

ADAMUS[®] SAINT-GERMAIN



THE DISCOVERY SERIES
DISCOVERY 7

Presented to the Crimson Circle • March 1, 2014



CRIMSON CIRCLE

ADAMUS® SAINT-GERMAIN



Discovery Series

Discovery 7

Presented to the Crimson Circle March 1, 2014

Featuring
Adamus® channeled through Geoffrey Hoppe
assisted by Linda Hoppe

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ADAMUS® SAINT-GERMAIN



Discovery 7

I Am that I Am, Adamus of Safe and Sovereign Domain.

Oh, I love breathing in the energy of this very 3D human environment. Ah! Love it. Love it.

Cauldre made a comment before in reference to me, hmm, thought maybe I would forget. (referring to a comment during the intro segment) No, Cauldre. Old dead guys don't forget. (laughter) Oh no. Oh no. But it brings up an interesting point. Dead! Does that mean gone, unaware, unconscious, stupid? Nooooo. For what truly is dead? What truly is dead, when you're in a human body with a human mind, but not aware of how you're manifesting and creating your life? Not aware of how and why things happen?

What is truly dead? Being in human body, or being me? (Adamus chuckles)

And isn't that the point? Isn't that the whole point – life, death, fears, safety, awareness? Awareness. Isn't that truly the issue? And isn't that the very reason ... oh, Sandra, coffee, goat's milk, please. Warm. Thank you. Aren't there goats up here? There's mountain lions. Go find a goat. Milk it. (laughter and Adamus chuckles)

It's A New Time

And that brings up the very point. Three hundred years ago we closed the Mystery Schools after many, many centuries of operations. We closed them because we had gone as far as we could at that time, because of consciousness at that time – very thick, very difficult – manifested by religions that were pursuing us, trying to burn our centers, close us down, torture us, run us off. So we closed them, because we also found that those who had reached a certain point of what you would call enlightenment ... (Sandra hands him the coffee) Thank you. (he smells it) Not goat, but not cow either. Odd chemical. Hm. Hm. (laughter) Odd, strange way to drink one's coffee.

So we closed the schools because those who had gotten to a certain point of enlightenment were leaving. They were just leaving the physical realm. Some of them would return for another lifetime or two or three or four, but they got to a certain point – not even a point that you're at – and then they left; too difficult, too unsafe, too challenging; and too seductive to go to the other side.

So for 300 years there has been a bit of a darkness, a bit of a void in terms of true spirituality on this planet. Yes, indeed, there have been study groups, more than the world's share of religions. There have been an occasional channeler and a mystic from time to time, but truly a group or groups of humans that would allow their embodiment, their enlightened embodiment? No. No.



But those dark times are gone now from this planet, and what we have here are a group of humans who are choosing to stay, choosing to be as aware as if they were on the other side as they are here in the physical body. Choosing to go beyond this unawareness, this hypnosis, this matrix of dull consciousness, and it's you. And others, of course, but it's you.

Not always easy. It presents its challenges, and quite a while back I said even just five – I'd be happy to work with just five – and what we have here now are a lot more than that; a lot more than five.

We're coming to this age, this age you have dreamed of, coming back into the physical body, and not just talking about spirituality, not just going to your weekly meditation group. Nothing wrong with meditation unless you have to be in a group and have to do it at a certain time and have a certain discipline. Meditation, as I've said so many times before, is in every moment and every breath. What is it? It's awareness. It's consciousness. That's all it is.

Why do they spend countless hours in strange, seated positions, and many times suffering, in this thing called meditation to try to gain awareness? There's an easier way. You allow it. You allow it. You let it be with you in every moment, everything you do. It's called consciousness in life. Embodied consciousness, aware of the "I Am, I Exist" at the core, and then aware of this reality, this beautiful, sensual reality.

Indeed, I'm on the other side. I get to peek in, pop in now and then, but, indeed, there is nothing quite like being here and on this planet; the sensual experiences that one can have. And can you imagine now doing it consciously? Consciously having experiences – experiences of your choosing. It's not that it's going to be without challenges. Mastery does not mean that there's not going to be outside challenges, but there is inside balance. There is ... consciousness and mastery is humor. It is humor. Being able to smile and laugh at all of the things going on around you, and even at yourself, with good humor. Not sarcasm necessarily, but with good humor. Smiling. Sarcasm. You want the example of sarcasm? (to Linda) Is that what you're saying? I can't quite hear. Sarcasm.

Sometimes sarcasm is biting humor, negative humor. You like sarcasm?

LINDA: Yeah.

ADAMUS: Oh. (Adamus chuckles and a few chuckles) Then laugh about it. That's what we're here for and that's what we're doing.

A Birthday Greeting

A few housekeeping notes before we get into today's Shoud. First of all, a very happy birthday, my dear. (he kisses her hand)

LINDA: Thank you.

ADAMUS: Eh, mm. A gentleman ... (he kisses her hand without quite touching it)

LINDA: Ah. (and a few in audience say "Ah") Wait, I want to feel the hair on my hand.



ADAMUS: (he "air kisses" her hand again) A gentleman never kisses the skin. I may be an old fashion guy ...

LINDA: Be nasty like Geoff! (they both laugh) Thank you!

ADAMUS: I wouldn't dare do that in public!

LINDA: Oh! Thank you, Adamus.

ADAMUS: Oh, indeed, when ...

LINDA: How perfect!

ADAMUS: ... when ...

LINDA: Oh! That was so wonderful!

ADAMUS: When a true gentleman kisses a lady's hand, one hand behind the back ... (a chair falls down loudly, Adamus makes a face; audience laughter) One hand behind the back and the other (demonstrating, Adamus sniffs her arm, then another air kiss; a few giggles) ... but never touches the lips. Oh, it dates back hundreds and hundreds of centuries ago when you carried a lot of bad diseases, but ... (laughter)

LINDA: Give me Geoffrey, I'm sorry!

ADAMUS: ... it doesn't matter.



LINDA: Give me Geoffrey! (more chuckles) But thank you. Thank you.

Keahak

ADAMUS: Other housekeeping notes. Keahak IV coming up. It was just announced. Keahak IV will be a bit different than the previous Keahak, because now in Keahak IV, we're not just going to be bringing light and energy into the body, into the Self. We're going to be manifesting. Ah, and that the good news. The bad news is that we're going to be manifesting (some laughter), and you're going to have to take a look at your own manifestations. This isn't just going to be talking about it or just allowing. We're going to go beyond that into the external manifestations in the body, in your physical reality, in your level of abundance, and we're going to ... are you taking good notes?

LINDA: Oh yeah.

ADAMUS: Good. And we're going to have discussions. How are you doing in your manifestations? No judgments, but how are you doing in your manifestations? Yes.

LINDA: By the way, that was sarcasm. (laughter)

ADAMUS: But you're laughing. (chuckling) So Keahak, meaning spirit in motion. "Kea" – motion; "hak" – spirit.

LINDA: Ahh. Mmm.

ADAMUS: Spirit. Spirit in motion, and now we're really going to be putting it out there.



You're going to be doing a life assessment at the beginning of Keahak and I'm going to ask you to do it honestly and openly, because by the time we're done with Keahak IV, you're going to take a look at your life again and take a look at what you have manifested. Ah. So.

Let's take a deep breath with that. Keahak coming around.

Abundance Lesson

Next housekeeping note. I mentioned in our last gathering that I was going to do a workshop, gathering, discussion about abundance. Abundance. A free workshop about abundance. Go figure. Yes. You just went through lesson one out of three parts in the series.

(pause, as Adamus waits for a response)

LINDA: Mm hmm.

ADAMUS: Oh! (Adamus chuckles) I thought maybe you were all psychic by now.

Lesson one – receiving. That's exactly what happened with the Crimson Circle Connection Center or the "Four C" Center. Four "C." Foresee.

LINDA: Oh foresee. Oooh. (Adamus sighs; some laughter)

ADAMUS: That was sarcasm.

LINDA: No! I meant it nice! It meant it nice! That wasn't sarcasm. (Adamus chuckles)

ADAMUS: That was the first experience in abundance. Receiving. The word was put out there. There wasn't a lot of structure around it. There were no – as Cauldre and Linda said – there was no email campaign or constant pestering. It's you choose to or you choose not to. Most abided by that. Thank you. My specific instructions – do it or not do it. But don't complain about doing it or not doing it. There were a couple. Hm. (Adamus chuckles a little)

LINDA: Was that sarcastic?

