

ADAMUS® SAINT-GERMAIN



Shoud 1
August 5, 2017



CRIMSON CIRCLE

ADAMUS® SAINT-GERMAIN



Shoud 1

Presented to the Crimson Circle on August 5, 2017

Recorded in Louisville, Colorado, USA

Featuring

Adamus® channeled through Geoffrey Hoppe
assisted by Linda Hoppe

Please freely distribute this text, in its entirety, on a non-commercial, no-charge basis, including these notes. All other uses must be approved in writing by Geoffrey Hoppe, Golden, Colorado.

See contacts page on website: www.crimsoncircle.com

© Copyright 2017 Geoffrey Hoppe
Golden, Colorado USA 80403

Photos by Shaumbra

See additional photos [here](#)

Listen to the audio or watch the video of this [Shoud online](#).

ADAMUS[®] SAINT-GERMAIN



Shoud 1

IMPORTANT NOTE: This information is probably not for you unless you take full responsibility for your life and creations.

* * *

I Am that I Am, Professor Adamus Saint-Germain.

My dear friends, today's gathering, the first in the Wings Series, may be a little shorter than usual.



LINDA: (bringing out a gift bag) This was a Shaumbra present for you ...

ADAMUS: (cutting her off) Eh! Eh-eh! Today, may be a little shorter than usual. I'm in a bit of a mood today.

LINDA: I got that! Ohh! (audience says "Ohh!")

ADAMUS: It's not a hangover. It's just a mood. I'll explain it in a just a moment, but we'll dispense with the pleasantries for right now, as we get into it. Let's take a good deep breath (Adamus chuckles at audience responses).

No, I am in a bit of a mood. I'll explain it in just a moment. But I want to know, before we get started – Linda on the microphone please...

LINDA: Are you channeling Blavatsky? (laughter)



Human or Master?

ADAMUS Who's here today? Who's here today? Is it the human or is it the Master? Please, out into the audience.

LINDA: Ohh! Okay.

ADAMUS: Who's here today? Like I said, I'm in a bit of a mood, a bit cranky. Hello, Edith.

LINDA: Really?

ADAMUS: What's happening? (a few chuckles)

EDITH: Hi, handsome. I love you.

ADAMUS: You kept me awake the other night, Edith.

EDITH: Good.

ADAMUS: Yeah. Not with your complaining, with all of her sweet talk. (someone says "Ooh!" and "Hey, hey!"; Linda giggles) So, dear Edith, who's here today? Edith, the human or the Master?

EDITH: Both.

ADAMUS: Both. To what percent? What degree?

EDITH: Um, ninety-five percent the Master and five percent the human.

ADAMUS: (Adamus pretends to gag, some laughter) Okay. Okay. Yeah, we'll put that one on film, save it for later. Okay. Yeah. Why is the Master here?

EDITH: To learn some more from you.

ADAMUS: There's nothing to learn. There is *nothing to learn*. Eighteen years, over 200 Shouds, enough content from workshops to fill 22 books. There is nothing to learn, Master. Why are you here? I said I'm in a bit of a mood today.

EDITH: Yes, indeedy. Can you give me a hint?

ADAMUS: No (a few chuckles). If the Master is here, the Master doesn't need any hints whatsoever.

EDITH: Well, I'm just here to listen to you, so I don't know what else to say.

ADAMUS: Good. Good. Or, not so good, actually.



Next. Who's here today. I want to know who's here, the Master or the human? Yes.

PATTI: I Am Here, my Master.

ADAMUS: I Am Here.

PATTI: Yes.

ADAMUS: Well, is it mostly human or mostly Master? To what degree?

PATTI: Mostly Master.

ADAMUS: Mostly Master. What percentage? What ratio?

PATTI: Ninety-eight percent.

ADAMUS: (Adamus coughs again and she laughs loudly) Do you have a buzzer back there for makyo, "Erhh!" Ninety-eight percent. Then, Master, why are you here?

PATTI: To dance.

ADAMUS: To dance. How come you're not dancing?

PATTI: But we are.

ADAMUS: Not a bad answer. I'll let that go.

Next. Who's here today, human or Master? What does that shirt say?

DAMIAN: I'm officially in Sart's "fuck off" club.

ADAMUS: I don't understand. I knew, I fluently spoke seven different languages- ... (Damian demonstrates that his T-shirt says "Fuck Off" when folded a certain way, some chuckles)

DAMIAN: Thank you, Sart (more chuckles).

ADAMUS: To add to my troubles, to add to my woes. I'm in a mood today and it just got worse. What does that mean to you?

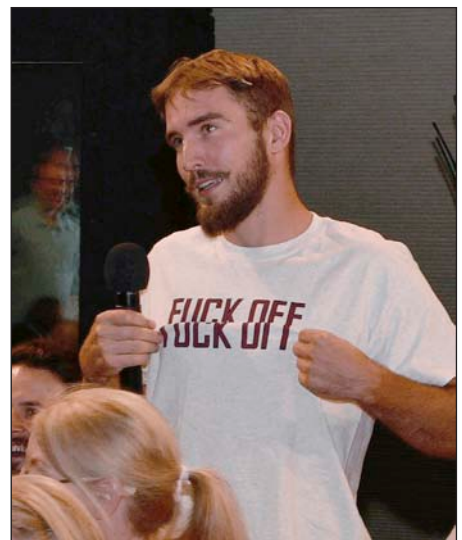
DAMIAN: This T-shirt?

ADAMUS: Yeah, yeah. Yeah.

DAMIAN: It's my new motto for life, to be honest.

ADAMUS: It's your motto.

DAMIAN: Yeah.



ADAMUS: Okay. Is it the Master saying it or the human?

DAMIAN: (pausing slightly) It depends on the situation, I have to say.

ADAMUS: Yeah. Situation right now, you and me, squared up, Master, human, telling me to ...

DAMIAN: Oh, you're putting it that way. Okay.

ADAMUS: I am. I said I'm in a mood today (someone says "No shit," laughter). And it's getting worse by the second.

DAMIAN: Yeah, the Master.

ADAMUS: Master.

DAMIAN: The Master, yeah.

ADAMUS: Master.

DAMIAN: For sure.

ADAMUS: That I'll accept. I'll accept. If the human was telling me to do the Sart thing, eh, no. The human has no reason and no right to; the Master can do that all day long. Thank you for being a Master.

Next. Who's here today, human or Master? This is almost worse than when I had a hangover. Who's here? Human, Master?

JANE: The Master.

ADAMUS: Master. To what ratio, what percent?

JANE: One hundred percent. Yes.

ADAMUS: Mm! Your eyes lit up when you said that. Why? (she pauses) How was your week leading up to this? Human or Master?

JANE: A little bit of both.

ADAMUS: A lot of both.

JANE: A lot of both.

ADAMUS: Yeah. So why is it the Master is here? For what reason?

JANE: Because of how I feel in this moment.

ADAMUS: How do you feel?

JANE: I feel open and expanded.



ADAMUS: How long is that going to last?

JANE: As long as it does (a few chuckles).

ADAMUS: I'll tell you in a moment why that's really irritating me (more chuckles). And it's not about you, it's about me, why it's irritating me. Yeah, as long as it lasts. What happens when it doesn't last? When it falls apart, you're right back into humanness.

JANE: Yes, but in this moment ...

ADAMUS: What are you going to do when that happens?

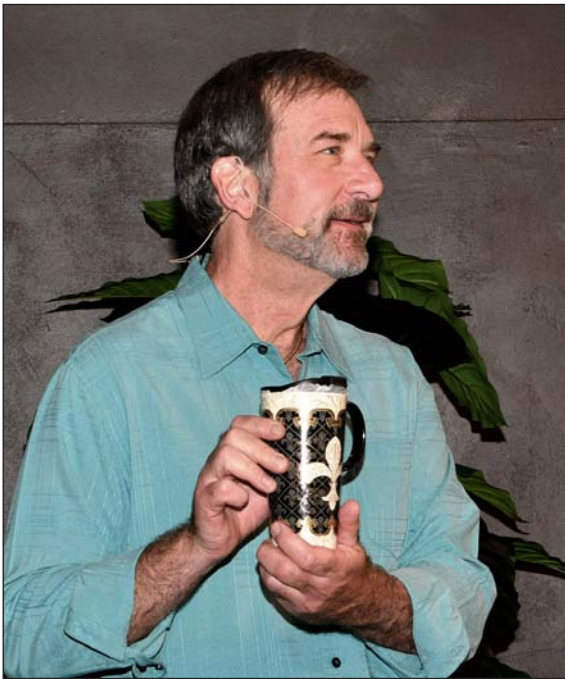
JANE: Probably have a breakdown and cry.

ADAMUS: Okay. I'll go with that.

JANE: Yeah.

ADAMUS: Yeah. And what happens after you break down and cry?

JANE: The Master comes back and I allow.



ADAMUS: Okay, good. I'm going to take a break right here. What was it you wanted to show me here? (to Linda) Yeah, and we'll resume our ... you think about it, because you might get the microphone, human or Master. What's in the bag?

LINDA: August 3rd, happy birthday.

ADAMUS: It was my damn birthday. So, good.

