – you think of fire.

That's how this planet is energized and it's really weird, and it's very, very old and it's time that that changed. Fire. Fire is the energy. You burn things to create energy to propel your automobiles, to power your power plants to get electricity through the wires. Things are burned, and if they're not burned, they're collided, they're smashed or they're exploded. That's energy on this planet and it's very archaic.

You're going to look back, whether it's in this lifetime or beyond, and you're going to say, "Now, that was kind of strange that we were still using fire, something that we did millions and millions of years ago, but still as our core energy," either fire or explosion.

It's an interesting metaphor. It's an interesting symbol of the times and a symbol of the consciousness of humanity. You're still using fire in your own life, in a way. In your life experiences you're still using explosions and collisions to create energy in your life. It's so ingrained in you, you can't even think of anything else. And until I mentioned it just now, most of you were not consciously aware of it. It's like, "Wow, that's right. We have to smash things together to create new things." No you don't!

Energy does not need collision. It simply needs consciousness calling it forth. It doesn't have to burn hot. It doesn't have to smash or collide. Fires, as we've talked about in some of our recent gatherings, the fire of the passion of the soul is not a hot fire. It's a cool fire.<sup>2</sup> But ultimately, you'll discover that things don't need to burn in order to have energy.

Energy is attracted from the passion of the soul, which very, very few humans really tap into. They tap into drama. They tap into fear and occasionally in joy, but very seldom do they tap into the passion of the soul. The true passion of the soul has been covered up. It's been hypnotized. It's been programmed. It's been so put under and forgotten about, and it's actually difficult to get it back rising again. But once it does, you'll never be the same. Once it does, you'll have so much energy that you won't know what to do with it.

By the way, a question just came up from someone, and I'm not going to answer all your telepathic questions. But you say, "What is the New Energy? If the Old Energy is burning and flame and collision, what is the New Energy?"

<sup>2</sup> Much more information about this in Adamus' [DreamWalker Life®](#) School



Well, it's all around you, and the New Energy is light. And don't think in terms of the light bulbs, but the New Energy is light. But yet you have to combine dark, the dark with the light. And I'm not talking about your metaphysical evil forces or anything like that. I'm talking about this principle, this physics of cosmic light. It's everywhere. It's not the light of the sun or of the light bulbs. Energy that's been activated by passion becomes light and it comes through the dimensions and it comes through the cosmos. And as it comes closer and closer to this planet, it is basically chunked down or it is densified down. But ultimately, it's still light.

And that's the true energy source. It's everywhere around you. But it has to be combined with the dark in order to create the effect of true energy. It's all around. It's free. It doesn't have to be burned. It's easy. Physicists don't see it yet. They don't quite understand the dynamics of light, because they're looking, mostly, at visual light or light that falls within the known spectrum of science. But beyond that, at a higher frequency, you could say, is true light. And that's the energy, and it's everywhere. It's everywhere.

But back to the point – energy is everywhere around you. It is – and I'm going to say this is a simplistic form – but it's basically in a negative and positive form. It doesn't mean good or bad; it's just two differing forces.

It's brought in by the passion – brought to this Earth by the passion of humanity, brought to you in your life by the passion of your own soul – and it's brought in in different ratios of positive and negative particles. 'Particles' – not the right word, but the best one I can come up. And that flows into your life, flows into your body, flows into your reality, and it manifests things like money and cars and food and thought and frequency and vibration and everything else that you see in your reality.

This light is brought into what I would consider the densest dimension in all of creation – quite an accomplishment bringing it in here. Quite an accomplishment watching as it comes from the other dimensions in its pure light form, now gathering the positive and negative particles, and it comes down into this very dense dimension and it turns into water and soil and air and all these other things – very interesting phenomena.

Now, it's important to point out the principles of energy in order to understand abundance. Remember, you're consciousness, you're not energy. You're not that body or that mind. You're consciousness, and in our second session today, we're going to get into the consciousness and the passion, let you perhaps feel it again. That will start bringing in a lot of energy and a lot of abundance.

### ***A Choice***

But back to the original question, and you don't have to answer this out loud, but back to the original question – are you really committed to an abundant, joyful life? Is it your heartfelt choice? Not a mind choice, because all of our minds say, "Yes. Geez! I'm in this tight jam and I have to get some money and I've got to pay my bills." Nah, nah, nah, nah. You're having fun playing that game. You really are. Oh, trust me, you are.

By the way, if there is anything in your life – I know some of you will get mad at me but if there is anything in your life, whether it's a lack of money, whether it's a lack of friends, illness or anything else – it's there because you want it to be. It is. I know, oh, some of you are cussing at me right now, but you want it to be. Otherwise, it wouldn't be there!

This is one of the very simple principles of spiritual existence. If it's there, you must want it there. And you say, "But no, I don't want this." Well, yeah actually you do, because you don't want the alternative. So you're putting in something that might be a little uncomfortable. You don't want the alternative. You don't want true abundance. Why? Because you'd have to wake up. You don't want true health. Why? Because then you couldn't be a ... can I use bad words?

EDITH: No.

ADAMUS: No. Thank you, Edith. (some chuckles) Then you couldn't be a damn victim anymore. How was that? Was that mild enough?

Yes. Then you couldn't be a damn victim anymore. Yeah, yeah, yeah. I know you're saying, "No, but this isn't my fault." Yeah, actually if there's in your life it's serving a purpose. Or at least then you don't have to face the alternative.

What if life was truly abundant and truly easy? What if you had tremendous amounts of energy? What if?

Well, it'd mean that you couldn't play games anymore. You couldn't be the victim anymore. You couldn't walk around with the "poor me" mentality anymore. You wouldn't have any excuses. You would have to be an embodied Master.

LINDA: Mmm.

ADAMUS: You would have to be living God. That's a lot of pressure, but not really. (Adamus chuckles)

So before we go any further, I want to go to the end. I like doing that. Instead of taking this linear progression, let's just go to the end.

LINDA: New slide?

ADAMUS: Not quite yet. I like that slide. So artistic. (laughter) Is that a boy or a girl? There's ...

LINDA: I was going ... you're reading my mind! I wasn't sure ...

ADAMUS: ... hints that it might be a boy.

LINDA: ... and I stopped a little short. You want it to be a boy?

ADAMUS: If we could show that on the screen for a moment. (laughter as the screen shows Linda's stick figure drawing) I'm not sure.