ADAMUS: Yes. There were a few, but their voices were quickly overrode by the ones who understood exactly what I meant. It doesn't matter one bit whether or not you opened your wallet or your checkbook or, I guess, credit card. It doesn't matter not. Do it or don't do it, but don't complain about it. That's one of the very simple dynamics of abundance. Shut up! Truly. It's in my book – abundance book – “Shut up!” (Adamus chuckles) Stop complaining. Do it or don't do it. Stop talking about all the reasons why it's not working and why people are bad and why, you know, all your talk. Do it or don't do it. Get on with abundance or don't. And if you don't want to get on with abundance, that's fine. But don't complain about it. Don't talk to other people about it. Don't come to me about it. If you're ready for abundance, let's get on with it.



Abundance is about receiving energies that are free, natural and yours. It's that simple. It's that simple. It's directly related to your desire to live – your choice to live, your passion to live – and they're very, very simple things.

In this whole thing with the studio, the Connection Center, you put it out there; some of you would call put it out to the universe. I never understood what that meant, because the universe is kind of just a big nothing. Put it out there to the universe – put it out there to the I Am, yourself. Step back. Let it fill your bank account, your health account, your whatever account. Just let it do it. Don't restrict it. Don't manage it. Don't stress on it. Just watch how it flows. It's that simple. That was the first session, the first lesson in the abundance thing.

The same thing that happened to Crimson Circle can absolutely happen to you, and probably easier. It's easier for you to do it for yourself. Here we were involved with thousands and thousands all around the world and all the dynamics involved with a group. It's actually easier to do it for yourself. It's that simple. If you make it any more difficult, I contend that you're really not ready for abundance.

If you simply say, “I Am that I Am. I choose abundance,” and then step out of your way, let it roll in. And then don’t go through the mental torture of asking how it got there, why it got there, what you’re supposed to do with it, anything like that, or if you’re supposed to be extra nice now because you received it. (some giggles) You just allow it. You just allow it to come in. It’s that simple.

We’ll continue with the lessons, and yes, there will be a live webcast from the new abundance center, your Connection Center, obviously.

So those being the housekeeping notes for today. Happy Birthday (to Linda) and many, many, many, many, many, many more to come.

A Question About Change

So let’s begin with this. Why don’t the changes – *snap!* – come like that? Why don’t they – *snap!* – come like that? In other words, why don’t you come from being in the more unconscious human state and suddenly into the enlightened state? Why? Sure. Why?

LINDA: Oh, oh! I saw a hand go up.



ADAMUS: And I know some of you get very frustrated. You’re like, “Well, I’m choosing this. Why doesn’t it happen overnight?”

SHAUMBRA 1 (man): I think I just got the answer this week for that.

ADAMUS: Ah! Ah!

SHAUMBRA 1: And I think it’s just part of an evolution, in a way.

ADAMUS: Yes.

SHAUMBRA 1: It takes some time to get used to everything.

ADAMUS: Yes.

SHAUMBRA 1: And then that’s how it becomes.

ADAMUS: Absolutely.

SHAUMBRA 1: That’s my answer.

ADAMUS: That’s a very, very good answer. Absolutely. Yes. A few more. Why? Why doesn’t it just happen overnight?

TAD: When I make a choice, it feels like I have to get the energy, like, I have made the choice, but it’s like calling in the cattle, calling in whatever you call, you know ...

ADAMUS: Yes. Why don't the cattle just show up right then and there?

TAD: Yeah! Just boom!

ADAMUS: Yeah.

TAD: Just right here, right now.

ADAMUS: Yeah, yeah.

TAD: It you ... it just ... it's the energy shift. It feels, I don't know how many more different ways to say it, but it's hard to – not *hard* – but it just takes time to get the energies going in the direction of your choice ... my choice.



ADAMUS: Does it have to?

TAD: (pausing) Well, if I'm doing a big project or something, sometimes it feels like I need, eh, I'm calling in the cowboys. I mean, I need ...

ADAMUS: You've got cows and cowboys and ...

TAD: I just moved to Colorado! (some chuckles and Adamus chuckles) It don't, I'm just ... it was dolphins and sailfish earlier, but ... yeah.

ADAMUS: Yeah, yeah. And now cows and cowboys.

TAD: Cows and cowboys. Call 'em in!

ADAMUS: Yeah, yeah.

TAD: Lasso 'em in.

ADAMUS: You're getting with it here. Yes. Yes, there are many wonderful things about this part of the world. Yeah, yeah.



Interesting, as a side note, what called you here? The cows and the cowboys! (laughter)

TAD: The cows and the cowboys! I haven't met them yet. I'm looking for a cowboy though. Uhh ...

ADAMUS: A cow or a cowboy?

TAD: To Denver? To Colorado? From where I moved? From where I ...

ADAMUS: Yeah, yes. What called you here?

TAD: Um. It's something unconscious. I, I've ...

ADAMUS: How about making it conscious?

TAD: Uh ...

ADAMUS: You know. But, ehh, stop. See – see what's happening is you go up here (head). The answer is already here (heart) or wherever, but you go up here and then it gets constipated and it ... well, no. Constipation doesn't mean just that. Constipation means restricted and smelly. So you get constipated. So try from here (heart). Why did you move to Colorado? Quick. (snap!)

TAD: Because I wanted to.

ADAMUS: Okay, good.

TAD: The energy of this ... I was just drawn.

ADAMUS: Drawn. Okay, good. What drew you? (she pauses) You'll find out by the end of this, and then you're going to go, "I *knew* it! I knew it!" And you'll go, "Why didn't I say that in front of everybody? I knew why and I should have said it." Because then you would have blown the next hour and fifteen minutes that we have together, because I would have had to stop right there and said, yep, that's it. Okay. Thank you.

TAD: Thank you.

ADAMUS: Good. Why doesn't it just happen – *snap!* – like that?

ELIZABETH: Well, my answer would be because we don't get out of the way.

ADAMUS: Yeah.



ELIZABETH: We choose and then ...

ADAMUS: How about using the word "I" don't get out of the way.

ELIZABETH: Yeah, that's what I'm trying to say here.

ADAMUS: (chuckling) Yeah, yeah, yeah.

ELIZABETH: Yeah, I'm learning.

ADAMUS: Yeah. By the way, has anybody here worked with this thing I discussed in our last Shoud, when you're talking to another person, particularly in, you know, more of a confrontation, instead of going, "Well you did ...!" Just come from the I.

ELIZABETH: I.

ADAMUS: Hard to do.

ELIZABETH: Yeah.

ADAMUS: But amazing when you do. It changes all of the dynamics.
Yes. Yes.

ELIZABETH: I don't get out of the way.

ADAMUS: Yeahhh.

ELIZABETH: Yeah.

ADAMUS: Why?

ELIZABETH: Um, fear probably.

EDITH: You're too cute. (laughter)

ADAMUS: (chuckling) Would you two ...

ELIZABETH: I'm too cute.

ADAMUS: ... like to sit together? Edith says she's too cute. It's a different world than when I was around.
(a few chuckles) Good. Thank you. Thank you.

ELIZABETH: Thank you.

LINDA: One more?

ADAMUS: And you are ... no you're not cute. You're beautiful. Yeah, yes. (Adamus chuckles) Oh, I love humans.

Next. Yes.

TIMOTHY: Your belief sys- ...

ADAMUS: Let's stand up. Masters stand up.

TIMOTHY: Your belief system and overlays.

ADAMUS: And I'll sit down. (Adamus chuckles) Belief systems and overlays, sure. What's a belief system?
Why don't you just believe that it's all going to happen – *snap!* – right away?

TIMOTHY: How many do you want to get into?



ADAMUS: As many as you want to get into. How many do *you* want to get into?

TIMOTHY: I want to remove them all.

ADAMUS: Yeah. Yeah. Why don't you?



(Timothy sighs and pauses)

You're thinking.

TIMOTHY: Yes. (he chuckles)

ADAMUS: You see, and please take note, because you all do it. You stop and think. The answers are right there. As I said, by the time we're done today, you're going to go, "I knew that. I knew that." So one of the things that we're going to be doing is thinking from a different place, and it's not even thinking. We'll get into that later. So why don't you just remove those overlays and beliefs?

(he pauses again)

Could I tell you?

TIMOTHY: Please.