LINDA: You're damn birthday?! (someone says "Oh, wow!")

ADAMUS: So ... (opening the gift, which is two coffee mugs) Oh, it's beautiful. No, that truly is beautiful (some applause). Fleur de lis. Let's sing happy birthday to me.

ADAMUS AND AUDIENCE: (singing) Happy birthday to you. Happy birthday to you.

ADAMUS: All right enough of that (Linda chuckles).

AUDIENCE: (continues singing) Happy birthday, dear Adamus. Happy birthday to you.

ADAMUS: That was the human singing (Linda laughs). These are beautiful. Thank you.

LINDA: Cold! (someone shouts "Wow!") Cold!

ADAMUS: We've got things to do. We've got things to do.

LINDA: Thank you, Alice. Thank you, Alice.

ADAMUS: Thank you. Thank you, Alice, for that. That was beautiful (some applause). You won two points with me today. Yes. Thank you.

LINDA: I think that means she deserves the mike! (Linda laughs)

ADAMUS: She deserves the mike! (some laughter) Master or human sitting here, and once again, thank you for the beautiful gift.

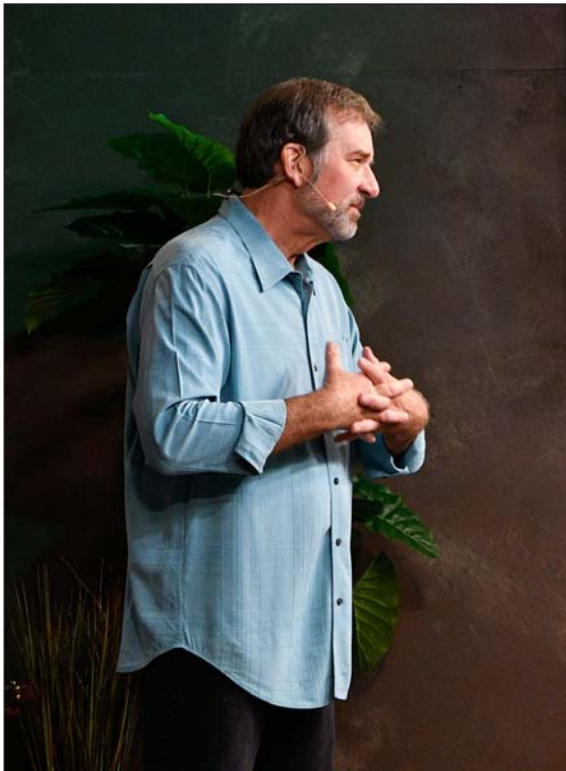
ALICE: You're welcome.

ADAMUS: Very beautiful.

ALICE: It reminded me of you. Had to get that.

ADAMUS: Could we get a close up of that? Hang on a second. We're doing the film studio thing (Alice chuckles as the camera zooms in on his mug). It's beautiful. Me smiling with the mug. I'm not in the mood. Gotta get my face in here. There we go (Linda laughs loudly again and audience laughter). Thank you. Okay. Moved on. All right, let's get back with it. Human or Master?

ALICE: Right now, both.



ADAMUS: Both.

ALICE: Probably fifty-fifty.

ADAMUS: Fifty-fifty. In other words, you can't make up your damn mind.

ALICE: Eh, no.

ADAMUS: (mimicking her) *Ehh, egh!*

ALICE: Yeah, no.

ADAMUS: Fifty, eh. Yeah.

ALICE: Definitely today's more human than other days.

ADAMUS: Yeah. Yeah. Why is that?

ALICE: Oh, sure. I felt it on the drive here too.

ADAMUS: What happened?

ALICE: I was irritated.

ADAMUS: Irritated, yeah.

ALICE: There's like this seriousness.

ADAMUS: In a mood, yeah.

ALICE: There's something heavy.

ADAMUS: Heavy, serious.

ALICE: I don't know what it is.

ADAMUS: Yeah. The group here...

ALICE: And I don't think the Master would feel that, so it must be the human.

ADAMUS: Is it the group energy?

ALICE: To me, it felt Shaumbra.

ADAMUS: Yeah.

ALICE: And not mass consciousness.

ADAMUS: Yeah, yeah. This group here.

ALICE: Yeah, could be.

ADAMUS: Yeah, yeah.

ALICE: Yeah, what's going on? It's the Sart shirts. It's them damn shirts.

ADAMUS: They're going to hate you after this, of course!

ALICE: *Hehh! Hehh! Hehh!*

ADAMUS: Yeah, you were doing fine ...

ALICE: No, I claim it for myself.

ADAMUS: Perfectly good day and suddenly, "Ohh! Uh! I got this feeling." Yeah.

ALICE: Mm hmm.

ADAMUS: Yeah.

ALICE: Yeah.

ADAMUS: Probably feeling into the two percent humanness that's here today.

ALICE: Oooh! (Linda laughs)

ADAMUS: Okay.

ALICE: *Hehh! Hehh!*



ADAMUS: Yeah, good. Next and last.

LINDA: Anybody want to volunteer? It's kind of scary, actually.

ADAMUS: No, and you can pick on the staff today too.

LINDA: Oh, pick on the staff today too.

ADAMUS: Sure, sure. They're a part of it.

LINDA: Okay.

ADAMUS: Ah! Good, good. Human or Master here today?

LINDA: Mark, here.

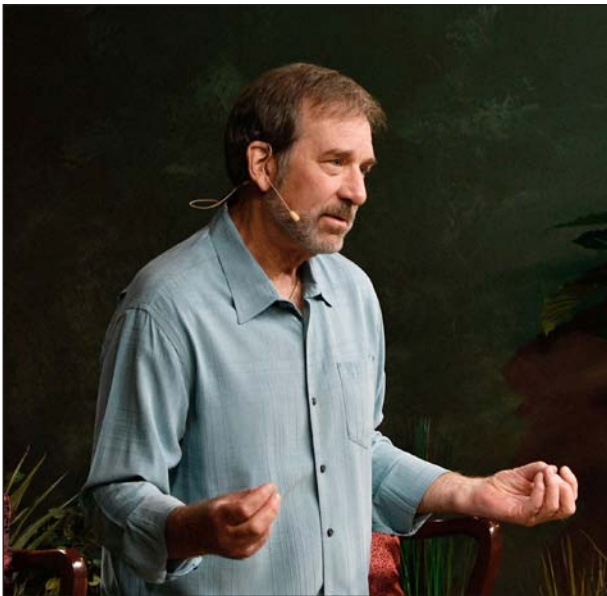
ADAMUS: Yeah, somebody has to run your camera.

JEAN: Go ahead, answer.

ADAMUS: Yes, I understand it's your birthday today. Let's sing happy birthday to you.

ADAMUS AND AUDIENCE: Happy birthday to you. Happy birthday to you. Happy birthday, dear Gaelon ...

ADAMUS: It's so good to be 22.



AUDIENCE: Happy birthday to you.

ADAMUS: Okay. Good.

GAEELON: That's not necessary. Thank you.

ADAMUS: Yeah, yeah. But you loved it. It's ... yeah. It now goes down in the annals of Crimson Circle. Human or Master here?

GAEELON: I'm feeling a lot of both.

ADAMUS: To what percent?

GAEELON: Uh ... (he pauses and sighs)

ADAMUS: Make up a number.

GAEELON: Like 80 percent of both, basically.

ADAMUS: Eighty percent.

GAEELON: Yeah.

ADAMUS: Oh, that's actually – I'll buy that. Yeah, yeah.

LINDA: Interesting math.

GAELON: Yeah, who's winning? Who's winning here? Right now, who's winning?

GAELON: The human thinks it's winning.

ADAMUS: Human thinks it's winning. Okay. Fair answer. Good answer. Why?

GAELON: How do you mean?

ADAMUS: Why is the human winning this thing between, you know, human and Master? Who's present here?

GAELON: Because it wants to.

ADAMUS: Because it wants. Oh, oh. Little brat. Okay.

GAELON: Yeah (some laughter).

ADAMUS: Good, yeah. Good. Thank you. Thank you.

Now I'll tell you why I'm in a bit of a mood.

LINDA: Oh, no.

ADAMUS: And I'm going to tell you right now, there's two major points that are being made in this Shoud, the first of the Wings Series, and I'm going to tell you the number one and number two, and then at the end of the day, you're going to try to remember what they were. It's two simple points and you're probably going to forget. But that's why we do the Shoud recap.

Adamus' Mood

The reason I'm in a mood today is because I've got past and future life aspects that are chaotic, and they're bitching at me and they're bitching with each other and life is such a mess.

Now, you – yeah, isn't that terrible? It's like being in a room with kids who are fighting and screaming. Now, you probably say, "But Adamus you're such an amazing Ascended Master, probably the most amazing of all." I know you're saying that (some chuckles).

SART: And smart!

ADAMUS: And smart, yeah, and everything else. And you're probably saying, "So I thought all your problems went away when you were an Ascended Master."

Ah! Therein is a very important point. It's not one of the two points, but it's a very important point. Just because you've allowed your Realization, just because you're an embodied Master on the planet doesn't



mean that you're not going to hear the commotion of your aspects. They are not in the past; they're here right now. They're not in the future; they're here right now.

