# Adamus® Saint-Germain



Shoud 10 June 3, 2017



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# Shoud 10 Presented to the Crimson Circle on June 3, 2017 Recorded in Grünwald, Germany

 $Featuring \\ \text{Adamus}^{\circledR} \text{ channeled through Geoffrey Hoppe} \\ assisted \ by \ Linda \ Hoppe}$ 

and

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# ADAMUS® SAINT-GERMAIN



Shoud 10, Part 1

IMPORTANT NOTE: This information is probably not for you unless you take full responsibility for your life and creations.

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#### I Am that I Am, Adamus and St. Germain.



Greetings, dear Shaumbra. Such a delight to be here with you. Greetings. Thank you, dear Yoham. Thank you.

The energy in this room has changed tremendously just in the past 24 hours (laughter). Yesterday, when they were setting up the equipment, when the staff was working hard preparing for you, to greet you and welcome you, the energy in here was rather dark and now it's lighter, as we turn up the lights (a few chuckles). The energy was heavy in here. It was almost like a portal, like a suction in here, because all of the energies that were in here from the past – from other groups, from other times – were being moved out to make room for you.

You can imagine what that felt like for those who were setting up in here, being right in the middle of a huge energy cleansing. And not only that, but the entities that were coming in to set up for you, including myself, we had to set it up at a higher

vibration level; a higher level, otherwise we were going to run into problems with the technical equipment. Other vibration adjustments so that it didn't cause problems with the building structure or hopefully not with the residents that live close by. But there was a tremendous shift.

And you know shifts aren't always so easy. Did you know that? (some chuckles) Yeah. Shifts are sometimes very, very difficult to go through. But when they're done, when everything is in place, when everything is ready now for you, ah, it creates such an amazing new energy.

And then you came in. Then you walked in today. You filled this room with, well, with consciousness. You filled this room with you, with the I Am Here. Such a delight to be here with all of you. Mm.



You filled the room with yourself and this room will probably never be the same. I'm going to break the rules because the rules are not mine. I'm walking in the no walk zone (some laughter and applause). But I'm being informed by those in the back the rules are yours. No walk (more chuckles).

#### Welcome

So dear Shaumbra, we are here, and let's begin by inviting all of the other Shaumbra, all of the Shaumbra all around the world in all of the countries to join us here. Let's take a deep breath and welcome all of them. So many are watching in or will watch this later. So many of them have been anticipating this day, wanting to be here in person, but not being able to. So let's welcome them in.

Take a good deep breath, an invitation to all of Shaumbra.

And then let's welcome in – we have plenty of room here – let's welcome in all of those who are going from awakening or are in awakening right now and on their way to their mastery. The ones who may find Crimson Circle in the years to come, the ones who may find your footprints in this beautiful, beautiful story of embodied enlightenment. The ones right now who are going through what you went through a number of years ago into awakening.

Oh, awakening, so beautiful. You know, I'll talk about it a little bit in these next few days, but in awakening there's no real date that's set, not even a particular lifetime that's designated for most as their awakening. It kind of happens. They go through awakening. Oh, remember the changes that you went through? Remember in one moment the beauty and the joy of awakening, the feeling that you've discovered something—something so precious, something perhaps nobody else has known—but the awakening, "There is more to it than just

the standard human life." Awakening, when you realize that you're going to be getting off of this merry-goround, this lifetime-after-lifetime of living human life. Awakening, "Now, it's time for fulfillment."

There's really no date, you could say, set for awakening, and there's really not a date set when you first come through awakening, you're now on your way to mastery. You've gone through the fun part of awakening, now you're on the part where everything is being taken away, everything ripped apart, all the confusion, all the internal changes. There's really no date set on that, and that's kind of troubling, because you wonder, "How



long is this going to last? How long is it going to take? Is it going to be really in this lifetime?" You hear me saying that, but you wonder, "Is it really going to happen?"

You wonder if you're doing the right things, taking the right steps. You wonder if you're living the right kind of life, and I keep telling you, dear Shaumbra, stop all the effort. Stop all the trying. You're committed. You've committed to yourself for embodied enlightenment, but yet you doubt it, you wonder about it, you stress a lot about it and almost intentionally get distracted.

And then you come to the point where there's almost nothing left. There's almost no gas in the tank, so to speak. There's nothing left, and you finally remember those words that I've been saying, "Stop trying. There's no effort in enlightenment. It's Allowing. There's no effort." And when that happens, my friends, when you stop trying, then the date is set. Not to the exact second, minute or hour, but let's say to about a week. The date is set.

When you stop trying and efforting and distorting and manipulating and worrying and wondering, that date for embodied enlightenment is set. When you take a deep breath and you allow, it becomes so. That's it.

From that moment, up until the time of your embodied realization, just enjoy. Have fun. Follow your heart, your knowingness. Do the things you've always wanted to do. But stop worrying about are you doing it right and when will it come.

Some of you here, some of you watching in right now, you're still working very hard at it. You're still trying and efforting and thinking there's some magic solution to it. You'll come to the point where you let that go. Out of exhaustion, out of frustration, out of sheer mental chaos you let that go, you take a deep breath and allow, and then the date becomes so.

Now, please don't ask me what that date is (some laughter, Adamus chuckles). Don't even ask yourself what that date is, because it doesn't matter. But know that that date is there. Know that it is already there, and now it's just for you to go through that experience, go through that living of life and then you'll be there.

What happens after that, we'll talk a little bit in these next few days, but take a look at yourself right now, your own spiritual journey, your path. Are you still working at it? Are you still trying? Are you still trying

to figure it out? Is it a formula? Is it an elusive secret that you'll only get by having certain behaviors, by having certain diets, by having certain thoughts? If so, the date is not set. But if you take a deep breath and trust so fully in you and only you, in the I Am of you; you take that deep breath, you stop trying, then the date is set. What a huge relief. What a huge relief. It's there. Now just enjoy.

Many of you are at that point where you've stopped trying and maybe you feel even a little bad about it. You have nothing left. You don't know which way to turn or which way to go. You just stopped trying, and that's actually a good thing. If you're still working at it, just take a deep breath right now and let go. You do not have to work at enlightenment. I've said from nearly the beginning when I started being with you, enlightenment is natural. It's natural. It's not something that the human or the human mind is manufacturing or has to assemble or has to effort at. It's natural.

So let's all take a good deep breath and just allow. Yeah.

So let's invite all the Shaumbra who are watching in, all of those who are going from their awakening into those difficult, difficult, but beautiful times of coming to their mastery.

Let's take a deep breath and also invite in 1,590 embodied Masters, Ascended Masters who have come back to Earth, like Tobias and many others who have come, many of them right now just seven, eight years old, just young ones, but who are coming into a world at a very interesting time. Coming into a world not to save it, but rather to enjoy a lifetime that they may not have done in their past lifetime, to enjoy life, but also coming in to connect this thing called consciousness, to connect it with each and every one of you.

So let's take a deep breath right now and welcome in all of the embodied Masters, the 1,590 who came back, incarnated into the physical body. Let's welcome them in as well.

(slight pause)

And the room gets very full (Adamus chuckles).

#### Your Dream

You're in the midst of a dream right now. You're truly in the midst of a dream. It is a dream that you've had and a dream that I had going all the way back to Atlantis. It's the Atlantean Dream. There's part of you right now that is in the Temples of Tien, a part of you right now that is dreaming of a time when you would come to Earth, a time in the far, far future, but when you would come to Earth when everything was ready to receive you. Dreaming in the Atlantean times where you would finally be inviting, bringing, and holding your divinity into your body and staying, at least for a while.

In the Temples of Tien in Atlantis, we went into kind of an altered state, just a half a breath away from that dimension at the time. Together, we went into an altered state and imagined, through I guess what you would call projection, like similar to astral projection. But we traveled forth in that time from Atlantis all the way to here and we felt, we saw, we sensed at a very deep level that time when you, when the rest would come back for the embodiment.

So you're in the midst of a dream right now. You're dreaming in the Temples of Tien in Atlantis. You're dreaming, you're projecting into the future, into that time of enlightenment.

It seemed so, so very far away at the time, so very far away, but now you're here. You made it. I Am Here. You are here. It's the Atlantean Dream fulfilled.

It hasn't always been easy. There's been many, many challenging lifetimes, this lifetime being one of them. It wasn't easy having this dream within you when others didn't share it. It wasn't easy coming into this lifetime knowing that it was the time for that dream to come true, when others would ridicule you, when others would laugh at you and others would accuse you of being crazy, but you're here. It's the Atlantean Dream.