Let's go – thank you. Let's go now to the end, because that's truly how things work. You live in time. You live in ... (more laughter as Linda makes the figure into a boy) Let's take that off the screen. (more chuckles)



## ***A Moment of Truth***

You are programmed into a linear reality – today, tomorrow, the next day, the next day – and things progressing. But in fact real life beyond the consciousness of Earth isn't really like that. It isn't like that at all. There is no time. You can go to the end and then go back to the beginning. I call it the Merlin Effect. It's basically saying, "Let's go to that point where this Clinic is done, where something has touched you deeply, *you* have touched you deeply." I'm perhaps helping to inspire a bit, but distract more than anything.

Something has really touched you. Something has really clicked, and suddenly you realize it is time – time to live abundantly, time to get out of your damn head, time to stop thinking about abundance and time to stop making excuses about abundance, time to stop letting other people influence your lack of abundance, time for all that to end. You've let it go.

Take a moment. Take a good deep breath.

We've finished. It's all done. You've had that profound touching moment that you were hoping to have. And the funny thing is, it doesn't have to occur during this Clinic. It can occur a week later. It doesn't really matter. But you've had that profound touching moment.

It fills your body. You get those chills up and down your body. You're almost aghast or astounded at how simple this was but how difficult that you actually made it. Suddenly, all the parts and pieces seem to come together. Suddenly, you realize how you've lived a life of lack of abundance and it's like a tired old suit. It's time to turn it in. It's time to donate it, at least the energy of it, to something else.

Now you're at a crucial point here, because you have realization. You have consciousness that you might have not had clearly before. You're at a crucial point, because now you have to make that real decision.

You have the consciousness, the realization that you don't need this anymore, but something is holding you back. Something. It seems to be something still stuck, like a rubber band effect, a big rubber band around you, and it seems to pull you back. It's these voices of the past. It's the voices of lack. It's the voices of guilt. "What if I have more than what other people have? What if I have to live abundantly? What if I have to come out of my inner shell? What if I have to come forth as a truly embodied Master?"

So these issues you face at this moment. What to do?

Well, I'm going to be there with you at that moment, whether the moment is now or later, and the one thing I'm *not* going to let you do is procrastinate. In other words, to say to yourself, "Oh! What an amazing moment. It's like I have so much clarity. It's all here. I have knowingness, but what do I do? What do I do?" So I'm going to be right there with you saying, "You have to make a decision right now." No more saying, "I don't know." It doesn't work. No more saying, "I'll think about it." Thinking is just stinking. No more procrastinating. You either do or you don't, and I don't care. I do not care. The other angelic beings don't care. Your family doesn't care. Nobody cares which decision you make. Only you.

Even your aspects, your past life aspects, they kind of don't ... well, they *do* care. Actually, they're going to try to influence you to just think about it, because you realize once you make that decision to move forward into abundance, they have to integrate back with you. They can't play their games anymore. You can't have all of these charades going on. It's time to get real.

So here we are at this moment of truth, this moment of decision. What to do? You get caught up in the

thinking. That's very natural to get caught up in the thinking. You get confused. You get cloudy. It's like, "Oh, I took the abundance class and I'm not sure. What did he tell me to do? What am I supposed to do right now?" You stop. You take a deep breath, and you feel into the passion of your soul.

(pause)

That will give you the answer right then and there, that passion of the soul, and you're going to feel it. I don't want to put words into your head, but you're going to feel the soul saying, "I want to live. I want to experience. I want to go beyond just enough." And you take a deep breath and you make your decision, either, "I am abundant" or "I'll go back and play the old game for a while." But please don't say, "I don't know" or "I'll think about it."

It's as simple at that moment, as simple as saying, "I choose abundance." Boom!

Okay, let's come back now to here. It's that simple.

### ***(Mis)Perceptions***

Now, let's talk about some of the perceptions about abundance – Linda, a new slide – perceptions, and actually misperceptions. But they're things that you hold on to, they're belief systems that are ingrained. We're not going to fight these belief systems. We're not going to try to overcome them or wrangle with them. It's just about being aware of some simple, simple belief systems.

Number one on the list. This is perceptions. (to Linda) Title it perceptions. And – well, I'll state a few and then I'll ask for your input – but perceptions about money.

### ***~ Money is Limited***

One of them is that money or energy is limited. Limited. I mean, you've lived that way. You've heard your parents say, "Well, we don't have enough money to buy you this or buy you that. We don't have enough money to pay for your college. You have to always save up for a rainy day."

It's like there is a limitation to energy, and there's really not. There is more energy in my hand – in Cauldre's hand – right now, there is more energy in his hand to power this whole community for months of time, and this is just a little part of all of creation. Can you imagine all of the energy? There's so much energy that if all the souled beings in all of creation all used the maximum amount of energy that they could possibly imagine, they're only going to use a small fraction of all the energy that's available, because energy originally came from the passion of the soul, and that passion of the soul is so *grand*. There's just a lot of energy.

You could never use the amount of energy in your life that you could even imagine. You could never use the amount of energy in your life that would even make a tiny, little tiny, tiny dent on the energy that's available on this planet. So get over it. There's a lot of energy out there, everywhere.

You're never going to take energy from another person or deprive them of their energy. There is this kind of martyr consciousness that some of you have. "Well, if I use too much, I'm depriving someone else." No, you're not. There's a lot of energy.

~ *Money is the Root of Evil*

Okay, another perception or, better stated, misperception: Energy is the root of all evil. Who came up with that? Pretty simple. People that wanted to control. People that were rich said that. (a few chuckles)

LINDA: Energy is evil?

ADAMUS: Money is the root of all evil. Money is the root of all evil, but it gets put into your brain. It's a hypnotic overlay, and then you just believe it. Even if you don't remember it, even if you're not thinking about it consciously, but money is the root of evil. It was rich people that came up with that. Pretty smart, these rich people, to say that, or organizations or groups or churches or anything else, because, "Huh, boy. If everybody had stuff, they're going to want to take mine, and I'm not going to be the rich guy. I'm not going to be on top of the mountain. So I'm going to say money is the root of all evil." But it's not.

Money, abundance is simply gifting yourself. Simply giving to yourself, and don't feel selfish about it.

The true Master in the New Energy, the true New Energy teacher should be wildly abundant, should have a nice car that doesn't break down. You don't have to have a Rolls Royce with a chauffeur, although it is kind of nice, but at least a car that's not breaking down. You should be able to buy a new car every year, every two years, every three years. You shouldn't be driving around in a wreck.