ADAMUS: They're serving you. You love them. Yeah.

TIMOTHY: Duh.

ADAMUS: Yeah. Otherwise, they wouldn't be there. Anything in your life – oh, I've said it over and over, anything that's there, any problem, any situation – it's serving you.

The limitations and beliefs are serving you, because they kind of keep you held in, because you think you're going to splatter all over the universe if you let go. You think you're going to be in so many parts and pieces over all of creation, you'll never be able to pull yourself together again, like some bad psychic science experiment, you know. (some chuckles) So you hold it in. You hold it in. But it actually is pretty safe when you open up. Much safer.



TIMOTHY: And one other item was how many games do we want to play just because? That's a social ...

ADAMUS: We? We?

TIMOTHY: We or I!

ADAMUS: We, engineering man?! (Adamus chuckles) Good. Thank you. Excellent. One more.

By the way, I love interaction. I love being with each and every one of you. All of you who are watching in, I love this. Sorry, my dear. Even if you're not here in Coal Creek Canyon, I love the fact that we can talk and joke and we can even gossip, and we can have a grand time. The interaction is satisfying, rewarding for me and I hope for you.

Okay, let's continue. One more. Why? Why, oh why? Edith.

EDITH: You told us a very brilliant thing last time. You said ...

ADAMUS: Was it just last time, my dear? (some chuckles)



EDITH: Well, I beg your pardon. Every time.

ADAMUS: Yes, yes.

EDITH: And it said put no cause before yourself.

ADAMUS: Yes.

EDITH: And I think that works very well for each and every one of us.

ADAMUS: Yes. So how about answering the question. (laughter) You're flattering me by telling me how brilliant I am. But the question is how come – *snap!* – you just don't do the mastery like that?

EDITH: We do. Can't you tell?

ADAMUS: We?

EDITH: Here we are. We're all Masters.

ADAMUS: We?

EDITH: Yes. I do. We do it. I do it. You do it. Everybody does it.

ADAMUS: No, this is – but stay to you ...

EDITH: David, his beautiful wife, everybody does it.

ADAMUS: Stay with you. Stay with you. You know, you're kind of going around the table here.

EDITH: Yes, indeedy.

ADAMUS: You do it.

EDITH: I do it.

ADAMUS: Good. Leave it at that. Period. Edith does it. I can see t-shirts, Sart. (lots of laughter) Edith does ascension! Enlightenment! Enlighten- ... (more laughter) And Edith, it's a beautiful thing. (someone says "Sart, get on that!") It is a beautiful thing.

SART: Yep, I've got a new pile going.



ADAMUS: (he "kisses" her hand) Thank you.

EDITH: Well, that was sure a strange kiss. (more chuckles)

ADAMUS: Are you sure it was just a kiss, my dear?

EDITH: No.

ADAMUS: How was it strange?

EDITH: Well, you usually put your mouth on me. (lots of laughter)

ADAMUS: This is going to go into the bleepers and bloopers version of the Shoud! Yes, I do Edith, but I do ask you to keep it between us. (laughter)

EDITH: Oh.

ADAMUS: It doesn't have to be ... you see this camera right there? It caught what you said. (more chuckles)

EDITH: I beg your pardon.

ADAMUS: That's not all you beg for. (lots of laughter)

LINDA: Shameless!

ADAMUS: Mastery is being able to laugh at all that life holds. *All* that life holds.

So let's do one more. We're having so much fun. Yes. And if any of you are offended, leave. (laughter) If you are so spiritually stuck that you can't laugh a little bit ... this group of Masters, we're in this amazing sailing vessel off to the golden times, and there's no room for sourpusses. So. Yes. Yeah.

SUSAN: For me, what I have found in the past couple of months is that my orientation is changing, because it's a new orientation.



ADAMUS: Yes.

SUSAN: The old orientation was auto ... kind of hardwired to the mind.

ADAMUS: Yes, yes.

SUSAN: And so I've been in a process of consciously going through my days, reorienting where my consciousness is coming from, and it is not here (head) for me. It is here (heart).

ADAMUS: Yes. How do you go about reorienting?

SUSAN: You have to stop. You have to take the time ...

ADAMUS: No, no. Let's not "you."

SUSAN: No? Me?

ADAMUS: You, "I."

SUSAN: Me?

ADAMUS: You, ah, yeah.

SUSAN: How do I do it?

ADAMUS: Yeah, yeah.

SUSAN: For me personally, the exercise I've been doing with myself is consciously breathing here into my heart center and allowing my consciousness to reside there and expand from there.

ADAMUS: Great.

SUSAN: And spending more time there – here inside me – versus out there and responding, reacting to what's outside of me. So my orientation no longer is out there, although I'm still here.

ADAMUS: Yes.

SUSAN: It starts here.

ADAMUS: Amazing.

SUSAN: Thank you.

ADAMUS: Yeah. No, it truly is and talked about ... (she puts her hand out to be kissed) Oh yes. (some chuckles and Adamus kisses her hand)

SUSAN: Thank you.



ADAMUS: I talked about it in our discussion of re-ordering. (speaking of [Re-Order Your Reality](#)) It's also changing orientations, changing where you're plugged in and connected to things. You go through a phase of unplugging from many, many, many things – literally, millions and millions of order points, and you unplug from those – it feels very awkward. There is a desire to try to get plugged back in. But what happens, the mind tries to plug back in into this reality and things it understands, where indeed, you're actually not even plugging in, but tuning in, orienting to other things that are much more flexible, much more dynamic and much more energy efficient. But there will be a period of time where you feel very disoriented, very disconnected, and that's exactly why.



Adamus' Answer

Which leads me to my point. The question was why does it take time? Why don't you just snap your fingers and get that enlightenment?

Number one, it's compassion – compassion for your body – because your body, when it was in its old ancestral DNA, could not have handled that rapid of a transition, transformation. Could not have handled that quick of a change, and it would have caused such an energetic imbalance that it could have led to things like – and very specifically – things like diabetes. If the body tries to change too quickly, the energy inputs and throughputs would cause diabetes. Secondly, cancer. It would, again, send stray signals throughout the body and cause cancer in certain parts of your body.

So you're bringing it in, this new level of light energy, as you're making your changeover from your ancestral biology to your own true light body. And it's happening most of the time while you're sleeping, but sometimes in your waking state. Sometimes you feel that your body is going to hell, but it's not. It's reorienting. It's changing.

I ask you to invite those changes and allow those changes and stop asking all the time, "What's happening to my body? Why am I sleeping long, long hours? Why can't I sleep? Why is it that I don't have the energy level I used to have?" That actually is a good thing that you don't have that energy level, because you would still be trying to get energy from old sources. You go through a period, a phase where you're disconnecting from the old fuel source, let's say, an old coal burning plant, and now you're going to be connecting to a very new energy efficient, clean source of energy.

So there is that changeover, and there are going to be times when you feel that you'll have extra aches and pains in your body and you think you're getting old, and it's not. It's about this intensive changeover.

I said at the beginning that we closed these Mystery Schools 300 years ago because it was just too difficult to go through embodied ascension. Now, many didn't care. They said, "I still want the ascension and I don't care if I leave a day later." But you, my friends, have chosen to come into this lifetime to do it while you're in that physical body. So, out of compassion to your body, you take these changes exactly how you're able to

handle them. Compassion to your mind; the mind is the thing that's really having a difficulty with all these changes that are occurring.

You're going beyond the way you've been thinking, and so often when we're gathered like this, all of you can feel the energy when somebody starts thinking. Everything gets focused up here. You don't have to be able to see auras or energies, it's even just body language, but you intuitively know it goes up here and then you, they, get stuck.

You're going to a different way of bringing through awareness, intelligence, where it doesn't require the type of analysis or file retrieval. Going back and saying, "Now, what was that?" You know, "I stored it back here in my memory."

In the Old Energy, the old mindset, it's very associated. You associate everything with everything else, and you're going to be getting away from that because in the new reality, there is no association. In other words, you haven't done it before. You haven't experienced certain things, and the mind will always try to associate. Even when you, the I Am, is saying, "Hey, we don't need that," the mind is still going to be trying it for a while, to associate. And then it's going to get frustrated, because it can't find a parallel or similar experience to latch onto in order to make its evaluations and its analysis of how to act or react. And then what it does, it goes into fear and panic mode – fear, panic and anxiety mode – and the mind says, "Don't do anything" or "Retreat," you know, "Back away." That's when you're going to say, "No, it's perfectly fine to go on. It doesn't matter."



