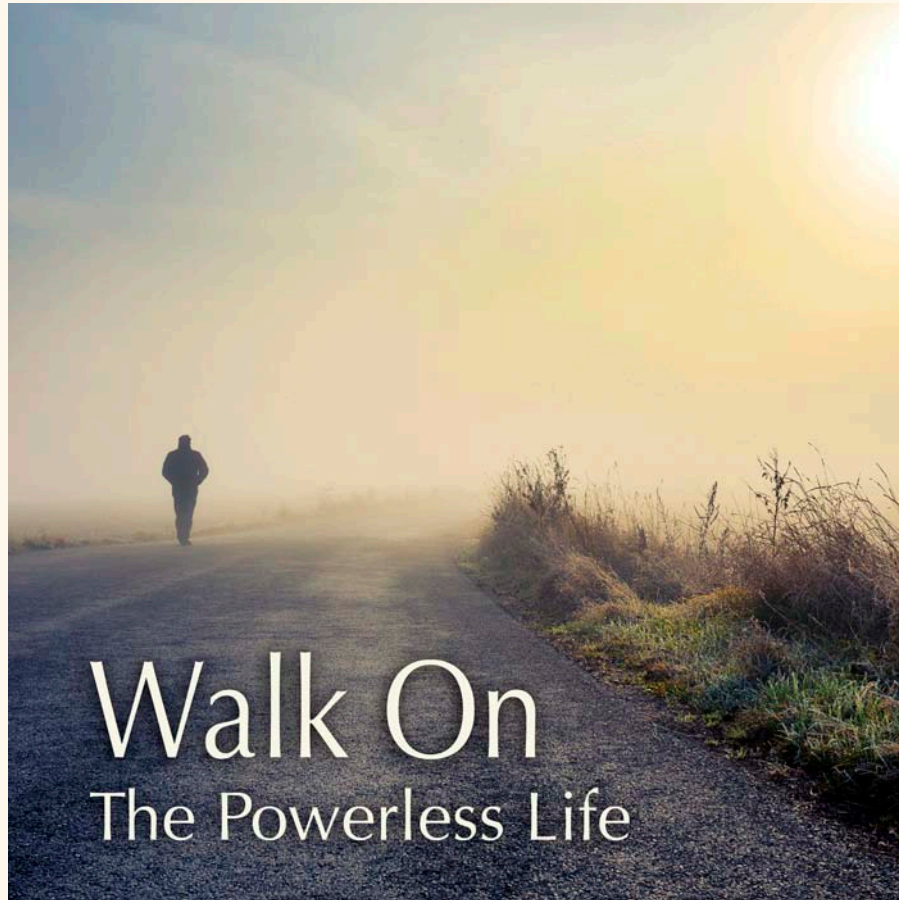


ADAMUS® SAINT-GERMAIN



Walk On

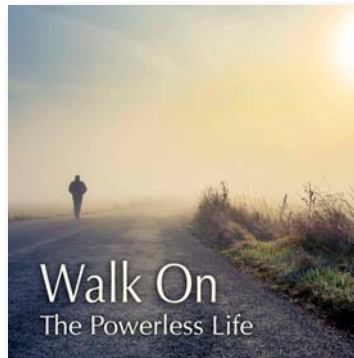
The Powerless Life

Shoud 7
March 5, 2016



CRIMSON CIRCLE

ADAMUS® SAINT-GERMAIN



Shoud 7 Presented to the Crimson Circle March 5, 2016

Featuring
Adamus® channeled through Geoffrey Hoppe
assisted by Linda Hoppe

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ADAMUS® SAINT-GERMAIN



Shoud 7

IMPORTANT NOTE: This information is probably not for you unless you take full responsibility for your life and creations.

* * *

I Am that I Am, Adamus of Sovereign Domain.

Ahh! My dear friends, let's take a good deep breath with that.

I love that Shaumbra has class, style. I love that when you do something, whether it's putting together a video like this* – done right here at the Crimson Circle, not somewhere else – when you put together



a video like this, when you do anything in your life, no matter what it is, you do it with style and class. That makes a difference. That means you're putting your energy into it. You're putting your creativity into it.

**Referring to the video "[On Children](#)"*

Most people just do things. They just do them on a very repetitive basis, without infusing their consciousness, their passion, their energy into it. But you're starting to put your Self into your creations, to put *you* in. That takes a big step. That's a bold step to put your Self into your life, into your creations.

If you don't, it's not worth it. It's not worth doing. If you're not doing it from the passion of your heart, it's not worth doing. Then you're just going through every day, repeating the same steps over and over. You're in a mundane, boring rut of life. But when you put your heart into it, even knowing

that it could be a big risk – somebody could reject it, they may not like it, it may not work out – it doesn't matter. At least you're living. Now I'll take my coffee (some chuckles).

SANDRA: I was waiting.

ADAMUS: Yes, thank you (some applause).

SANDRA: I knew you would get to it eventually.

ADAMUS: Thank you. And that's what I do love about working with Crimson Circle, now that we are going forward. We made that decision a couple weeks ago. We're going forward, going forward into this thing called embodied enlightenment, and it is *so* different, so filled with passion, so risky, frightening, scary. There are moments that you want to go back to the mundane, because it was safe. But you and I know that you can't live like that anymore. You *won't* live like that anymore. You'll leave before you live like that anymore.

We're going to get more into that today, but right now I'd like you to take an energetic snapshot into this moment, whether you're here in the studio, whether you're watching in online, watching in later. Take an energetic snapshot – not a visual picture, but an energy picture – of yourself and of everything around you right now. Take an energy picture.

(pause)

And then when we're done here today, take another one. You'll see how you can affect change in your life. Subtle maybe, quiet maybe, but you'll feel the difference if you take another energetic snapshot of yourself and your reality at the end of this.

So let's take a good deep breath with that.

A Question

We'll begin today with a question. I love beginning with a question; it gets all of you awake, it gets you feeling into potentials and possibilities.

LINDA: Does this mean with the mike?

ADAMUS: Yes, please. So today's opening question and it's a challenging question; it's an esoteric question. There are no right or wrong answers, but there will be an Adamus answer, of course (laughter).

LINDA: Duh!

ADAMUS: And I ask you to really feel into this. I ask you to really feel in, while Linda scans the audience to see who's going to get the microphone first.

LINDA: You can't hide.

ADAMUS: Is enlightenment something that you choose or something that you accept?

Is enlightenment something you choose or something you accept? And while you're pondering, before Linda comes out with the microphone, I just want to mention also that both Kuthumi and I spent quite a bit of time with Kahlil Gibran (whose poem was featured in the video), working with him.

LINDA: Sure.

ADAMUS: Conversing with him, as did Blavatsky, but, eh, she always smelled of old tobacco (a couple of giggles). But absolutely, he was one of the true teachers on this planet and is now an Ascended Master and actually is available for channeling.

LINDA: Hm.

ADAMUS: Hm. But you better be a good writer, or at least willing to put your heart into it.

LINDA: Hm.

ADAMUS: So the question is, is enlightenment is something you choose or something you accept? Linda, microphone; audience, answers.

LINDA: Okay. I'm drawn immediately ... I knew this is where I had to go.

ADAMUS: Yes, interesting. You changed a little bit.

TAD (dressed like Gilda Radner's character Roseanne Roseannadanna): I don't know why ... I have no idea ... well, I'm not – I came down from above. You guys are having too much fucking fun and I just ... (laughter) I did [The Master's Life](#). I was in bed for four days. My feet stink. My stomach hurts. Oh, god, it's awful.

ADAMUS: So how would you ...

TAD: Anyway.

ADAMUS: What name, what title would you give yourself? What role are you acting?

TAD: Oh, Roseanne Roseannadanna.

ADAMUS: Ah! Good, good, good.

TAD: Yeah. She's been up (pointing to the sky), you know, but looking. You're having too much f... anyway.

ADAMUS: And would you explain to the viewing audience a little bit about – right over here, Rose – Roseanne Roseannadanna.

TAD: Well, I was a character of Gilda Radner. Y'all were probably not even born yet, but it was back in the early days of Saturday Night Live and she was very ... she was a good character and Gilda just passed on and she's been up in the Near Realms for quite a while.



ADAMUS: Working with you, I see.

TAD: Well, she's trying.

ADAMUS: Yeah, yeah. She's trying (Adamus chuckles and audience laughter).

TAD: I don't know how good she's getting, but anyway, I invited her down.



ADAMUS: She put her passion into her acting, into her roles, and she didn't hold back. Criticized by many, but it's an example of "If you're going to do it, do it with life and passion." So what's your answer to the question?

TAD: Both.

ADAMUS: Both.

TAD: Both.

ADAMUS: Okay.

TAD: Yeah.

ADAMUS: Good, good. Okay, why? (a few applause)

TAD: I forgot what the question was, but I knew the answer (lots of laughter). I swear! I had it! I had the answer and now if you could repeat the question.

ADAMUS: So Linda whispered in your ear and said, "No matter what he asks, say, 'Both.'"

TAD: Both. Don't say, "I don't know."

ADAMUS: I don't know.

TAD: Because ...

ADAMUS: Yeah.

TAD: ... that's doesn't fly.

ADAMUS: So both. Okay. Let's start with choosing.

TAD: Well, you have to have a conscious choice in it. There has to be a choice, a focus, a path. You have to choose to be on it, but as you've been saying, it's going happen anyway, so really, you know, WTF, I mean ...

ADAMUS: So which would you put first, the accepting or the choice?

TAD: I think I have to accept it first and then choose.

ADAMUS: Okay. That seems kind of reverse, but okay. Yeah, yeah.

TAD: Accept the choice (Adamus chuckles). Okay.