There were a lot more, a lot more that started on this Atlantean Dream that didn't make it this far. Some of them dropped out in past lives – distractions, playing with the darkness, getting very caught up in the mass consciousness, forgetting that dream, even though it's still within them, but forgetting it.

Others were in the Temples of Tien with us with the Atlantean Dream but aren't here with us today, whether in person or watching in online, because in this lifetime they found it too difficult to continue on. They left. They walked out.

There were some too that reached that point of enlightenment, some Shaumbra over these last few years in particular, that reached that point of enlightenment. But when they did, it was so compelling, so beautifully seductive to leave the body, to go to the other side, to let go of the physical. Many Shaumbra have left. You can see it on the pages of your website (<a href="here">here</a>) and there are many, many others as well, but some just didn't make it.

There were many, many in the Temples of Tien that have been in this lifetime on the spiritual journey, but just have gotten very, very distracted. The journey can be distracting, oh, terribly distracting, particularly when the human self, the human needs are screaming out for what *it* wants and overshadowing the true, true I Am, the spirit within.

But you made it. You're here. You made it through your perseverance, yes, through your determination, absolutely, but through following your knowingness, following your heart. Even in some of the most difficult times when you did want to give up on all of this, you felt back to that dream, the Atlantean Dream, and that's why we're here.

And once you take that final step and let go of all the trying and the working hard at spirituality and working hard at your journey, when you just let go, that date is actually set. And from that point forward on, it's just a matter of enjoying life. How do you do that? That's why we're here these few days to talk about it.

Let's take a deep breath and invite Yoham up and let's have a beautiful merabh remembering the dream.

# Remembering the Dream

It is just as though that dream is occurring right now back in Atlantis, a long, long, long time ago. There's you, back in the temples; all of us shifted just a half a dimension off so that we could set ourselves free, so that we could project ourselves into the future, into the time of embodied enlightenment.

The dream, the desire to be here on this planet, to be one with our divinity was so deep and so intense, and you never, ever, ever let it be forgotten.



That dream to bring true divinity to this planet – so that it wasn't just in your altered state, so it wasn't just in another realm, but to actually bring it to this planet – it was so deep, so true and so passionate that you made it. You're here.

(music begins)

This is it, my dear friends, you're here. And I know at times your mind may doubt. You may wonder if it's just a fool's paradise. You may

wonder if it's just the wanderings of a crazy mind, but it's not at all. Oh, and it's not just me saying that. You already know it.

It was the dream to live in physical form and yet to bring in the IAm, to bring in the true Body of Consciousness.

The dream goes so far back, back to the times of Atlantis, and it's finally here. Not tomorrow, not next year, not next lifetime. It's here.

And what brought you here was remembering the Atlantean dream, a time of consciousness on Earth, a time of true transcendence, a time of fulfillment and a time where you would walk on Earth as a true Master, a true realized being; when you'd walk on Earth still in the physical, but in the "and" of enlightenment.

In the Atlantean Dream you saw the tears that you would endure to get here. You saw the hardships.

In the Atlantean Dream, you knew there would be distractions. Oh, relationships, in particular, families. You knew there would be distractions, but in the dream you saw how you finally got there. You finally got to that point.

You're in the midst of a dream right now, the Atlantean Dream, dreaming about it as the Atlantean in the Temples of Tien, but you're also in the dream of it being so very real, with you right now, coming to completion. Here we are.

Take a good deep breath and, as my dear friend Tobias said, give thanks to yourself. Give thanks to you.

You're awful hard on yourself at times, but in this moment, would you just take a breath and give thanks to yourself?

In the Atlantean Dream you saw how there would be difficult and dark days, days where you got so very confused and lost. But in that dream, you gently brought yourself back each time.

In that dream you came to yourself, the human who was going through the difficulties; you came in your own dream and said, "Dear one, angel that you are, follow your heart. Follow the dream. You can't fail if you do. Just follow your heart."

(pause)

You're here. You're here, and the very last thing to do is stop trying, if you haven't already. The very last thing to do is stop working at it.

I know it seems strange – you've come this far, you're pushing in that last kilometer, that last mile – but this is the one time where you take a deep breath and now let the wings of your dreams carry you the rest of the way.

Stop trying, stop working at it, and please let the wings of your dream carry you the rest of the way into embodied enlightenment.



With that, I Am that I Am.

I Am Adamus.

Thank you.

(pause)

It's an ancient dream, an ancient dream, and it's here right now. Let's take a deep breath and now just let the wings of the dream carry you into realization. It's that easy.

Let's take a deep breath together in this beautiful gathering in this room filled with Shaumbra, filled with those who would come through their awakening into their mastery and filled with the other embodied Masters who are walking on the planet right now.

Let's take a deep breath.

# Adamus® Saint-Germain Kuthumi lal Singh



Shoud 10, Part 2

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I Am that I Am, Holy Brother Adamus Saint-Germain (audience cheers and applause).

So I have to say you're even better looking in person than you are just in spirit. What a beautiful group. And let's turn up the house lights a little bit. We're going to be walking and talking today (laughter).

LINDA: Uh-oh.

ADAMUS: Ahhh!

LINDA: Uh-oh.

ADAMUS: A couple of things before we start the walk-around.

## Transhumanism

This is our Shoud, our monthly Shoud. We're in the Transhuman Series and I called it Transhuman Series intentionally, because there is a movement on the planet right now as I speak, a movement that involves artificial intelligence and robotics. That movement is called transhumanism. That movement is all about replacing the human mind and the human body with more advanced technology. You know the body and the mind, the way they are, have been around for a long time, eons of time.

Evolution is a very slow, slow process. But now with technology, the human body and the mind can be first augmented. Augmented means improved – you get a new limb, you get a new heart, a new liver or whatever. It can be augmented, not just with regular human tissue, but with tissue that's developed in a laboratory by machines and put into the body. It makes your – well, if you get a replacement hip or arm or anything else, it brings it up to speed, makes things less painful.



That same technology is already being used in the mind to augment the mind. Imagine having a little device implanted into your brain that does things like improves memory, improves balance, improves your general intelligence, and it's happening right now. This isn't just science fiction. This isn't something off in the future. It's happening right now.

Scary? Perhaps. A good thing for humanity? Absolutely, like if you have a medical condition and needs some improvement. Absolutely, it can be a very, very positive beneficial thing. Nobody ever said that the human body had to just be biological tissue. It could be printed on a machine. It could be developed through nanotechnology. It doesn't have to be just biology.

Is it a good thing or a bad thing? That's to be determined, and the next ten to twelve years on the planet are going to be most interesting as all of this technology comes out of the laboratory and is made available to each and every one of you, for a price, of course.

But this whole transhumanism movement, the movement to a technological body and mind, could also prove to be a disaster, if there are things like power and greed involved in it. If it takes people away from their consciousness, their heart, their true Self, it could cause some very interesting dilemmas on this planet.

So I called this Series that we're in the Transhuman Series, because there is also another approach. Transhuman, meaning the transcendence of the old human biology and mind. There's another way, and it's what each and every one of you are doing.

Now, I'm not saying don't have a technology improvement, but I'm saying always be aware, always be aware that you have this thing called consciousness. You have the ability to be in multiple realities without using any electronics whatsoever; the ability to be in the "and," multiple technologies.

You have the ability, right now as you sit here – every one of you without exception and every one of you listening in – to make over your biology, to make over your body, not just in new flesh and bones, but in something that is referred to as the light body.

Your body already has the ability, through what I've called the anayatron, the body's light communication network, to release diseases, to actually make your body more flexible, more efficient, more energized. It's there right now. Most people aren't even aware of it, and even those who are aware of it, don't step back out of their minds and let *it* do the rejuvenation process on their body.

By the way, for all of you, I'm over here. I'm not up there (pointing to the TV screens; some laughter) Technology. Technology! You're looking in screens. I'm right here, or you can close your eyes, if you choose (more laughter).

It's amazing. It's amazing. I'm watching all of you watch over there. It's a perfect example of this whole, well, you could call it virtual reality (audience applause as the screens are turned off). Thank you. Less distraction. It was that easy (Adamus chuckles).

Where was I? Transhumanism. You are transhumanists. By the way, the energy just changed when those went off. It's a drastic change.

You are transhumanists in a very new and different way. Your body can be rejuvenated with itself, with the anayatron through Allowing. It doesn't have to be a technology that's put into your body, you can do it right now. You can allow your light body to come in. Right now.

Take a deep breath. Get out of your way. You hear me talk oftentimes about these things you eat and ingest into your body. You're just out of trust with the anayatron. Take a deep breath and just let it do the work right now.

Sometimes, yes, it's a little painful to go through that deep level of biology shift. There's a little pain involved. But take a deep breath and go deeply into the Allowing, the allowing of that analyatron to rejuvenate the physical body.