So, once in a while, dear Master who sits here – who's about 20 percent Master, I'm sorry to say, 80 percent human, but I address the Master right now – you're going to hear this noise and commotion, and once in a while it will wear your ascended ass out (a couple of chuckles) because of all of it. And you're just going to be like a mom at home with screaming children, you're going to want to run. You're going to want to disavow the children or send them off to Camp Forever (more chuckles), and you're going to get so tired of it. It is not uncommon, nor should it be denied. They're making noise.

Now I'll tell you how bad it is. I woke up in the middle of the night with a headache. I don't really sleep, but it fills in the story. I woke up in the middle of the night. I've got an aspect who's crying right now, literally, that he's going bankrupt. "Oh! I'm losing all my money. They're going to take everything away. I'm such a brilliant being, but I'm going bankrupt. Oh, please God, help me out." And this was not a religious lifetime of mine, known as Mark Twain. He was rather cynical about everything. But you know that cynicism suddenly gets washed away with a little thing like bankruptcy, because he didn't manage the money so well, because he wasn't managing his energy so well. Take the hint there – money is just energy. He went bankrupt, because he wasn't managing the energy.

Now, he's there crying about losing everything and mostly his respect. His respect. He was getting to be pretty well known. Everybody assumed there must be a lot of money there, but he wasn't managing it. So right now he's crying out, "Oh, dear God, blessed Virgin Mary, Jesus on the cross, please, please, please. I just need a little help right now, just a little bit of funding." You know, my friends, does that sound a little bit familiar to some of you? "Please! I'll do anything. I'll start going to confession. I'll do whatever I have to do. Just, I need help."



First of all, stupid Mark Twain, God doesn't care. God's having a bid old smile going, "Look at Mark Twain, part of St. Germain" – St. Germain, Mark Twain, it all works together (a few chuckles) – "but look at that. Look what's happening."

Now, you'd think that old Mark with his wit, intellect and cynicism would, like, call on himself or me, same difference, and say, "Hey, big guy up there! You! St. Germain, who's so busy at the Ascended Masters Club, who's known all over the world, actually all over the universe for your grand workings, how about a little help right *here*. I'm going bankrupt." If he had opened up to something that is already within himself, I could help out a little bit. Not a lot, but I could do a short-term loan with a low interest rate (laughter). I could help out a little bit and get him over the hump. And then watch him, a couple of months, later fall into bankruptcy, because the true creator and the true Master gives freedom to every one of their

creations and expressions. I don't hold on to Mark Twain. I'm not invested in his day-to-day life. He leads it. Yes, it's part of me. It's part of the oneness of me, but I'm not going to try to dictate his life.

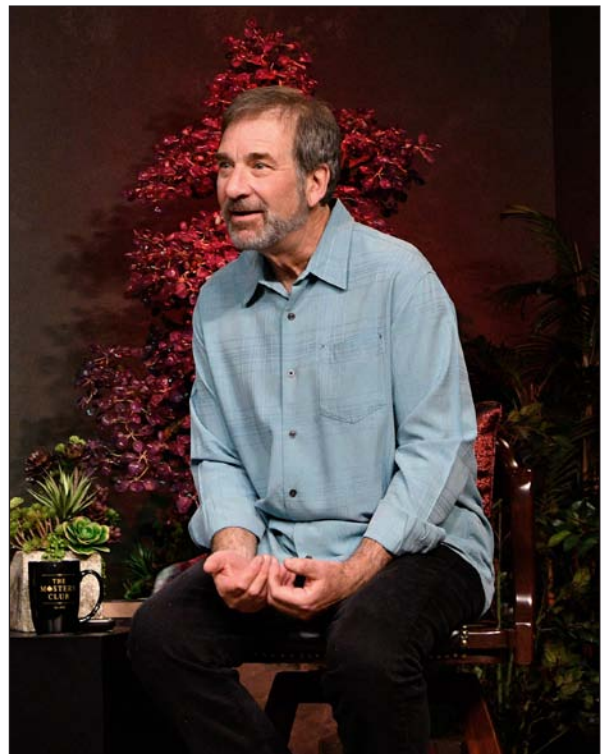
Now, it almost makes it sound like it's like a parent-child relationship or an indifferent type of relationship. Not at all. It's called true compassion. Creating a lifetime, allowing a lifetime and then giving it freedom to explore and experience and to have their stories, while the Master, who is becoming a little bit more present in the room right now – we're up to about 24 percent Master. Slowly, slowly, maybe not that high. I'm being generous today, like always.

So the true Master gives that freedom to every part of themselves; is not trying to control, is not trying to make good for that lifetime, because – I'll get to it later – it's all just a story. That's all it is.

I've got another aspect, another writer that is really driving me crazy, irritating me to no end, and, you see, because I *have* lived many lifetimes on Earth like you, I can relate to all of the noise of the human, all the whining and the complaining and the fears and the worries (someone yawns) and the yawning and everything else, the sleepiness. When Master comes in, the human gets sleepy. That's okay.

But I've got this other writer aspect. You know, I had this thing about writers and spent quite a few lifetimes as writers. Another writer you might know as Shakespeare. Shakespeare. Now, this writer is a royal pain in the butt. I mean, causes more stress and more problems.

Now you would think, being considered one of the greatest writers ever, that this aspect would be so calm, at peace, but not. This aspect – I almost dare to claim it as my own, but I guess I have to – this aspect doesn't like his writing. I'm like, "Whatever! You're making money. People are flocking to you. You're going to be known in history for thousands of years. There's going to be summer plays in the park just because of you, and you're whining?" – as he does to me all the time – "You're whining?" He's whining because he doesn't like his writing. He doesn't like his writing! I guess that's true for a lot of creative types. They create something brilliant, but they just don't like it for whatever reason. They don't want to show it in public or it wasn't good enough or they should have worked on it more.

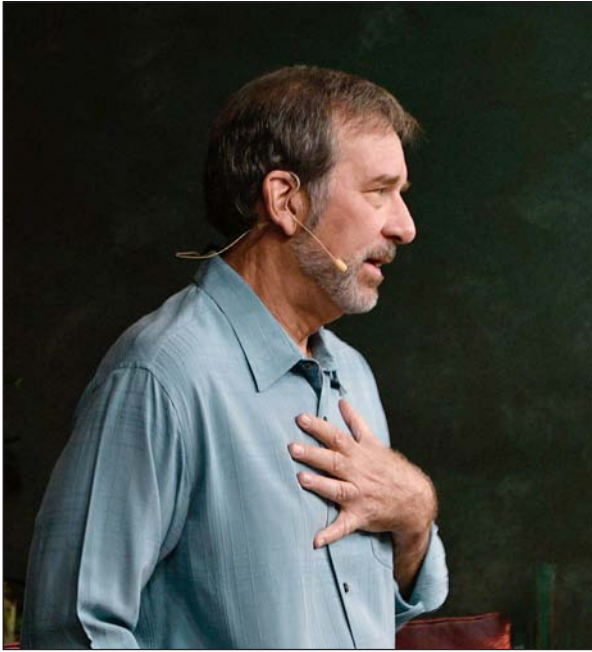


Shakespeare doesn't like his writing because he thinks that he wrote to the audience, rather than to his heart. It's not really what he wanted to write, is what I'm saying, but it worked. It drew big crowds. It made him famous and will continue to make him famous. So he's going through an internal turmoil about himself – "Should I be writing for me from my heart as the true poet I am? Or should I be over here writing for commercial purposes?"

Now, it's as simple as saying, "Dear Shakey (laughter), just do both. Do both! Write under a pen name for your other stuff, if you're concerned about people missing the point or confusing them. Write under a different name. Write from your heart." But he's in a self-imposed emotional, psychological dilemma and, quite frankly, I'm a little tired of it. I'm really tired of it.

Now he doesn't reach out to me. He doesn't reach out to God. It's all about that wounded inner writer within, and he's obsessed with it, going on and on and on.

And while I have all that noise playing, and you think your life is tough, you have all that noise going, I've got another aspect. It's the original "To be or not to be" aspect, actually, believe it or not. Oh, it wasn't Shakespeare who penned those first words. It was my aspect known as Plato. "To be or not to be." So philosophical. So full of ... stuff.



Now, Plato is considered to be really the designer, the implementer of modern western society, even though he goes back a long, long way. He's so conflicted right now. He gets philosophical.

You know when I say to you, you can say anything you want except, "I don't know," it's because I get so sick of Plato. "I don't know. To be or not to be. The world is black. The world is white." It just drives me nuts as an Ascended Master. You think you've got it tough today, you think you've got problems, but I have all of these past life – and future life – aspects constantly complaining, constantly going through their dilemma.

So I'm on my way to your studio today from the Ascended Masters Club and I start hearing *your* complaints and *your* problems and *your* dilemmas and the conflicts that are going on in your life, from the human side, not the

Master side. And let me tell you, what's a lot noisier, the human or the Master? The human. The human likes getting stuck. Really, really, really. I mean, Shakespeare. Wouldn't you all have wanted to be Shakespeare? Wouldn't you want to go down in history? And he's sitting there, "Oh, I'm not writing from my heart. I'm writing to the audience." Shut up. Then write from your heart. I mean, how simple can it be?