ADAMUS: Good. Good, thank you.

TAD: Thank you.

ADAMUS: Thank you for your answer.

TAD: Thank you.

ADAMUS: Yes (some applause). Thank you. Is that a little warm? (referring to the huge wig she's wearing)

TAD: It will be ...

ADAMUS: It will be (Adamus chuckles).

TAD: ... shortly. I'm just – yeah.

ADAMUS: Good. Good. Next. Is enlightenment something that you choose or something that you accept?

ANDY: I believe she hit the nail on the head, because in my mind you need to make a conscious choice to go there.

ADAMUS: Right.

ANDY: But you never really get there. You have to allow it in.

ADAMUS: Right.

ANDY: So it's kind of ...

ADAMUS: So, chicken and egg though. Which comes first, choice or acceptance?

ANDY: Being a human I like the choice part.

ADAMUS: You like the choice part.

ANDY: Because it's something I can do.

ADAMUS: Okay. Great. Why did the chicken cross the road?



ANDY: (slight pause) I give up. Why?

ADAMUS: I don't know. I've been asking this for centuries (some laughter), nobody seems to know the answer. I just ...

ANDY: We'll have to find a chicken.

ADAMUS: Well, yeah. Yes. Yes.

ANDY: Yeah. Good.

ADAMUS: Good. Next. Enlightenment – is it choice or is it acceptance?

JEANNE: I also agree, both.

ADAMUS: Both, and which is your chicken and egg?

JEANNE: I think I accepted it before I came this lifetime and my human chose to follow through.

ADAMUS: Okay, why would you need to choose then?

JEANNE: Because my human likes to ...

ADAMUS: Likes to tinker.

JEANNE: ... hang around in duality.

ADAMUS: Yeah. Yeah.

JEANNE: But my human, you know, at one point my human, as a young kid, my human chose, and – I mean my human accepted it – and I danced with it and then I blocked it and I re-chose it. Then when life just – I just couldn't do life without ...



ADAMUS: So what are you more into right now, choice or acceptance?

JEANNE: Acceptance.

ADAMUS: Acceptance?

JEANNE: Acceptance.

ADAMUS: Okay. Good.

JEANNE: Just acceptance, yeah.

ADAMUS: Acceptance.

JEANNE: Yeah. The human has to just allow it.

ADAMUS: Good. Good answers so far. Where are we going to go with this?

LINDA: So far?

ADAMUS: So far.

LINDA: So far?

ADAMUS: We're going to do a couple more.

LINDA: Okay.

ADAMUS: Enlightenment. Is it about choice or is it about acceptance?

LINDA: Scott.

SCOTT: I guess ...

ADAMUS: If you wouldn't mind standing up ...

SCOTT: Oh, sure. Yes.

ADAMUS: ... so the whole world can see you for time forever.

SCOTT: I think it's both.

ADAMUS: Both.

SCOTT: Due to the power of "and."

ADAMUS: Yes.

SCOTT: And it is simultaneous. Once you choose it, it already exists then immediately in another reality.

ADAMUS: How are you doing on accepting it, Scott?

SCOTT: Mm. I'm trying to do my best right now (he chuckles).

ADAMUS: How good is your best? Yeah, that always sounds like a little bit of cop-out ...

SCOTT: Good question (he chuckles).

ADAMUS: "I'm trying my best." It means actually "I'm failing (laughter). But I'm failing slowly."

LINDA: Ow!

ADAMUS: I'm failing slowly (they chuckle).

LINDA: Ow!

ADAMUS: That's what it sounds like. I'm reading energies here. So how are you doing with the acceptance?

SCOTT: I think I was doing pretty good up until about two days ago or so, and then I'm like, okay, I could use a little support now.

ADAMUS: Yeah.

SCOTT: So.

ADAMUS: Pretty good. Pretty good is another one of those terms for, "It really sucks, but I'm not willing to admit defeat yet." (they chuckle)

SCOTT: Could be a little bit.

ADAMUS: I love humans. They don't say what they really mean, but if you really feel into the energy behind the words of what anybody says, it presents a whole different story. So, but at least you're smiling.

SCOTT: Yes, that's true.

ADAMUS: Yeah. It's one of those smiles (some laughter as Adamus gives a smile that looks forced) So, yeah. So, bring the microphone back here. We're not done.

LINDA: Oh! Okay.

ADAMUS: Well, no. So things got really tough. What's going on?

LINDA: Sorry, Scott.

ADAMUS: What's going on?

SCOTT: Ehh, just, um – I was telling people when I came here this time, the last month I would just summarize it as a beautiful mess. I see some beautiful co-creation in there, but it's the craziest, I think, time I've ever had in this life. So.

ADAMUS: Elegant chaos.

SCOTT: Elegant chaos. Yes.

ADAMUS: Yeah. You know, that's actually a really good thing.

SCOTT: That's, that's ... yeah.

ADAMUS: Hard to go through.

SCOTT: Yeah.

ADAMUS: But it's a really, really, *really* good thing, and I'm going to talk about that.



SCOTT: I don't think I could have managed this level or intensity ten years, maybe even like five years ago.

ADAMUS: Yeah, or a year or two ago maybe.

SCOTT: Yeah.

ADAMUS: Yeah. Yeah.

SCOTT: Yeah.

ADAMUS: Good.

SCOTT: So I'm – from that part, I'm pretty proud of myself for ...

ADAMUS: Little advice ...

SCOTT: Okay.

ADAMUS: ... from Uncle Adamus?

SCOTT: Yes (some chuckles).

ADAMUS: You're struggling with things right now.

SCOTT: Yeah.

ADAMUS: Not just one. There's one in focus but there are many, many other issues around it.

SCOTT: Mm hmm.

ADAMUS: You're trying to solve it with your old tools.

SCOTT: Yes. Yes. I can see that.

ADAMUS: The old tricks. The old tricks.

SCOTT: Yeah, the 'figure it out' mode. Yeah.

ADAMUS: Because they kind of worked before.

SCOTT: Yes.

ADAMUS: Partway anyway, and the old tools would get you through the crisis.

SCOTT: Mm hmm.

ADAMUS: It will not work anymore. They won't, and that is frightening when the things you've relied on, whether it's little clichés you tell yourself, whether it's things like projecting yourself into the future and everything is fine, whether it's even patterns and routines that you get in that – well, geez, if you're going to photo sharing ... (Linda laughs) Let's all get in on this. All right (he comes into the audience).



LINDA: Okay.

ADAMUS: I'll get on this. And I'll still keep talking to you ...

SCOTT: Distraction, yeah.

ADAMUS: ... because you're the most important thing to me right now. But ... (laughter as Adamus joins in on a picture with Sart and Linda) So the old tools don't work anymore, and that's why ... that's why a couple of things. I love distraction.

SCOTT: Uh huh.

ADAMUS: And I love intentional conscious distraction because humans and Shaumbra tend to get very caught

in the patterns, the old patterns – “We'll go back to doing this. We'll go back to ... if all else fails, hell, let's just meditate or chant or something like that or even go back to praying.” So you get caught in a rut, and I love distracting, because it takes out of the mental for a moment. It snaps consciousness. Like when you snap a rubber band, especially on your wrist, it just kind of changes things. Distraction snaps consciousness into a new place. You know, consciousness is kind of pulled tense from everything you're going through and you're trying to figure it all out and you're using old tools. Well, you just distract yourself if you have to. You do something to distract yourself. You jump out of a window – first floor window, of course (some chuckles). First floor or you ...

SCOTT: Well, I am now looking for a ranch home, so that would be easiest (they laugh).

ADAMUS: But you do *something* to distract yourself, break the pattern, get out of it. So, good.

SCOTT: Okay.

ADAMUS: So you're struggling, you're trying to pull up the old tools, ain't gonna work.

SCOTT: Yeah, and it feels, like in the last Shoud, like you talked about going to a space that I don't – that for me doesn't exist.

ADAMUS: Exactly.

SCOTT: And so ...

ADAMUS: Exactly.

SCOTT: ... just got to know it's on the other side.

ADAMUS: Yeah. And then you try to exist about going to the space that doesn't exist because you've never been there, and you're instantly defeated before you ever do. So you just say, “I'm just going to do it. I'm not going to think about it,” and then you're there.

SCOTT: Okay.

ADAMUS: Good.

SCOTT: Thank you.

ADAMUS: Thank you. Next.

LINDA: Adamus, you know, Geoff dressed you up pretty smartly today (audience agrees).

ADAMUS: How about I dressed Cauldre up ...

LINDA: Nahhh! (laughter)

ADAMUS: ... because otherwise it wasn't going to get done. This doesn't take an Ascended Master to figure that one out! (more laughter) God! Look at his wardrobe! Yes.

NANCY: For me, I think accept.

ADAMUS: Accept. Okay.

NANCY: Because I've always felt like I've kind of been pushed into the direction that I need to go.

ADAMUS: Yeah. Pushed by whom?

NANCY: I wonder (they chuckle).

ADAMUS: Again, you don't have to be an Ascended Master to figure this one out. Any guesses where that pushing is coming from?

NANCY: Yeah, Yogananda.

ADAMUS: Mmm, any guesses where the push from Yogananda would come from? Yogananda is not going to push unless something else is present.

NANCY: Myself, I suppose.

ADAMUS: I suppose.

NANCY: Yeah.

ADAMUS: Yeah. Yeah. Yeah. If I had an Adamus Award I would give you one today, but I don't believe ... (Sart offers one of his) Those are yours to keep forever. Yes. Next month. We'll get back to Adamus Awards, but thank you for your answer.

LINDA: What did you want? Did you have a special request?

ADAMUS: Adamus Awards?



LINDA: No! Too late for that.