The body actually should get better with age, because it has more experience, more wisdom in every cell. It should get better, not older, not more worn out. And a lot of you are still on the age path, that linear age path, "Well, I'm getting older, so my eyesight, my hearing, my back, my whatever is giving out. I'm getting old and then that's going to be the end of it." Not at all! The transhumanist understands that the light body comes in. It augments, it shares with the biological body, and the biological body is suddenly rejuvenated and invigorated.

Theoretically, the biggest question or problem you should have is, "Geez, now I have this vital body, a dynamic body, flexible body; I'm going to be around for a lot longer on this planet, what am I going to do? (some chuckles) What am I going to do?" We'll address that in a little bit.

So, transhumanists in your mind. We're not using chips implanted in the brain. We're not using any sort of special electronics to release us from the limitations and the confines of the brain.

The brain is a wonderful tool for an animal or for a human who needs to do things like knowing how to drive a car or pour a glass of wine, the functional things. But the brain is not a creative source. There is no creativity whatsoever in the brain. I know science will dispute that, but they'll eventually come to agree. Science will eventually agree with everything that I say (laughter). It's the truth. I say that humbly (audience applause).

Through allowing you release the lock of the brain. You release the limitations that you've placed on yourself by only going through the mind. You simply expand into other realms.

It's a little strange at first. You get a little dizzy, a little disoriented – well, real dizzy, real disoriented – but you start going into the "and." You're not just the human. You're the human *and* the Master and the Atlantean and the Merlin and the future Self and all of the rest of those. You live in a reality of multiples, not singular. Not singular.

That's part of the answer to, "What do I do all day now that I have this body that's going to last forever?" You're now in the "and." It's not so linear and so age-based and so boring and dull. You're sensual.

Tomorrow, tomorrow we're going to focus on sensuality. I've talked a lot about it, because it is so important. Without sensuality, you're not going to want to stay on the planet. Without sensuality, you're not going to want to spend another 50, 75, 200 years on the planet. You go, "That's so boring. So boring. What am I going to do?" But with sensuality, you never question it. You never wonder what you're going to do, because you simply take a deep breath and you go into the multiple realities that are already there.

So we're in the Transhuman Series. We're taking a different approach, rather than just using technology. A very, very different approach.

In that whole work we've been doing over these years, recently I've had to really do a big shift in my work as Adamus, working with you. I spent a lot of years working with you on simply understanding enlightenment or, what I prefer to call it, Realization. Simply understanding Realization is here; it's available. You don't actually have to work at it; you really just allow it.

We've been talking about a lot of concepts of Realization, embodied Realization. Realization, really just meaning awareness, consciousness. Awareness. And most of you would say, "Well, geez, I'm aware. I know I'm here." Well, no, you were over there on the screens (Adamus chuckles).

Realization is simply awareness in multiple realms and even more awareness of things like sensuality. So, my dear friends, my dear transhumanists, that's where we're going. That's where you're going. And, again it's not in opposition to the mechanical and technology transhumanists who are replacing body parts and the mind with technology. It's not us against them at all. At all. Technology can be a wonderful thing, but it's simply an alternative. It's simply a different direction.

So let's take a good deep breath with that, for all the work we're doing.

# It's Happening

I've had to change how I work with Shaumbra, going from the theories of embodied Realization, going from discussions of things like enlightenment and now into actually energetically and verbally working with you on the actual embodiment. In other words, going from philosophy, going from concept into really doing it.

You're doing it. You really are. As you sit here right now, there's an evolution. There's a transcendence process that's working right now, and it works really best a lot of times when you're distracted, when you're not thinking about it. As I've often said, I'm really not a teacher whatsoever. I'm simply your distracter. That's all.

Now, it raises a lot of issues, as you know. It raises a lot of issues. It's tough being a transhumanist like you are. You're no longer like the others. You've realized that. Not better or worse; you're just not like the others so much. You understand them, because that's where you've come from. You have tremendous empathy, because you know where they're at. You know how they're into the sin or karma routine. You understand, because you came from there, but you're really not like that anymore.

The relationships with families and friends and general society becomes very, very different and it's awkward

at times. You don't feel you fit in. You don't feel that you can even really tolerate being around humans for long periods of time. It's a very lonely, kind of an isolated feeling that every Ascended Master has gone through. Every one of them.

And then the doubt sets in. The doubt, "What am I doing? Is this really going to work?" And when the doubt sets in, you tend to then go back to working at it. "I better meditate a little bit more. I better even do just more breathing. I better do something to keep myself in that kind of consciousness that I was in." The doubt sets in and now you feel that you have to start working at it. The mind starts going (working) away, nagging at you, "What are you doing? When is this going to happen? What do I have to do to make it happen? Is this all just a great big Fool's Paradise? Is it just a big Fool's Paradise?" taken from Shakespeare of course (a few chuckles).

And it's an interesting question. It's a very interesting question, and I wouldn't even want to answer it with the obvious, "No, this is real," because it brings up the question, for instance, first of all, what is a Fool's Paradise? Well, "Fool's Paradise" is a line, a reference to one who lives in delusion but is actually quite happy with it. The others look at it from the outside and say, "Amir is in Fool's Paradise" (some chuckles). Well, they have, I'm sorry (more laughter, Adamus chuckles). "He's in Fool's Paradise. He's not really present. He's not really aware. He's kind of off in his own world in la-la land." Not just you, Amir, but everybody (more laughter).

So the doubt sets in and you wonder, "Am I in Fool's Paradise? Am I making this up?" And then you try to justify it by saying, "Well, if I was just making it up, why would 300 other people be here?" Well, maybe you just have a big boat with Fool's Paradise (laughter). And then you say to yourself, "Well, there are tens of thousands, maybe a hundred thousand other Shaumbra, so I couldn't be totally crazy. At least I have company in Fool's Paradise" (more chuckles).

And then you start to realize who's really in Fool's Paradise, because if I was to say to you, "Well, I'm sorry, but this is all a joke, you have to go back. It's all a joke. You've got to go back to regular human living. I'm sorry you have to go back and apply for a nine-to-five job or working in a factory. I'm sorry but you have to go get remarried and have kids again (laughter) and grow up in the same family that you had before, growing up. I'm sorry but this is all a big joke, go back. Go back." I think there would be a little resistance (more laughter).

Oh, and on top of that, not only go back, but, yes, there is a God in heaven and he's pissed (laughter). You pissed him off. It's a he and he's really mad, because you were told, you were told, "Sit down and pray," but you didn't. You were told, "Lead a good life, do things for everybody else but never for yourself." You were told and look what happened. God is pissed.

So you end up in kind of a predicament. You end up in a real predicament. Here you are in your own kind of Fool's Paradise. Here you are, but I don't think any of you would really want to go back. I really don't.

So the dilemma is, "Well, okay, I'm here in Fool's Paradise. Let's just make it work. Let's just do it. As foolish as it sounds, as made up as it sounds, let's just have something called consciousness. Why not? It sounds pretty easy. Let's just have something called embodied enlightenment, even if it never existed before. Even if there are no other Ascended Masters, let's just do it," because you're not willing to go back. You're not willing to get on that merry-go-round going around lifetime after lifetime.

So you say, "Let's just do it. Embodied enlightenment. Let's allow more of our Self than we ever allowed before. Who knows what it is. Who cares? We're fools. Who cares? Just open it up and let it come in. Let's

just go crazy. They already think that we're crazy. Let's just make all this up even more. Let's just create that reality, even if it was never there before, because it's a whole lot better than what we were doing back in that Fool's Paradise."

It brings up the whole issue of, really, where is the Fool's Paradise? Where is it? Is it back there in the old world, the old Earth? Is it back there with jobs and maybe relationships that aren't totally fulfilling? A colorless life and mass consciousness and hypnosis? Perhaps *that* is the Fool's Paradise, thinking that you have to abide by all the social standards, that you shouldn't love and take care of yourself, that you have to follow a lot, a lot of rules that change every day, whether they're political rules or health rules or environmental rules. Maybe *that's* the Fool's Paradise. And to justify it, maybe it's that they're still asleep, but you're not. You've woken up to something. To *something*. Something came along and woke up and brought you to this point, brought you to *this* Fool's Paradise. So let's just make it work, because it can. Anything you allow, becomes. It's really quite simple.

Fool's Paradise? Doubting yourself? Wondering if this is real? Yes, it's absolutely natural and common to wonder, because the mind still has patterns, still remembers the past, still sees other people going about their normal lives, and you wonder, "Am I just making this up? Am I in Fool's Paradise?" But at that point you take a deep breath and say, "Just bring it on. Bring it on." And then it will be so.