You see, I opened up talking about life and death. There's really very, very, very little difference between the two, really very little difference. So, in a way, you could almost say, even at the expense of death, it doesn't matter to be able to break out of the prison. And it may seem a little harsh, but to call earthly existence a prison, it is. It is. It's beautiful and it's a great place for lessons, if you're still into lesson, and I hope we aren't. And it has such a level of its own type of experience, but it has gotten to be a consciousness prison where people, they're in the patterns and in the routines, and they don't break out. And very few voices rise above that and very few people let themselves go beyond it. (Linda raises her hand) My dear...

LINDA: So then why ...

ADAMUS: Birthday question?

LINDA: Why are the angels and crystals and blah, blah, blah lining up to come here if it's such a miserable, painful stuck thing?

ADAMUS: I didn't say miserable.

LINDA: Okay, stuck, whatever.

ADAMUS: I didn't say miserable. I said stuck. They're lined up here because the Earth, this planet Earth but soon to be – I could say actually now to be – the new Earths that have also been created, and there are many, are the places you go for your enlightenment. This is where you discover, in this planet. No other planet in all of the dimensions or galaxies, no other planet offers the ability to understand and embody the I

Am. They all have experiences, and again, you could say there's a gamut of consciousness and technology and intelligence and all of these other things, but there is no place like this.

Now, that's the good news and the bad news. There's no place like this that one can get truly lost within, become to forget who they are; none that has this density and this level of seduction as this planet. So what better place to come than here? Why not go to the extreme to get it, rather than some of these other places. That's exactly, my friends, if you remember, exactly why you came here. You came here to embody the I Am; in other words, to completely integrate it into the soul, into every aspect. That's why you're here, and right now it can only be done [here].

They're here lined up, and I'm selling tickets. (some laughter) They're lined up for it, because it is a sensually beautiful, dynamic planet. The feeling of pain in your body, that's sensual. Now, you say, "No. It's really a pain in my body." To an angelic being who has no physical biology that actually is seductive. "You mean, I can actually feel myself? I can actually not just feel it like light, but I can actually – it's telling me that this is me?" And to an angelic being to say, "I can actually think, have a thought and it goes so slow that I can even be aware that I'm having a thought." See, for angelic beings – *snap!* – it happens like that. There's not the deep awareness. This time continuum that you exist within allows you to do all of these things. That time and space and density and seduction allows you to come here.



Now, it's also the curse, because when that knowingness starts saying, "I've had enough," but yet the humanness is still in the patterns, in the concrete of consciousness, it's very difficult. What happens is that the human will then try to think and effort and plan and struggle their way out, because they're in that human condition. They'll try to study their way out or buy their way out, whatever it takes, but they'll use very human attributes to try to release themselves from this very dense consciousness.

The thing they've dip themselves into and they loved and they've experienced. But suddenly when they're tired of it and want to get out and have to get out, and it's not even just wanting to. There is that deep desire that each and every one of you has had – "I have to get out. I have to get back to me. I have to get back to that awareness of my soul." And you've been trying to do it in your sleep, in your dreams. It's not working so well. You think that's the escape. Actually, it was originally designed as the reconnection – the nightly reconnection. But the deeper one gets into density, the deeper one – even in their sleep state – is still focused on those things that are still very human.

And then it's almost a desperation, that longing – "I have to get out of this" – and then trying to go to sleep to at least make a little bit of connection back to your source, and then it doesn't work. And then it's like, "What do I do next?"

What do you do next? You try power. You try thinking, efforting and suffering. It doesn't work.

The true secret – if there is a secret – of mastery, and perhaps the thing that is the most diametrically opposed to what the human would do, is allowing. Allowing.

Several reasons why allowing is difficult: Because you're used to power, force, intelligence, thinking. You're

used to something actually aggressive. So you try that. It doesn't usually work. Allowing also is very unsafe. Matter of fact, the human part would say it's downright stupid to allow. So it tries allowing a little bit, and when you allow a little bit but you still have your concrete underwear on, it doesn't work very well. (a few giggles) It doesn't work. You still sink to the bottom. (Adamus chuckles; someone says "Wow") Yeah, wow!

So the other reason that it's not done –*snap!* – just like that ... one is compassion, so you don't burn out, so you don't overload. And it is – it's challenging on the body – it's even more challenging on the mind, and the mind is dense and the mind is tough. But in an interesting way, the mind is also extremely fragile. It's like this very dense item very delicately balanced on the top of a very, very, very tall pole, constantly trying to not fall off and fall down.

So as tough and dense as the mind is, it's also very, very delicate. So it's always trying to protect. It's always trying to keep from falling apart. And nearly every one of you has had experiences in your younger years – not to digress, but in your younger years – where people told you, "Stop acting so crazy, Juan. What's wrong with you? Be like everyone else." And then you tried, actually, because you loved them and you wanted to make them feel safe. So you got back into step with everyone else. But I said there is part of the soul that cannot stand it anymore. Not even just wanting to get out, but desperately needing to get back to itself.

We take a look at some of the energies and dynamics on the other side. How long can one go in this reality? How long can one go before it's just absolutely unbearable on the soul? It used to be in your earlier lifetimes when you would leave the physical body, you'd go to the other side, there was somewhat of a type of reconnection with soul Self, other realms. You know, the great release from the physical reality. But as the Near Earth realms got more and more dense, it became more and more difficult to go into the crystalline, to go the Bridge of Flowers, to go beyond, and so many now stay. Even when they die they stay in the Near Earth realms. It's not physical, but it's pretty dang close. It has all of the consciousness factors of this planet. So there's not that rest or reprieve in between now. Not in the dream state, not in the death state.

And the being – the being starts getting panicked and desperate, and then acts out and does desperate things. All as a way of trying to feel again, trying to remember again. People then do extreme, emotional, dramatic things just to feel something again, thinking maybe this is the way back to Source. They take drugs, hallucinogenic drugs, and that gives them just a glimpse sometimes, but in a very distorted way.

Imagine taking a lot of the hallucinogenics gives you a glimpse of the soul source, but from the perspective of hell. It's very, very difficult. And some enjoy that, at least they get the glimpse, but it's done from that place of distortion.

So that's what humans are going through right now. And this awakening process is beautiful, but it's, as you know, very difficult, because they start awakening. It's really that soul Self saying, "I cannot stand it anymore. How long can I be out away from connection with my Source, from the I Am?" Then they try to find other sources in anything else – in religions, in gurus, in extreme sports, in anything – trying to feel once again, and it's not working.

And then somebody comes up with these (anti-anxiety and anti-depressant) drugs – and I am not a fan of them, even though I've been asked not to talk about them – but that puts one in a true zombie state. It's basically saying, "Stop that noise down below. Stop calling out that you're tired of this journey, that you want to break out of prison." It's a shut up pill. (Linda hands him his cup) Thank you. Did you put anything in there? (some giggles) A shut up pill, yeah!! Interesting timing, dear Linda. (more chuckles) It is. It is. It's a shut up pill, and it gets people back into that zombie-like condition of "walk the line, toe the line, stay in the matrix, stop complaining."

But you know what happens? They take the medications and for a little while they feel better. Don't glare at me like that (to Linda). For a little while they feel better. But that voice, which is the voice of truth, the voice of the I Am, will not stop, and it will keep saying, "It's time. It's time. We have to get back. We have to reconnect to the Source."

So in a way it overrides that pill, but then it drives the human aspect absolutely crazy. Absolutely. And that's why there's a higher incidence of insanity and suicide when people are using these on a long-term basis. And I stand by my words very, very clearly.

So at a certain ... oh, I was making the story that we study – some are studying – this whole phenomenon: How long can you be unaware of your Self, unaware of your Source? How many lifetimes can one go through? And this study, this look is taking place just here on Earth by some of my associates. But how long can one truly be out of touch?

Now, there were lifetimes where you had that connection in dream state, in between lifetimes, but for many humans now it's been many thousands and thousands of years – 5,000 for some, 10,000 years, not you, but others – since they've had that touch of Source. Then they get so lost and they get so disillusioned and they get so deep into the matrix of this reality that they just go longer and longer. One eventually has to have that reconnection with their Source, with their I Am; one eventually has to re-experience it, otherwise they truly go crazy.