Think of it this way. Think of this. You have a responsibility because you said that you want to be embodied Masters. You're going to be the Standard for others. They're going to be looking to you. They're going to be looking at what kind of example you're setting. They're going to be looking to see if you're real. And if you show up with a beat up, rusted out, smoky car that makes a lot of noise, it's going to absolutely turn them off, because it's not what they aspire to have.

Clothes. Food. A nice house. It's going to be tough living as an embodied Master in this Old Energy world. There's a lot of rough vibration out there, and it's going to get rougher. These next few years are going to be really tough. You want a home that you can go to – or a flat or whatever it is, but I kind of like homes – with nature, with a nice yard that's all yours where you can garden, where you can dig, where you can do whatever. You're going to need it for your rejuvenation.

If you live in a noisy apartment with noisy neighbors and you can't find a parking spot and the building people don't take care of the maintenance issues, this depletes you. This tires you out. This throws you back into a very old dynamic. So I want you to have a nice home – a *very* nice home – with nice furniture, because when I come to visit, I don't want sit in some old chair, dirty chair. Old stuff carries a lot of Old Energy and old vibrations. And no I just don't like that. So, yeah, you'll understand if I stand outside the door. It's just time to get some new furniture.

You need to have money so that you can instantly call up the airlines and book a first class ticket to somewhere, because you're needed. Your light is needed somewhere in the world, somewhere even just down the street. You need to be able to travel in comfort. It's not excess. It's not anything. Everybody should travel first class, but a lot of people are choosing not to. You should travel in a way that's becoming of a Master.

~ *Masters are Poor*

Please – next misperception, by the way, is that the Master is poor. The Master has no physical belongings because these things are bad. I doubt it. I doubt it. I had many palaces. Not just little apartments, not just a little hovel somewhere. I didn't live in hovels. I had castles and I had servants and I was proud to have servants.

Guess what? It's only the Master that can be in service. Everybody else is but a servant, meaning that the Master is in the truest level of service without agenda, with total compassion, but the truest level. And the Master allows all energies to serve them. You might write this down. (to Linda) This is not a misperception.

LINDA: On a new slide?

ADAMUS: Sure.

I've said it before in our groups, but the Master allows energy to serve them. This is the definition of grace<sup>3</sup> – allowing energy to serve you. I had servants. I was proud of it. I paid them well. I treated them exceptionally well. They were fortunate simply to be in my presence, and that's not a joke. And I want you to start feeling that. They were fortunate to be in my presence, because I am constantly, as you will constantly be doing, radiating the light of love, of compassion, of balance.

So yes, indeed, anyone who you come in contact with is blessed. There's an automatic blessing that's there. Automatic blessing. You don't even have to do anything; just them being in your presence.

So, my dear friends, you want to be abundant. It's truly, I'm going to say, a requirement of the new embodied Master.

This whole thing of the Master, the guru being without worldly possessions, that was for an era gone past, a bygone era. And some of them did, because they were challenged with ... they felt that the physical joys of life were a distraction.

There was a consciousness back then that physical is bad, that the body is bad, that it's going to do things like eat and poop and have sex and all the other things. So there was a denial of the body. But every one of them – every one of them, including Kuthumi and Buddha and all the rest of them – came to realize that the body is to be loved and integrated and enjoyed and have pleasure with it. It wasn't to be denied. Worldly goods are to be enjoyed.

Some of you have had past life experiences where you've been very rich, and you've abused the power, and you feel really guilty about it. You were so abusive. It wasn't the money. It was your power. Maybe money was power to the power game, but you've now shut off that money flow because you're afraid you're going to abuse it.

I can tell you right now you're not going to even if you try to. You can't. You simply can't. When you reach a point of consciousness, you can no longer abuse it. It's offensive. It's appalling. You wouldn't want to do it. You're going to have a lot of abundance, and you're going to share it – not out of guilt; you're just going to share it because – and it'll keep flowing in. And you're not going to abuse it. You have too much

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3 For more information see [Ahmyo: The State of Divine Grace](#)



consciousness right now about things like power. Power is an illusion.<sup>4</sup> You don't need power. Power is for people who don't realize that everything is already within.

### ~ *Requires Intelligence*

Other misperceptions about abundance, or let's talk just money. Another one. You have to be intelligent. You have to have a good education. You have to come from a good family or you have to understand finances. Not at all. Not at all. In my lifetime, my last lifetime as St. Germain, I attended Mystery Schools when I was very young, but there wasn't a lot of what you would call regular education. I learned mathematics, but more on a cosmic level, not on the mundane Earth level. I wasn't schooled in finances at all.

I never in my lifetime as St. Germain had a job. How appalling. How disgusting. (some laughter) Truly. Disgusting. I couldn't imagine it, and I joke sometimes – but it's not such joke – to me the epitome of mediocrity is having a business card, a job title, that you're a mid-level manager. You work in a cubicle. You're a mid-level manager. My dear god, I thought that my crystal prison of 100,000 years<sup>5</sup> was difficult. But I do think that a mid-level manager stuck in a cubicle is even worse. (some chuckles)

I never had a job in my life. Never worked for anyone. Not that there's anything wrong with jobs ... well, yeah, kind of there is. You're going to end up working for yourself. And it doesn't mean to go out and quit your job today, but you are. When your consciousness comes around, you're going to end up being your own boss.

Never had a job, but I had plenty of money, a *lot* of money. I actually – this is the first time I've told this story – but I actually do not remember where the money came from. Now, isn't that odd. I had what would be considered today, I would have been a billionaire, multi-billionaire back then. I didn't work. I don't remember where the money came from. I was never beholden to anyone. I assume people gave me money or things. I don't remember. But I wasn't beholden to them. I wasn't their slave. If they gave me great sums of money, I don't know. I didn't have anybody manage my money for me, but it was always there. I rode in elegant coaches. Why not? I had the finest horses. Loved horses. Meals, I mostly ate ground oats with honey and nuts, but I could have afforded huge banquets, and I did throw great parties with the best French wine. Only French wine.

But yet I did not know where my money came from. I couldn't even keep track of all of my land holdings, my properties. I didn't feel a bit guilty about it. And you would feel guilty. Immediately you would start putting limits saying, "Well, I can only have two castles, and I have to know all the names of my servants. Oh, I can't have servants." Yeah, you can! Call them employees, it's the same thing. But treat them well, obviously. Treat them well. Pay them well. Pay them *really*, really well.