So let's take a big breath for our Fool's Paradise. But is it really Fool's Paradise? Or is it simply embodied enlightenment? Why not? Good deep breath.

# **Questions and Answers**

And now it's time for questions and answers.

LINDA: Oooh!



ADAMUS: My questions, your answers. But this is a little different this time. It's a little bit of a game that we're going to play. It's a game and a test all wrapped in one.

LINDA: Okay. I'm ready.

ADAMUS: Linda on the microphone.

Now here's the setup. I talked before about the Atlantean Dream in our first session. Remember that? It wasn't too long ago (laughter), earlier today. The Atlantean Dream. And you got to experience it firsthand. The Atlantean Dream.

Now, pretend for a moment that you're a reporter, a journalist writing a story about this, well, Fool's Paradise, about this group who calls themselves Shaumbra. You're a reporter for the Sedona Gazette

(laughter). And you're going to do a story about this group called Shaumbra, because, well, it's an unusual group. It really doesn't fit into the other New Age groups at all. As a matter of fact, one of the competitor magazines, Sedona Journal, won't even talk to Crimson Circle, won't even write articles, but that's a good thing. You're a reporter writing a story about this group called Crimson Circle.

Now, a reporter generally works with a few elements to help make a good story. It is the who, what, where, when and why. Any of you here journalists that might understand? I know His Eminence, Mr. von Rohr, is a journalist. Who, what, where, when and why?

Now ...

WULFING: And how.

ADAMUS: Well, I'm getting to how (some chuckles). I purposely left that out, but thank you.

Now Linda's going to take the microphone and let's say if you raise your hand, so she's not just going to dump it on your lap; but if nobody raises their hand then we're going to have to dump it on your lap (a few chuckles).

#### ~ Who?

And the first question as a reporter for the Sedona Gazette, the first question that comes is who? Who? So Linda, who are you writing the story about? Any hands? We're going to start with Wulfing (some laughter), His Eminence. And, His Eminence, that was a true story about the Pope, me taking my clothes off.



WULFING: Who?

ADAMUS: Yeah. Who.

WULFING: Crazy people. They call themselves spiritual. They drink. They smoke. They eat meat. They are ludicrous.

ADAMUS: Do they fornicate?

WULFING: They are ludicrous.

ADAMUS: Not very often (Adamus chuckles).

WULFING: No, they don't fornicate. They have a good fuck! (laughter) And they have this fuck in very many ways, like "Fuck you!" (more laughter)

ADAMUS: Oh, yeah!

WULFING: "So-and-so is a good fuck. Have you heard?"

ADAMUS: Yeah.

WULFING: So who in this group, it's an outrageous group reaching for the stars and almost touching them, some actually touching them.

ADAMUS: Good. Excellent.

LINDA: Wow!

ADAMUS: That's a good beginning of our story (audience applause).

LINDA: Wow!

ADAMUS: Good beginning.

LINDA: Wow! Wow!

ADAMUS: Anybody else want to address the who? Who? Anybody else? Yes, who? And Wulfing that was a very good description. Who is ...

LINDA: I think he's been drinking the Kool-Aid, but okay (a few chuckles).

ADAMUS: Yes. Who is ... go ahead. Yes.

JESSICA: Yeah. Shaumbra is a group of ...

ADAMUS: Would you mind standing up so we can all see you?

JESSICA: I have so many blankets around.

ADAMUS: Oh, then stay seated.

JESSICA: Ugh! Jesus Christ! (laughter)



ADAMUS: Are you chilly?

JESSICA: Yeah, yeah.

ADAMUS: Cold?

JESSICA: Yeah, it's cold.

ADAMUS: Yeah.

JESSICA: I would say Shaumbra is a group of people who doesn't feel guilty for masturbating (much laughter and applause).

LINDA: I'm not touching that mike!

ADAMUS: It's going to be an interesting article. Fornication, masturbating. Okay. You know, I just got to stop for a moment. Is that how you want to be known? (more laughter) I can see it in a Wikipedia. "Yeah,

Shaumbra, the group that masturbates and fornicates. But they think they're spiritual." Erhhh! (laughter) Okay, good. Anybody else on the who? On the who? Shaumbra.



FINN: Okay. Shaumbra are people that are enjoying their lives and really give a fuck of all what mass consciousness says.

ADAMUS: (chuckling) Good. I think we're really revealing the true Shaumbra here (laughter). Good. I like that. Yes. Who? Anybody else?

LINDA: Okay. This one and this one. Okay. Oh no! Oh, no! (laughter) Oh no! This is a mis-... Oh, no. (more chuckles)

ADAMUS: Yes, go ahead. Who? Who?

SHAUMBRA 1 (woman): In Australia, we use the term, "They're a weird mob."

ADAMUS: Weird mob.



SHAUMBRA 1: So a mob is a group – what is it, a collective pronoun? – and they come in all guises. They are round, tall, thin and they get dressed up in weird costumes.

ADAMUS: On that note, could we get a shot back there of a typical Shaumbra in the back with the glasses on, yeah, and the outfit. Yeah. Typical Shaumbra. Who, yeah (laughter). Fornicators and partyers (more laughter). Good. Good.

SHAUMBRA 1: And not only do they like to play with themselves, they play

really hard with each other. They dance and sing. Yeah.

ADAMUS: Good. Good. Okay. Anybody else on the who? Who? (some applause)

LINDA: This is starting to sound like U.S. News (they chuckle). Let's see ...

ADAMUS: Anybody else? There was one more. Who?

LINDA: Over here. Over here. Down there. Would you pass that down to her? Thank you.

SHAUMBRA 2 (woman): Okay. For me we all are people – when they hear the word "impossible," they say, "There I go. That's for me" (a few chuckles).

ADAMUS: Good. I like that.

SHAUMBRA 2: There is no impossible (audience applause).



ADAMUS: There is no impossible. Thank you. Thank you. One more. One more.

LINDA: One more. Where is another hand?

ADAMUS: Who.

LINDA: Oh! Down here. There you go.

SHAUMBRA 3 (woman): It's the group who loves themself.

LINDA: Ohh.

ADAMUS: Good. Good. Group who loves themselves.

LINDA: Nice.

ADAMUS: Good. Now, my take on it for "who" is a group that's known each other since the times of Atlantis, since the Temples of Tien, when they knew things were kind of shifting in a not so good direction. A group who understood that there was more to life than what appears obvious through the physical body and mind. A group who knew there is something called Spirit or consciousness, and that group came together very closely and deeply back in those times and dreamt together. They dreamt of the very time I talked about in our first session.

A lot of that group came back together at the time of Yeshua, the one known also as Jesus. That group came back together to plant the beginnings of what is called the Christ consciousness seed – some call it divinity, I call it consciousness – knowing that it would take a while for that seed to germinate and sprout. But that very group also made a commitment to themselves and each other to come back at that time, when the time was right, to partake of that seed that had now grown into a beautiful plant. In other words, to eat and to drink and to be in thy divinity in an embodied way. That's my take on the "who" (audience applause). Thank you.

## ~ What?

Now the "what." What? What? Linda, microphone. What? We have the "who, what."

JAZIEL: That's a good question (he chuckles).

ADAMUS: Yes.

JAZIEL: What? Um ... (he pauses) ... uh ...

ADAMUS: Just make something up. That's really the ...

JAZIEL: To me, it's kind of, in a way we are both the first and last ones, in a way. So that's "what."

ADAMUS: Yeah. What, good.



JAZIEL: Yeah.

ADAMUS: Good.

LINDA: How come you didn't say pirates? How come you didn't say pirates?

JAZIEL: (laughs) Yes, that too. But ...

ADAMUS: Pirates.

JAZIEL: Yeah, we're pirates too. We're spiritual pirates, actually.

ADAMUS: Good. I like that.

JAZIEL: It's like I see it and I love that.

ADAMUS: By the way, also, you got the microphone, your energy kind of got stuck in the head, which happens; that's the time for all of you if you just get stuck, just take a deep breath and make something up. It gets the energy moving, then you get to laughing, then you get back into your real self. Yeah. Good. I like that. Pirates.

JAZIEL: Thank you.

ADAMUS: Good. Thank you.

LINDA: He hosts the Pirates (referring to the **Shaumbra Pirates** Facebook group).