ADAMUS: Would anybody else care to pass them out? (someone says “No”) Put next on the list.

LINDA: I’ll find you some. I’ll find you some.

ADAMUS: Good, good.

LINDA: But not today.

ADAMUS: Not today.

LINDA: Not today.

ADAMUS: Next month, okay. Enlightenment, is it about choice or acceptance?

SHAUMBRA 1 (woman): (sighs) Well, at first I thought, well, choice, of course. And then I thought, well, both, naturally. And then I thought, well, no it’s acceptance, and I would repeat exactly what this beautiful Nancy said, because that’s exactly what I felt. It’s like you have to accept it, you have to be in a space of accepting, and then you can choose.

ADAMUS: Yes.

SHAUMBRA 1: I think it’s acceptance first.

ADAMUS: Interesting. From a human perspective, it sounds a little backwards, but interesting. Yeah.

SHAUMBRA 1: Yeah. Yeah.

ADAMUS: Good. Yeah.

LINDA: Hm.

ADAMUS: Hm. One more.

LINDA: One more.

ADAMUS: Yeah.

LINDA: Oh, let’s go for Mofo.

ADAMUS: Everybody’s, “Mofo! Mofo!” Yeah, yeah. Yeah. Yeah.

MOFO (Marty): Boy, I better say something good! (laughter)

ADAMUS: Or quickly distract, one of the two.



MOFO: Yeah, yeah.

ADAMUS: Quickly distract.

MOFO: Look! Elvis! (more chuckles) Um, I'm going really go out on a limb here and just say both.

ADAMUS: Both.

MOFO: Wow.

ADAMUS: Okay.

MOFO: Shocking, huh!

ADAMUS: Wow!

MOFO: Shocking.

ADAMUS: Wow. So, but again, chicken and egg. Which comes first? Which is more predominant in your life right now?

MOFO: Accepting, for sure.

ADAMUS: Accepting.

MOFO: Yeah.

ADAMUS: Okay.

MOFO: The choice comes first, but then you have to accept the 'holy shize' that comes with it.

ADAMUS: I'm sorry. Holy what?

MOFO: Shize.

ADAMUS: Shize.

MOFO: Yeah.

ADAMUS: New word?

MOFO: Sure, why not?

ADAMUS: Sure. Good, good.

MOFO: I'm good at making those up.

ADAMUS: Holy shize! Good. Good. Okay, so for you right now, more about acceptance, but choice came first.

MOFO: Definitely. Definitely.



ADAMUS: Okay.

MOFO: Yeah.

ADAMUS: Good. Good answers. Actually, all good answers. It's getting tougher and tougher to stump you guys, really getting tougher, and those of you sitting at home, you're also probably saying, "Yeah, that's it. Both. It's both."



And now the Adamus answer? It is both. It is both. However, an interesting phenomenon, which some of you hit on, and then doubted yourself because I implanted the doubt (some chuckles), is enlightenment was happening first. The enlightenment came first. The whole path to enlightenment and ultimately the acceptance came first.

It's interesting. It's an evolutionary pattern after a lot of lifetimes on the planet, after a lot of experiences and finally getting to the end of the experience chain, basically saying, "Okay, how much more am I going to experience on the planet? What more do I, soul, really choose to do?" At some point that enlightenment process started by an evolutionary consciousness/energy dynamic. It started.

Then at an interesting point you chose it. The human chose it. The human already knew a lot of things were happening in your life. A lot of things were changing. You felt different than other people. You were going through a lot of internal turmoil, and at some point, whether it was prompted by a book or a guru or anything else, the human chose it.

The choosing of enlightenment was simply validation of something that was already going on. The choosing that you did as humans, whether it's choosing enlightenment, choosing awakening, saying, "I choose this as my direction, as my fulfillment." You could almost hear the soul laughing, a sweet laughter, saying, "It was already happening." You're just finally acknowledging it and validating it. You as a human now are no longer resisting and struggling. You're finally accepting something that was happening anyway.

It's an interesting question and a bit of a chicken and egg question, but I wanted all of you to be aware that this whole journey to enlightenment – or, actually, the whole process of embodied enlightenment – was happening, and it's been happening for a long time. Maybe not consciously. Maybe the human wasn't aware of it, but it was the evolution of the soul. That's going to happen anyway, and when you stopped at one point and said, "Enlightenment, this is what I choose in my life now," it was like bringing together these energies, bringing that validation of what was already happening, bringing an ease in that no longer created this separation from the human life and the soul, but actually brought these together into unity.

So when you consciously chose it, when you knew you were awakening, when you knew that this was the path of this lifetime, it was like a sweet laughter from your spirit saying, "It's happening anyway." Now, dear human, would you just accept?

You're not driving the enlightenment. You're not responsible for your enlightenment, as I've said many

times before. It's not based on what goes on up here, how you think your way through, how you try to force your way through. It is truly a matter of acceptance. Acceptance, truly, of your I Am, of your soul Self. It's already going on, and the question today for everyone, as a way of validation, is can you just accept it?

It's not being governed from any angelic council. Spirit isn't doing it. There are no spirit guides, archangels, any of that. You know that. It's coming from the I Am. And you can't think of it as a choice of the I Am; it's the evolution of the soul, and it's going to happen one way or the other, sooner or later to everybody, but you've all been here on this planet more so than others.

You had more lifetimes. You were some of the original beings here on this planet. You've been there. You've done that. You've done just about everything, and in the evolution of the soul, it says it's time for integration now. It's time to bring this all together in one great big crescendo, just like at the end of the music, just like all the music, the lights, the energies coming together – (clap!) – and integrating. So would you please just allow yourself to accept it? Stop thinking that you have to be the ones to plan it and plot it. You don't. You don't.

So let's take a good deep breath with that. Ahh! Mm. Good.

Linda, we'll need you back up here with your magic writing pad.

LINDA: Oh, my goodness.

ADAMUS: Yes, they took away my writing board, said it didn't look good on camera.

LINDA: Oh, poor you. Haah!

ADAMUS: So now she's got a magic writing pad.

Okay, four main points today. The first point I'll lead into.

1. Everything Goes Through its Evolutions

Everything goes through its evolutions, its cycles. Everything from you to nature, to what we will call time and experience. The soul goes through its evolutions. The human, much more so than the soul, the human goes through a series of cycles, and tends to get stuck in its patterns.

There is an electrical and a magnetic and a gravitational energy that literally pulls the human into its cycles, into its patterns. And the human tends to stay in those cycles, repeating them – a simple example, past lives, incarnation – a repetition, a repetition over and over again. Because of the dynamics, it attracts – the light of you attracts – electrical, gravitational and magnetic energies that then keeps you in those cycles.

Sooner or later, it's got to break out. Energy cannot stay static. Energy cannot stay in a form forever. Sooner or later, it has to break free, go back to its original state. Nothing can stay the same forever. Nothing can stay the same forever, other than consciousness, other than consciousness. Everything else changes.

But we have this planet, this planet that's been evolving for millions and millions and millions of years, and we have the human biology. We have nature. We have thought and everything else. They get into patterns.

Patterns are wonderful, in a way, because you get very familiar with the energies, with the experience. But



patterns also have a way of holding you in. That's really one of the biggest challenges. You know, you go through all the mental stuff, "What's wrong with me?" kind of stuff. You can get rid of about 99.99 percent of that, because it's not what's wrong with you, but it's getting stuck in those patterns that you just know aren't right anymore.

But the human mind, because it is very patterned, very structured, will literally try to get deeper into its patterns. It

will go deeper into itself to try to find the answer, and it can't. That's when you go crazy or things change in your life or you get so sick of what you're experiencing that you finally begin to accept and to allow. You finally begin to say, "Hey, the old way isn't going to work anymore. I've tried it a thousand times and it's just not going to work, so I give up. I let go. Not to an unknown being, Spirit, God, angels or anything; I just let go. Period. I don't have it anymore to continue going on and on." So you let go, then changes occur.

Humans and this planet, everything on this planet, this dimension has been in pattern for a long time. Patterns are fun. You know, it's a lot less fearful. Patterns are fun because when you come back full circle – you know, you're doing these patterns, these cycles of lives and all that – it's kind of fun because you get to experience it again and maybe pick up what you missed the first time or the second time or the 847th time (a few chuckles). But after a while it's like, "Okay, I get it now. I get it."

So at a certain point it breaks apart, blows apart. At a certain point there's enough consciousness, there's enough acceptance that suddenly all the patterns start dismantling. They start falling away – first on a very personal level within you, and then later on on a very global level – and that's what's happening right now.

An interesting thing happened in February, very interesting thing. I heard the talk before, you said February was intense, February was a frustrating month; we can go through the words, but intense, frustrating, frightening, fun, any other "F" words? (laughter)

LINDA: Insane.

ADAMUS: Or any other words to – you can holler them out; I'll repeat them – any other words to describe the month? Terrifying? (someone says "Beautiful") Beautiful. Thank you.

LINDA: Intense.

ADAMUS: Intense, already said. Yes. (someone says "Chaotic") Chaotic, absolutely. (someone says "Disruptive") Disruptive, big time. Big time. (someone says "Shocking") Shocking, stunning. (someone says "An extra day") Glorious. An extra day. (some chuckles and someone shouts "Yeah!") Why not? Let's just put in an extra day. Polarized. Beautiful.

LINDA: Politically incorrect (more chuckles).



ADAMUS: Politically incorrect. Moments of absolute ecstasy. Strange dreams.

LINDA: Hmm.

ADAMUS: Dreams are getting stranger and stranger.

LINDA: Mm hmm.

ADAMUS: We'll talk. Ohh! Are they getting stranger?

LINDA: Mmm!

ADAMUS: What is it about dreams?