So, dear friends ...

LINDA: You sound like Forrest Gump. (Adamus chuckles)

ADAMUS: So you don't have to have the education, intelligence, financial background. Actually, it's a little bit of a hindrance, because then you get too intellectual about it. You limited yourself before you ever get

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4 Watch Adamus' message "[Farewell to Power](#)" on YouTube

5 More info about [Adamus crystal prison](#) on the [Crimson Circle blog](#)

going. You stop the flow. You don't need that. It doesn't matter if you never graduated from high school. It doesn't matter if you don't know anything about business.

You know what? Abundance doesn't know anything about business. Consciousness doesn't give a damn about business. You don't have to have that background.

There are those who will tell you that you do – “In order to make money you have to work hard.” That's another one on our list. You don't have to work hard! Maybe you want to work hard. You don't have to work hard. You'll probably have to do something. In other words, you can't just sit in the throne in your castle all the time. Well, you could, but you'll get kind of bored. You'll want to get up and, well, make the effort to step into your coach, or in this case a fancy car, and drive it down the street, unless you have a chauffeur.

But you don't have to work hard. Get over that one. That one was instilled in so many of you by parents and teachers. No. And you don't even have to work smart. You just have to let that abundance flow in. That's all. That's all. Without feeling guilty about it, without feeling shame, without wondering whether you deserve it or not.

Other misperceptions about money, what are they? What are some of your misperceptions?

### *~ Spiritual Should Be Free*

How about the one that's sitting right in front of you right now, the one that – it's tied into some of the other ones we talked about – but if you're doing spiritual work, you can't charge for it.

LINDA: Oooh!

ADAMUS: That is sick! That's just plain disgusting sick. And who's saying that? It's the people without any money that want to feed off of you, that are manipulating you. That's saying, “Well, but this is spiritual work. It should be free.” I doubt it. It should be more expensive than anything on this planet. It should be the most expensive thing, and you should make them want it so much that they manifest the money by a miracle.

I know so many of you, you have problems manifesting enough money for a meal sometimes. But yet if there's really a class you want to go to, it's really weird. And suddenly the money is there, and you're like, “How did that show up? Where'd that come from?” And then you take the class. Have you stopped to feel? It was the passion! You say, “Oh! I've got to take that class!” It's also a little bit of an addiction, a little bit of a sickness that you have to take that class. No you don't. No. But at least it showed you something. With a little passion, you can manifest. But then you got back into the old patterns, back into the old patterns

Spirituality – I don't care what it is, spirituality or anything that you do, whether you're a woodworker, whether you're an accountant or anything – charge a lot for it. Whatever you're charging right now, if you are doing work independent, please double it before we finish today. Please double your rates. “Oh! How could I do that,” you say. “People are barely willing to pay.” Well, then you've got the wrong people. You truly have the wrong people that want your service. And there's a lot of feeding going on,<sup>6</sup> and you think it has to be cheap or you give it away. Then you get the people who really don't want change. They just want to feed on your energy.

Get real about it. They don't love you. They just want to feed off you. And they tell you, “You're the best teacher I ever had. If it wasn't for you I don't think I could stay on this planet.” Egh! Because once they tire

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<sup>6</sup> Free recording on [Energy Vampires](#); info on the life-changing [Sexual Energies School](#).

you, wear you out, they're going to go down the street to the next cheapo facilitator and drain them, and then the next and the next. And they're going to forget your name by the end of the day.

Double your rates, have a little self-worth, and then after that double them again. And you're going to find that suddenly you're attracting – big word, attracting – the right people, and they're willing to pay for it. And suddenly you're abundant and suddenly you're a better teacher and suddenly you can give them even better advice where it doesn't take years and years and years of therapy. You can do a transformation with them, if they are willing, do a transformation – *snap!* – just like that.

And then somebody will start to complain and say, "Well, it only took five minutes for you to change my life, but geez you just charged two thousand dollars." And you say, "Yeah, next time it's going to be ten thousand." (some chuckles)

### **~ *It Means Greed***

There's a dynamic in it, and it has nothing to do with greed. That's another perception – you have to be greedy if you want money. You're a greedy person. No you're not. You're a wise person. You're a person who's enjoying life. If others don't choose to have abundance, don't choose to enjoy life, that's their issue, not yours. You're choosing to enjoy life.

This is probably going to be one of the last lifetimes, probably *the* last lifetime, for a lot of you on this planet. Boy, if I were you, and I was, I would want it to be abundant. I would want to travel. I would want a nice house. I would want to be able to give to charity when I wanted to. I would want to be able to throw lavish parties for my friends. I would want to do it not because I was greedy or because I was being arrogant. But I would want to do it because (a) this is my last lifetime on this planet, I want to go out right; and (b) I want to leave a shining example of an abundant life so others could follow suit.

Let's take a good deep breath.

We're going to take a breath and we're going to come back and talk about patterns and then we're going to get into the passion of the soul.

I am ever-present and ever-abundant.

And by the way, I do have to mention. It is a little difficult on me – a little difficult, I have to say – when you call on me, invite me into your house and well, it's not as elegant as what I would like.

So with that, I Am Adamus, in service.

LINDA: So please, just take a few deep breaths and flow with the consciousness, the energy that Adamus is flowing to us, flowing for each of us.

Just take that deep breath. Reflect on what you heard, what you felt. What does it mean to you.

Just be with the breath, stay with the flow. Just allow the energy to move and flow with each breath.

And so it is. Thank you.

ADAMUS SAINT-GERMAIN



## ABUNDANCE CLINIC

### SESSION 2

LINDA: I invite each of us to be in the flow of this Now moment, the breath. The deep and conscious breath is flow. It's the flow of energy, the flow of air, of life, of all that each of us are.

So please, in this Now moment, whether you're sitting in this room or you're at any point listening in to this, no matter where we are, breathe into this Now moment, because that's all that matters is our breathing and this Now moment, always.

So breathe and flow. Breathe and invite Adamus in close if you choose.

Breathe with all that you are, opening and unfolding in this experience, in this Now moment.

Breathe.

ADAMUS: I Am that I Am, the eternal Adamus.

Let's continue with our Abundance Clinic. Let's come back to perceptions, or actually what are really misperceptions. Linda, we'll need you at this writing tablet once again.

LINDA: Oh, my pleasure!