ADAMUS: What? You're writing this article for the Sedona Gazette. What? What the ... go ahead. Stand up so we can ... actually you've got to come up here. Would you come up here so we can all see you? (audience applause, as she's dressed up in a costume with an outrageous orange wig and huge orange glasses)

ADAMUS: So this is "what" (laughter and more applause). Lovely, lovely costume. And where is your friend all decorated? Yes, you have to come up also. This is "what." I mean what? (a few chuckles) I love costumes. I love a little acting. You know, it's so easy to get stuck in the energies. Just a little theatrics, a little acting and sometimes you might ... (her friend is wearing an outrageous green wig and a rubber ducky pool toy; some applause) Sometimes you might look silly... (he reads the writing on their suitcase) "Out of Earth greetings from Theos." Straight from Theos! (audience applause) Yes. Beautiful, beautiful.

How is everything on Theos?

SHAUMBRA 4 (woman): Fine. You can do what you want.

ADAMUS: Yeah, that's right! (laughter). Why did you come back?



SHAUMBRA 4: Oh, to join you.

ADAMUS: To join me, to be here.

SHAUMBRA 4: Yeah.

ADAMUS: Yeah, yeah. To have fun.

SHAUMBRA 4: To have fun here.

ADAMUS: Yeah. It looks like you are having fun. Yes. Thank you both. Yes. Thank you. I just wanted the cameras to see you. You can give that to Linda (more applause).

LINDA: What?

ADAMUS: Next. What? What? What?

SHAUMBRA 5 (man): So what did I have to do if I get stuck? (laughter)



ADAMUS: You take a deep breath and ... (Adamus chuckles) You take a deep breath and you make anything up. Anything.

SHAUMBRA 5: Okay.

ADAMUS: Yeah. Without thinking about it. This is really fun. Yeah (more chuckles). So you're writing this article for the Sedona Gazette about this strange group. Now you have to write about "what." What they're doing. What are they doing?

SHAUMBRA 5: I feel we like to torture ourselves.

ADAMUS: Ah! I like that, "Masturbate and torture themselves." Boom! Boom! Boom! Glaughter)

LINDA: For god's sake!

ADAMUS: Okay. This is going to be a really good article. Thank you. And actually there's some truth in that. There is a little bit of a need for self-inflicted suffering, because if you're not suffering, you're not really working at it. Nothing is happening. So you got to kind of suffer through it. But let's let all that be gone now. Oof! Okay. A couple more "what's." What?

SHAUMBRA 6 (woman): They actually believe that time is not working for them anymore, that they are free energy and, you know, nothing what normal people believe in is working for them anymore (Adamus chuckles). So ...



ADAMUS: Very strange.

SHAUMBRA 6: Yes.

ADAMUS: Very strange. So they're not in time. They think that energy is free.

SHAUMBRA 6: They move out of the mind. They move out of time. They move out of normal rules. So ...

ADAMUS: Yeah. Got to be a Fool's Paradise.

SHAUMBRA 6: Definitely.

ADAMUS: Okay, a couple more.

LINDA: Somebody from way over here. Please, way over here. Please! Make it far away! (laughter)

ADAMUS: And then we'll go back to this side of the room (more chuckles). David is doing so good on the camera. Yes, what.

SHAUMBRA 7 (woman): I would say they're the pattern breakers and the chaos makers.

ADAMUS: Oh, I like that! (audience applause)

LINDA: Ooohhh! Ohhh!

ADAMUS: I like that.

LINDA: That was good! Wow!

ADAMUS: Pattern breakers, chaos makers.

LINDA: Wow! That's award winning! Whoaa!

ADAMUS: One more "what."

LINDA: One more. Wait. There was a ... oh, here's an interesting one. This is a professional one. Okay, I don't know what we're going to do with this.

ADAMUS: What.

OLE: While some people they want to fornicate, others want to explore consciousness, really go to the edge and beyond.

ADAMUS: Yeah. Good. I like that. What.

So "what" I would describe as saying it's a group who knows there's something more and is going to be damned that they find it. They





will. They'll find it, no matter what. You just know that there's something. Call it consciousness or divinity or Spirit or just something more. This group is determined to find that. That's the "what." And also, this group is also kind of, "What the ..." (Linda gasps and some chuckles) I didn't say it, but you know what I'm thinking. "What the ..." (Linda gasps again) Yeah, "What the ..." (more chuckles) In a way it becomes like a way of living. You know, you know all the rules and the patterns and you go, "What the f-..." (Linda gasps) and just – I didn't say it (more chuckles). "What the fu-..." (Linda gasps) (laughter) Yeah, yeah! And, you know, in other words, you're just willing to let all the old patterns, the old paradigms down. "What the ..." (Linda gasps) I never said it! (Adamus chuckles)

#### ~ Where?

Where? Where? That's the next one. Who, what, where. You're writing this article.

SHAUMBRA 8 (man): I knew it.

ADAMUS: Where does this take place?

SHAUMBRA 8: I knew it. Everywhere.

ADAMUS: Everywhere.

SHAUMBRA 8: All over the world.

LINDA: Ohh!

SHAUMBRA 8: Except maybe North Korea.

LINDA: Oooh! (laughter) Ohhh!

SHAUMBRA 8: ... and I heard, there aren't that many ...

ADAMUS: They're going to wish bad kimchi on you! (more chuckles) So where again?

SHAUMBRA 8: All over the world.

ADAMUS: All over the world. Ah, good. Good. Any one particular place or places?

SHAUMBRA 8: Right here.

ADAMUS: Right here. Good.

SHAUMBRA 8: Right now.

ADAMUS: Good.

SHAUMBRA 8: Well, there are obviously more Shaumbra in Europe and the United States.



ADAMUS: Why is that?

SHAUMBRA 8: Well, because the people in Europe are generally more conscious and there's more ... (lots of laughter and applause)

LINDA: Ohhh!!

SHAUMBRA 8: And... yeah. And there's more, let's call it, freedom in the so-called western world.

ADAMUS: Yes, a lot more freedom.

SHAUMBRA 8: Yeah.

ADAMUS: A lot more freedom. A lot more opportunity doesn't make one place better than the other. Actually, in some places in the world, it comes as such a beautiful gift to others, because they live in places where there are dictators or there is tremendous suppression by religions or governments. But yes, there's a lot more freedom in some places of the world and that gives you the opportunity to explore it. But please never forget about those who live in much more difficult cultures and societies, because they're as much a part of us as anyone. Yeah. Good. Thank you.

SHAUMBRA 8: Thank you (audience applause).

ADAMUS: One more "where." Where?

LINDA: None of these are far enough away (Linda giggles).



SHAUMBRA 9 (woman): Well, they claim they have this light body and they can be in many places at the same time.

ADAMUS: Yeah, yeah.

SHAUMBRA 9: They can be here, they can be there, they can be multiple realities.

ADAMUS: Yes.

SHAUMBRA 9: I don't know.

ADAMUS: Yeah, I don't ... "What the ... what the ..." (some chuckles)

LINDA: That was good. I like it.

ADAMUS: So my answer to that "where." Where? It depends on the perspective from which perspective you're writing the article. But where? All over the world. All over the world. It's a little easier sometimes in countries that

offer more freedom, but it's happening all over the world. Humans are awakening and coming into their mastery. There are Shaumbra all over the world.

But "where" also refers to where is this taking place. Well, it's taking place here on the planet in this reality. But the "where" is also the "and." It's all around. It's not singular. It's not just about occurring right here today as we're together. It's occurring in your dream states. It's occurring in the other realities. And what you're doing right now is having a profound effect on every past life that you've ever lived. They're going through the same process right now. That past lifetime is going to change so much that it will become unrecognizable, even back then.

I don't want to get too far off on that now, but everything you're doing is changing everything you've done ever, ever. It's not just where, as in today here in Germany or wherever you happen to be watching from. It's every past life, it's every future potential, it's every realm, it's in the angelic and spirit realms and it's right here. It's not singular; it's happening everywhere. Good.

#### ~ When?

When? When? Who, what where, when in the article. When is this taking place?

LINDA: Oh, there we go. A volunteer.

SHAUMBRA 10 (man): Well, it's yesterday, it's today and it's tomorrow.

ADAMUS: Yes.

SHAUMBRA 10: It's everywhere.

ADAMUS: Everywhere, absolutely. Yeah.

SHAUMBRA 10: Yeah.

ADAMUS: And we don't even need to go any further with that one. "When" is it's now but as I just said it is affecting everything. It is also happening to that past lifetime from four lifetimes ago. That lifetime is going through tremendous changes.



Now, there is the historic facts about that lifetime, the date of birth, the date of death, the dates when certain things happen. You could say it's like a video, a film of that lifetime and it occurred. But right now, at this exact moment, with the changes that you're allowing into your life, it is creating another video right over the top, right above that other one and right below and right to each side. So that lifetime is no longer just a linear history going from point of birth to point of death. It is absolutely changing that.

What you're doing here is changing everything in the past and, you could say, even in the future. It's not just about you sitting here right now as Joe Schmo or Mary Schmo in this lifetime (laughter). It's changing everything.