And, you know, when they need a hand, a little love, a little energy, they don't come to their free higher Self. They don't come to the Ascended Master who happens to have gloriously ascended from the planet not so long ago. No. They go to churches. They go to other people. They go to alcohol, drugs or other things like that. I've got this saying, "Everywhere but within. Everywhere but yourself."

So I'm watching him. I'm watching him with all this complaining, all their life problems, when the answer is sitting right there. Do they want to listen to me when I come around? Do they want to listen to Uncle Adamus (some chuckles) saying, "The answer is so simple." They don't want to hear it. They're having too much fun with their game.

So I'm in a bit of a mood today, didn't get much sleep lately. Does that sound familiar (audience says "Yeah"), dear Masters?

And just think, dear Master who sits here today and is watching in, you're just having to deal with basically one human aspect right now. I'm having to deal with dozens (someone says "Aw"). Ohh! Ohh! Oh. That's why I'm in a bit of a mood. And I ask you, dear Master – we're up to about 27 percent right now, getting better all the time – I ask you to really feel into what's going on there in the birdcage. What's going in the birdcage? What's going on inside of you?

There's a lot of commotion. There's a lot of confusion. There's a lot of whining going on and really not much from that human aspect, not a lot to really say, "Let's be clear. Let's get some answers here and let's

move through.” There’s a lot of racket going in there, and it’s going to keep happening. It doesn’t go away, because you have past lives and future lives that are all happening right now.

What you do is you take a deep breath, dear Master. You don’t get all caught in it. You allow it. You allow it. Yeah. You’re going to have past lives coming up – not just this lifetime, but past and future lifetimes coming up – making a lot of racket. Take a deep breath and you allow it. And at one point, one of those past or future lives is going to have had enough and is going to say, “Okay, I Am that I Am, but ehh, I don’t really get it. So, help me out I Am that I Am, I’m finally open and allowing. I’m finally ready to listen.” And then there’s that aspect, past or future, really right now, that you can work with. And it’s not about counseling. It’s not about processing. It’s not about saying, “Oh, you poor Shakespeare writer you,” or anything like that. It’s about “Take a deep breath and allow,” and these two points that we’re going to talk about today. That’s what you tell them.



In the meantime you, the Master, who is – now we’re over 30 percent, we’re getting there; maybe by the end of our broadcast today we’ll be over that 50 percent mark – in the meantime, the Master that you are right now – you’re not working your way to be the Master, you’re not trying to be the Master, you’re just *allowing* the Master – that Master, you take a deep breath, you hear all the noise, all the commotion and everything else and you sit down on the park bench or a nice chair and you take a sip out of your beautiful mug, hopefully filled with something other than coffee, maybe a little wine or whatever, you take a deep breath and you feel into every story that you’ve ever been and ever will be.

And suddenly, it’s like kind of greasing the skids, greasing the gears. Suddenly, you take a deep breath as the Master and you just feel into all the amazing stories going on. And suddenly, it takes the rub off of it, the friction, the tension. And suddenly, it’s like I did last night, you just take a deep breath and you sit back and watch the movie of your beingness. That’s it. You

don’t get all wrapped up in it, because, you see, the Master realizes that it all works out. Shakespeare wrote some amazing things. Mark Twain, I love the writing, and they have gone down in history. Now, how many beings can say that, that they’ve got a Plato, a Shakespeare and a Twain with them? You just sit back and relax and you realize that they’re all just great big wonderful stories.

Let’s do that right now. Let’s take a moment, dear Master. It’s that easy.

Yeah, it’s the big “and.” It’s got all this stuff going on. The Master doesn’t allow themselves to get bogged down with all this stuff. Actually, the Master is fascinated to observe it going on. This is the next level. This is where we’re going. This is what you’re doing right now.

So I’m quickly getting over my mood. I’m quic- ... yes, you say (chuckling), “Thank God.” Doesn’t mean I’m going to be nice today. You know how it is when you have a mood day? And then, all of a sudden when the fog and the confusion and everything starts rising, it’s like, “Eh shit! I don’t want to be in a good mood. I was having fun being in that bad mood. Don’t make me laugh. Don’t make me smile.” That’s kind of where I’m at. The mood is lifting, but I still kind of like it, you know? And I know you do too.

No comment from Linda on that.

LINDA: I'm hiding (laughter).

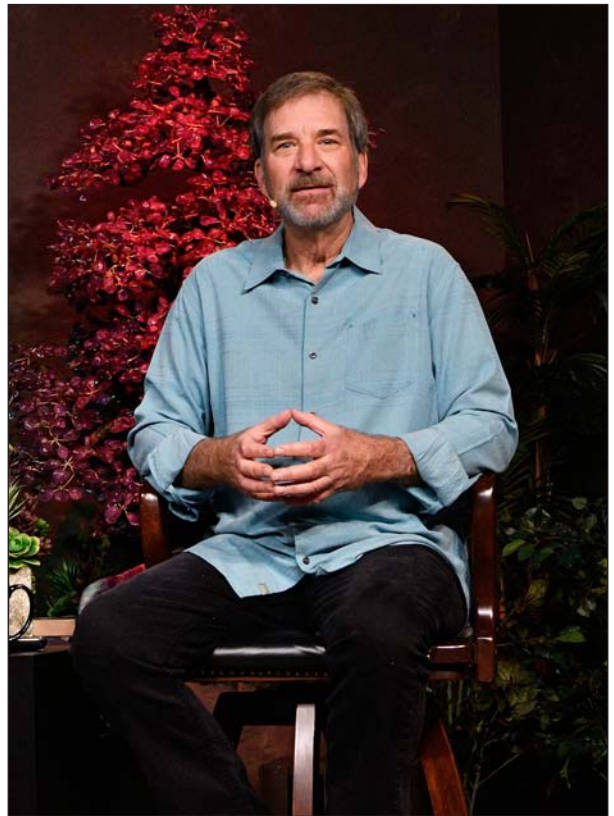
ADAMUS: Linda's hiding. Let's get a shot of Linda hiding, and she's like ...

LINDA: (chuckling) Linda's hiding!

ADAMUS: And she's like, "Whoa!" She's not even in the audience area, she's so hiding (Linda chuckles).

The Spider's Web

To the human, to the human who sits there, one very important thing. There is going to continue to be things in your life that come up. There are fears that the human has and they don't just wash away. They're there. I mean, they're an energy imprint within you. There are fears, there are doubts that are there, and I see you trying to overcome fears and doubts.



There's challenges in your life and I see you working on those challenges. But you know what happens? It's like you get caught in a fear, an emotional fear that makes no sense whatsoever, but it's there; you get caught in the fear and it's like getting caught in a spider's web. And that spider is the fear or the doubt or the uncertainty or whatever it happens to be. You get caught in that spider's web.

Now, the spider's got you. Now the fight and the struggle is on to preserve yourself, to save yourself from the spider of fear or doubt or incompetence or whatever it happens to be. Now you're engaged in a fight. But I can tell you one thing, dear human. You're in the spider's web. It's the spider's territory. The spider wove it just for you, and the spider knows you're going to fight. And you know what happens in the spider's web as you're in there and you start the fight, you get more tangled up.

The spider hardly wastes an ounce of energy in the fight. It doesn't have to. It gives the appearance that it's fighting, to satisfy the human that's caught in the spider web. It'll go, "*Rargh! Rargh!*" but there's really nothing to it, because the spider already knows you're screwed. You're in the web. The moment you start battling, you're done, you're caught and you're dinner (Adamus chuckles).

My mood is getting better. I'm laughing! (some laughter) I'm laughing now. It's getting much better, awesomely better.

What does that mean, in terms of the human you? A couple of things. When you encounter that fear, which you're going to, because you're living in the planet and you're living in the body; when you encounter that fear or the doubt or whatever it happens to be, the confusion, "I can't make a decision. I don't know what to do," when you're in that, go all the way through it. When you start finding yourself going into the spider's web and you know it's inevitable, you know it's there, go through. Don't stop. Don't fight. Don't process the issue. Don't try to outthink the issue, because you're in the web. You're going to get caught. Don't try

to rationalize yourself out of it. Don't try to meditate yourself out of it. Don't try to seek counselors who are going to help you get out it, because all you're going to do is bring them into your spider's web. That's all.



When you find that you're confronted with fear or doubt or uncertainty or your life is a total mess, take a deep breath and go through it. Go into it deeper. It makes no human sense, but from an energy sense it's totally appropriate.

The human doesn't want to go any deeper. It encounters that feeling, dread in the middle of the night, anxiety for no apparent reason. You've had that. The human resists, "Oh, anxiety. What am I going to do? I've got to think my way through this. I've got to come up with some nice little cliché. I've got to do some sort of ceremonial dance or whatever it happens to be."