ADAMUS: We've talked about consciousness and the fact that you are consciousness, you're not energy. We've talked about the fact that there's energy everywhere all around you. Energy is not just things that are physical or things that blow up. But there's energy in forms that you're not even aware of. But yet it is serving you. It's here, always available.

It's attracted by your passion. Attracted into your life by your passion. It's really not given out by others. There is no angelic Council of Abundance that decides whether you're worthy or not. God actually doesn't care one way or the other, sorry, but does not care if you're abundant or not. And your soul –

your soul really doesn't care like the human does, because to the soul, you're just going through a rich experience no matter what it is.

### ***Another Misperception***

The next and final misperception and perhaps the most important one for you to consider is when you say, "I am not abundant."

LINDA: Mmmm.

ADAMUS: You actually absolutely are. So that's "I am not abundant" (to Linda). I hear that from so many of you, said in different ways. "I don't have money. I don't have this. I don't have that." But you're really saying "I'm not abundant," and therefore, that's exactly what you attract.

You actually attract an abundance of lack. You think in terms of abundance as just perhaps wealth or maybe love or friendships or things like that, material goods. But every one of you is abundant. Perhaps not in the way that's most comfortable to you as the human, but every one of you is abundant.

I have those that come to me, talk to me at night or while driving down the road or just cuss at me and say, "Adamus, I don't have a job. I'm not abundant." And I say to them – but they can't hear very well at times – I say to them, "You have a tremendous amount of abundance. You have an abundance of time, particularly compared to those who have jobs that have to work a certain number of hours. What do you mean you're not abundant? You're tremendously free. You don't have to go into work at a scheduled time every day. You've got the whole day wide open to yourself. That's tremendous abundance."

Actually, the thing that I would consider one of the most valuable of all is time. Time. And those who aren't working have plenty of time.

There are those who say, "Adamus, I have a physical ailment. I have some disease or disability." You have an abundance of lack of physical health, a tremendous abundance. What an experience to have this abundance of physical issues. Maybe it's not what you want anymore. Maybe you're tired of it. But also I ask you – and you're always not so happy – I say "Maybe you're using that as an excuse." Oh, you get mad at me about that.

You have an abundance – whether it's an abundance of love from others or an abundance of no love from others; an abundance of love from yourself or perhaps an abundance of no love from yourself. But whatever it is, it's an abundance. You've got a lot of it. Maybe an abundance of pain, an abundance of doubt and confusion, but you always have abundance.

So let's get over this whole thing of saying, "I'm not abundant" or "I'm not wealthy" or "I don't have a lot of energy." Oh, no, no, no. You *have* a lot of energy. You have a lot of abundance, and maybe it's freedom or time or lack of responsibility. A lot of you who aren't doing anything and complaining about it, you don't have a lot of responsibility. You can kind of do what you want.

Let's get over this whole thing of saying that you don't have abundance. You have a tremendous amount of it. It's really more of a matter where do you want to channel that abundance? Where do you want to direct that abundance into your life? And you as the souled being can do that. Where do you want that energy going into?

And I come back to one of my opening statements: If there's something in your life right now, it must be serving you. You must want it there, otherwise it wouldn't be there. Nobody else is putting it there. Nobody else is forcing you to accept something that you think you don't want.

So you have a tremendous amount of abundance, but where are you going to channel it? Where are you going to put that energy?

Now, that's putting some of you on the spot here, and I hear you starting to say, "But, but Adamus, you don't understand." I do understand. I understand that you're involved in a very interesting and deep and emotional game of some sort. That's why I said before, what would life be different like if you had a lot of money or a lot of love or a lot of health? What would you have to let go of? What would you have to change in your life? And are you really willing to do that? Are you really willing to go to that next step?

It might mean going through something very life changing. It might mean having to get rid of the parasites that are in your life feeding off you. I'm talking about family members and friends. It's true. It might mean having to let go of what you call your love relationship, which it really isn't. It's a karmic – in many cases – a karmic relationship, and it's one of feeding and it's one of power plays.

It might mean letting go of some things. And that's where oftentimes we hit that big bump in the road. You say, "Well, no, I want abundance, but I can't possibly get rid of these other things. What will these people do without me?" Well, they'll go feed on somebody else or you would feed on somebody else.

### ***The Question***

So it really brings up that issue. You *have* a lot of abundance in your life. You might have an abundance of drama. You might have an abundance of boredom, but you have abundance. Now – *now* – you have it.

You see, I never had to give it to you. You already have it. What are you going to do with it?

Are you going to continue playing the same games? Are you going to continue to tell me how you don't have money? Are you going to continue to use health issues or energy issues or any other issues in your life? Are you going to continue to say you have to take care of the kids, the family, the world, the dolphins and everything else? Are you going to continue to come up with excuses or will you envision or allow something better or different in your life?

This is always where we come to in our dream state discussions/arguments. We have long, long discussions about this, and I say the very same thing. I say, "You have abundance. What are you going to do with it? Where do you want to direct it to?" And then I get, "Well, I don't know." And then I leave, by the way. When I hear you say that, I walk out. I leave. "I don't know" or "Let me think about it." Nah. You know, you told me that about three lifetimes ago and that's getting old now. Or you simply go into a state of confusion, that glassy look in your eye, and then I leave also.

But I ask you right now, soul being to soul being, creator to creator, you *have* abundance – you've just been pretending like you didn't; you have an abundance of whatever – what are you going to do with it now? Are you willing to redirect it, re-channel it, bring in a different type of energy?

Before you make any decisions on that, and I'm amusing myself watching all the energies racing and flowing



around right now. You're a bit exasperated because there's a lot of stuff happening at a lot of different levels. "Oh my gosh, I'm being put on the spot." Eh, you asked for it.

### *A Story*

Let me tell you a short story from my upcoming book, "Memoirs of a Master." The book that is not yet written, not even published, not even really thought about that much, but it's already here. You see, it's already done, and now I'm just letting it create itself. So, let's have the ...

SART: Do we get a commission on that?

ADAMUS: No commissions! (Adamus chuckles)

SART: You sure?!

ADAMUS: I'm charging you double for the book. (more chuckles)

Let's get the houselights a little low, as I tell this poignant story of the Master and the student. We don't need music, but just a little dim lighting.

This actually is based on a true story, somewhat.