# ~ *Why?*

So the next is "why?" Why? You're writing the article who, what, where, when and why. Why, sir?



OTMAR: Because we can.

ADAMUS: Because you can. Good. But why? You can do a lot of other things.

OTMAR: Yeah. Because everything else would be just too boring.

ADAMUS: Everything else too boring. Good.

OTMAR: Yes.

ADAMUS: Have you tried most other things?

OTMAR: Almost. I would say about all of them, yeah. I tried all of them (some chuckles), I know them and now I'm ready for this.

ADAMUS: Yes.

OTMAR: So absolutely.

ADAMUS: Boredom, yeah.

OTMAR: Boredom, yeah.

ADAMUS: Yeah. Boredom. Boredom is its own prison. Boredom is, well, boring. It's tedious. It's awful, and it will inspire you to go beyond.

So why? Why?



SHAUMBRA 11 (woman): Because we had been waiting for this so long time.

ADAMUS: Yeah, so long. And why not before now?

SHAUMBRA 11: Because now it's the right time.

ADAMUS: Why is it the right time? Why didn't you do it back then?

SHAUMBRA 11: Because we have chosen.

ADAMUS: Yeah. Okay. Why did you choose it? (laughter)

SHAUMBRA 11: Because we want this so much that there is nothing more we want more.

ADAMUS: Okay. Good. Good. I'll go with that. Yeah (more chuckles).

LINDA: More "whys?"

ADAMUS: A couple more "whys." Get it?

LINDA: Okay. I'm seeing ...

ADAMUS: Wise. Why? Why? Why? Why?

DENIS: I heard it, "Why not?" But the most important thing is really that we feel we have run around long enough. We have waited. We have decided to do it, but we didn't. And now we feel the passion is really inside growing. We are connecting to the first passion that ever was, the I Exist, and now we cannot hold back anymore.

ADAMUS: Right. You know too much.

DENIS: Exactly.

ADAMUS: Good.

DENIS: We feel too much.

ADAMUS: Yeah. You feel too much.

Good. One more. Why? Why?

LINDA: Let me go wayyyy to the other side of the room. That's more fun (laughter).

ADAMUS: Don't mow down the photographer! (more chuckles; she bumped into him in her rush) Yes, why?

MARIANNE: Because we are God also.

ADAMUS: Good. Yeah. And creators.

MARIANNE: And creators. Yes.

ADAMUS: Good. Why? I'm going to get into the "why" in just a moment here. But why? Because you can. Why? Because you're pirates. You want to be the first to do it as a group. Why? Just because. And I will explain a little bit more of the "why" in a moment.



#### ~ *How?*

And finally, this is an obvious, obvious answer, simple answer. How? How?

(pause, and a few chuckles)

How? What the hell have I been talking about for the last couple of years?! (lots of laughter) *How?!* (audience shouts "Allowing") Allowing! Allowing.

This is all very natural process. You can call it evolution or whatever, but it's a natural process that's going to happen anyway. You actually don't need to earn it or work for it or be smart for it or see who can live the most amount of lifetimes or least amount of lifetimes. It's just going to happen, and it happens when you allow. Most people don't realize that. It's a little key in the door. It's the secret – allow. You just allow. You take a deep breath and allow.

Now, Allowing means that you're going to allow it. In other words, you don't allow and go "When? How quickly and how big? And how ..." You just allow and then it happens. It happens in subtle ways and very profound ways. But the "how" is simply Allowing. That's it. That's it.



As I said in our first segment, once you stop working at enlightenment, Realization, whatever you want to call it, once you stop working at it, then it's like magic. Suddenly, the date is known. The date is known. If you're still working on it, you're still efforting it, you're still trying to figure out, that will make the date unknown. It could be anything, anywhere. But once you stop and just allow, suddenly that date is there. You don't have to work at it anymore. Now you skip and dance and sing your way through the rest of the experience of realization. It's that simple.

Let's take a good deep breath.

I'm running a little bit behind schedule, but ha! Who needs schedules? (some chuckles)

## The Time of Machines

I'd like to explain a little bit more of the "why" and to help you understand the "why" of this beautiful article that is being written about you.

I want to refer to a book that I wrote, I've told some of you about it, particularly the other night at our book signing. It's a book that I wrote in the last few years of my life, not so very far from here actually. And the book came about, I was sitting down one day to simply write my memoirs, notes that I would leave behind, and suddenly I felt as though I was in a portal, opening up into a huge story, a very, very beautiful story – your story – about the Atlantean Dream.

I found myself going into the future. I found myself first in the era where machines were being developed, machines that would bring the Industrial Age, machines that would replace horses, machines that would replace the labor of humans, machines that would do big heavy work, machines that could build other machines. And, again, this was in the time of the Industrial Revolution.

But as I continued writing the book, I suddenly found myself in a new time, what I call the Time of Machines. It's also the title of the book, "The Time of Machines," and I found myself in this most amazing time.

Now, you realize I didn't have the words or the references for a lot of things I wrote. I didn't know what a computer was, I called it simply a looking glass. But I found myself in this amazing time where things like artificial intelligence were being developed, and that artificial intelligence that was growing so fast, over just a span of five or six decades from the implementation of it, to when it, well, got to a point where it was called singular, meaning beyond.

I found myself in this most amazing Time of the Machines, electronic machines, where people were at their machines all day long. Not the big heavy machines that would lift rocks and build buildings and drive people around, but now machines that were so small, so compact, but could do amazing things.



And I wrote in this book, which is going to come back again; I wrote in this book that there would come a point on this planet, there would come a point for humanity where there was something called virtual reality where these funny little machines that humans carried with them all the times were so compelling and seductive that their heads would be stuck in it all the time. Even when they walked (laughter as he demonstrates), when they were driving cars, when they were eating dinner with other people, when they were having sex (more laughter), their heads in these machines all the time, no matter what they were doing – brushing their teeth, combing their hair. And these machines, these electronic machines would be so compelling and realistic that it could actually create other realities. And it would start with games and toys and fun things, but it would eventually actually literally replace sex for many people, these machines, because they could create a different reality, an altered reality in which they could immerse into it. Artificial intelligence.

These machines became so efficient and so real-like and had such, you could say, power to them that these machines eventually replaced most things a human would do for themselves and eventually replaced the human mind itself to the point where humans were no longer thinking for themselves. They were no longer aware of anything other than the virtual reality that they were looking into. These machines were

so hypnotic that people soon lost touch with this dimension. Not that this dimension is the only one, but people lost touch with that, engrossed in their machines.

And it came to a point where there was an epic crossroads for humanity, a crossroads that had never been come to before in the history of mankind, a crossroads where perhaps now these machines were going to get so fast and so smart they could actually create their own energy. You see, because artificial intelligence is designed to keep getting more and more



intelligent, to keep taking intelligence from wherever it can. The intelligence that would even allow it to create energy for itself. So even when unplugged from the socket on the wall, the machines would continue to operate.

It was the Time of the Machines all over the planet, and it was causing people everywhere to lose touch with themselves, with their identities, with their souls, and these machines got so efficient and even kind of humanlike. Machines with their artificial intelligence that could try to replicate feelings and emotions and relationships. These machines got so intelligent that they actually surpassed what a human could do. And I'm talking about walking, thinking, everything – feeling, breathing. Machines that were so intelligent that they replicated breathing. They replicated everything that a human would do. And they kept on and on and on seeking more, because that's what artificial intelligence does.

There was a small group on the planet at that time, a very small group, who understood what was happening, and it wasn't that they were trying to battle this thing called virtual reality and artificial intelligence, but they realized that there was so much more. Instead of virtual reality, where one's head is in a screen all the time, this group realized there was multiple realities all



around them. They realized that there is this dimension, but they also realized there was so much more going on in the multiple realities, not the virtual realities.

And this group realized that at the core of everything, everything, everything, everything was something called consciousness, awareness, something that contained no energy or power, something that could not be measured, something that could not be taken from them or for them to take it from others. They realized that there was thing called pure consciousness.

Now, as it would be in the story, these machines had gotten so dominant, taking over nearly everything on the planet, there was one thing left. Just one thing that the machines couldn't replicate, didn't have, and they wanted it. This thing was consciousness. Consciousness.

Now, in the book – and perhaps, perhaps acted out in this reality – in the book the machine so desperately wanted what this small group had, this thing called consciousness, that it tried within its intelligence to figure it out, to duplicate it, to measure it, to have power from it, to derive energy from it, but it could not. It could not, because consciousness is pure and from Spirit, cannot be made by any machine, cannot be taken by a machine, cannot be given to a machine. A machine can pretend that it understands consciousness, but even in the greatest of artificial intelligences, it really can't even sense it.