You're in the web. You're fighting now, and it's funny, because you think, "No, no! I'm being spiritual. I'm being holy and I'm doing chants or whatever." You are *so*

in the spider's web. You just don't realize it. And that spider is just shaking a fist now and then – shaking all of its fists – just to give the impression that you've got something to fight about, but it's already got you. Fear has you. Uncertainty has you. And particularly, when you come to this point of mastery and enlightenment, there are still fears and there are doubts and you wonder, "What's going to happen with my kids? What's going to happen with my physical body? Am I going to lose my sanity? What are people going to think?"

These things, these are like spiders that are all over, anxieties that are all around. You're not going to fight them. You're not going to overcome them. You cannot, because you made those fears. You made those doubts. They know you better than, actually, you know them. You're in the spider's web now, and you're just getting more tangled up.

So what do you do? You take a deep breath and you allow yourself to go into it, fully and thoroughly. It doesn't make sense. Not at all. "How? If I allow myself to go into a fear, I'm going to get consumed by it." No, because you're going to pass right through the center of the spider's web, but you're going to keep going. You're going to go right through any fear, any anxiety, any dilemma that's in your life, no matter what it is. You're going to take a deep breath and you're going to put on those wings of your dreams and you're going to fly right through. You're not going to resist or try to alter or try to fight or try to think your way through it. You just strap on those wings and go. That's it.

And there is a moment of terror as you're heading straight into that spider web and you've got those wings on, and you're like, "Oh, shit, Adamus! I hope you were right about this, because I'm going right into the heart of doubt and fear ..." and what happens next?! You're on the other side. You're on the other side of all of that. The spider web is human consciousness, your consciousness. Now you're on the other side and you look back and you realize there actually really wasn't a spider's web. You realize that all the fears that you feared weren't really actually there. I mean, you built them up in your mind, in your energy field. You built them up. Now you're on the other side of them. There was no fight and what's there now is the sweet nectar of wisdom that is now yours as a human, heretofore has not been really available.

You think I'm going to hand out nectar wisdom to Shakespeare and Plato? What are they going to do with it? They're going to screw up their lives even more. So, no. That nectar, that wisdom is behind the *perception* of the spider's web. It's actually really not there.

What am I saying? Stop fighting everything. John Kuderka made a statement earlier that caught my breath, and I have to say, John, and any of you who are facing a health issue, take a deep breath and allow it. Don't fight. You don't fight cancer, because you're right in the spider's web. You go through it. You put on those wings in an "I don't care anymore" type of moment and you go through it. You don't fight the cancer. You just go through it.

It's like Allowing. And no matter what happens, no matter what the human would fear – more cancer, possible death, not being a good enough creator to create health – no matter what the human fears, you go through it, Master. You go through it, and what you find on the other side is the wisdom. Not that you're trying to go through it seeking healing or seeking anything else. You go through it because it is no longer yours. You don't own it. You're not going to fight it. None of that.

Whatever issue there is in your life, an old childhood emotion that keeps coming up; it keeps coming up because you keep playing with it. Something that you haven't been able to work your way through, you don't process it. You do not process it. Processing is the spider's dessert. Now you're caught in the web and you're processing. You're just turning yourself sweeter. You're just coating yourself with processing sugar, waiting for the spider to come and devour you. That's all. You don't process in this. You don't think about it. You don't intellectualize it. You strap on those wings and you go right through it. That's it.



There is no fight left in anything. There's no fight left. Human! Hear me, human, me and my bad mood today. Hear me. There is no fight left when you get to this point. What are you fighting anyway, the ills of society? You're fighting yourself and your weaknesses? What are you fighting, the dark and light? The masculine and the feminine? Could we please get over the divine feminine and the dickhead masculine? (laughter) The constant fight that's ... thank you. (some applause) I'm tired of it! I'm tired of it as I am of my aspects, Shakespeare and Plato and all the rest of them complaining and everything else. I'm tired of it, and you should be too. It's a fight. It's a spider's web and you get caught in it. You're laughing. That was pretty good, huh? (Adamus chuckles) Yeah, I had to rehearse this thing.

So where was I? In my bad mood. Let's get over it. There's no fight. There's no fight between the human and the Master. There's no fight between you and the aliens. You have no fight with Donald Trump (some chuckles and applause).

KERRI: Really!

ADAMUS: Oh, a lot of people are like, “Oh, oh, rea- ... I was having fun.” There’s no fight. When you get to this point, there is no fight, and that’s a good thing, in a way. But you’re used to fighting. You’re used to being strong even when you’re weak. You’re used to the battle, because it helps you solidify your identity. You’re used to the battle, Kerri (Adamus chuckles), as a ... No, Kerri, that battle ...

KERRI: What?!

ADAMUS: ... helps you solidify your identity. Don’t give her the microphone (some chuckles). This is a one-way discussion here.

KERRI: I laid down my sword. You’re wrong!

ADAMUS: Thank you.

KERRI: This is over.

ADAMUS: Thank you. Good.

KERRI: My life changed.

ADAMUS: Thank you.

KERRI: Seriously, it did.

ADAMUS: Good, good. It has.

KERRI: Oh, I’d wrestle you though in Jell-O (laughter).

ADAMUS: Can we edit that out? Like pretend – can we just pretend ... on a bad mood day, you want to wrestle me in Jell-O?

KERRI: Yes!

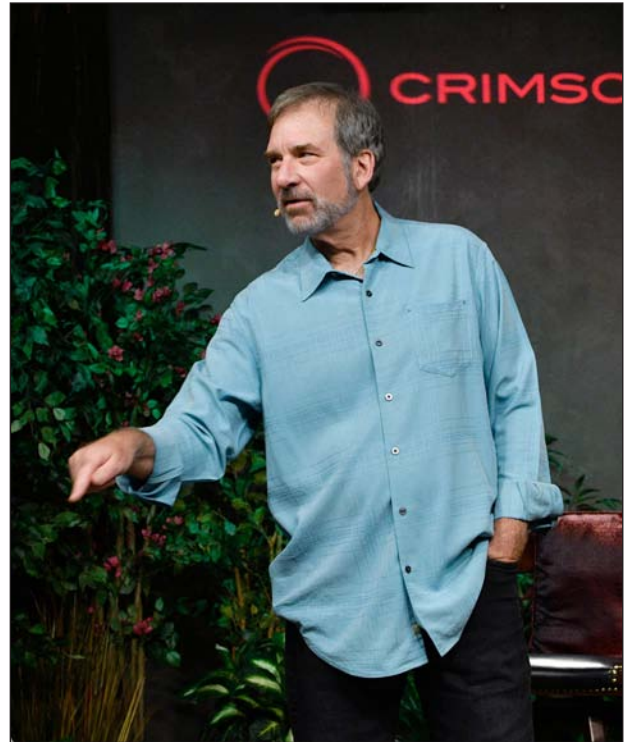
ADAMUS: And it’s like ... (more laughter)

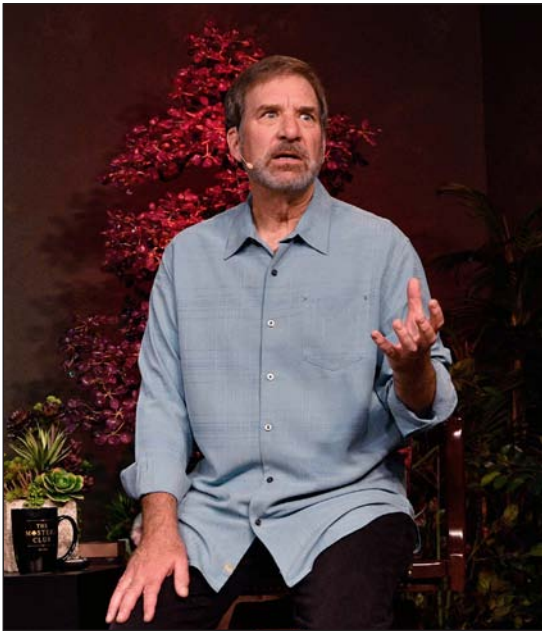
KERRI: Yes, always.

ADAMUS: Okay. So the point being, let’s get back to ... thank you for the distraction. My mood was getting better and we just sank back down, now we’re at about 24 percent human, Master again (some chuckles). It can go back up.

There’s no fight in cancer, in poverty or in any of that. None. Do you understand that, human? Stop fighting.

Put yourself in my position for a moment. Now it’s the Master. It’s your enlightened Self, and what would you tell that human that is going through its quandaries, that’s going through all of its misery and its suffering and, “Oh! I wasn’t given a fair break, and I ...” Eh, shut up! It’s like “Get over it. Strap on those wings and get into your fears, get into your bad childhood, whatever it is.” And I know it seems like that’s all the wrong thing. Yeah, that’s right, because you’ve been doing it wrong up to now. You’ve been fighting and battling these things. Oh, and then after like 40, 50 years on the plant, “Look at all the progress I’ve made!





Look at how far I've gotten." From there to there?! That's it?! Because you're never going to get very far, because that spider's web is really big, really huge.

That spider is just going to play with you, let you think you got somewhere. That spider is just going to wait and wait and wait. It's going to catch a few other flies in the trap, and it's just gonna be going, "It comes to me. It all comes to me." Yep.