And then they try things like dying, thinking that's a solution. Imagine that you're so distraught with life, there's a knowingness that you can't even define, but something saying, "There's got to be more. I've got to get out of here," and then choosing death, thinking that's the release. But finding that when you die, it's the same thing.

Imagine you're in prison. You've been there locked in the cell, wearing the same clothes as everyone, eating the same food, doing the same daily routine. No creativity. No true opportunity for self-expression. Very, very unsafe, and then you think you're getting out. You're overjoyed. It's time. You're going to be released or you figured a way to break out. You get out. You step out of prison and you realize it's still prison. It's still the same prison. And later on you find yet another door you think you can break out of. When you do, you find out it's still the same prison, and that's exactly what's happening. Exactly.

That's exactly why I love working with each and every one of you, because you don't care. You don't care about what it takes. You're letting this be the life of release from that prison back to your Source, back to your Self. You can feel it so strongly. You've said to yourself, "I'll do anything just for that reconnection. Anything." And here we are.

We're not going to study our way into it. We're not going to power our way into it. No, no, no, no, no. We're going to allow it, and it is going to seem counter-intelligent at times. But that's the way to do it. It's your natural state of being. Not all the other games. Not any of the other things. It's the natural state of being.

So why don't we just –*snap!* – like that, make it happen? It's compassion, so you don't burn out or blow up.

It is also to allow yourself the experience, to know the experience. If it just happened – *snap!* – like that, you would be without the real experience, without what you’ve gone through, without the deep realization of it.

So you said, “I’ll go ...” – fast, isn’t the right word – “But I’ll allow as much of it as possible so I can still be in the experience, so I know that experience so well, so intimately; I’ve gone through the thoughts and the pains and the challenges and the fears so I know every little inch, every centimeter of that corridor of enlightenment. I know it upside, downside, all the way around. I know every demon and dragon that comes out. I know every trick floor. I know every nasty little trap that’s in this corridor, and I can experience it. I didn’t just breeze to the other side. I know every little nook and cranny so that I” – you – “can teach it to others.”

So you know it so well – it’s not just rhetoric; that it’s real – so you can be the teachers to the others. You know exactly – you’re going to know exactly – what they’re going through and why they’re going through it. You’re going to know exactly, with the confidence of a Master, that they will make it through that corridor of enlightenment. They will. No doubt about it. It’s just what they’re going to have to go through.

And you’re going to put it back on them when they’re asking you all the questions – “Master, what’s it going to take?” – and you know it’s totally up to them. And they’re going to ask for the secret. They’re going to ask for all the tricks. They’re going to ask for all the makyo. “What does it take to get through this corridor of enlightenment?” And they’re going to try feeding off of you, and they’re going to try doing everything. And you’re just going to stand there, because you know that corridor so well.

You know that they’re going to get to the other side, and the experience that they have is going to be up to them. That’s exactly what you’re going to tell them. “It’s up to you. I know you’re going to get here. It’s up to you how you do.”

I think that’s the same thing that Tobias and I have said to you. (someone says “A few times.”) Doesn’t it – a few times (some chuckles) – but doesn’t it make more sense now? Back then it was – you looked at Tobias like, you know – “No, Tobias, you know the secret. Just share it with me. Just give it to me!” It’s like you can do it any way you want.

So let’s take a deep breath.

Remember this: When your body hurts, when your mind’s all in chaos and everything else, it’s real simple. “I am changing.” That’s it. You’re having a bad day, nothing makes sense, people are giving you crap – “I am changing.” That simple. It’s a great reminder. It’s not a mantra. It’s a great reminder. “Oh,” you say, “Why did this happen to me, Adamus? Why did this this happen and that happen?” Because you’re changing. Isn’t it great? (some laughter) “I am changing.”

Take a deep breath and feel that. “I am changing.”

That’s why there are sleepless nights at times. That’s why there are changes in relationships and geography, everything else. “I am changing.” It’s a blessing. You asked for it. Well, no, you didn’t ask for it. You demanded it. You absolutely demanded it beyond anything. “It’s got to change,” you said. “It’s got to change.” And it is. It is.

So as this stuff is happening, this is beautiful story you’re sharing, a documentary about enlightenment. “Oh! I’m changing.” Having one of those days, losing all your money – “Hey, I’m just changing.” (some

chuckles) “I am changing.” So, Sart, another great t-shirt opportunity. Yeah. We’ll have to set up a t-shirt press at your new Center. Cranking them out. Cranking them out.

Okay. Now, let’s get into ... ooh. (looking at the clock) Let’s get into the real subject of the day.

LINDA: That was a joke, right?

ADAMUS: There is another office space right nearby to rent. Just put “Shaumbra Shirts” in there. Shaumbra Shirts. Yes.



Okay, let’s take a deep breath and let’s get into the real subject of the day, the real reason why we’re here, dear Masters.

LINDA: What??!

ADAMUS: That was just my warm up act. I haven’t gotten to the good stuff yet.

LINDA: Wow.

ADAMUS: What, are you in a hurry?

LINDA: No!

ADAMUS: Oh, you have a birthday party to go to? (Adamus chuckles)

Safety

So the real subject, the real issue at hand, very simple but complex. I contend that this world is not safe and that you are not safe within it, and therein lies a great big problem, a great big problem.

I wish I could suddenly make you feel totally safe, and I wish I could relax your body totally, because your body is so tight because it’s unsafe. I wish I could wave a magic hand and have it so your mind was peaceful, because your mind feels unsafe. I wish I could tell your soul, your divine that it is safe here. It’s safe to come here. But you don’t believe that, so you keep it at bay, a slight distance away. Particularly as you come into your I Am mastery, it’s going to feel even more unsafe in this reality.

So here you are with that passion and desire for enlightenment; here you are, choosing to be an embodied Master, but not feeling safe whatsoever. Big issue.

Actually, I’d like to do a little survey here with this group. We’ll need ... Vili, would you write and Linda you run.

LINDA: Oh good. (Adamus chuckles)

ADAMUS: Let's take a look at some of the things in your life right now, and I'm going to ask you to write these, the safety factor, from, let's say, one to ten. So if I state a certain thing and "1" being very unsafe, "10" meaning you're very, very safe. One – unsafe; ten – safe. Why don't you write that down. Then hold up your fingers or hands, but hold them together. For instance, if you're going to do a three, hold your fingers out. But if you're going to do an eight, hold them kind of together instead of like that (far apart), because we're going to take a quick Shaumbra survey.

Okay, take a deep breath. And again, don't think too much. You're just going to know the answer. Good. (audience is correcting Vili's writing) See, already unsafe. (Adamus chuckles) We don't know what's safe and what's not safe. (some chuckles) That is a problem.

Okay. Very unsafe is one; safe is ten. And I want this documented, and it has a purpose.

So take a deep breath.

~ *Physical Body*

First subject. Are you safe, do you feel safe with your physical body? Hold your hands up.

(pause as audience responds)

Pretty good. I would give that about an eight. Eight. Good. So you can just write body, and that gets an eight.

Now, either you are an exceptional group or there's a lot of makyo going around (some chuckles), because your body is – up to now anyway ...

VILI: Eight?

ADAMUS: Eight. Your body is the thing that betrays you, probably first and foremost. Your body could go – *snap!* – like that. On the way down the hill it's icy, it's snowing out and it's going to be dark, and your body could give out.

Cancer. Every one of you has cancer in your biology right now. It's a latent potential sitting in there right now just waiting. Every one of you is carrying at least a degree of your ancestral biology, which has its share of problems. Every one of you is going to die a physical death. You say you're safe with your body? You could lose a limb tomorrow, and you say, "Well, but I'll just regrow it." Makyo. Really? We've got some other work to do before we get to that point.

Your body gets big and you can't lose weight. Your body is constantly needing food. How could you feel safe when your body has to be fed in every moment? And I could simply put my hand over your mouth – which I won't do – I could put my hand over your mouth and suffocate you. In three minutes you're going



to be dead. And you feel safe in the physical body?? I don't know. You give it an eight. Maybe you're exceptional. But that body is probably the biggest reason that you *don't* feel safe.

Imagine if you didn't have to worry about the body – getting in accidents, getting killed, getting bloody, disease and all the rest of that – life would be a whole lot easier, right? If you didn't have to worry about that body getting old. So maybe we should talk to more and more Shaumbra, but I would give the body about a two. About a two in terms of safety, having been in one many times.