LINDA: Mm.

ADAMUS: Why – I'm going to digress for a moment here – why is it that so little real work has gone into dreams, understanding dreams? There are some books out there and

there are some sleep and dream institutes, but they have no clue of what's going on.

You spend a third of your life in dream state. Most people shrug it off, "Eh, that was just a dream." You've got to be kidding! You've got to be kidding that all of this going on out there and there's people who just shrug it off – "Eh, I was just dreaming" – like it's just a cartoon that's playing in your mind all night long? Like you got nothing better to do than put this shit through the mind? (some chuckles)

LINDA: What was that?

ADAMUS: And then wake up and say, "What was that?" or worse yet, "I don't remember my dreams." You dream at least twelve different levels at one time at night. You're dreaming right now, but that's a whole other thing. So, back to the point here.

An interesting thing happened in February and most of you felt it to one degree or the other. But what do you do? You treat it like a dream. "Oh, that was just a month." It's like, "Hope that doesn't happen again real soon" (some chuckles). You shrug it off and say, "It's just the energies are high." But what was really going on this month? What really happened this month? Well, allow me to explain.

LINDA: Okay (a few chuckles).

ADAMUS: Okay. Interesting phenomenon.

Newing

So after millions and millions and millions and millions of years of being on cycles that slowly, slowly, slowly change; after millions of years of basically having the same biology and the same mental process; millions of years of nature going through its evolution, its life/death process, its renewal and then dying process year after year after year; after eons of time of things just being in pattern or in cycles, renewing –

renewing, but that kind of means like taking the same old energies and just kind of reshaping them, maybe doing a little pruning of the energy tree, but basically just renewing – an interesting thing happened in the mid to later part of February.



This planet became newing rather than renewing. What do I mean by that? That means that consciousness, desire and passion reached a certain point on this planet never ever done before that henceforth everything will have to be new.

LINDA: Hm.

ADAMUS: Hm. Wow. “What does that mean? I get a new car? (some laughter) I walk out and my ...” Yeah. Yeah, actually.

Now, come back to the simple premise that everything has stayed in patterns for a long time. It changes slowly – that’s your real frustration. It just damn changes so slowly – everything in patterns. Suddenly, a point, you could say, a kind of a threshold was reached on the planet. So now everything has to be newed rather than renewed.

LINDA: Nude?! (laughter)

ADAMUS: Newed. If anybody takes their clothes off and runs around right now, I’ll understand (more laughter).

Everything will be new. Now, I’m going to talk more about that in a lot more detail in our midyear ProGnost. Technology is supporting that. Technology is not causing it, but technology is support that.

Everything will be new, and this is going to be different, because you say, “Okay, well, geez, I moved to a new house, so isn’t that something new in my life?” Nah. That’s a cycle. That’s just – it’s still a house. It’s just moving from one place to another place. It’s a renew, rather than totally new.

You say, “Well, I quit my job and I got a new job, it pays more money and I like it better.” Well, that’s a renewal. That’s not new. Or you say, “I traded in my car and got a new car.” No, it’s still a car. It’s not new; it’s just a renew. It’s just kind of like even your lifetimes, you know, you come in for a lifetime, it’s like, “Well, it’s a new incarnation.” It’s like, no, you just renewed an old contract to come back again into the old biology and the old mind.

A funny thing happened in February. Everything is going to have to go new, off cycle, out of pattern, and, as wonderful as that sounds, that should be terribly frightening to most people, other than you, because this is what you’ve wanted. Everything goes new.

You’re seeing it, but you’re going to see it continue and it’s going to continue to feel intense unless you know what’s really happening energetically. You’re going to see it in – Linda used the example before – politics. It’s going to go new. The old way of doing it – I believe you were talking about the elections before – something is going to come along to blow it apart. It has to be. It has to be (some applause).

LINDA: It’s on track! It’s on track!

ADAMUS: Yes, but on the same token I say that, and you say, “Well, look at the one who is delivering new, or the messenger, the deliverer. Well, what a bozo” or whatever you happen to feel. I don’t have any preferences one way or the other. And you say, “Well, what an idiot?”

Well, look what’s really happening. It’s not about an idiot; it’s about things changing. Something had to shake the tree. Something had to shake things apart, blow it apart, and it’s happening and a lot of people are getting very frightened because it takes away their little power base. It takes away their cycles, their patterns, their comfort levels. They get frightened.

Frightened, fear – I hope you’ve all had a good dose of fear lately (Adamus chuckles). No, I mean that, because fear has an incredible energy in it. It’s a combination of the dynamics of magnetic, gravitational and electrical, sucking everything in. That’s what happens when you get into true fear. I’m sure you’ve all felt absolute real fear. Not just a little nervousness, but real fear. It’s like – if you would envision it for a moment – fear causes everything to collapse into itself, causes it to constrict and contract and to go into kind of a darkness. It’s trying to find safety, but it’s not safe, no matter what. In fear, you try to go out of existence, out of shining your light. That’s the last thing you want to do.

Actually fear, at times, can be a very, very dynamic force for change. It can blow things apart, because fear will take you down to the core level of things. Fear doesn’t care about makyo. You try makyo on fear, it doesn’t work. Fear doesn’t care about little nice clichés. You say, “Well, I’m going to go get a massage to get over my fear.” I don’t think so. You’ll never walk out the door, you’re in too much fear. How could you get a massage?

So fear has that incredible ... it’s like the black hole of gravitational, electrical and magnetic forces. It just sucks in. But then it blows everything apart. It blows apart all of the old structures, if you allow it.

People get stuck in fear for a long time, sometimes. They get caught up in it, particularly on the medications – sorry to keep bringing that up, but they’re not a good thing. You start taking medication to overcome your fear and suddenly you’re stuck in it. You’ll eventually get out but, for most of you, that fear of “Oh, my god, what’s going to happen next?” can be an incredible thing. It brings you to your moment of truth and light, what’s really important. So back to the main point.

Everything goes new now. This planet can no longer stay in cycles. How long will this take? I don’t know. It’s not really the important part – hundreds, thousands of years, who knows; more like hundreds – but everything changes now. Instead of renewing, it’s going to set out on a path for new. It may go through a few more renewals before it comes to new. It may destruct before it comes to new, but everything goes to new. Watch it. Pay attention now to what’s happening in the world. A lot of you have gone kind of into your caves and not wanted to see what’s happening in the world, but now is a good time to come out and watch as this dynamic takes place in the world. It ties in a lot to what I talked about in ProGnost, but those are just forces that are supporting going to new.

New is going to affect government, finance – you know, all the typical categories – food, health, everything else. A lot of them will break down first, but then they’re going to go to new.

What is new? It means something that is out of the old rut. Something that is, you could say, quantum. Something that is so different than how it was done before, that it will be difficult to try to even imagine it. It would be difficult to figure it out, at least in the old human mind, because the old human mind is in renewal, rather than going new.

But that brings me to another point, that the first thing you're going to notice, and have been noticing, in going new ... by the way, isn't it interesting, new is also like the word k-n-e-w, the English word, knew. So you kind of knew new (some chuckles). You knew that it was going to go new. Yes, knew new. You can write that down.

LINDA: Which part?

ADAMUS: Knew new (more chuckles).

LINDA: Okay, is that point two?

ADAMUS: So that was just a distraction.

LINDA: Oh.

ADAMUS: So everything goes new and it starts, as you know, with the mind and body, with you personally, and it starts with things like we've been talking about – [Ancestral Freedom](#). That was a tough one, much tougher than you might have imagined, much tougher than I ever let on was going to be for you, for many of you, because you've had lifetimes on that same ancestral pattern or cycle.

To consciously say that, "I'm going to get off of it," to say, "I'm releasing the ancestral energies," well, you were just choosing, you were just validating a process that was happening anyway. You weren't the one doing it; it was happening. You finally gave it approval, you could say, you validated it, which allows you then to accept this thing that was already happening in your life.

When you finally said, "Yeah, okay, family, I'm letting go" a lot of you probably discovered, "Oh, it was already happening anyway."

So you're going to notice it in your body. You're not going to just recycle, renew that body, and a lot of you are really trying hard to do that. You're mentally thinking, "I'm going to be younger. I'm going to be healthier." No. You're going to go new. You're not just going to fortify or youthify your current body.



LINDA: Crap! Really?!

ADAMUS: No. So give up trying (Linda sighs). No, and I mean that seriously. That was actually a good input from dear Linda of Easa. "Crap! All this time I've been using lotions. I've been trying to think positive about my mind. I've been trying to be youthful and I've been trying to bring youthful energies into my body." You're just renewing something old, something you really don't want so much ...

LINDA: You sure?

ADAMUS: ... rather than going new (some giggles). Rather than going new.

What is new? What is new when it comes to biology? It doesn't matter (Linda sighs exasperated). You don't have to think your way through – you couldn't anyway – so what do

you do? (a few people say “Allow”) Allow, accept. You can make choice saying, “Okay, I’m going to go new,” not knowing what it really is, not knowing what happens next, then allow. Then let it happen. And you’re going to have your moments of sheer fear, terror or doubt. I don’t know which is worse, doubt or fear? Which do you think is worse? (some say “Doubt”) Doubt. I would tend to agree. I’d tend to agree. Doubt. Doubt is nagging. Doubt is gray and boring and it’s kind of like just being suffocated slowly over a period of like five years. You know, it just agonizing, versus fear – *blaghhh!* (choking) – you feel it right away (a few chuckles).

You know a funny thing in fear is that you suddenly feel life, at least the desire for it, in a very dire, like a near death experience, like, “Oh, my god! I’m alive, but I’m going to die in a moment” (some chuckles). Doubt is like, “Well, I don’t know. Am I alive? Am I dead?” And “Why am I thinking thoughts like this?” And “I shouldn’t be thinking thoughts like this? I don’t know what I should be doing.” Eh, sh ... that’s doubt. You know, it’s an ugly, ugly energy.