So you take a deep breath. If an old emotional wound, let's say with a partner or a parent or whatever, comes up, just watch yourself, observe yourself, because you see it come up and you're like, "Oh! Ooh! It's an old memory. Oh! I'm a bad person. I shouldn't have these thoughts." Shut up! Strap them on, go through. Get those wings on and just get it over with. And on the other side is that wisdom, that nectar. That's it.

Strap On, Go Through

So, point number one to remember: Strap on, go through. It sounds terrible but ... (laughter) It's how I state things. I told you I was in a mood today. I don't have time to wax everything poetic and that. Strap it on, get it over with. Go through your illness, your lack of self-worth. Do you realize how tired I am of Shakespeare and – *whining* – he's like, "My writing ..." Just get through it, okay? We don't have time anymore to screw around with all the human self-inflicted misery. I'm going to make that very clear – *self-inflicted*. Society is not doing it. There's no beings living in the center of the world that are doing it to you. I don't care how many aliens there are, they're not doing it to you. It's self-inflicted, human ... you're almost doing it for some sort of strange delight. Let's just get over that, okay? All right. Good.

Let's take a deep breath with that. My mood is getting better.

Let's take a good deep breath with that.

A Big Fat Story

Next, number two point. It's all a story. It's all a great big fat story. That's all it is. Your life, the human life, it's all a great big fat story. There is nothing to be learned. There's no lessons that somebody is trying to inflict. There is not, believe it or not. And you want to believe that this lifetime – or any lifetime – is so serious and so special and all the learning. Bullshit! It's all a sorry, that's all it is. A big fat human story.

Now, I know humans don't like to hear that. They want to go off and get real serious about, like, spirituality. And I shock some people, believe it or not. I shock some people because we're not going to get real serious. We're going to keep it light, we're going to play games, we're going to have fun, we're going to distract, and we're just going to strap on, go through. We're just going to get it done.

It does sound terrible! I need a new copywriter here (laughter).

LINDA: Okay, so what was number one? (more laughter and Adamus chuckles)

ADAMUS: My mood is getting a little better. You're up to about 37 percent Master right now. We're making progress.

It's all a story, that human life. My lifetimes as Shakespeare, Plato, Mark Twain, they're just stories. There really actually wasn't anything to be learned, and that is freedom. That's a sense of relief.

You didn't come here to learn anything. You have pretended you came here to learn something. You pretended that you had karma. You pretended that had this series of past lives. By the way, past lives, oy.

They argue with each other! I've got Twain over here and I've got Plato over there, and they're arguing and I think Twain is winning right now, because Plato was so boring. I mean really boring. Read some of the stuff, you know. Yawner. And he was so serious. Never got drunk, and to me, you're not an angel until you've been drunk (laughter). You've got to be, I mean, because otherwise you're just too tight about everything. You're too serious.

It's all a story. It's an amazing story. It's an emotional story, I mean, emotional as in good. It's a poignant story. It's a rich story, but it's just a big fat story.

The big fat story thinks it's a victim, thinks that life is hard and thinks it's working really hard to gain something, to make its way back to something – good god knows what. It's not. The Master sits here and I'm watching, I'm watching Plato – oh, geez – and it's like it's just a story, you know. And he's got some diseases. I'm not going to go into here, because this is a family show, but he's got some diseases (some laughter). No, I mean you don't want to get too gross about foot fungus, you know, yeah, or whatever. And he's like, "Woe is me" all the time, "because I got this." But he thinks it's some great big lesson from the cosmos, and I keep yelling down to him, "Hey, Plat! It's not! You just got some foot fungus. How about a little soap and water on those toes, you know? It'd do wonders!" (more chuckles) And he's philosophical. He's trying to figure out the universal meaning of this and the good and the bad, the duality of fungus and no fungus (more laughter). I'm like, "It's just ..." (Linda picks up his mug and sniffs to see what's in it; much laughter) Yeah. "It's just a story! That's all it is."

Your human lifetimes get really caught up in themselves. They really do. They get so serious about it. They get serious about themselves. Take a moment. Be the Master sitting here. Take a moment. You're on the park bench or whatever, and it's like look at your story for a moment. Look at that human story. A story of battle, maybe? A story of being the underdog, maybe? A story of nobody understanding you. It's just a story, okay?



So, human, stop for a moment and understand it's just a story. There's no endgame in it. There's no winning or losing, it's just a big fat story. And once the Master can kind of get that through to the human, let the human know "It doesn't matter! This isn't a race. You're not trying to earn your way back into heaven. None of that."

Once the Master can sit there and take a deep breath and have a little coffee – or whatever the hell's in here (a few chuckles) – and just look out at all these past life and future lives – remember that, "and future lives" – and go, "It's just a big fat story." And what you do is, well, you kind of humanize it. You say, "*Pff!* What do I want to watch today? Which one am I going to play on my 5K system up here? And which one am I going



to watch?" In love and compassion, of course, but not trying to interfere. Not trying to change, but saying "That's just a great big fat story. That's all it is."

When the human starts to feel that, when they start to realize that and they realize that all this time they thought they were being watched by some higher beings, you know, and gods and other gods and many gods and demigods and goddess gods and all the rest of that ... you know, it's a funny game. The human thinks they're being watched the whole time, and it's almost like a performance for the gods. "Look at

me. I'm a victim. Look at me. I was born handicapped. Look at me. I'm stupid. Look at me. I'm on my spiritual path." It's like you're in the theater; you're always thinking that it's a performance.

But once the human hears from the Master, "Hey, it's just a big fat story! (some chuckles) Doesn't matter. Knock it off! I don't even watch most of the time, because a dull story. It's a rerun! It's just a rerun from the last lifetime and the lifetime before that. I'm not even watching. I don't care!" "I don't care, Plato. Sure, you're well known, but I really don't care, because that's ..." That's like watching PBS, you know, watching Plato (more chuckles). It's like, people watch that?! And it's like, "No, I'm going to change the channel. I'm going to watch" – Cauldre's saying, "Some chick-flick or romantic comedy" or something like that – "I'm going to watch something fun, because it's all a big fat story." That's it.

Take a good deep breath, Master. We're up to 47 percent. Oh, we're almost there. I think with a merabhh we can tip the scales.

Take a good deep breath, dear Master.

Turn the channel – no pun intended – over to the human story of this lifetime. Is it a western? Is it a "shoot 'em up, bang, bang, white hat, black hat" type of scenario?

Is your lifetime a great big western or is your lifetime like an alien sci-fi? Oh, yeah, for most of you it is (Adamus chuckles). Is it just one great big mind trip? "Whoaaa! What's this? Alien beings and the stuff from

multi-universes and stuff like that and the human fights their way through and finally battles the big alien after getting slimed a lot of times.” Is that your life? A great big sci-fi?

Or is your life one of these, I don’t know what you call it, the poignant kind of heart-wrenching, like, you know, “Nice person goes out, world kicks the shit out of them. Nice person – ohh! – wants to end it all and then in the end they find true love or something like that, and everybody cries and the music plays.” Is that your life? If it is, it’s just a great big fat story and that’s all.

Is your life one of these newscasts? I watch them through some of you right now. You turn on the newscast and they’ve got this desk and there’s a bunch of people sitting, and for hours and hours they just argue with each, and they get nowhere! And they argue back and forth and “Dah, deh, da-deh! And I’m right and you’re wrong!” and then pretty soon they’re hating each other. Why do they show that on your news? It makes no sense. Is that the story of your life? A great big desk, everybody’s arguing back and forth and nobody’s getting anywhere. Is that the story of your life?

Or is the story of your life more like what you would call an animated cartoon? (some chuckles) Yeah, an animated cartoon. Kind of fun, kind of light. Nobody really gets hurt, because they’re not human. They’re cartoons. Isn’t that amazing how they created that? They’re cartoons. So, no matter if the villain comes along and clunks you in the head and your brains splatter, two minutes later your brains are back together, because you’re not really human, you’re a cartoon. Is that kind of what your life is like?



In other words, are you kind of having fun with it? Not really worrying about the consequences, going, “This is just one great big fat cartoon that I’m living in. I’m designing it. I wrote it. I scripted it. I don’t know where it’s going, but it’s just a cartoon.” Might as well have fun with it. Might as well take a deep breath and just cartoon yourself right into Realization. I mean, why not?

Or is your life one great big – what do you call it – romantic drama? You know, it’s always kind of a little dark and the violins are playing somewhere off in the background and somebody is going through some epic event in their life. And then they fall in love and it’s the love of their life, but the love of their life suddenly is taken away by aliens in the sci-fi fiction from *their* lifetime. And suddenly ... and it’s all drama, it’s emotional drama, and you know in emotional dramas you always get the family involved – the mother, the father, the kids, everybody else, the extended family. And then you bring it into the workplace. And then there’s a lot of tears and a lot of heartbreak. For Christ sakes, turn it off! I mean, because it never has a really good ending, like the cartoons. The cartoons have a good ending, but these big romantic epic dramas, like it’s always, “Oh!” But in a way, it makes you feel good (someone says “Soap opera”). Soap opera type thing. Days of our Lives. How long has that been running? (someone says, “Fifty years”) Fifty years. Just about as long as your lifetimes. Have they got anywhere in the soap operas? Have you gotten anywhere? More so than the soap operas, yeah. So, yeah, big soap opera.