Now, you don't have to worry like I did about getting eaten by bears and mountain lions. (laughter because Geoff & Linda had just talked about the mountain lions in the area) Oh. Oh! I give it a one. (laughter) Okay.



~ *Mind*

Next. Take a good deep breath.

Safety. Safety. How safe are you with your mind? Your thoughts? Take a breath. Think about it. How safe are you? Go ahead, show of hands.

(pause as audience responds and Adamus counts)

I would give it about ... are we getting this on camera from up here? Good. I would give that – oh, there's a zero there. (some chuckles) I would give it a five and a half, based on – five and a half – based on the audience.

Really? You feel safe in that mind? The thing that is constantly telling you what a shit you are? (laughter) The thing that is constantly indecisive, constantly in fear. You're so used to your mind and its games that you don't even realize that it's the very thing that really keeps you from feeling safe. It's playing the game. The mind is the thing that brings in the fears. And you feel safe in that mind? I wouldn't. I would put the mind – me personally – the mind, the human mind below – yeah, and we'll have Adamus' score – I give it about a 1.5 for safety. It's the thing that most people run from. And in a way you can run from your body, kind of, but you really can't run very far from your mind. Hell is contained in the mind. Darkness and demons are contained in the mind. They're not out there; they're not under your bed. They're right in here.

What people do is they control their mind. They discipline it. They restrict it. They limit it to the point where they're numb and the creative thoughts are blocked out, put off somewhere else, because the mind says, "No, we're going to restrict all that."

Timothy, so much potential, wild traveler, but then you picked up this brain thing, this mind thing and limited yourself. Once known to travel throughout all of creation, energetically speaking or consciously. You got here, you picked up a brain and you're like an old car now. (some laughter) You can barely get down the road, and I'm not picking on you, but that brain, because there was part of you that felt unsafe or it felt unsafe, so "Control, control, control." And now you're at the point if you say, "What if I let go? Oh, people will laugh at me." Well, they are anyway. And "What if I let go, I'm going to go crazy and they'll put me in a mental institution." There's no mental institution that can handle your problems. They're not going to

put you in one of those, because they don't understand, you see. You'll just come to the Shaumbra Center. (laughter) We understand, because we know it's not crazy. We know it's real, and we know as soon as you stop thinking about life, creation, Spirit, I Am-ness, you're going to be free. And you're going to realize what a prison all of you have been living in.

~ *Partner*

Next. Your partner. Safe? (someone says "Don't have one") Don't have one! That's a good answer! (some chuckles) For those of you who have partners, safe or not?



Now, be honest here, if you would. So raise your hands now. Give the score. Survey says ... okay. It's either a ten or a one. If you're sitting next to your partner, you're showing two hands. (laughter) "Yeah, yeah. Yeah, it's a ten." If your partner isn't here, it's a middle finger one. (more laughter) You wouldn't even give them that much but you wanted to hold up that finger. (more chuckles)

Partners are – and I hope you don't mind me saying this – but for the most part, not for all of you, but partners are an unsafe security

blanket for most people. They think they have to have a partner, you know, because everybody's got a partner and they're going to look awkward, silly, you know, going to dinner and eating by yourself, or they can't stand being alone. So if you have a partner, even if you are unsafe with that partner – I'm talking about emotionally unsafe, not necessarily physically – at least you've got a partner, right? And at least you don't have to be with yourself, because that's probably one of the biggest fears that humans have – "Oh my gosh" – being alone.

So there is an inherent unsafeness in partnerships emotionally. Even the best relationships have their lack of feeling safe.

It's a very weird dynamic. You know, you'd rather have that partner in the house so you don't have to be there by yourself, especially at night. But they're in the house and it's like eh, when are they going to give you hell about this and that and, you know, pick on you and be demeaning and condescending and make fun of this cult that you're in and everything else. Not necessarily safe.

So we had a real divergence here. It's either about a one or a two or it was a ten. So I don't know. (someone says, "That's why you don't have a partner") Right. Yeah right. (Adamus chuckles) So it's a range. So I would say from one to ten. (a few chuckles)

I love partnerships ...

VILI: It's Shaumbra from one to ten, or your score?

ADAMUS: Shaumbra one to ten. Can't make up their mind.

From my standpoint, I would give a partnership generally about a five, about a five in terms of safety. I've had a lot. It's not like I'm just talking like I'm some space ghost or whatever, you know, talking about this stuff, never having been here. I love partnerships, relationships, as long as they're short. Huh. (a few chuckles) Well, it could eight lifetimes. It could be a lot of lifetimes, David, but ... oh, you laugh. You laugh ... (Adamus chuckles)

LINDA: Adamus!

ADAMUS: Yes, Linda. Oh, hi! (Linda's laughing and holding up her middle finger) Hi, Linda! You want to come and sit up here?!

No, no. People get trapped in the prison of relationships. Let's be truthful about all this. Relationships can be beautiful, but till death do us part? I don't think so, because I would die young. (laughter)

LINDA: Ohhhh!

ADAMUS: A relationship is meant to be an experience with another souled being and hopefully, in the case of all you, another Master. Don't pick one just to fill a space, unless you're very, very conscious of that's why you're doing it.

Relationships are beautiful, but they can also truly inhibit you in your relationship with yourself. Once you have a relationship with yourself, you love yourself, my gosh, the relationships with others are going to be amazing. But right now, relationships are a very old habit, and I'm not saying walk out on your partner. I'm not saying that relationships are bad. I'm just saying take a look. Is it safe for you? Is it enhancing you? Is it giving and ... are you able to give and receive and are they able to give and receive? But generally, partnerships, not the safest thing either.



~ *Job*

Your job. Safe or unsafe? Safe or unsafe? Your job, your career. Let's do a show of hands. Safe or unsafe? Jobs and careers. Well this is ... we're getting better. For some, sorry. So we rate there about a 6.7. You're getting this on camera, just so somebody doesn't believe I'm really just doing an assessment like that – *boom!* Six point seven, with a few exceptions.

Jobs. Ohh, yeah, we're getting a little bit better, but jobs are ... it's not ... I wouldn't call it safe. Jobs are mundane, kind of. They're complacent, you know. And corporations are – they've got it all down to a science and behavior and the amount of square feet per person and your mid-management cubicles. And, you know, it's not a lot of ... you don't have to effort a lot, other than the other people there. And getting fired tomorrow because they're downsizing and because they've just been bought out by another corporation or their technology doesn't work anymore. But other than that, gee, jobs are real safe. You rely on them for that paycheck and without that paycheck you'll probably starve and probably die.

Your job is safe? Really? I don't think so. I think you're complacent in your job, maybe. The best thing ... here I'm ... first I battle with Linda. Now I'm battling with Cauldre.

Take a look at jobs, really. Unless you love it and you have so much passion you wake up in the morning, you're so happy to get there early and to interface with your coworkers, and "Oh, it's my boss coming in the door! I'm so glad to see you! And what can I do today?!" I don't think that there are too many Shaumbra that really have that. A few. Yeah.

I'm not saying to quit your job, but we're talking here about safety. Are you safe when you go into the office or your job or your work? I'm not talking about the light falling down from the ceiling and hitting you in the head. I'm talking about emotional safety. I'm talking about abundance safety. I'm talking about can you walk into your office as a Master, as a David McMaster in your case. Can you walk into your office as a Master and allow yourself to be who you are? It doesn't mean getting up on a soapbox and talking about what you learned, you know, at some recent seminar. I'm talking about being in your mastery. Or do you suck it in, do you hold it in, because others may not understand you.

Office is not too safe. At least if you have your own business you are creating your own destiny. At least it's got some excitement to it, and you can control, you can manage or manifest your destiny. It's still not terribly safe, but it's kind of exciting. It's like getting in a racecar, rather than sitting in a traffic jam. Most jobs are like sitting in a traffic jam. You really don't get anywhere, but you think you are. Having your own job, what you love doing, is like driving a racecar.

Hm. So next. Next.

VILI: What would your score be?

ADAMUS: Oh, my score. Jobs. Oh, I'm going to give it about a two. Very unsafe. But you're led to believe that it's safe. It's okay. And then you can go in there, and you're not going to catch a virus or a disease. Really? (a couple of chuckles) It's the best place to catch it.

~ Parents

So let's see. What else do we have? Let's talk about your parents. Were you safe with your parents? Were you safe with your parents, and this goes back to from the time you were born, let's say, up until today. (Adamus chuckles) I thought that was funny. Are you safe with your parents? Were you safe – let's define it – were you safe growing up? So, hands?