So it’s going to happen in your body, going new. What is it? Doesn’t matter. It’s going to happen anyway. That’s the funny thing. It’s kind of the joke of enlightenment – it’s going to happen anyway (some chuckles). You can worry about it. Yeah, you’re laughing. Yeah. No, actually, it’s such a beautiful point and I believe it was Kuthumi who first brought it to Crimson Circle many years ago, but it’s going to happen anyway. In a way you could say it has happened, but why worry? Why worry? And that sounds nice, you know, very philosophically nice, but then you walk out the door and it’s like, “Ehhh! I’m going to worry!” because you’re in patterns. You’re kind of in old patterns.

It’s coming to your mind – new – and your mind doesn’t understand it, doesn’t really like it. Your mind is trying to *renew*. Your mind is trying to trick you and itself into thinking that you’re working on something together and you’re just going to kind of fix things up a little bit in here, you know, call in the psychiatric construction remodeling crew and kind of fix things up, because they got a little out of balance there. And you’re going to slap some paint on it and put in new carpet and try to ignore the bad odor that was always there. Ooh. Yeah, it’s true the mind has an odor. It’s old thoughts. You know, old thoughts are kind of like old cheese in the refrigerator. It’s like “Ohh! Oh!”

LINDA: What?!

ADAMUS: (audience is saying “Ugh!” and Adamus chuckles) So it’s going to happen to your thoughts. New. Get used to it. It’s going to be frightening at first, because you’re going to feel like you’re losing it. You’re going to try to go back into patterns. You’re going to try to go back into a lot of the way things were done before, the cycles. You’re just trying to polish the cycles a little bit and make them a little bit better. Forget about it. The mind is going new – a new way of thinking.

I’ve talked recently, particularly in Keahak – by the way, sign up now for next year’s program. It’s going to be more dynamic than the other ones.

We’ve talked in Keahak and here about going into the Master Sense, and that is the new. That is the new for the mind. And the mind is going to try to, it’ll pretend it’s going to figure out the Master Sense. The mind’s going to be like, “Yeah, this is what the Master Sense is and this is how it works.” No. You’re just trying to renew the mind. You’re going to go out of your mind into the Master Sense. It could happen while you’re driving down the street. It could happen at any moment, at any point, but it is happening. It is happening, absolutely.

It goes back to this question, is it about making a choice or is it about accepting what’s already going on?



You accept it. When you choose it, it's just like going, "Oh, okay. I get it. I'm already traveling down the road in the car at 120 miles an hour. Now I'm just accepting that I am." You're already going into enlightenment. It should be a great comfort for you. Really a great comfort. But also there is that, "Well, but don't I have to do something? Don't ... I mean, shouldn't I ..." Shh! (someone says "Breathe") Breathe. Do something passionate. Create a great video. Write a book, whatever, and don't worry about how it's going to be taken. Just do something. Put yourself into life, if nothing else as a distraction.

So the mind is totally changing. You worry about it. You worry and you say, "Oh, god. I'm depressed" or "Oh geez, I'm psychotic." Yeah, okay. Well, you know, what? Everybody is. Yeah, everybody is. Join their club (some chuckles). No, I've done a lot of feeling into energies and every human is totally screwed up.

LINDA: Ohh!

ADAMUS: No, it's true! You'd have to be to be here doing this time after time after time after time again without stopping to say, "Hold on a second. What is this about? What do *I* want to do?" So, no, every human is psychotic, to a degree. Some to a very, very large degree. The ones who question are the least psychotic, but they're made to feel to be the most psychotic. Yeah. The ones who question are actually the sane ones, but then they compare themselves to the truly psychotic, the ones who are content with the pattern, and then you feel there's something wrong with you. No, not at all.

So this new, everything will come new. Everything. And it's not just a nice little statement. It's not something that's just going to be happening, let's say, in 20 or 30 years from now. It's already started.

We crossed that threshold, that point a week or two ago. There was a buildup to it and you felt it, and it was no coincidence that I had chosen the date of February 14, 2016, a while back even, for our, "Are we going to keep dating? (Adamus chuckles) And when are we going to kiss?" (more laughter) Because you could feel it was going to be coming to a head at about this time. The new [Crimson Circle] website, new things in your life.

New is wonderful. Everybody wants new – or thinks they want new – but what they're really doing is just renewing. True new is very, very different. It'll show up in technology. It'll show up in business. It'll show up in everything from healthcare to relationships.

Families will go new. There's been a pattern of families for as long as people have been fornicating (some chuckles), and that pattern has existed forever in the family core, in the family nucleus. And there are people that are going to try to go back more so than ever to renewing or what I call old. They're going to try to pull back, because it scares the hell out of them. And they think it's got to be something – "The devil is doing all this" or "Humankind is getting off balance" or "God's upset." They make up all these inane excuses for going back to the past, and it won't work for them. It won't work.

You've found it out in your own life. When you try to go back and try to do it the old way right now, it

doesn't work. So do something new in your life. Frightening to a degree, but it is so liberating and so *new*. It is so different. Do something new.

When is the last time you did something new in your life?

(short pause)

That long, eh? (Adamus chuckles) A hush falls over the audience. No, when's the last time you really did something new? I mean, new. Not just taking a different street to work. That's just taking a different street to work. But something so new, you've never done it before; you don't know what the outcome is going to be. That's actually a fairly good definition of new – you have no idea what the outcome is going to be, but you're going to do it (someone says "And I joined Keahak"). You join Keahak, see? That was new. Something so new that you don't know the outcome.

The human will play it safe, and play it safe means stay in renewal, rather than say, "I want to totally break out of this. I don't know what's going to happen. It's frightening *and* it's liberating. It's frightening *and* it's so full of passion. It's frightening and geez, why didn't I do new before this? Why did I wait so long?"



And then what happens? Doubt. Then you start wondering, "Well, maybe I shouldn't. Maybe I should wait. Maybe I ..." No, just do something really new in your life. Just amaze yourself, stun yourself by doing something totally new. And then watch.

The world is going new. Nothing can just renew anymore. I mean, it'll go through some cycles of trying to renew and then it'll blow apart. You can apply that to every major facet of life. Everything. And I know a lot of people are going to speculate and there'll be conversations on your social media – "What does he mean about this?" It's all going to go new. It may crumble first, but then it's going to go new. Everything. Anything you can think of is going to go new, including old traditions. Old traditions. Oh, they're going to have the toughest time with it, whatever that old institution or tradition was.

And you know – Cauldre doesn't like the example, but I'm going to put it out there anyway; I'm not justifying anything, but I'm giving you an example of the way things work – you have a lot of sacred, beautiful ancient temples around the world, and groups, organizations, religions revere these. They maintain them. These have become sacred spots for them. Not that that's right or wrong, it's just the way it is. And then you get terrorists who come along and blow them up, and the world screams, "Ohh! Look what the terrorists are doing." Well, in a way, is it terrorists or is it just that energy needed to be unlocked?

LINDA: Eghhhh!

ADAMUS: Eh, see. Now, I'm not saying it's good or bad. I'm just saying ...

LINDA: Ughhh!

ADAMUS: ... watch, watch how it happens. And I'm not saying go out and blow up ancient temples.

LINDA: Oh, thank you for that disclaimer (laughter).

ADAMUS: You don't have to, because something – if it's not a terrorist, it'll be an earthquake. If it's not an earthquake, it'll be a meteor coming down from heaven and – boom! – blowing it up. We've come to a point on this planet, just in the past few weeks, where everything now goes new.

Imagine it this way. Everything is spinning. Everything is spinning and sometimes the spin patterns are a little larger and a little slower, sometimes they're a little faster and a little tighter, but it just keeps spinning and spinning over and over again. Sometimes the cycles of life are polished. You add a little paint to them. You dust them off. You lubricate them, you clean them up, but the cycles keep going on and on. That is recycling. That is renewing, and it's just not going to work.

So now you have these cycles of life and they apply to every facet of life, every institution in life, every thing in life that you could possibly think of. So they're in their patterns, in their cycle and then they go new. In other words, they go out of cycle, out of pattern, out of rhythm. They go new. Everything will go there.

Some of the things will try desperately to stay in pattern, to stay within their cycles, and they're going to be justified by saying, "This is the way it's supposed to be and this is the way God wants it to be, and this is the way we've done it for eons of time and so, therefore, we're going to stay in that," and then it's like taking that rubber band on your wrist and pulling it and pulling it and pulling it until it breaks and snaps. And then it goes new. Then it goes into the next level of reality. It's all caused by consciousness changing.

If you thought February was intense, wait till March.

LINDA: Nice.

ADAMUS: Or April. We are March. Or April or May. But when you have the wisdom to understand what's happening is everything on this planet – I'm not applying this to all the universe – but everything on this planet is newing.

Watch the people you know as they try to stay in pattern. Watch the people you know as their lives are affected by something, because in new what happens is that – if I had my drawing board, I'd draw this out. But in new, the ...

LINDA: You want to? Come on, you can do it.

ADAMUS: No, point number two, the physics of change.

2. The Physics of Change

LINDA: The physics of change?

ADAMUS: Yeah, the physics of change.

LINDA: This is only point number two?!

ADAMUS: Yeah, we got ten.

LINDA: Ohh! The physics of change.

ADAMUS: Point number two, the physics of change. Are you in a hurry?

LINDA: No.

ADAMUS: Are you having fun?

LINDA: Uh huh.

ADAMUS: Uh huh. Okay. Good, good (some laughter). The physics of change. And then are you going to invite me to draw on that thing? (he makes a face)

LINDA: Sure.