The Master was sitting by the beautiful lake on a warm and sunny day, fishing away. He loved fishing because this gave him a chance to be in nature and practice his natural abilities of abundance. It seems that the moment he threw the line in the water, a fish would bite, even though there wasn't any bait on the hook. And he would just reel that fish in, admire its beauty and of course throw it back into the lake. It was almost effortless, but to the Master this was a great way of experiencing that it comes to you.

The fish came to him. They were so attracted he didn't even need to put a worm on the hook. As he was enjoying the peace and quiet of this beautiful day in nature, suddenly he heard the rustling in the bushes behind him, turned around to see one of his students, Richard, approaching him in desperation.

The Master took a deep breath. "Here we go again," he thought to himself. "It's Richard."

Richard came up to the Master and said, "Master! Master! I'm in a terrible state of being. In spite of all the classes I've taken, in spite of all the teaching and the studying, I find myself in worse condition than ever. I'm broke. I can't pay my bills. My car is in the shop and I have not enough money to get it out. I'm behind on paying for my house, and there's a good chance that I'm going to lose it. I barely have enough money to eat. Master! Master! What can I do? Please, I'm desperate for your help. Tell me something, Master. Share something with me, Master. But I'm on the edge. I think, Master, I'm going to cross over the line. I don't want to live anymore."

The Master took a deep breath and laughed to himself – not out loud, of course, but laughed to himself – because he had heard this so many times from Richard and others like Richard. The moment of desperation, but potentially an important moment because, well, moments like these were the times when humans seem to make the greatest changes, or not.

So the Master said, “Dear Richard, how much money do you need to resolve your problems? How much money is it that you need?”

And Richard took a deep breath and said, “Master! Master! I only need five thousand dollars.”

And the Master without showing any expression on his face laughed to himself and he said, “Stupid Richard, he should have asked for fifty thousand.” But he’s so desperate, so limited in his thoughts, and even in his imagination that he asked only for five thousand dollars.

The Master paused for a long time, intentionally of course, playing out the whole drama that he was having with Richard, and actually rather enjoying it, because the Master saw himself in Richard from about five lifetimes ago. Desperate, still feeding off of other people, still, in spite of all the classes and the schools and everything else, still insisting that things were outside of him rather than within him.

Finally, the Master said “Richard, I’ll loan you the money. I’ll give you the money, five thousand dollars.” And the Master reached into his pocket, and even though he hadn’t put any money into his pocket earlier that day, when he put his hand in, he suddenly found five thousand dollars, exactly what was needed. And that’s the way it is with Masters.

Now, whether he actually put money in his pocket that morning intuitively knowing Richard would come along or not, he had forgotten, because it didn’t matter. The money was there. The Master didn’t even know where he got the money. It was just there, and he didn’t question it.

So he handed the money to Richard, one hundred dollars at time, counting it out. Richard’s eyes were wide open. He couldn’t believe that the Master was actually giving him this money. He couldn’t believe that now he could go and solve his problems, pay his bills, get his car fixed.

Of course, he promised a lot of things to the Master in this moment of desperation. “I’ll pay you back, Master, with interest.” The Master laughed to himself, “Here goes Richard lying again.” He said, “Oh Master, I’ll never ever forget what you’ve done to me.” And the Master laughed again, and he said, “Yes, yes, and one of these days you’ll either forget me or betray me, but it doesn’t matter.”

The Master finished handing Richard the money and Richard ran, with barely a real thanks, a genuine thanks, but ran off. The Master went back to fishing, pulling in one fish after the other. “So easy it is,” thought the Master, “This whole thing of fishing. It’s like life. It comes to you. You take what you need. You put the rest back, but you never limit yourself.”

Six months later, the Master was sitting at an outdoor café, once again enjoying the beautiful weather and having a triple shot caramel macchiato (laughter), with three chocolate croissants, because, you see, a Master doesn’t diet. A Master doesn’t worry about all these things. That’s for the limited humans who think that things are bad for them. The Master could eat anything. Whether it was fish or whether it was a caramel macchiato, it didn’t matter. And the Master could drink five of them and it didn’t matter, because his body was always responding to him. It didn’t matter that there were a lot of calories or too much caffeine or what the scientist said about coffee or anything else. The Master was in command of his body and his energy, so it responded appropriately to him.

While sipping his wonderful drink on this beautiful sunny day, he happened to look up and notice Richard walking by. Richard looked a mess. His clothes were tattered. His hair was disheveled. He had a long grungy

beard by this time, worn out sandals and dirty feet. The Master thought to himself, “This is not what a Master should look like,” and of course, Richard was not a Master.

The Master called out and said, “Richard! Richard! Come over for a moment. Have a cup of coffee.” Richard said, “But I, I, I, I don’t have any money. I can’t afford a cup.” The Master said, “Well, that’s too bad. I guess you can watch me enjoy mine.”

Now, the Master had once had given him five thousand dollars; one would think that the Master could easily buy him a cup of coffee, even plain coffee. But the Master was tired of playing the game now.

The Master said, “Richard, what happened? What happened to the money? What happened to your life?”

“Oh, Master, Master! It was terrible. I took the money and I got my car out of the shop, but a week later I was in a terrible accident, smashed my car. It was totaled.” And he said, “On top of that,” he said, “I was at the store one night and thieves came in, robbers, and they took most of the rest of the money. And what little I had left I had to give to a friend who was terribly desperate, so I have nothing left.” And he said, “As a matter of fact, Master, I’m more in debt than I ever was.”

And Richard said, “Master, would it be possible – please, I’ll never, ever ask you again, I promise – for another five thousand dollars today. I’ll gladly repay on Tuesday.” Oh, that’s silly. “I’ll gladly repay you in six months the rest of all the money, all the money with interest, of course, Master.”

The Master took a deep breath and said, “No. No Richard. I wanted prove a point to you, and I did. And the point is that you’re in a pattern and you’re not willing to get out. And that pattern is ‘just enough.’ You’re in that consciousness of ‘just enough,’ and no matter if I had given you ten thousand dollars or fifty thousand dollars, I could have predicted that we would be meeting like this, and that you would once again be broke, once again desperate, once again trying to feed off of me, once again lying to yourself. Once was enough, Richard. No more. And, as a matter of fact, Richard, not only do you owe me the five thousand dollars from before plus interest, but you owe me for all the classes that you’ve been coming to. And I don’t want to see you again until you fully repay every penny.”