(pause as audience responds)

Oh some ... we have a range here. We have a real range. We have ... some chose well, chose their parents well. I would say overall that's about a 3.8, 3. ... eh, no, let's – it just clicked up a little bit, online is coming in. It's a four. It's a four. Yeah. Safe with your parents.

This wasn't a particularly – for most of you – not a particularly grand time. You relied on your parents to provide for you, of course. Sometimes they did; sometimes they didn't. You relied on them for the emotional support, the encouragement, and a lot of times they didn't. Not because they were bad parents; they were

tied up with themselves, with other things or because they liked your brother and sister better than they liked you. (Adamus chuckles) So not particularly safe. So you learned – you developed survival and safety skills.

Well, what were those? Well, they were walls and barriers. They were retreats. They were limitations, and when you started first acting like the I Am, like the Master, at a very early age, and all hell broke loose because of it, then you retreated. Partly because, actually, you didn't want to make them feel unsafe with what they were feeling was odd or an unusual behavior. The ability to see other things – angelic beings and the natural elementals – and to be able to communicate with them and to be able to see what was going to be happening, what were the potentials of happening on this planet. When you expressed that, it wasn't very safe.



Now, a lot of you say, “Well, I don't remember that happening.” That's exactly right. You don't remember, but it happened. It happened. You went to such a shut-down, you don't even necessarily remember an event or the events that happened, but I was there. I saw the shutdown that occurred.

So, safety with your parents. There are some exceptions and there are some exceptions to any of these, but I would give it about a three. About a three. Not particularly safe. Some of you rushed right in to find the first family or followed a karmic family in. Karmic families are not really safe families. That's another good t-shirt. They're not. You're acting out a lot of old, old things.

~ *Your Car*

So we could go down the line. We could talk about are you safe in your car? Let's try that, safety in your car. You're driving. You're driving; are you safe in your car? Take a good deep breath and Shaumbra says, are you safe in your car? (someone says “Yes”)

(pause)

Okay, this is about the highest of all. We're at about a 7.2 – 7.3. Okay. Safe in your car. Safe in your car.

Now, actually, actually, in a strange way, even though you're out there on the road and there are thousands of other people, somebody could have a heart attack driving down the other lane at any moment or somebody could be on drugs or whatever reason and – *poof!* – it's all over with. But, actually, you do feel fairly safe in your automobile when you're driving, because you're driving. It would probably go way down if somebody else was driving. Probably go way down.

But you're driving. It's you. You're maneuvering in all this chaos. But, you know, a funny thing happens when you're driving is your intuition kicks in. Yeah. It kicks in very well. And also when you're driving, you keep the damn mind occupied by, you know, doing the things that hap- ... watching the signs and the other ... but your intuition is there. Some of your best ideas, greatest insights come while you're driving in a car. Yeah.

So, cars. So I guess that's the answer, that's the solution to our problem. Cars! (laughter) Drive more. Drive more, think less. There you go, Sart. Drive More, Think Less – a great t-shirt.

Now, to the point here. We could go down the list and we could talk about the food you eat. Is it safe? (someone says “No” and “What?”) Eh, the food. Food you eat. The thing you ... yeah. Is it safe?

Government. Is it safe? The government. Is it safe? Actually, funny thing is – well, I'm not a big fan of governments, because they are the epitome of mass consciousness. I mean, that's all they are. They represent consciousness of that city, country, whatever it is, whether it's a dictatorship or a screw-up. They represent consciousness, and that's why they are what they are.

So actually, in a funny way, governments are not – because they represent consciousness – they are not smart enough to have conspiracies. Governments are not smart enough to do anything that should really make you unsafe. As long as you recognize they're the government, keep your distance, in a way, but they actually aren't – they're not quick enough. They're like this great big lethargic thing. It keeps moving. It can't stop. All you do is step out of its way and it just keeps moving.

Governments operate on the energy of power. That's all. It's all about power. It's not necessarily bad, but that's how they keep going. Power. They talk. They talk about serving the constituents. That is not true at all. It's about serving those who are in power. What they don't realize though and the reason why I would never recommend that one of you would run for a political office, you get into the soup bowl of politics and even if your intentions are good and you say, “I want to serve the people.” First of all, most people don't know that they want to be served. Secondly, you get into that and suddenly you're in the power bullion. You're mixed right in with it, and even if you say, “I'm never going to get into power,” you're right in the middle of it. It's almost – not impossible – but very difficult to get out of.

So let's take a deep breath.

Finding Safety

Here you are Masters and there's very little safety, actually. Very, very little. It's been one of the challenges, complaints of Masters for eons of time. That's why a lot of them have left. “How am I supposed to feel safe here in this reality, with other people out there, with my body?” It's going to give out on you sooner or later. With the mind with all of its crap thoughts and all of its lack of clarity, how is a Master supposed to feel safe?

And some of you say, “Well, I'll just go be by myself.” Actually, that's tougher in a way, because at least with other beings around there's a nice distraction. For those of you who are starting to take your three days a month totally by yourself – *whew!* – not necessarily easy, because suddenly you're faced with you, the unsafety of your own being.

But it's going to be important to have that safe space for yourself, a place within. It's not a place of thought. In other words, it's not – “I'm going to the create safe space over here and go there.” The mind actually would never ... it's not programmed for that, because it's even going to penetrate safe space. You've tried doing it in dream state, to go off to a safe space, but you've found you there. Heh. Your aspects. Your aspects have found you. You try to keep it some far-off distant, hidden place. They found you. They're knocking at the door. Even if you don't let them in, they know exactly where it's at. No longer a safe space.

So it leads to this whole dynamic of being safe. It is very difficult to be a Master and to feel so unsafe.

I contend that you don't even realize yet the level of feeling unsafe that you have, even just in your body. Your body's held tight. When there is total safety in that body, and perhaps one of the best ways to experience is a bath, a nice warm bath, but even then you're tight and even then you might drown. Heh. (a few chuckles) Or somebody might drop the toaster in the bathtub! (audience says "Ohh!") "Oh, whoops! Sorry! Don't know what that toaster was doing here in the bathroom, but ... have a nice trip!"



So if you were ... you don't really realize yet the level of unsafety that you operate in. And you've managed it. You've buttressed yourself. You've found survival skills. You've found ways to hold all of these unsafe things at bay. But you know and I know that they're right at the door. They're right at the door, and so you keep yourself more and more and more restricted.

And even the mind – the mind – you try to quiet the mind down. Well, that's kind of like an exercise in futility. You can play tricks on your mind to make you think that you're really quieting your mind down, but it's all a mind game. "I'm quieting my mind down. I'm quieting my mind. I'm quieting my mind. Quieting my mind. Quieting my mind," and you think that you're quieting your mind, and it's crap thoughts. But you're not. What you're doing is playing hide and seek, and you're going to run over here and hide, and then the crap thoughts catch you again and say, "You're bad" Oh! You've got to run and hide again.

There is almost no peace. There is almost no rest in this. So how do you find that safety? How do find it? You can't think about it. You can't say, "Oh, I'm going to find it, I'm going to think about my safe space. I am safe. I am safe." It doesn't work. Safety has to be real. It has to be real.

In order to let yourself open, Timothy, and to let yourself be that embodied Master, you can't hide. You can't hold back, because the true mastery, the creativity, the joy is just going to come out. But if you're not feeling safe, Jane, it's not going to work so well. And you're going to be constantly frustrated with yourself, constantly wondering why it's taking so long for this enlightenment, constantly wondering when I'm going to give you the big answer that's going to solve all the problems. It's about feeling safe in an unsafe reality.

This reality – amazing, sensual, but very unsafe. They didn't tell you that before you came here, did they? Very unsafe.

A Merabh of Safety

So let's take a deep breath and let's explore safety. For the moment, lights down and let's have some nice safe music. Not the kind I played at our last gathering, which I had fun with. I liked it, but some people didn't feel so safe.

Let's take a deep breath.

(music begins; “Faith” from [Premium Beat](#))

And between now and our next gathering I’m going to ask you to be conscious about safe. Not trying to make things safe, because, well, you really can’t. You can’t make the world around you safe. But I want you to start looking at the things that have caused you to put up the walls, create the barriers, whether it’s in a relationship. I know relationships are supposed to be all love and happiness but there’s a lot of unsafety there, and you know exactly what I’m talking about.