And then there's just the comedies. Just the comedies. Some of the comedies are really kind of dumb, but, you know, it's a comedy. You don't have to think a whole lot. Some of the comedies are really good, really funny. Even when I'm in a bad mood watching through you, I laugh sometimes at the comedies, because they're making fun of the conflicts of human life. Humans have great comedy. Our comedy on the other side, not so good, other than me (some chuckles). But it's like comedy on the other side is not so fun. Humans have wonderful comedy, to be able to laugh at one's self.

And that kind of brings me to my point. Life is one great big fat story. That's all. You don't get points. You don't get a better place in a better heaven. You don't get a potential better place at the Ascended Masters Club. It's



just one great big fat story. And the human, in spite of the what the human's movie is telling them, isn't the one that's going to be enlightened, do the enlightenment. The human can allow it. The human can write a little cartoon that actually comes to life, and it's like, "Geez, what happened when I strapped it on, went through the spider's web and Allowed?" Suddenly on the other side was this beautiful wisdom, fairy dust spread everywhere and the beautiful music comes on at the end and the trailers and the credits. And, you know, in the credits that they roll at the end, every credit is your name: "Written by, produced by, directed by, gaffer, grip," everything else, you're it. It's all you.

Humans take their lives so seriously. They really do. And they believe it. They believe that crap – the big fat story – and I guess that's maybe what makes it kind of good, up to a point, but they take it so damn serious and they get stuck in it. And that's why, for a long time now, I've talked about some of the spiritual groups. They're the most boring, stuck-in-their-own-ways

people. They take things so seriously, and they don't like this necessarily, because we laugh. We make fun.

You've all spent a lot of lifetimes in temples and monasteries and convents, right? And a lot of silence, a lot of really serious stuff, and God's always watching and don't screw up, Kerri, because God's watching (a few chuckles). And it got so *boring* in these convents and temples and monasteries. Really boring. What kind of movie would that make? Boring. "Okay, in our first week ..." and then you show everybody just om-ing and chanting and lighting candles. Second week, om-ing, chanting, lighting candles and some incense. Then we go on to about year 50, still om-ing and chanting. Nothing's happened. God hasn't showed up. Jesus hasn't showed up, and ain't going to. Do you think he would come back to a boring ...

KERRI: And no sex at all.

ADAMUS: No s- ... well, they did.

KERRI: And tragedy.

ADAMUS: Yeah, yeah. And, you know, not to 'kerri' on about it, but you know why ... (laughter, as audience gets the pun) You know, and this is a fact, it should be in Wikipedia. This is an absolute fact, but you know why fart humor is funny? You know why? Fart humor, flatulence, gas out your ass. (more chuckles) You know why

it's funny? It's really actually not very funny when you think about it. It's really not, but everybody's chattering here, if you're watching in online, "Oh, these little, "Ha ha! Farts!" You know why? Because imagine back about 600, 700 years ago. You're in the convent or the monastery (laughter), and nobody's talking. I mean, you're not allowed to talk, and you're sitting there – you're kneeling there actually – and it's like you're just going crazy. But you're trying to like, "Okay, I'm going to do this. Maybe it works. And they say it does, and God's watching anyway." And you're just sitting there being serious and trying to do the right thing and so messed up in your own sorry and all of a sudden somebody kind of down the road goes, "*Bleeigh!*" (laughter, and Linda adds to the sound effects.) Everybody's cracking up and all of a sudden somebody else let's one. It was the funniest thing that happened all year! (more laughter) And even the head mother and the head priest guy, they can't help but laugh. It was the only humor back then, and it stuck with you, no pun intended (more chuckles). But it stayed with you into this lifetime. It's like, "I remember that! The church was totally quiet, got a few candles lit and all of a sudden, out of nowhere, '*Bleeigh!*' Everybody's looking around, 'Who did that?'" But then it was spontaneous laughter and everybody's farting. Nobody's saying a word. Everybody's farting! And it's like, "Ohh!" Then you start wondering, "What did we eat for lunch today?"

My point, amongst the laughter here, it's all a great big fat story. Your life, all the other lifetimes, they're just great big stories.

When you get so serious with them, when you take yourself serious, the energy gets stuck, and then you forget where you put the wings and you forget what I said here – these two simple points – and you start getting really serious again and you get inside your head. You're in the spider's web at that point, when you get that serious. It's only when you can take a deep breath and laugh about your big fat story and realize that you're not being measured or monitored. There's no right or wrong. You've got some lifetimes that went through all sorts of crap and others that breezed through it. It doesn't matter. It really doesn't matter.



This is a particularly unique lifetime of yours. Not to be taken seriously though. A particularly unique lifetime because you're here to what? "Study enlightenment." Oh, god! Allow. Allow. Have fun. Allow. You're here to allow. That's really it. Do you have to get serious about Allowing? Not at all! Matter of fact, the more you smile, the more you allow. Yeah, we could put that on a bumper sticker and on a grandma's sweater.

You're here to allow. That's it. How serious do you have to get about Allowing? Not very! How much work does it take? None! But does it make you feel like you're really not working at things, that you're not creating a good movie? It doesn't matter. You just take a deep breath and you allow. You know you're there when you can laugh at your big fat story, when you can stop taking yourself so damn serious and stop thinking that you've got the burden of the world on your shoulders and "This is so hard doing enlightenment." It's not. It's not. It never was designed to be that way. It's all the knuckleheads who try to make it boring, trying to go

back to the days of silence in the monastery and try to make it some sort of human game of enlightenment, and it's not. It's really easy. It's taking a deep breath and laughing at your big fat story.

Let's take a sip of whatever's in here (Adamus chuckles).

Relax and Allow

We're in the Wings Series and I started out today – it's my story. I made it up. I'm not in a mood. I love you. I love me even more, but I love you (audience says “Yay!” and some applause). I'm not in a mood. It's a story, and you realize – it's like a cartoon – it's realizing “Let's have some fun today and let's play a little bit. I'll come in, I'll be in a mood, ‘*Rawr, rawr, rawr, rawr, rawr!*’” Some of you were really shocked. Some of you were like, “Oh, god! What's he going to bite my head off today?” I was thinking about it but, you know...

Take a deep breath, in your own life; start having some fun, because you know what? The minute you do, the minute you're playful with it, the minute you really relax and allow, all the energy dynamics change. No longer are you in the scenario of flying into that spider's web and getting stuck. That's when you realize everything moves through you. How could you get stuck? It all moves through you – time, space, spider webs and everything else. All of your fears, all of your worries and anxieties, they're just passing through. That's all. They make themselves known once in a while. Yeah, there's a feeling that comes over your body. It could even cause you a little bit of turmoil. You just let it pass through. That's all. There's no fight in it.

The human perspective is that you're going to get caught in the spider's web and you're going to try to fight your way out. That's the human. That's why I asked, “Who's here today?” The Master's perspective – we're almost at 50 – the Master's perspective is, “It's just moving through me.” And actually you don't have to strap



nothing on or fly through anything. You just allow those wings that are already there and you just spread them out and watch how everything flows in and through you. And then you take only what you want for your big fat story, only what you want for your life, only what you choose for yourself, and you realize it's all just flowing through you. It's so simple.

The Wings Series comes in our, I believe it's the 19th year that we've been together, and as I said earlier, 200 Shouds. That's a lot. Enough content for 33 books, big books, not little books. All the teachings of Tobias, all of the amazing wisdom from me and everything that comes with – amazing, yeah – and everything that comes with it. And actually, take a deep breath with that, even. It's part of your big fat story, all of this. But I do have to say it's a phenomenal story. It's phenomenal.

When we were making the transition years ago with Tobias and myself and I was consulting with some of the other Ascended Masters, coming to this Crimson Circle. You know, I heard of the group, kind of like

some of you might have heard about it before you ever got here. I heard of it, but I was a little suspicious. Shaumbra? Pirates? This group of rebels and rousers? And I'm like, "I'm in. I'm in." (laughter) The others were saying that it was going to take two, three, four lifetimes. I knew it wasn't. I knew that you were so ready. You just needed to be whopped upside the head a few times and straightened up and to take a breath and realize it's just a big fat story. That's all it is. Your life is not that important, other than to the I Am. And it's important there in its beauty of its story. But otherwise stop taking it so damn serious, okay?

What am I really saying? Get out there and live. Enjoy. Have fun. When you feel anxiety or fear come through, instead of running from it or trying to battle it in your mind, just allow it to go right through. Allow it to go right through. You'll realize there's really no spider web at all. But the moment you are fighting it, whether it is cancer, whether it is being broke financially, whether it is self-worth or anything else, the moment you battle it, you will get stuck from now on. It actually is even worse than ever before, for you. You get to this point of consciousness and you get more stuck than ever. You're more sensitive, so you're going to get more stuck. That's when you just stop and say, "What were those two points Adamus talked to us about?"

SART: Should have wrote them down.

ADAMUS: You should have wrote them down (some chuckles). That's why we make recordings for you. This one we're going to sell. No freebies.

Kidding.

It's a story, have a fun with it. You're a great big cartoon.