End of the story. That was funny. (Adamus chuckles) Memoirs of the Master – always a funny ending. (some laughter)

### ***Are You Ready?***

But it’s life. It’s life like what so many of you have experienced, maybe still experiencing. You’re in a pattern, and actually I have this saying, and it’s literally on the wall of one of the Mystery Schools – “Give a victim a million dollars, two years later he’ll be in debt two million dollars” – because it’s a pattern. It’s feeding. It’s lack of responsibility. It’s an abundance of non-abundance. It’s staying in the same energy. Always, always making excuses. Never taking a look at yourself in the mirror. Never saying, “I am done with this old way.”

So many of you want to win the lottery. Thank god you haven’t, because you’d be twice as bad off in a year from now. You’d be coming to me more miserable than ever wishing that you had never gotten that money, because you’re in a pattern – a pattern of lack, a pattern of feeding, a pattern of not allowing yourself to have what you deserve.

Abundance is a God-given right. From the moment that Spirit gave you identity, your Self, you also had all the abundance and all the energy you ever needed. But so many get caught up in the victim energy, caught up in the game, caught up in why they can't do things, in limitations. So many are like Richard. Even if you had a million dollars, you'd use it to destroy yourself.

So what you do is you stay in a consciousness of just barely enough. You destroy yourself just a little bit at a time, rather than all at once. You destroy your natural creator abilities with excuses, with delays and procrastinations. You destroy the joy of life that is your god-given right by holding back and limiting and then making excuses for it, blaming others, talking about conspiracies, talking about 'the man.' There is no man, other than you – or woman – that's holding back. Nothing. I don't care what country you live in. I don't care what your opportunities were. I don't care if you come from a rich family or poor family, if you're smart or stupid. None of that matters. They're all excuses.

There's only one thing that counts – whether you're ready to channel abundance into your life in a joyful way, in a fulfilling way, in a wealthy gifted way; or are you going to continue walking down that path of just barely enough with a lot of excuses.

This is not a mental exercise. This is not from up here (head). You've tried it before. You've tried battling it and struggling it. You've tried to hypnotize yourself or used chants or all sorts of stupid gimmicks to bring abundance into your life, and they don't work, especially when you're in patterns, when you're like Richard, when you would receive something and then literally direct energy right back into your old patterns.

It's actually a bit of a curse in a way when you do receive something. What do you do? You use it as energy to continue destroying the joy of life. You get a little bit of money and what do you do? It slips right out of your hands or you spend it on really abusing yourself. Or you give it to other people thinking that you're not worthy. You let it slip right out of your life back into the pattern. Thank god that you haven't won the lottery. We'd have a whole different nasty, ugly energy sitting here. Thank yourself at least for not receiving the wealth before you were really ready for it.

And I come back to the question, are you really ready? It's going to change your life. It's going to change your relationships. It's going to change your perceptions, everything.

Are you really ready for true abundance? Because if you are, it will be there, just like the fish coming to the Master. It's that easy. There are no gimmicks. There are no secrets in this. There's no waving of wands. There are no magic formulas in abundance. It's realizing that energy is everywhere. There's no limit on it. It's realizing that you're already abundant, but in odd and sometimes perverse ways, even an abundance of just barely enough.

And now the question comes back to you for the third time. Are you really ready for abundance? You say you are. You dream of money, but are you going to be like Richard? Are you going to be the one who's given a million and two years later is in debt two million? Are you ready for the joy of life?

It would seem like an obvious question, but after so many lifetimes of patterns, after so much abusing of yourself, after so much limitation, I wonder.

I said when we began only a small percent of you who are watching or listening are really going to open up and to gift yourself. The rest of you are still struggling with your issues, wondering if you're worthy,

thinking that, “No, no, no, no. Adamus, you must have missed the mark here, because you were supposed to give us a formula. You were supposed to give us something magical.” I’ll tell you something to validate my point, that a very small percent of you will actually rise to abundance, wealth.

### *The Crystal Caves*

I talked about the crystal caves last year.<sup>1</sup> There are 21 crystal caves on this planet filled with crystals and their energies. They’re real. They’re literal. They’re under the Earth. It’s not for you to go there and take the crystals and put them in your pocket, but it’s for you to go there and feel into that energy of massive abundance, unlimited abundance, channeled where you want it to go in your life.

A few of you visited. It was very strange. I thought there would be thousands or more coming to these crystal caves. Most of you just thought about it. Most of you never took five minutes to sit down, to call me, to say, “Let go. I’m ready, Adamus, to visit the crystal caves,” to feel that energy of abundance, to feel just the awesomeness of energy, the likes of which you’ve never felt in your lifetime on this planet. I took but a few, and out of those few that actually went with me, that actually went into the caves and felt that energy, only a few of those few were actually ready to bring it into their lives.

The rest of you thought about it. The rest of you thought, “Oh, crystal caves. Okay, where’s my check in the mail?” That’s not a commitment. That’s not a change of your old patterns. That’s the same old thing. And I wasn’t going to drag you there without you making the choice that you were ready.

The crystal caves are still there. It’s not just a metaphor. They’re very real. The energies are very real. They will help get you anything you choose. But the question is, once again, are you ready?

I will not tolerate – I will not tolerate in my classes – those who are still in ‘just enough’ consciousness. In other words, “I just want enough to pay my bills and get by.” It doesn’t work anymore for a Master. I will not tolerate it.

I don’t want somebody asking to go to the crystal caves so they can have just more just enough. It’s either all or nothing. There’s not part way in wealth. You understand? There’s not a little bit of wealth. It’s all or nothing.

There’s abundance, there’s energy, or there’s continuing to live in ‘just enough’ consciousness.

Where we are going as Masters in the New Energy, as examples for others, as ones who create in ease and grace, there is no room for just enough or just a little more. You’re just Richards at that point. You’re just going to use it. You’re just going to bring more energy into the very misery of your life that you’ve had up to now. Given more energy – without a shift of consciousness, given more energy – you’re just going to have more desperation, more illness, more problems, more dramas, more traffic jams, more junk.

So we come to the moment of truth here in the Abundance Clinic. If you’re not willing to go forth, please get out. Turn off that Internet of yours, walk out of the door here or let’s get on with it.

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<sup>1</sup> The crystal caves are mentioned in the [March 2013 Shoud](#) and in the [Grand Canyon Journey](#)

## ***Abundance Merabh***

Let's take a good deep breath as we go into our merabh,<sup>2</sup> with a little bit of music in the background. (several selections from PremiumBeat.com)

A merabh is a time of changing consciousness, shifting consciousness, in this case, out of limitation, out of lack into grand abundance, channeled into health for your body, channeled into wisdom, channeled into knowingness, channeled into more money, of course, a nice house, a good car, many cars, without guilt, without shame.