ADAMUS: Oh, it's new. I'm fine with it.

LINDA: Ahhh! (audience says "Ahhh" also and some applause)

ADAMUS: I don't know how it works, I don't know the outcome, but it's new and I'm willing to venture into it, because I'm a new kind of guy (laughter).

LINDA: Okay, I'm going to give you your own new page so you can't screw anything up. There you go. Look at this. Look at this. We can do it.



ADAMUS: Geez!

LINDA: Watch you.

ADAMUS: Geez!

LINDA: Watch you.

ADAMUS: Okay. I have to be more ...

LINDA: You're taking over?

ADAMUS: I'm sorry, but in the light (he moves the pedestal).

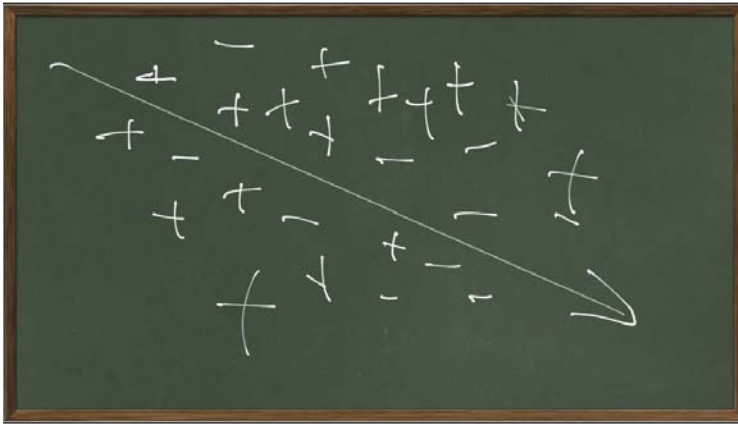
LINDA: You're taking over, no problem

ADAMUS: So ... (he draws a line) Geez! (a few chuckles) Work of the devil! (laughter)

LINDA: Would you like that gone?

ADAMUS: No! I want that.

LINDA: Oh, you do?



ADAMUS: Yeah, yeah. So this is light coming from the other realms to this planet. This is a stream of light. I'm talking here about the physics of change, so you understand kind of what's happening. And along the way the light attracts energy which comes in in pluses ... let's just say pluses and minuses, and they align along the rays of this light (Adamus draws -'s and +'s around the line). And this is simply a representation, not a literal drawing here, but they align.

So this light is coming into reality. Energy is being brought in. Energy is collecting along the lines of light, and it's assembling itself based on the consciousness and the level of acceptance, which is brought forth by choice – which is really just saying, “Okay, whatever” – which is brought forth by choice, and then all these energies line up and reality is created on a variety of different levels. So this has been going on forever and ever, aligning the energies.

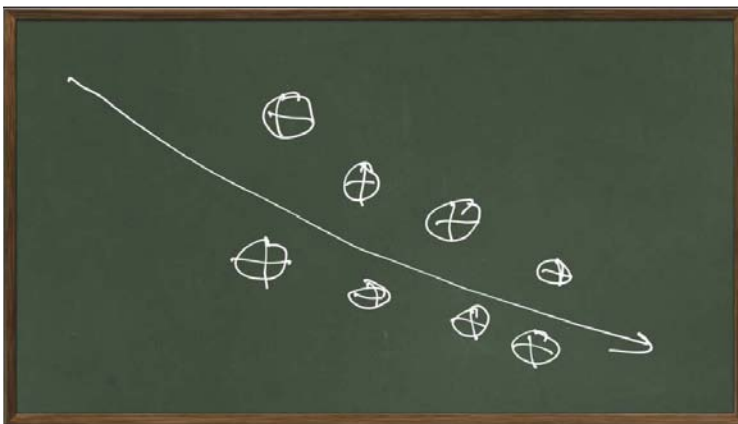
At times, these pluses and minuses flowing along the stream of light will kind of readjust themselves. They realize they've gotten too clustered, too cluttered, too clumped together. So, at times, they kind of re-pattern, trying to get themselves into balance. But sooner or later all energy, as Tobias said a long time ago, energy seeks resolution. Energy doesn't want to be stuck in patterns. So sooner or later – how do we get that all off of there?

LINDA: Okay. Okay, touch this.

ADAMUS: (whispers) New page.

LINDA: (whispers also) New page, right there.

ADAMUS: So, good! See how that disappeared? Sooner or later it all blows up and goes away (some chuckles). And what we have is still that stream of light coming in – light is basically a ray of consciousness, so that's not going to change – now we have this stream of light coming in and what do we do? What do we



do? Do we go back to the pluses and minuses? No. We go back to energy that is actually together. You've got pluses and minuses in a sphere of consciousness. These are pluses and minuses now no longer with duality and polarity, but they're together (he draws the -'s and +'s together inside little circles). They've been brought together. *That's new.* It's not just repainting and cleaning up. It's not just bringing in a new of the same old patterns of plus and minus energy. It is no longer duality. These little boogers here are not ...

LINDA: Boogers?

ADAMUS: ... duality anymore.

So new means totally different and it's really freaky to your body and mind. It doesn't understand. It's used to centuries, eons, millions of years of pluses and minuses. It's used to a certain way of the forces of magnetics, gravity and electrical working with energies to create reality, and now it all gets blown out. And now, suddenly there is basically unity energy, singular energy, masculine and feminine brought together, plus and minus now the same where you can't tell the difference anymore between them. That's new. That's new.



Suddenly, you're in a place like this, but you also realize that the walls, the floor, the ceiling, everything are no longer static or stable. It's all fluid. It's all changing, and that causes a huge sense of discomfort.

When this happens to you, there's a huge sense of doubt and discomfort and a desire to go back to the old way, because you knew the old way. There's a tremendous feeling that comes over like, "I'm doing something wrong here, and I've got to stop it right now. I'm losing it." But, my dear friends, you're not. You're not at all.

Everything about you is going to go new. You may go through some cycles of renewal first. It's almost like probing – "Am I really ready for this? Do I really believe this? Am I really accepting something that's going to happen anyway?" So you're going to try to renew or recycle first, but then it goes new.

When you know about this, when you have the wisdom of this, it's not nearly so frightening. Could you imagine all of this happening ... could you imagine in a way what the Ascended Masters, who came before you, went through? They were out there on their own, for the most part. They didn't have gatherings like this. They didn't really understand things like channeling or multidimensional communications. They were hoofing (walking through) it on their own. That was frightening. A hell of an experience, but terribly frightening, so it tore them to the core. So here at least we have the beauty and the benefit of doing this together.

Let's take a good deep breath with that.

Everything is newing on this planet. It may take a while and there certainly will be hardships. Hardships come from resistance, from not allowing what is naturally happening anyway. All energy seeks resolution, seeks to go back to a pure state of service to consciousness.

Feel into that for a moment. All energy, everything in your life simply is there to serve your consciousness. Along the way it's been distorted and altered, held back, smashed down, been mentalized, meaning you've tried to think your way into everything. But that energy, which is now fusing together, going out of duality, coming to new, that energy is simply there to be in service to you.

The funny thing is, is you spend a tremendous amount of time thinking your way ... how – we need to get the microphone out here – how successful has that been, trying to think your way into all this? Just out of curiosity.

LINDA: Okay.

ADAMUS: How has that been for you, thinking your way into things?

LINDA: Let's see. Hmm.

ADAMUS: The answer is so obvious, it hurts.

LULU: Yeah, I could feel it here (she chuckles).

ADAMUS: Pardon?

LULU: Okay. What was the question? (they chuckle)

ADAMUS: The question is, are you awake or asleep? No, no. That wasn't the question.

LULU: Oh.

ADAMUS: The question is all the thinking you've done in your life – you're not an obsessive thinker, but you're a serious thinker. How much has that really done for you?

LULU: Well, I'm ready to give up.

ADAMUS: Okay. Good.

LULU: It's done everything, try everything, and it's just like I'm done with it.

ADAMUS: Yeah. Yeah, it's just, it's ... the thinking your way into enlightenment or even into life is lame. It doesn't work.

LULU: Nope.

ADAMUS: I'm sure most of you know that the greatest sense of whatever you want to call it – success or fulfillment – is when you least expect it, the odd moments, the funny things that happen. When you're thinking your way through, it simply is not very successful.

LULU: Well, what I realized is that since I was a little girl, everything went so smooth, and I was allowing it.

ADAMUS: Right.

LULU: Once I was conscious of what I was doing, then I started thinking about it and bumping into things all the time.

ADAMUS: Exactly. Exactly. And it just doesn't work unless you're going to ...



LULU: No.

ADAMUS: ... stay in patterns or cycles your whole life. Then it's okay. But you're not. You can't.

LULU: I'm not.

ADAMUS: Yeah. The evolution, the change, the new came into your life a long time ago, whether you knew it or not, and now it's simply, are you going to accept it? Yeah.

LULU: I am, but I feel like at the same time I'm kind of forcing it. Like I'm in a little box, knowing that I need to break it ...

ADAMUS: Yeah, yeah.

LULU: ... but I still I keep inside. So it makes me go *kkchh* (pushing).

ADAMUS: That's okay, because what happens ... it's truly okay, because something will come along to blow up that little box. It just can't stay there. I mean, it's frightening when you think about it. It's like, "Oh, my god. My little box, my protection, my ..." It's the thing you don't want to be in. So something – if you resist, if you try desperately to just renew – something will come along and blow it up.

LULU: Yeah, I'm just waiting to kick some butts (she chuckles).

ADAMUS: Yeah. Yeah. And could I start with a good place here for kicking butts? Your own.

LULU: My own. Mmmm.