In the Wings Series you'll come to the realization that we're just going to do it now, okay? So we're going to gather, we're going to have fun, I'm going to make up some stories like "I'm in a bad mood." How can I be in a bad mood, ever? Actually, what I said about those lifetimes is true. Plato is such a pain in the ass. He can never make up his mind, and Shakespeare is like agonizing over his internal decision to write for the public. And Mark Twain, he's funny, but he's so skeptical at times, so negative about everything, mostly himself. He's got energy issues, no wonder he went bankrupt. All those things are real, but it doesn't bother me one bit. I take a deep breath and I look at their big fat stories and I realize the beauty in them and in me. And I realize that they actually never really do get stuck in the web. They think they do, but they don't. They never actually crash and burn. They think they do, but they don't. And they're actually all part of my oneness.

Now, as we're running out of time – I told you it was going to be shorter than usual, about two minutes shorter than usual (laughter) – let's have a merabh. Why? Eh, I'm tired of talking, you know, and you're tired of me talking.

Let's take a good deep breath and let's do the Wings merabh.

Take a good deep breath. Here we go.



Wings Merabh

We're in the Wings Series now.

(music begins)

What that means is after these years of really opening up and allowing and taking a fun look at yourself, finally we're at that point where we're just going to soar. We're going to soar. That means expand.

The human's still going to have days of some panic or anxiety or just being pissed off. That's when you take the deep breath like we're doing right now – I can almost hear that human screaming in the background there – that's where you take a deep breath and you realize it's all a great big fat story. That's where you feel your wings, I mean, literally.

You feel your wings.

I've said in some of our gatherings before that you have energy wings. Your back, your shoulders, it's the most sensitive part of your body. I'm not talking about big feathery wings, but I'm talking about the ability to expand, to open up. You just take a deep breath and you allow it.



You say, "Well, I don't know how." Yeah, you do. It's just part of the story. "One day I grew wings, wings that allowed me expand, no longer fearing life, no longer afraid to fly, no longer holding myself under the winged ceiling of enlightenment. I just did it."

Take a deep breath and, in your big fat story, come to the chapter where you just allow the wings to unfold.

These wings, they can take you right through any perception there might be of fear, the doubt, the danger; any belief that you might have that you just can't make up your mind, you don't know what to do next. You just feel these wings unfold and take you beyond.

Yes, for the human that sits here, yes, there's going to be days, there will be, eh, just crappy days. It's just part of the big fat story, and that's okay. It's okay. *And* there is the Master with the wings. Not trying to fight, not trying to overcome doubt and uncertainty and fear. Not trying to at all, but realizing that it's just one of the "ands," one of the many ways of perceiving reality.

In this coming Series, in this year that we're having together, you'll start to actually experience things. Instead of talk about Allowing, you allow yourself to experience it. Instead of the Plato-ish talk about enlightenment, you actually experience it.

Instead of thinking about joy, it's actually there.

Sometimes the experiences that are going to come to you this year are going to shock the hell out of you, because they're so real. I mean, they *are* real.

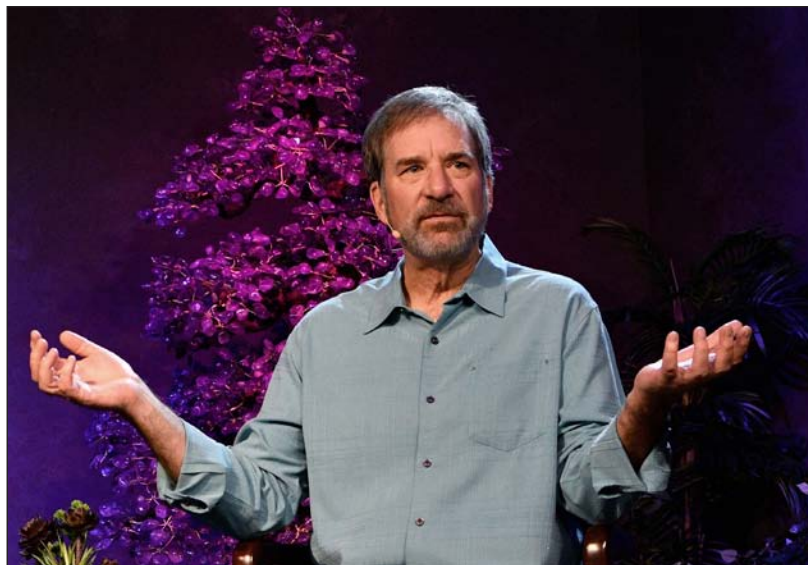
Sometimes the opening of awareness is going to stun you. You're going to wonder if your body or your mind can even handle it. It's so stunning, the experience, rather than all the discussion.

Yes, you'll be able to handle it, especially when you take a deep breath and you feel those wings of the true Master.

We're moving from the classroom lectures into true, meaningful, fun life experiences. You're changing the story, writing it a different way, and suddenly in these latter chapters of your big fat story, you realize that now you're part of writing it. Human, you're part of writing that next chapter.

You have a knowingness and a feeling that, well, there was a book, a big fat book of your life, but you really didn't have much to say about what was written in it. That changes.

We talked about in Keahak recently, it's called cohabitation. The Master and the human. You realize that you really didn't trust yourself to write the story, the next chapter.



Now you, the Master, the I Am, you're now actually writing and living in the next chapters; chapters about freedom, chapters about real life experience. Not just regular day-to-day monotony, but real life experience. That's the difference. Right now, that's the difference – you're participating.

So what's sitting here now? What happened during this merabh? What percent are we up to? Well, the best way to say it, as somebody got very close to it, you're 100 percent human and 100 percent Master. You're both.

You're not conflicted with each other. You're not trying to go from 20 percent human to 80 percent Master, you're both, cohabitating. It's both.

Let's take a deep breath.

Fly through the fears. Fly through the mental anguish. Fly through emotional issues. Don't stop to try to figure them out or process them. Don't run from them anymore. Fly through them.

It'll be a little frightening at first, because it'll seem like you are flying right into the spider's web. But you'll realize that there is a momentum of, you could say, passion, energy – almost consciousness, but not quite – but there is a momentum that propels you right through even the deepest fears. Don't avoid them anymore, but also don't stop to process them. Go right through.

Second, realize it's all a big fat story, but now you're part of scripting it. And I say part, because the Master is still going to be doing their part in the script. But now you, human, you're co-writing, you're taking part. Those are the two points.

Let's take a good deep breath together. Take a good deep breath together.

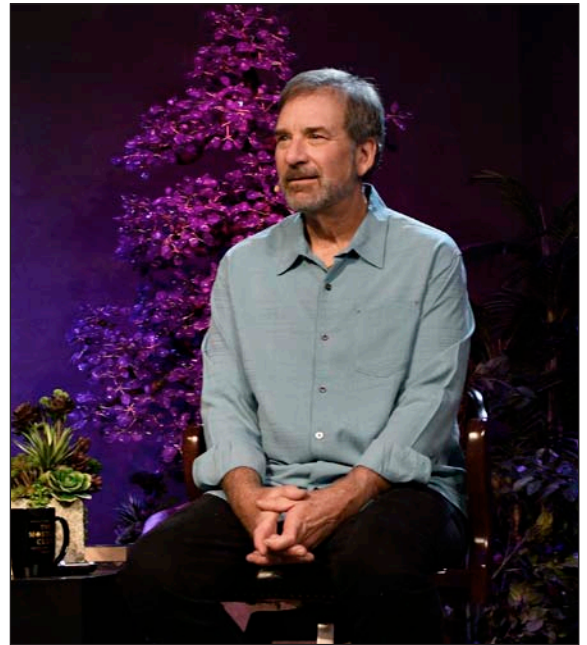
(music ends)

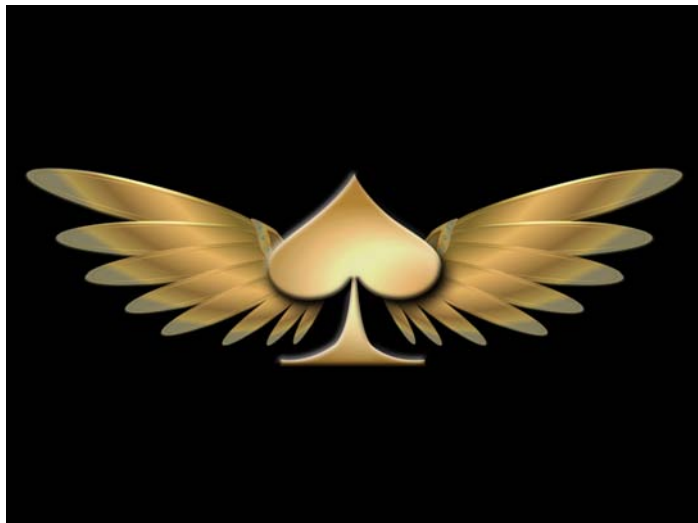
It's time to celebrate, dear Shaumbra.

Time to celebrate. So, open up those wings and let's get going.

And remember always that all is well in your big fat story!
(laughter)

With that, thank you. Thank you (audience applause).





CRIMSON CIRCLE

The Global Affiliation of New Energy Teachers

www.crimsoncircle.com