It's time. You deserve it. It's time, for all of you.

Now, I caution you one more time, from the heart of my very being, I caution you. Do not go any further with this right now unless you are fully committed. Otherwise, it's going to tear you apart. Having more energy come into your life directed at the same old crap, same old consciousness, is going to tear you apart. It's going to hurt. You'll make Richard look like an angel. This is *only* if you're ready.

Take a good deep breath.

In this merabh of abundance you allow without forcing. You allow a shift in consciousness into abundance – abundance that serves you well, energy that serves you well. No longer in lack, no longer with your excuses, no longer with any limitations.

In this merabh of consciousness, the shift comes in and takes away any old vows you had about poverty.

It washes away any old beliefs that you had about money or having more than other people.

It washes away any old beliefs about the need to suffer or to work hard.

In this merabh the consciousness shifts and changes the old perceptions about how money is acquired.

It shifts away thoughts that you had to be smart or understand finances. That's not true.

This merabh washes away eons and lifetimes of old beliefs, old hypnotic overlays.

It washes away the things that have limited you from enjoying life. These things were not really yours. These things didn't belong to you.

Now in this merabh without any force, without any thinking, you allow these things to be cleansed from your being, released back to pure states of energy so that they can serve you in wealth, in wellbeing.

In this merabh, there's no thinking in terms of trying to think about abundance. You just receive it. It's not from God. It's not from me. It's inherent in your soul. It is yours. It always has been.

You see, abundance comes from the passion of the soul.

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2 See the Crimson Circle [Glossary](#) for the definition of “merabh”



Your soul, your consciousness – not your thoughts or your mind, but your soul, your consciousness – has such passion to exist.

One could say that true abundance begins with the realization of the “I Exist.”

Clear away all the thoughts, all the commotion in the mind, and you come back to the very simple, simple passion – “I Exist.”

That’s the original passion. The passion when you left Home<sup>3</sup> and realized that you exist. The miracle, the first awareness – “I Exist! I Am. I Am that I Am.”

“I Exist!” This is not a thought. This is a deep passion. This is an awareness, a realization – “I Exist! Praise be, I Exist. Nothing else matters.

“I exist not because of anything or anyone else. I exist as a sovereign being. I’m beholden to no one, to no thing. I Exist.”

It’s the song of the soul, a song that the soul has sung for ages, waiting for you, the human, to hear it. “I Exist. *I Exist.*”

This is the passion, my friends. It’s not a thought, a belief, a mantra. It is a deep passion. It’s the Kaikho,<sup>4</sup> the passion, the flame within – “I Exist.”

It’s the awakening and the reawakening – “I Exist.”

(pause)

In this moment of realization into feeling from the soul, “I Exist,” this ignites, brings forth all of the energies, *your* energies, energies that might have been dormant for a long time; energies that are interdimensional, not just based here on Earth; energies that are cosmic, sacred, pure. And they’re yours.

They wake up, they activate with the passion of the “I Exist. I’m alive. I Exist.” The energies wake up and they say, “It’s time. Let’s line up for this soul, for this human. Let’s line up and go to work. Dear human, dear soul, here we are. What do you want us to do for you? How can we serve you? We’re your energies. We’re here. How can we serve you now?”

(pause)

You take a deep breath and you command the energies. Yes, command. You command the energies – “Serve me abundantly. Serve me in grace. Serve me in ease and in joy. Serve me, energies, I command you now.”

And then you get out of your way. You let it happen. Just as the Master let the fish come to his line, you let those energies come to you without thinking, without manipulating, without any ifs, ands or buts, without wondering when or why or how or if. You just let them. You assume. You *know*. You *feel*.

Forget about your bank account, your rent. Forget about your bills. Forget about all of those things. Stop worrying about them. You’ve commanded the energies, and they serve you. I don’t care if you’re the most

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3 For more about your journey from Home, read [Journey of the Angels](#)

4 See the Crimson Circle [Glossary](#) for the definition of “Kaikho”

despicable human on Earth, I don't care about your past, I don't care what you've done, because if you're so bold to be in this moment and to feel the passion of the I Exist, if you are so bold as to shine your light once again, your past makes no difference at all.

You step out of your way and you let those energies serve you in joy, in ease, in grace.

(pause)

You let it flow into your life – a life filled with as much ease as the Master. A life that is not constructed around thinking, planning, efforting, but a life that has channeled in the highest of energies, the clearest of energies, the wealthiest and the richest of energies.

“I exist – therefore energy serves me. I exist – therefore I am worthy. I exist – therefore there is no effort. I exist far beyond that life of just barely enough. I Am that I Am.”

And then you shut up. You get out of your way. You don't think about it anymore. You walk happily down that road of life smelling the air, feeling into nature and wondering about what you want to create next knowing that it's going to happen the moment you decide to create it. Well, actually you already created it a long time ago, and now it just comes into your life.

Give a Master a million dollars and he'll turn it into a billion and then another billion and another billion.

All this is natural, my dear friends. This is the natural way of things. Limitation, lack, these are unnatural. Let's get back to a natural state, the way things were always meant to be.

Let's get out of the illusion. Let's get out of the limitation. Come back to a life of wealth and joy.

Take a good deep breath.

Linda will do a little breathing with you, gentle breathing for a few minutes. And me, Adamus, I'm going to go back fishing.

With that, I Am that I Am, the Master.

LINDA: So please, as Adamus requested, lets just stay for a few moments longer.

Stay with the flow of the breath. Stay with the flow of energy.

Just keep breathing for you, deeply, and in a way that supports you, your breath, your life. Each of us breathing abundantly clear.

Breathe and integrate. Integrate these feelings within you.

Breathe and integrate your own knowingness.

Stay with the flow, the breath in, the breath out. Life breathing life.

Breathe the mastery that each of us possess.

Breathe, feeling how do you want to get there. It's our choice. It's our choice.

Breathe. Breathe, staying with the feeling, breathing the allowing, breathing the energy of abundance.

Breathe this experience that each one of us created here, this Abundance Clinic with Adamus.

If you chose to stay, if each of us that chose to stay, it's up to us now to stay with it, to breathe with it, to flow with it, to live with it.

*Note: You may also wish to support your choice with Adamus' [Abundance Merabh](#)*



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