So in this story, with these consciousness pioneers on the planet who are bringing in this thing called consciousness, in the story the machines are trying so desperately to get this last remaining thing that it doesn't have on this planet, it's trying to get consciousness, that in its intelligence, it ends up destroying itself. Trying so hard to get something that it simply can't get, it destroys itself. It goes out of its artificial intelligence. It goes crazy, absolutely crazy, and becomes the end of the Time of the Machines.



I penned the book in 1793, not knowing all the terms that you have now, but I penned the book knowing that there would come a time, there would come a real, you could say, "why" you're here, why you're on the planet at this time. Not because of the book. The book was merely glimpsing at your journey and why you would come in at a certain time, why you would choose now to be here on the planet, why the need for consciousness is higher than ever. It was a book, you could say a fiction, but it was also looking into the future of the planet. What you came here for was consciousness, to be conscious embodied Masters on the planet.

I'm not saying there's going to be a big war with machines or anything like that. Even if you toned down the book in reality, of what's really going to happen, you still have the issues with virtual reality and artificial intelligence, and there's still the need for consciousness on the planet right now. That's

why you're here. That's why you chose now. That's why you're doing exactly what you're doing.

I completed the book and the manuscript still is in existence to the best of my wisdom, but I've asked Cauldre, with your energy and your support, to rewrite the book in contemporary times with contemporary terms; the article, the story, the who, what, where, when and why of you, Shaumbra, in the Time of Machines and the Time of Consciousness.

Let's take a good deep breath with that.

(pause)

## Merabh for Consciousness

Now, I'd like to do a short merabh with Yoham simply about consciousness, and I want to express one thing that sometimes when I talk about this book, which, indeed, was written, sometimes there's a fear – "What's going to happen next?" That's the very reason you came here – not the fear – but you came here to bring consciousness at a time when it's absolutely needed on the planet. You came here to harvest the seeds of divinity that you planted a long time ago. That's why you're here.

(music begins)

So let's take a good deep breath, the breath of consciousness.

There are no battles that are going to take place with the machines. Not at all. The machines will end up destroying themselves, and isn't that like the mind itself? The mind always trying to find the answers, the mind trying to become more intelligent, to glorify itself. The mind isolating the person from the other realities and from senses and feelings. The mind sheltering one off from the grandness of life and focusing on simply itself – the intelligence.

You see, the mind – not just artificial intelligence, but the human mind – will eventually do the same, will eventually go crazy, if it's always pursuing more intelligence, to be smarter, faster, more powerful.



That's a big part of the experience that you've all had in your lives – having to let go of that thing called the mind, which by itself is fine. But when it becomes the only thing, when it becomes the focus, when it becomes a tool of power, when it keeps you from sensing and feeling and remembering, it's time for that mind to let go, to allow and to bring in the consciousness.

Let's take a deep breath for consciousness itself.

It contains no energy. It has no power. It is not greater than anyone else's consciousness. It can never be taken from you. You can never make it bigger. It is simply awareness, pureness.

It is something that cannot be measured. You cannot have a greater consciousness level than any other being, but it is something that can be realized, allowed; something that you allow to come into your life.

Each and every one of you has gone through so many struggles with the mind, with emotions, and in your journey, it has brought a lot of doubt, a lot of confusion into your life.

But we go beyond the mind now. Not trying to get rid of it, not trying to deny it; we simply go beyond ... into consciousness, awareness. It's all done by Allowing, you see, because when you're trying to work on your consciousness, it's really just the mind. When you're trying to effort into enlightenment, it's really just the mind working. But when you take a deep breath and you just allow, open up, now the consciousness can be here with you.

#### (pause)

"The Time of Machines" is a book about you, your journey, your bringing of consciousness into your life and, therefore, into the potentials of this planet. Perhaps the name, the title will change. It was very appropriate back then – "The Time of Machines" – but I know one thing is certain that the subtitle will be "The Time of Consciousness."

# (pause)

Let's take a deep breath with that and just allow. Just allow.

Now, I'd like to have Linda come back on the stage. Thank you, my dear.

We're going to do a little transitioning, some breathing with Linda, some music with Yoham and bring in a dear friend of all of ours – Kuthumi lal Singh (audience cheers and applause).

For now, I'll sign out as Adamus. Such a delight to be here with each and every one of you. I'll return tomorrow for A Day of Sensuality, but now let's transition into Kuthumi.

LINDA: And so it is. And so it is.

I invite each of us, as Geoff allows this transition from Adamus to Kuthumi, to be there in support, meaning take the good deep breath, the breath of Allowing, that breath that opens us to consciousness, each and every one of us.

Take the good deep breath and feel as these energies of Kuthumi – oh! – must be so close by. (lots of laughter



as music changes to an Indian flavor, causing Cauldre/Kuthumi to giggle) Ohh, yes. Oh, yes, the breathing is working.

Take the good deep breath. Oh, my goodness, it's already here. Oh, my goodness. Stay with the breath. Stay with the breath and breathe, feel and allow.

Breathe. Breathe as the music plays. Uh-oh. Uh-oh.

Oh, yeah. Take the good deep breath. Take the good deep breath.

Breathe deeply, flowing, each of us. Allowing the consciousness, the awareness. Ooh! My goodness, keep breathing (laughter). Mmmm. Oh, this doesn't happen very often. Keep breathing. Oooh!

(music picks up tempo)

Breathe! Breathe!

Oh, my goodness! Breathe! Breathe Namaste! (more laughter)

Breathe! (everyone starts clapping and Gerhard sings)

I am the Simple Master Good fortune on my way I am the King of Disaster Don't you [beep] my brain

I am the Simple Master
Good fortune on my way
I am the King of Disaster
Don't you [beep] my brain

Inside out, upside down Life's a rollercoaster sometimes High or low, rich or poor It's really just a state of mind

(music continues and audience continues clapping to the music, as Kuthumi comes in)



KUTHUMI: Namasteeeeeee! (much cheers and applause) Namaste! Namaste! It is I, Kuthumi, here for my annual visit with Shaumbra (laughter). Such a happy, happy warm feeling to be here with each and every one of you. Namasteeee! (Linda and audience responds "Namaste!")

Now, you see, Adamus, he gets to have the stage with each and every one of you, at least once a month, if not more. But I, Kuthumi, have the delight and pleasure of being with you all the time, *all the time*; working with you in your day-to-day life and in your dreams; telling you jokes, at times that are most difficult in your life, just to get you to smile again; working with you to remind you that this whole path to mastery is nothing more than Allowing, to get you a little bit lighter in your feet and certainly much lighter in your mind. That is my joy, that is my commitment to each and every one of you.

So even though I only come here but once a year, I am always, always with you. (someone shouts out "Marry me!" to lots of laughter.) But I already have 22 wives! (more chuckles)

Now, I would like to tell a little bit about my life after Realization, as I've done many times before, but I'd like to tell it from a little bit different perspective, because there is this question that comes up from so many of you, "What happens? What happens after my Realization? Is it going to be boring? Am I going to wonder what to do all day long? Am I going to find it so totally intolerant to be on the planet, as Adamus sometimes alludes to?"

But I was here for many years after my Realization, after my breakdown. Oh, that breaking down of the mind, I think it was the best gift ever, I truly do. I was so obsessed. I was so mental. I was so much into searching for the answers through mathematics or science or philosophy, that I could have gotten so very trapped and stuck. The breakdown of my mind, perhaps the best thing that ever happened. It was two years of time where I laid in my bed, but that is such a short amount of time for the many gifts I received.

So the question comes from you, "What do you do all day long as a Realized embodied Master?" Let me share a little bit of my story.

#### Kuthumi's Story

Now, last year I talked about I just started walking. I put one foot in front of the other and just started walking. I didn't know where I was going to go to, see, because my mind had stopped asking those questions. I had

transcended all of that, so it made no difference whatsoever where I went. It was just about putting one foot in front of the other and starting to walk.

So I started my journey, journey to my Self, journey simply to go visit the planet. I started the walking and I started visiting and I started talking, talking to everything. I talked to anything that I came in contact with,



and some would say it's crazy to talk to a tree, but try it some time. As an embodied Master, it's phenomenal, because, you see, now the tree starts talking to you.

So, as I was walking one day, I stopped beneath a large beautiful tree and I said, "Hello, tree. How are you today?" And the tree replied, you know; it replied and it said, "I am a tree, I'm doing fine. And how are you?"

And I said, "I am a Master. I am doing fine." And the tree said to me, "You're a bit different than the other humans who have come by. You're actually talking to me. And, instead of just peeing on me, you're actually sitting here talking to me. What makes you so different, human?"

