'be expressive, and when you're working with your students, which many of you will be doing, I mean, not necessarily with a shingle, you know, that you have some spiritual enlightenment practice, but you're going to be working with others.

the book is a great start. that was the whole concept behind the book. it wasn't just to have all the keahakers write stories.

it was saying you're going to be teaching, one way or the other, stories, your stories of the master. and as a master, you're going to start having fun with stories. they're no longer going to overwhelm you, put you under and haunt you and all the rest of that. you're going to start having fun with your stories. but be a little theatrical with your students when they come to you. do a lot of this kind of thing (laughter, as adamus nods his head and makes a "serious" face). learn to use your eyes, "mm hmm" (demonstrating). don't sit there like, "oh!" (more chuckles at adamus' eyes bugged out). and, you know, learn some gestures, gestures that (laughter as he demonstrates) when you're talking to the student really get them concerned, because they'll say something like, to you, they'll say, "oh, sart, I don't even know if I want to live anymore," and the typical reaction is, "oh, no, no! really, you do!" and you're like, sart is like ... (some giggles, as adamus nods his head). that'll get their attention. that'll really get their attention. so be a little theatrical.'

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