ADAMUS: Yeah, yeah.

LULU: I've kicked mine so many times already (she chuckles).

ADAMUS: Yeah, yeah. Yeah, but just kick it to go forward, not to go down. Okay.

LULU: Okay. Thank you.

ADAMUS: Just one or two more. I digress for a moment, but sometimes I wonder, the amount of energy spent thinking your way into something that's happening anyway. It's like you're going along in the car – I like car analogies; I never drove in a car, I'd like to (some laughter) – but you're driving along in the car and it's one of these smart cars and it just is doing its own thing. You're going down the road at 60 miles an hour and it's self-guiding and everything, and then you think you have to open the door and get out and push it to make it go at 60 miles an hour. But that's the way that thinking your way into all this is. It's all happening. It's going down the road. Why do you think you have to get out and push? It's kind of dangerous, actually, at 60 miles an hour.

One or two more here. Ahh, good one to pick on, I mean to get input from (some laughter). How is that thinking, Timothy?

TIMOTHY: Working very poorly.

ADAMUS: Yeah, thank you. And now what are you going to do?

(he pauses)

Don't think about it, Timothy (laughter). You know what? If nothing else – you almost can't help yourself – just have fun with it then. Stop getting so labored into it, down by it and overthinking everything.

You know what's going to change, Timothy and everybody? Mathematics. Mathematics was a way of measuring or figuring out reality, basically this (his drawing), the movement of energy and light. And there are mathematical formulas, and they're wonderful, because you reduce things to mathematics in the old. But math is going to go out the door. It's just going to blow up, and it's like, "Oh, my god. What are we going to do? Without math, the world's going to fall apart." Eh, the world's falling apart anyway.

Can you imagine for a moment – feel, because you can't think about this – imagine, just feel for a moment something that is beyond math, beyond one, two, three, four, five, so on and so forth, that's beyond pi, that's beyond algebra and trigonometry (slight pause). Wow! The mind can't comprehend that, but that's new and it's happening. It's going to happen. Something so new that it replaces math. Phenomenal! Now, mathematicians will tell you it can't happen, but they still haven't figured out infinity yet.

TIMOTHY: True.

ADAMUS: True. Okay, thank you. Thank you. Okay.

We have one more here, with the hand raised. Ah, a real volunteer. Not a Linda volunteer. Yeah, so how is that thinking been doing for you?

HENRIETTE: It gives me ...

ADAMUS: Would you mind standing?

HENRIETTE: Well, it gives me migraines.

ADAMUS: Yeah, duh! Yeah.

HENRIETTE: And I really have a burning question ...

ADAMUS: Okay.

HENRIETTE: ... today and that is, is this new everything – is a new physical body, is that where if the body feels like it's breaking down or you're feeling things that just are completely foreign to your whole past existence, is that part of this – am I feeling part of this process of going into the new? Or is this a reflection of, okay, the month of February was very intense, I had a great opportunity where I work right now, I feel very pleased with the outcome, but after a week of intensity, my body just took it.



ADAMUS: Yeah, sure.

HENRIETTE: And is that my own human resistance because of my old patterning or is this part of a new? I really want to understand this, because ...

ADAMUS: Oh I'll answer that in ...

HENRIETTE: ... I'm feeling things that are crazy now.

ADAMUS: Sure. I'll answer most of that in point number three, which we're going to make in just a moment. But in the meantime, you are feeling this. There was a quantum change, you could say, within the past few weeks, the level, basically, that consciousness came to triggered this thing where everything will go new. And that wasn't happening before. It used to be you could say, "Everything will renew at different speeds and on different levels of intensity. Everything will renew," but now it all goes new. Everything. You can give me any subject, any question, any topic and it's going to go new. Anything. Nature. Nature. That will take the longest time. It's in the oldest patterns on this planet, and it will take the longest time for it to go new. But what we call the cycles of the seasons, the life and death cycles of nature itself, which doesn't mind dying – you know, it isn't affected like humans are – even that will change, the whole patterns.

And you start feeling into it and it comes down to mathematics and science. Surely science. That's all going to go new. And it's going to be tremendous pressure on people, because they think they want new, but we're not talking about an advertising commercial here. We're not just talking about new and improved deodorant. We're talking about everything going to new, and the interesting thing is you've been leading the charge. You've been leading the charge and you've been feeling it in your body.

Point number three, point number three on the board – make that disappear (Linda removes the drawing). So much better than wasting paper.

3. The Thing Most in Your Way is You

Point number three, the thing that gets in your way more than anything else, the thing that gets in the way more than anything else is you.

LINDA: Ooh.

ADAMUS: I mean, you knew that, but I wanted to state it here as my point number three. The thing that gets in the way more than anything else is you. That's why I began with the question, the simple question: "Enlightenment, are you accepting it or are you choosing it?" It's happening. It's been happening. It is going new. It's natural. It's the evolution and even beyond evolution. It's the revolution.

And the soul, the soul is always in new. It's never renewing; it's always in new. So you are going to be also, but you get in your own way.

You think you have to effort enlightenment in your life. You hear the words and you go, "Okay, I'll stop pushing so hard," but you hide things in your pockets all over. You hide things, "Okay, I'll do new. I'll let go of stuff. I'll accept," but you always have your backup plan. "Okay, that was a bunch of bullshit. At least I have this" (Linda gasps as he pretends to put something in his pocket) And it's a new word (Adamus

chuckles). “At least I have my back up plan,” and I’m going to ask you something right now, a tough one. Are you willing to give up the human-centered, mind-focused backup plan?

LINDA: Mmm (someone says “Yes”).

ADAMUS: You say yes, and I know you mean it. I know you mean it, but are you willing to give up that backup plan? And sometimes it’s kind of sketchy, kind of foggy, you’re not really sure, but you know, the backup plan might just be, “I’m going to go to the Shouds. I’m going to listen in online, but I’m going to let the others go first to make sure they just don’t vanish into nothingness. That’s my backup plan. I’ll be number four or five. Well, actually six or seven.”

Are you willing to give up that backup plan? Because the biggest thing that’s getting in your way is you. You think you’re choosing enlightenment? No. The choice of enlightenment from the human mind perspective was just the final agreeing, “Okay, it’s happening. Okay, we’re going to do it.” And it brought things kind of into parallel, it brought it into a healthier balance, but are you really ready to give up that backup plan, that ‘what if’ scenario?

And I have to tell you, everybody has them. Everybody has them. It’s a human trait – “Got to have my backup plans. What if this doesn’t work? What do I do next?” The mind projects itself into what it calls a future, but it’s not. It’s the same mess, just kind of a different day. And it projects itself there and it says, “What if?” So it creates a backup plan. That is like putting cement on the brakes of a car wheel. It’s like gluing together parts that should be moving. That backup plan slows everything down and the backup plan was created by doubt. Doubt. “I’m not sure if this is real.”



I’m going to tell you one thing about reality. I hope you really let yourself feel into it.

It doesn’t matter if any of this has ever been done before. It doesn’t matter if there are actually angelic councils and a Crimson Council. It doesn’t matter that there is a St. Germain. It doesn’t matter that there’s a God. It doesn’t matter that you view things as kind of top down, and you’re kind of at the bottom of the whole trickle-down cycle of creation. It doesn’t matter that there’s a New Earth. It doesn’t matter that there is even this thing called Spirit. It doesn’t matter one bit, because the moment that you allow the consciousness of it, it becomes so.

There might have never been anything called enlightenment, never an enlightened Master that ever walked the face of the Earth. It might have just been totally boring biology, evolution from pond scum up to this, over millions and millions of years, and it wasn’t created by energies or God or anything. You know, the funny thing is, it doesn’t matter, because the moment that your consciousness is there, then it

is so. Then you’ve created the God. Then you’ve created the new. You’ve created something outside of the old cycle. You’ve created St. Germain and Adamus. It doesn’t matter if it was never there before.

You could be creating it from the bottom up *and* it can be being created from the top down. It doesn’t really matter. What matters is if your consciousness is there. Then it becomes so. Then universes and dimensions are created.

It doesn't matter if time was a constant and energy was just energy, because the moment you dream something beyond, then it occurs. That's what I love about creation. It works both ways. It's top down and it's bottom up. That's the amazing part.

So if you worry about your backup plan, you worry about what's going to happen, it doesn't matter, because you basically create it, allow it. It doesn't come from the human mind; it comes from allowing, and then it is so. Then it is so.

And before you all freak out and say, "Oh, my god. There's really not something higher than me?" Yes and no. It's both. That's the true "and" of it. That's kind of the missing part that religions and philosophy won't acknowledge. They won't acknowledge, because in a way that's acknowledging the real creator – you.

There's got to be the other creator, the big creator, the better creator, and so they won't acknowledge that it's actually both coming together. Amazing.

The biggest thing that gets in your way is you. The thinking is what I mean by 'you.' The planning, the plotting, the backup plans, the 'what ifs,' the "I've got to work my way into enlightenment. I have to earn my way into enlightenment. I have to suffer my way into enlightenment." Get out of your own way. I do believe Tobias said that many years ago? Just get the hell out of your way.

Go forth and enjoy life. Do something that you've always wanted to do. Break out into new, but stop trying to plan and plot this whole thing. It's going to happen anyway.

This whole enlightenment thing has been playing for a long time. When you thought you chose it, you thought that you were the one making it happen, you weren't. You were just acknowledging it.

It's easy to say, it's hard to do – get out of your own way – because the dynamics of life out there have it that, you know, you want to play it safe, play it cautiously. But stop for a moment and consider what I said. Everything goes new now.