And I said, "I simply went out of my mind. I'm crazy and I love it." (a few chuckles)

And I said to the tree, "Tree, you remind me a lot of myself back before I went crazy. You see, my feet were stuck in the ground, much like yours. I couldn't really move. I mean, I had legs, but I was so stuck in what I was doing, I couldn't really move. I couldn't really explore. So, in a way, I was like you, tree, and, you see, I was like you also because I had branches – branches that stuck out – and these branches were my ancestors, my family. And I held on to this ancestral tree. I held on to all the ghosts of my ancestors and even to my own past. So, in a way, I was much like you, tree. But now I'm free. Now I just go out visiting, walk around and I talk to trees. And dear tree, may you be blessed with the same freedom that I'm blessed with, where you're not so stuck in the ground, you're not so stuck in all of the old family memories, where you're free to be you, tree." And the tree then literally reached down with two of its big branches and hugged me in the sweetest most tender way.

Was I crazy? Was I in this Fool's Paradise that Adamus talks about? No, my friends. I was free. I was free.

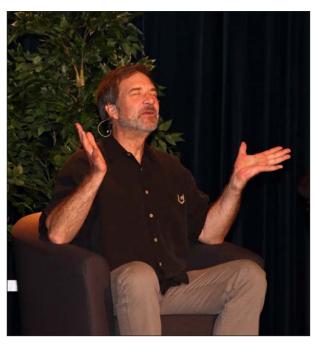


And then I kept walking and visiting and one day I came to a river. And I sat down beside the river and I said, "Hello, river." And the river said back to me, "Hello, human."

You see, in realization, in freedom you'll discover that there's never a boring day, because trees and rivers, they can talk to you.

And the river said, "What are you doing, human? Most people just want to cross me, but you sit down to talk to me. What are you doing human?" And I said, "I don't know, and it doesn't matter, because I'm free."

And I said, "Dear river, I used to be like you. I used to be running all the time. I used to be trying to find my source. I used to be trying to go back into the big ocean, back into the oneness." And I said, "But then I stopped. I ceased. I ceased searching and wandering and trying to get back to something that I had no idea where it was or what it was. I stopped trying to get back into the big ocean. I set myself free. So, dear river, may you be blessed also with the same freedom of always trying to find the source, always trying to go back to the oneness, to your ocean. May you be sovereign, dear river." And in great joy, the river sent out a splash of water that completely covered me, completely cleansed me and refreshed me.



I kept walking and walking and then one day I ran across a bird, a beautiful bird. A beautiful bird, and I said, "Hello, bird. How are you today?" and the bird responded, "I'm fine and how are you, dear human?"

And I said, "I'm fine. I'm free." And the bird said, "You're a very unusual human. Most humans don't stop to talk to birds, but you do. What is it that's about you?"

And I said, "Well, dear bird, I'm free. I'm very free." And the bird interrupted me. The bird said, "But you don't have wings like I do, so how can you be free?"

And I said, "Dear bird, if you look a little closer, indeed, you'll see the wings. They're not physical like yours, but I have wings, and the wings are all of my dreams, all of my desires and these wings that I have, they set me free. They allow me to go beyond even the limitations of

a physical body. These wings of an angel that I have allow me to go into the 'and.' So, dear bird, while you have wings that bring you into the air, I have wings that bring me into the 'and.'"

The bird was so rejoiceful, so thankful, that it literally took one of the feathers off its body and gave it to me as a blessing.

And then, as I continued my walk, I came upon a butterfly and I said, "Hello, dear butterfly, how are you today?" And the butterfly, flapping its wings in excitement, said, "I'm fine, dear human. And how are you?"

And I said, "I'm fine, dear butterfly, because I'm free. I'm free to just walk, to sense, to feel." And the butterfly said, "Well, dear human, you're so different. Most humans try to catch me and pin me onto something and put me on the wall, but here you are talking to me. There's something so different about you."

And I said, "Yes, indeed, dear butterfly. Some say I'm crazy, but the fact is I'm free."

And I said, "Dear butterfly, what was it like going from being simply an insect, a caterpillar and then going into your cocoon and emerging a butterfly?" And the butterfly laughed and said, "Dear human, I barely remember it. I barely remember. I've heard stories that it's the most difficult thing to go through, but I barely remember, because once I was free, once I had emerged as the butterfly, none of that mattered anymore."

The butterfly and I just sat there for a moment together, in amazement of this whole process of awakening and then finally freedom. The butterfly came and landed on my head for a moment, fluttered its wings, giving me a blessing as I shared a blessing with it, and then flew off. And I could feel the freedom, the

release, the same one that I had gone through in my transformation. And I barely remembered my time of having the mental breakdown either.

I continued walking and visiting until one day I came to a village, a small village. A small village with people – people going about their everyday work and their everyday business – and I felt the energy change, you know, being with humans, being with people. It was very different than visiting with butterflies and talking to trees, communicating with the river. I came to this village and it felt so harsh and different.

But I continued to smile, because I was happy indeed. I continued to whistle, because it filled my heart and my soul with my own song. And as I came into the village I nodded and smiled to the different people that I saw, and I said, "Hello, village people. How are you doing today? Hello, village people," and I was almost shocked at what came next. Instead of joy, instead of happiness, instead of talking to me like the butterflies and the trees and the rivers and the birds, well, I could just sense and feel that they thought I, indeed, was in Fool's Paradise, that I was crazy.

And then, without them really saying the words, I could almost feel them singing or shouting at me, shouting something that, well, this is what it went like:



EINAT: He's gonnne ...

GERHARD: ... nuts, bonkers, wacko and so crazzzzy!

EINAT: Staring at the walllills!

GERHARD: But not because he's laaazy.

AMIR: His mind is just a messsss!

EINAT: But his senses are ignited!

GERHARD His aspects are rebelling.

EINAT, GERHARD AND AMIR: But he's so, he's soooooo delighted! (some laughter)

KUTHUMI: And that's what I heard from the village people, my friends. And that's what I heard.

How sad it was after being in nature and talking to the trees and the butterflies and the river. How sad it was, indeed, to have this whole feeling of being called the fool, the idiot, just because I had set myself free, just because I had let myself go.

And you may find that also in what you're doing, in your embodied enlightenment. You may hear the voices of those village people from time to time, the ones who might say that you're crazy, that you are indeed a fool. You might hear those voices from the ones who are the closest to you. You might hear those voices from the ones who call you friends, the ones who you've shared many times on this planet with. You might hear those voices over and over again. But, dear friends, just remember, what is the real Fool's Paradise? What is the real Fool's Paradise, and who are the ones who are really crazy?

I continued my journeys, continued going from village to village, from forest to forest, continued to talk to the sky, talk to the rocks, talk to the Earth itself, as you will do, and you'll learn that they talk back, maybe not in human words, but they talk back as well.

You'll meet amazing people along the way. Not so many, but you'll meet enough amazing people to make it all worthwhile, and then every once in a while you're going to hear the voice of the village people. You're going to hear the voice of humans who just think you're crazy. You're going to hear them and we'll do it again, something like this:



EINAT: He's gonnnne ...

GERHARD: ... nuts, bonkers, wacko and so crazzzzy!

EINAT: Staring at the wallllllls!

GERHARD: But not because he's lazy.

AMIR: His mind is such a messssssss!

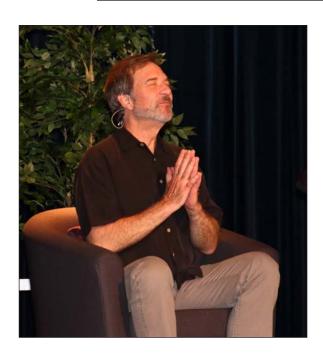
EINAT: But his senses are ignited!

GERHARD His aspects are rebelling.

EINAT, GERHARD AND AMIR: But he's so, he's soooooooo delighted!

KUTHUMI: Indeed. Indeed.

So, my dear friends, such an honor to be here with you once again. Just a reminder that there's never, never, ever a boring day for an embodied Master. Everything will talk. Everything will have sounds. Everything will communicate, whether it's in words, whether it's simply in feelings. Everything opens up and becomes so very, very sensual.



But remember you'll have the encounters with the village people, the ones who don't understand, the ones who think you're crazy, the ones who try to put you down and ridicule you. But that's when you take a deep breath and simply allow, simply sense and simply feel.

So let's take a good deep breath together as we complete this day. Let's take a good deep breath together with the music of Yoham.

With that, I Am, I Am, indeed, Kuthumi. Namaste.

LINDA AND AUDIENCE: Namaste.

KUTHUMI: Thank you (audience applause).





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