Looking into the things like jobs, your body, as you become more and more conscious of how you’ve kind of shut down or created artificial solutions for safety. Oh abundance. We didn’t even talk about abundance.

Your eyes opened, Kerri. Mm, busted. So busted.

KERRI: You’re ruining my safe space.

ADAMUS: (chuckling) I am your safe space, darling.

So we didn’t even talk about abundance. Safety.

Here you are Masters, a true Master, a blessing, but in a world that’s pretty unsafe. Not to mention your own aspects, your past lives.

Take a deep breath.

(pause)

Now this isn’t about trying to go and create some little makyo place of safety that you go rushing into any time you’re in trouble. Not at all, because that’d be mental, and pretty soon that too would become unsafe. If you’re trying to create this nice little place in your mind, nice little cottage out in the middle of a forest and it’s all safe-ville, pretty soon that will get holes in the roof, infested by termites, cockroaches and rats, and burned down. So we’re not going to do that. Not at all.

We’re going to take a look, a conscious look at safety, just to recognize and to realize that here you are, a divine being surrounded by things that are kind of unsafe – your body, your mind. Your own mind – unsafe.

It starts bringing things into clarity and you start realizing the, oh, games that have been played to try to make reality safe.

One could say theoretically that a Master is safe wherever they are. Well, that’s kind of crap. It really is. A Master recognizes they might be unsafe. A Master recognizes that in this extreme reality called Earth are a lot of unsafe things. A plane engine could drop on this building right now. Heh, it could. Yeah, thanks. “Thanks for that safe thought, Adamus.” Yeah. (a couple of chuckles)

Probably won’t though, not because we’re going to think positive; not because we’re going to think that we’re in some perfect little bubble, not at all. And we’re not going to try to think our way into it. But the fact is it’s probably not going to happen. Statistically, it’s probably not going to happen. Very few engines drop on buildings, so it’s probably not going to happen.

It's about recognizing what you've done to try to make yourself feel safe. Could be your house, making that kind of a safe space. On our survey I forgot to ask you on that list there with food and government and your car and your partner, I forgot to ask about old Adamus. Don't answer. Keep it to yourself. (Adamus chuckles)

Take a good deep breath.

We're not going to try to make unsafety go away. We're not going to try to create some artificial safeness.

As long as you live here in this body, in this reality, there are going to be things. There are going to be factors. The fact is you're probably going to not encounter about 99.999 percent of the unsafe things. You might worry about them, but you're actually not going to encounter them. They'll probably never actually happen. A few things might. A rock might fall off a top of a hill and smash your car, or maybe just the window. Hehh. Hehh.

But let's talk about the *real* safety. Not the outside world. Let's talk about you, yourself. You're not real safe in there. Not a lot of, oh, confidence, I guess. Still carrying around a lot of old vows, old guilts, old issues. They're kind of hardened inside of you, like pillars of a temple. They've just become kind of the structure within the consciousness.

Sure there are a lot of things you've done wrong, so *you* think. A lot of that "I will never do such and such again." But you know they actually do kind of become the mortar and the bricks of your consciousness. Stuck in there. It might have served you at one time, but that was a long time ago.

How can you feel safe when you're still carrying around the past? How can you feel safe when you're still bringing up things that happened ten years ago, 50 years ago, 5,000 years ago? How can you feel safe when you keep going back to the memories of the past? How can you feel safe when there are those constant reminders, whether it's from your aspects, from your mind or even from your heart, about what you did wrong – failures, hurts to others, judgments about the way you raised your children, lies that you told to other people because it was more convenient than telling the truth. How can you feel safe when you're still carrying around those things? It makes the outside world look pretty safe in comparison actually.

How can you feel safe when you really record those failures? Those are the tapes that play when you're trying to do something new, creative, fun. But you have these tapes playing from the past – "I failed at this."

It's *not* safe in there. Not safe with the mortar and all the bricks of your consciousness with things like guilt and shame, loathing, judgment.

And it keeps together a very false house of consciousness. And you say, "But if I take away that mortar, all the walls are going to come tumbling down. And we couldn't have that happen, now could we? What would happen to be me then?" Plus, you're invested in all the bricks and the mortars of your human consciousness. So you just keep adding more bricks and more mortar, hoping that someday this craziness will end.

And it can. It's going to cause a big rearrangement of things. It's going to cause those walls to come tumbling down.





But, my dear friends, what if those walls came down? Even if they come tumbling down, what a tremendous implosion, dust, debris everywhere. But when that dust and debris cleared, there were no more wall, no more prisons, no more fears, no more feeling unsafe. What if beyond these old walls and bricks of consciousness was the true freedom of the I Am, even in an unsafe world, but no longer unsafe within yourself.

Safety within Self comes when one forgives themselves.

Safety within yourself comes when one forgives themselves.

Forgiveness, may be not what you think it is. Forgiveness isn't saying, "Oh, I did these bad things. Now I let it all go." No. The dots can't be connected that way.

What forgiveness in mastery is, is wisdom, you see. Wisdom.

When there is such a wisdom in you, wisdom, first of all that you're never going to do those things again that you did before, you're not going to repeat it; wisdom that you've learned from each and every experience; wisdom that you're not going to be going back into low consciousness, dense consciousness; the wisdom that you are divine; the wisdom that you exist. That's the core wisdom, which all other wisdoms come from – "I exist."

You see, even with the simple "I exist, I Am," that is an expression of forgiveness.

"I exist. I Am that I Am." That is forgiveness.

That is freeing yourself of the guilt, shame, judgment, criticism.

"I exist." That is the forgiveness.

"I exist."

This isn't a mental thing. It's not a ceremony you have to do, sprinkling water over your own head to forgive. Forgiveness is really the wisdom. It's what sets you free, and the wisdom is "I exist."

That's the safe space. It's not a little room in a big house. It's not a little thought that you can run back to and try to repeat to yourself. It's a feeling. It's a reality. It's a knowingness. It's the safety.

Take a good deep breath.

One cannot feel safe when they are not forgiven within themselves.

No. You'll still be running and hiding without that forgiveness. You'll still be making up more and more makyō, keeping yourself overly busy and occupied so you don't have to face this deep, deep thing within – the forgiveness, the wisdom, the release.

Take a good deep breath. Good deep breath into this moment.

Resolution

So I asked before why we don't just snap our fingers and have all this mastery stuff happen instantly. It's for the experience, for the experience you just went through, that deep realization of forgiveness. It's not like a church religious forgiveness. It's the wisdom. It's actually tapping into your own wisdom. That's it. Tapping into the "I exist." That's it.

I asked before why don't we just snap our fingers and have this all happen – we can have the lights back up please – make this all happen?

Well, I'll leave on this analogy. The caterpillar, going through such an experience of being a caterpillar but knowing that it's really not a caterpillar; goes through days and weeks and months as a caterpillar; finally has something inside beyond its caterpillar mind that says, "It's time. I've got to get out of here. This is not me. This really is not me. Been an experience. Love you other caterpillars. Time to go. I'm out of here. You can try to hold me back, but I'd rather die than not achieve my greatness."

Then it goes through the transformation in the cocoon, and it's aware. It's aware something's changing. And you know there's part of it that's cursing these changes, being trapped in this cocoon. But part of it saying, "This is amazing. Whoa! Here I am, getting rid of all these legs and all this greenness. But here I am. I'm actually aware that I'm changing, so that when I become whatever I'm going to become, I'll know exactly how I got here."

The caterpillar is saying to itself, "Yeah, there's part of me that's 'oh geez, what have I done? What have I done? I could have just been another caterpillar.'" Part of the caterpillar going, "Shit! I thought that was unsafe. This is *really* unsafe! Because nobody has a manual on how to do it, and I did hear somebody say there is a red caterpillar called Satan-pillar that's going to get me, because I've let myself ... but *I don't care!* I don't care, because I cannot stay like what I was. I *know* there's something more and I haven't been able to define it. I haven't been able to articulate it, but god- ... eh, you too god! Caterpillar god! You're a bunch of bullshit!" (laughter) "There is something beyond god, and I know it and I'm going to find it no matter what!"



And in this knowingness I also know that in spite of the fact that this is an unsafe caterpillar world, within my being, all is well in all of creation.

Thank you, dear Shaumbra. Be safe. Be safe. Thank you. Thanks. (audience applause)



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