



'tobias is the first one who started talking about the caterpillar and the butterfly, and that's kind of what you've been going through, going lifetime after lifetime in this old human body, then going into the cocoon. just when you thought you were really going to have an emergence, a change, no, you go into the cocoon. you're mushed. and then when you start emerging you're so excited about it, you've been looking forward to it, but it's so uncomfortable and unnatural at first. you find a tendency to want to go back to your caterpillar thinking, your caterpillar ways, and you don't. you find you have this set of wings and they're all still filled with the mush and it's so awkward. just a slight breeze throws you off.

but then, then the emergence. then you set free and then you fly, and when you do, that whole feeling of loneliness that you've had for so very long in your journey as the caterpillar and then definitely into the cocoon, you suddenly realize there is a lot of others who are emerging, other shaumbra, others around the world. not a lot, but enough to remind you you're not alone. you never were. you had to go through that part of the journey, the cocoon, by yourself, but you emerge and there's others around you. and I get kind of sentimental because that's so much what we're seeing now, we'll see coming forward with shaumbra all around the world. imagine butterflies, fields of butterflies or many, many, many humans who now are finally allowing their realization.'



february in nature is the month of emergence

'that's kind of what's happening with shaumbra now. you've gone through that long winter of the soul on this planet into your cocoon and now, if you don't feel it, that rumbling deep down within, something's happening. it's a bit frightening at times, wondering what's going to happen. but then you just feel into that – what is, for the butterfly, the imaginal disc – but what I'm calling for all of you is that CLEAR CRYSTAL FLAME. it guides you through the rest of it. it guides you into it. you don't have to plan it or do it. it's just there.

it's time to ride on that, to enjoy it, to feel how that emergence comes forth. you can't work on it. I hope you've figured that out by now. you can't work on it. you cannot study it. you can't really even go to another person and say, "well, how does that go now? in the ultimate emergence, how does that go?" because their experience was unique to them. share stories, of course, but ultimately, it's your very own and it's the version of the imaginal disc, it's that clear crystal flame that takes you there.

that's where we're at right now.'

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