Everything goes new on this planet – biology, science, math, politics, banking, technology, *everything*. Diseases, they go new. Maybe new diseases, but they go new. Everything goes new. It's one of these phenomena, we're talking about it kind of quietly here, small group of those online, those who are here. You're going to look back in five, ten years and go, "Oh, my god. Everything went new." People around the world are going to be going crazy and "What's happening?" and having all sorts of dilemma with it and you're going to be going, "It's just going new." So, good.

And point number four.

LINDA: New slide? Same slide?

ADAMUS: Oh, let's not waste any digital space there. Let's conserve as much as we can (some chuckles). Yes. Point number four, same slide. Nahhh! Let's do a new slide! Let's do a new slide. Okay, good.

And point number four, bringing this all together. I think I sense some merabh music coming on right now (Adamus chuckles and someone says "Good"). "Oh, good," he says, "Shut up up there. I get to sleep for a little bit."

(music begins)



Let's lower the house lights too, so people watching in online won't see you sleeping.

LINDA: You're still on the fourth point?

ADAMUS: Yeah, the fourth point. We're getting to it.

LINDA: Okay.

ADAMUS: Let's take a good deep breath as the twinkle music comes on.

Ahh! Before we do, I asked you to take snapshot earlier. Feel again. Feel again. Not trying to measure it or quantify it, but a true feeling. A true feeling you don't have to quantify or measure. You don't have to put a word to it. Remember, way back when I talked about sans definition, no definition? That was the beginning of the Master's life. Something changed in here and with you.

Just let yourself feel that for a moment. What was that?

Well, it doesn't really matter. You'll understand it later.

Right now don't push yourself to try to figure it out. Just sense it. Feel it.

During our talk and during my distractions, things around you changed.

(pause)

4. Don't Be in Such a Hurry

Now, for point number four; simple one, easy one.

With everything we talked about today, everything about changes, everything about things going new, everything about "Is enlightenment something you choose or something you accept?" With all of this, point number four, don't hurry. Don't be in such a hurry.

A lot of you are trying to hurry your way into enlightenment, thinking a lot, pushing a lot. Why? Why? It's happening anyway.

As we sit here right now, as I've been distracting you, it's happening. It's not time-based. It's not value-based. It's not even a quantity. It's immeasurable. And you're not trying to race other people to get there. There really is nothing you'll ever be able to do with another human – "Am I more enlightened than you?" It's just, that doesn't matter. It's not even an issue.

There's no rush for this. There's one factor that plays into it, but I'm ... there's one factor. It's between here and death. You say, "Well, I want to have this before I die." But let's go new on that. Let's go totally new.

What if this old, old, old cycle of death, the way of death, what if that goes new? What if death isn't what it was in other lifetimes? See, you're using an old value death to pace your enlightenment. "I've got 20, 30, 40 years left," you say. "I'm going to have it before then and I've got to have at least a few years to enjoy enlightenment." But what if even the value of death goes new?

You say, "Well, what does that mean, I just keep on living? I mean ...". What if it's so out of the box, so different than the old cycle of life and death that it absolutely doesn't matter anymore?

What if death isn't what you remember it to be? If it's not that final moment in the human body and suddenly – *eghhh!* – you keel over. What if that goes new as well?

Then there's really no hurry for enlightenment, because death was the only real measurement, barometer, reason for hurrying into enlightenment. Well, that and getting out of the current condition of life, but the death was the bigger factor, bigger issue. Wow.

And then you put your own stuff on yourself. You said, "Geez, if I don't get it in this lifetime, if I don't have enlightenment before I die, then I'm going to have to come back and start all over, hopefully remembering some of this, hopefully it won't be so difficult in the next lifetime." And then you're like, "*Ugh!* Another lifetime?" See, and then there's this constant pressure – "Got to hurry. Got to hurry." But why?

The hurrying itself is you getting in your own way. The hurrying is getting mental, putting a timeframe on it and then measuring yourself. Are you 60 percent there? Are you 90 percent there? And suddenly you're right back into the cycle of time, back in the cycle of life/death, back into trying to figure it out, back into thinking you're choosing enlightenment, rather than just allowing it.

Don't be in such a hurry, because you – you, the human – is not doing it anyway. It's not your responsibility. It never was.

Right now the I Am that you are is asking you to just live, be in passion, enjoy this whole experience of enlightenment, of new.

A funny thing happens in this, a very interesting dynamic. You try to hurry into enlightenment, you try to push it, you try to get out of the old cycles as quickly as possible, but the I Am actually isn't going to let you do that. It's not going to let you just race through enlightenment and the process going into enlightenment. It's not going to let you skip over the most beautiful experience that you've ever had while in human form.

The I Am is going to say, "Slow down. There's no race. Slow down. This is what *I* want to experience, what we want to experience together."

The soul, the I Am is going to say to you, "I want to experience through you. I want to experience coming into new, coming into enlightenment and realization. So slow down so we can experience this together."

The I Am, the soul is going to say, "This is what I wanted to feel, what I wanted to sense, what I wanted to be. So human, stop denying both of us of this. Slow down. We're not in time anymore. We're not on linear anymore. Please, let's experience realization. Let's experience the transition from one energy dynamic into many energy dynamics."

The soul is saying, "This is why we're here right now. This isn't like going to college, seeing if we can graduate in three years rather than four or five," for some of you seven or eight. "We're not just trying to get through an obstacle course here."

The I Am is saying, “Let’s just experience this.”

The human is saying, “Well, you don’t know how hard this is. You don’t know.” And the soul is saying, “Let’s just experience the beauty of it then. Let’s just experience the joy and the passion, the shifting of energies. Let’s experience the new creation together then.”

The I Am is saying, “I’m not the one who made it hard. You are. You got in the way. You tried to interfere with all this. You tried to mind your way into it, work your way. I never asked you to do that. You tried to be the instigator, the master planner of this. I never asked you to do that. So could you just get out of your way, come together with me and enjoy, feel, sense the experience of enlightenment.”

The I Am is saying, “You know, it’s kind of like sitting outdoors on a beautiful summer night away from the city, out where it’s quiet, and looking up at the sky together; watching the shooting stars, viewing off into the galaxies, feeling the amazing energy of the cosmos. It’s just like sitting down and doing that together, rather than you, dear human, thinking that you’re having to make all of it work and it’s going to fall apart without you; rather than you thinking that your thought’s making those shooting stars go across the sky; rather than it’s you thinking that it all will fall apart if you close your eyes for a moment.”



“So,” says, the I Am, “Just let’s sit here together looking up at the stars. Let’s enjoy the beauty of the moment, rather than trying to keep everything together, trying to fix everything, trying to make it happen.”

The I Am is saying, “Just let’s sit here together – you and I, human, I Am – and enjoy the profound beauty of our creation. There’s no hurrying. You can’t hurry the night sky trying to make it into morning. You can’t hurry the natural movements of consciousness.”

The I Am says, “You know, we’re experiencing all of this in human form. That’s what we agreed. We’re here sharing this experience. So now, damn it, could you just let yourself experience it?”

(pause)

Now you, the human, takes a deep breath and kind of has to laugh at yourself, thinking how you’ve been trying to move mountains and they don’t move very far; thinking how you’ve tried to figure this all out and it’s been a lot of effort, a lot of struggling.

You, the human, thinking, “Oh, all the thinking I’ve done. I’m even thinking about my thinking now. Thinking like it was going to make a difference. Thinking that, eh, it really hasn’t gotten me very far.”

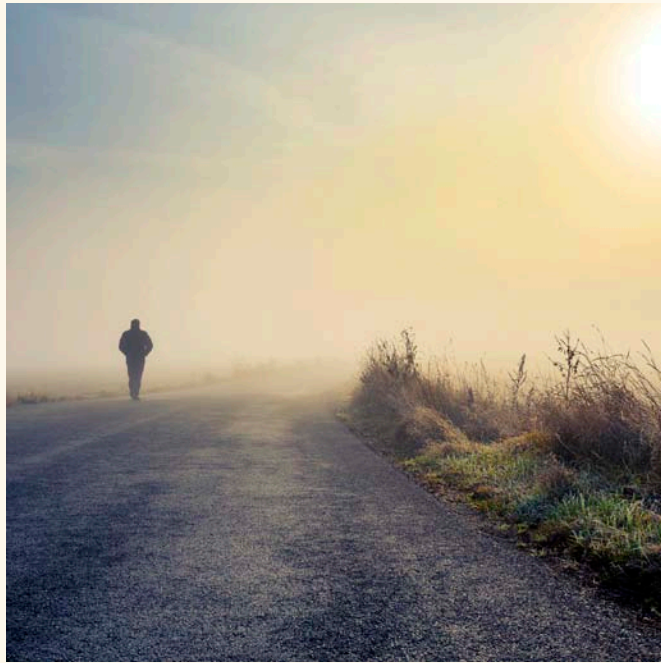
And then in that beautiful moment you and the I Am sitting together on this beautiful summer evening looking up at all the stars twinkling away, the I Am extends its beautiful hand of light out to you and says, “Dear human that I Am, would you just take my hand? Just take my hand for a moment. It’s not up to you. I just ask that you enjoy the experience, that you live the experience, that you feel the experience. That’s all I’m asking. The rest is taken care of.

“Dear human, can you live life? Can you be in passion? Can you allow your creations to manifest? Can you allow your dreams to come true? That’s all I ask, dear human. The rest is already taken care of.

“So, dear human, dear human, don’t be in such a hurry. Be in passion and enjoy life. I’ll always be here, even if it doesn’t feel like we’re sitting here together on this starry night, I’m always here.

“And remember, dear human, this is all going new. The whole planet is going new, and no matter what happens just remember that all is well in all of creation.”

Thank you, dear Shaumbra. Until next month, expect everything to change. Thank you. Thank you (audience applause).



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